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# Women tracksters ready to meet Big Eight weekend challenge

By Pat Beecham

Nebraska's women's track team will be put to the test once again this weekend at the Big Eight meet Friday and Saturday at the Ed Weir stadium. Coach Carol Frost feels the Huskers are ready to meet the challenge.

"We are really ready both physically and mentally," Frost said. "We should be favored to win this meet after the indoor season, but anything can happen, so we have to be careful not to make many mistakes."

The Huskers ran away with the indoor title, outdistancing second place Kansas by more than 50 points. Frost said that the only outdoor event that may hurt the Huskers is the 10,000-meter run.

Frost said that one pleasant surprise for the Huskers during the outdoor season has been Kathi Kraai.

"Kathi has done an exceptional job for us throwing the javelin," Frost said. "She came from nowhere last year and has really helped us."

Frost also said she has been pleased with Lisa Kramer in the 1500- and 300-meter races. Distance coach Judy Zech also said she feels that Kramer can do well at the meet.

"We are looking for the best season performances from everyone at this meet and, as far as the distance races go, I think Lisa Kramer has a good chance of scoring for us."

Frost said that most of the Husker points may come from the shorter races.

"We have a chance to score everywhere except the 10,000," Frost said. "But our strengths probably still are in the sprints, the jumps and the pentathlon."

Frost said that the weather has not affected the Huskers' outdoor season. She did say that the outdoor season has "gone by so fast" which she credited partly to the good season they have had and because of the little time of preparation they have had.

Frost said that one of the performers to watch at the meet, will be Pam Page of Missouri in the hurdles. She also said that the Huskers main competition should come from Missouri and Kansas.

"We've got it within our grasp. If we perform well, there shouldn't be anyone able to beat us."

Frost said that the Huskers will probably stay with the same lineup that they have used all year.

"The girls will probably run in the same races they have all season. We've been successful with what we've done so there is no real reason to change."

Frost did say that Julie Seaton will not be at full speed because of an injury but still may compete.

As far as individual championships go, Frost said that the Huskers won seven at the indoor meet and figure on about that at this meet also. Zech also feels that the Huskers have to do as well as they have in past meets to win.

"Basically we just have to go out and perform the way we have every meet and, we should win. It won't take something unusual."

## Three trips offered during pre-session

The Department of Recreation is offering three trips for UNL students during the pre-session period.

The highlight is five days of whitewater rafting on the Dolores River in Southwest Colorado. This may be one of the last canoeing opportunities on the river, because a dam is scheduled to be constructed soon, according to Mark Ebel, outdoor recreation director.

The first three days of the trip will be spent canoeing through the San Juan Mountains and the last two days will be in desert terrain.

Presently there are three openings left on the trip, and the total cost is \$150. Those wishing to go or desiring further information should contact Mark Ebel at the Recreation Department by 5 p.m., May 2.

In addition to that trip, Ebel has two outings planned for the pre-session. One is a snow and rock climbing tour in Rocky Mountain National Park. The climb for the summit will take three days.


There are three openings for this \$100 trip, and the deadline for registering is May 8.

The last excursion will be a desert backpacking tour of the Badlands in South Dakota. Ebel said no experience is required for the outing. Eight openings

are left, at a cost of \$55. A May 16 deadline is set for registering.

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