


get the team together-
huddle up during
DEAD WEEK
AT
SWEEP LEFT'S
4th ANNIVERSARY
CELEBRATION

50' Can Beer 25' Draws
\$1.50 Pitchers 75' Bar Drinks

Join The Tradition
Sweep Left 815 "O" Under the Viaduct



SECOND ANNUAL
FIJI-NATURAL LIGHT
RUN FOR CYSTIC FIBROSIS

SATURDAY, MAY 3
PIONEERS PARK

8:00 A.M. ————— 5-MILE RUN


- Free T-Shirts to first 100 Entries
- \$5 Donation Fee
- Age Divisions & Awards
- For More Info. Call: Phi Gamma Delta 474-9403

Age Divisions

Men	Women
17 and under	20 and under
18-29	21-35
30-39	36 and over
40-49	
50 and over	

Medals awarded to top 3 finishers
in each division

SPONSORED BY
NATURAL LIGHT



Events planned for Clean Air Week

Lincolmites will have an opportunity to help clean the air during the American Lung Association of Nebraska's annual observance of Clean Air Week, May 4 through 11.

The week will begin with the first YMCA Fun Run of the season at the Northeast YMCA, 8:30 a.m., Sunday, May 4. Paul Gnadt, running director for the Y, said there will be half mile, one, three and six mile routes. No times are kept on the runs and it is a strictly fun event which is open to the public at no cost.

On Monday, May 5, the Y will continue its emphasis on pollution-free running as the Dawn Patrol exercise class begins the day at 6:45 a.m. running to the Y for class.

Carpool-Vanpool will also be active Monday as they begin the first day of the Cold Turkey Challenge to kick the driving alone habit. Families and individuals from throughout the city will be keeping track of every trip they make during the week to see who manages to be the most fuel efficient in carrying out daily activities. Each household is sponsored by a neighborhood organization which will receive a donation of \$125 for most efficient; \$75, second place; and \$50, third place.

The 20 most efficient families will receive a frozen turkey for participating. The competition is sponsored by the Lincoln City Council.

Wednesday 45 individuals will participate in the second annual Great Commuter Race. This year there will be eight teams competing for a traveling trophy. Each team consists of a walker, jogger, bicyclist, bus rider and carpool. Each team will start from a designated starting point and race to the lobby of the NBC Building.

The race is designed to increase awareness of alternative modes of transportation beyond the single passenger car.

The teams represent the Department of Environmental Control, Nebraska Energy Office, Nebraska Health Department, Lincoln-Lancaster County Public Health, Lincoln media, the City of Lincoln, the YMCA, and state senators.


Volunteers from Lincoln East High School will be official starters and timers for the race. Lt. Gov. Roland Luedtke will present the trophy to the winning team at 12:30 p.m. in the lobby of NBC.

Over the weekend auto emissions will be tested free of charge at the Gateway Shopping Center south parking lot. The tests will be administered in cooperation with the Lincoln-Lancaster Health Department and Sun Electric Corp.

Anyone who takes their car through the free testing will receive a coupon for a free soft drink from Arby's, information on auto emissions and fuel economy and a free Arby's litter bag. Individuals whose cars pass the test will receive a special Arby's sandwich coupon and a "Clean Machine" bumper sticker.

The testing will be 10 a.m. to 4 p.m. Saturday, May 10, and noon to 4 p.m. Sunday, May 11. There also will be a display in the mall Sunday with information on emissions testing and balloons and buttons will be given out.

Sunday is also the day of one of the largest celebrations of pollution-free travel in Lincoln. The third running of the Lincoln Marathon, coordinated by the Lincoln Track Club, will start at the UNL coliseum and end at Ed Weir Track.



A Message for Mother

A Hallmark card tells her best how much you love her. Mother's Day, **Sunday, May 11.**

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