

Schwartzkopf stands firm on tuition hike

By Kris Hansen

NU Regent Ed Schwartzkopf attacked ASUN's tuition proposals, praised the football team's contributions to UNL and voiced his views on selective admission in a talk Wednesday afternoon.

Schwartzkopf, whose talk was sponsored by the UNL Talks and Topics Committee, spoke on selective admissions and then fielded questions from students on several topics.

Students protested the 10 percent tuition increase and questioned why none of ASUN's three proposals were considered.

"I couldn't listen to it (the proposals)," Schwartzkopf said. "You had three different proposals and it was like wading through a smoke-filled room. With three proposals, it just looked like a game." He said it appeared the students could not get a consensus on the issue.

Schwartzkopf said that he has not heard any arguments that have changed his mind on the tuition hike. He did not respond to the results of a recent ASUN survey announced at the speech, in which 75 percent of 118 students said that the education quality was declining and a tuition hike would not help the situation.

Schwartzkopf said he didn't place much faith in student petitions because he said people will sign petitions for any subject.

He told the students they shouldn't bring proposals to the Board of Regents the administration doesn't favor. He said the administration would not want to be responsible for enforcing a policy they didn't like.

However, Schwartzkopf said the Regents should listen equally to student and administration proposals.

Students also questioned the right for the sports program to keep its revenue while other university departments, such as the library, must channel their extra money into the vice chancellor for academic affairs' office.

"Since they (the football team) generated the money, they're entitled to keep it," Schwartzkopf said. He said a winning football team was essential to get donations for the NU Foundation, which finances some university projects.

Schwartzkopf said the regents have not discussed the effects of shorter library hours next semester. He said the regents have no information other than what they see in the Daily Nebraskan and that they will wait for a proposal

from ASUN president Bud Cuca before considering it.

However, Schwartzkopf said that, despite shortened hours and a falling budget, Library Director Gerald Rudolph "was doing a great job."

Schwartzkopf said he opposed selective admissions based on ACT or SAT test scores because many students do not start to produce until they reach college.

He said the way to keep academic quality high was to spend more time counseling and placing the students in classes they can handle.



Photo by Mark Billingsley

Regent Ed Schwartzkopf faced student fire during a talk Wednesday afternoon in the Nebraska Union.

Weight lost by diet, exercise and behavior modification

By Diane Anderson

The only way to lose weight and keep it off is to consume fewer calories than you burn, said Margaret Eager, head of the weight loss groups at the University Health Center.

Eager spoke on the weighty subject of diets as part of the Women Speak Series Wednesday, sponsored by the Student Y.

"There's a real difference in thought patterns of people who have weight problems and those who don't," Eager said.

Overweight people are stimulated by the sight and smell of food, and often go on all-day binges once they eat a fattening food, Eager said.

The next 10-week weight loss session at the health center is scheduled to begin in early February. The participants must have a physical examination to make sure

they are in good health. They must be at least 15 percent overweight.

The group stresses diet and proper nutrition, exercise and behavior modification.

"WE ARE CREATURES of habit," Eager said, explaining that each group member keeps track of what he or she eats for a week. This helps determine the changes to be made in his or her eating patterns. Weight-watchers record when, where and with whom they eat something, and the mood they are in at the time. The amount of hunger at eating time also is recorded.

Each group member follows a nutritionally balanced diet designed specifically for his or her needs, Eager noted. She said the group tries to break harmful eating patterns by eating in only one place, never while watching television or when distracted by something else.

Students are notorious for munching while they study at night, Eager said, adding that they should try doing

something else if they really aren't hungry, but are tired or bored.

Many people eat when they are depressed or worried about something, she said.

"Those are real triggers for eating," Eager said.

Eager also said refined sugar and fatty foods can make people feel tired, but if they eat healthy foods for a while, they will feel much more energetic.

Eager said people with weight problems tend to blame their problem on slow metabolism or heredity more often than they should.

"PROBABLY 3 PERCENT of us have a low thyroid, she said. "The rest of us just have big mouths."

Weight also gets put into the whole realm of moral issues, Eager said.

People who are overweight battle with it constantly and are not as weak-willed as thin people sometimes believe them to be, she added. Eager said the health center's psychological testing services has found that people who have weight problems often think the outside world is responsible for their problems.

Writing down everything you eat helps develop a sense of responsibility and accountability for the program participants, Eager said. Each group member must pay \$20 at the beginning of the 10 weeks. Each week, they attend weigh-in meetings when they are refunded \$2 to aid in developing responsibility.

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'Wowies' trigger Beatrice rumors

By Randy Essex
and Jill Denning

Beatrice—The "Wowies" are coming. In fact, they are here. Who they are and what they believe has sparked rumors in this rural Nebraska community of 12,000, from the local police station to the halls of the junior high school.

Some say the group worships Satan. Others say members carry guns and knives, and still more charge the group with giving local youths a "toxic substance" to drink.

Three families have refused to send their children to school so the students would not be confronted by "Wowies," junior high assistant principal Dennis Hynek said.

The Wowies, as some Beatricians call them, are ambassadors of The Way International, headquarters in New Knoxville, Ohio. But the four "Word over the World" (WOW) ambassadors say they teach the word of God, not the ways of the devil.

The Way, which is not an official church, has been granted tax-exempt status by the Internal Revenue Service as a non-profit organization. It sent the representatives to Beatrice in August.

Beatrice police Capt. Elvin Waltke said he has "researched the matter in every possible direction," and has found nothing in the city code to satisfy the concerns of "irate parents" who have called and visited the police station.

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