



Photo by M. Billingsley

## Fortune teller unravels life story

By Jill Denning

**T**he disco music sounded next door while Christmas candles and religious figures cluttered the small room where I sat with the young, dark-haired fortune teller.

Ann Marko of Mrs. Marko's Card and Palm Reading business began by having me make three wishes (Just three, I thought.) After much deliberation I took a deck of cards, shuffled them and separated them into three piles.

She chose about 40 cards from the stacks and laid them on the table in the order I had placed them. My fate was then in her hands.

Pointing to one card at a time, she warned me of a jealous dark-haired man who will be unfaithful. "Do you know this young man?" she asked. (Comment unprintable.)

Another indicated I would see a blonde friend I haven't seen for awhile. (Are you out there?) Marko told me I would "come into some money." She said most patrons at this point asked how much, but I was satisfied with any amount.

Later the cards showed I would lose the money, but then they showed I would recover the money. (I always have had trouble with my bank account.)

**MY FUTURE** also holds an illness, a meeting of a widow, an outing in the country, a small disagreement with a friend, a gift, the hearing of a marriage and a small gathering. She said the small gathering may be a party. (Let's hope so.)

She warned me of gambling and a jealous enemy. She said I will have a small accident and to be careful walking or driving my car. She suggested I see a doctor soon.

She also said a lawyer will bring some papers to sign, there will be some surprises coming up and I'll receive two letters, one from a relative and one from far, far away.

Whether or not the cards were truly looking into my future I won't know until October 1980 when I can reflect on the year. But I do know I will be driving carefully, I will see a doctor and I will keep my eye on dark-haired men (I did before) and search for my blonde friend.

My palm reading disclosed more about my personality than I was ready to hear.

**MARKO KNEW** I liked my job, but said sometimes I want to get up and walk out. (Editors, are you listening?) She said I enjoy my friends and would often rather be with them than by myself.

The fortune teller said the last couple of years haven't been too good for me and the next few years will be filled with happiness. (That was news to me.)

Looking at my palm, she said she could tell I would be making a move in the future and told me my lucky days are Thursday, Friday and Sunday. My lucky numbers are three, nine and seven.

Success in work showed in my aura, a luminous radiation around a person's head. My aura is bluish-green which means happiness. The green tint represents money.

She said my palm showed I would live a long and happy life — 83 years — and I'm going to hold her to that.



Photo by M. Billingsley

Mrs. Marko's business, top, is clearly labeled even for prospective patrons taking a nighttime drive down Dodge St. in Omaha. Ann Marko, above, plies her palm and card reading trade inside for \$20 a customer.

## Mind journeys to uncharted psychic lands

By Michelle Carr

**K**eeping up with the Joneses may be a difficult thing to do today. Especially if the Joneses are Mr. and Mrs. Bob Jones of Fremont. The problem with keeping up is that they travel extensively — physically and mentally.

Bob and Joy Jones are psychics. Jones' work as a chemical plant subcontractor enables the couple to travel through the United States and several foreign countries. The other journeys have been through astral projection, the ability to will the mind to a specific location while the body stays.

Jones said he tried astral travel when during sessions with a psychic group he and his wife joined. Jones said he was told to will his mind to a town in Illinois, and into the home of the mother of one of the group members.

"I went into it with no fear. Now if you read books on astral travel, they talk about demons and ghosts. It was nothing like that."

Through hypnosis and mind control, Jones said, he arrived at the house and described what he saw. After a phone call to the woman, Jones discovered he was 80 percent accurate in his description.

The couple also learned mental telepathy through the group. According to Mrs. Jones, mentally telepathic persons are

either strong senders of mental messages or strong receivers. She said her husband is a strong sender and she is a strong receiver.

**AN EXAMPLE** of their telepathic abilities, Jones said when he worked the graveyard shift at a Fremont plant, he would watch the sunrise and would think, "I wish Joy could see this." Later, Mrs. Jones complained about something waking her up early in the morning.

While participating in the group sessions, Mrs. Jones said she discovered psychometry or object reading. She explained that she could hold an object belonging to a person and tell several things about the owner. She said people leave imprints that enable the psychic to look into their minds.

Mrs. Jones said she advances from psychometry to mind reading, and began giving professional readings and holding psychic classes in her home.

Most of the readings dealt with questions about customers' love lives. Mrs. Jones said. She noted that many people ask for answers, but she leaves it up to them.

"I can give them the assurance that they have made up their mind and that's what they are going to do, or I can tell them how it will be in two or three different ways.

**"IT'S NOT FOR** me to tell what to do." Mrs. Jones said psychic seeing involves

identifying trends people can follow. If a person doesn't like the trends the psychic identifies, the person can do something about it, she said.

To achieve astral travel, psychometry or mind reading, the psychic must be in an altered state, she said. Meditation or self-hypnosis allows the brainwaves to change from the normal beta level to the alpha level, or altered state, she explained.

"I'm aware that when I have psychic happenings, it's kind of like a little change of pace within my mind. Anyone that is involved in meditation can become aware. To drop into the alpha is simply a slowing of the brain wave pattern."

Psychic abilities are not unusual, Mrs. Jones said. Anyone can develop better psychic senses through meditation or self-hypnosis.

Children should be encouraged to develop psychic abilities because they have a greater potential for development than someone who starts later in life, she said.

"I've often had some psychic experiences as a young person, but I grew up in a sturdy Presbyterian background and it was all pretty much ignored."

**MRS. JONES SAID** her most outstanding psychic happening was an out-of-body death experience. She explained that she stopped breathing during an operation and felt herself move out of her body.

"I knew I was away from my body. It

was a very different experience. I felt like I was completely free. The body was nothing.

Mrs. Jones said she saw a black velvet divider and she knew if she went through it she was "going on to live in a far better, more full life than anything I had while I was in the body."

Mrs. Jones said she didn't want to go back to her body, but because she was only 20 and had a small child, she returned.

"I had to force myself to go back to my body. While I was still out of it, I made the body take a breath and then I went back in the body."

Mrs. Jones said she couldn't talk about the strange experience at the time because people didn't understand.

Mrs. Jones said psychic experiences are gaining acceptance because more people practice their psychic abilities. For example, young people who use drugs or practice transcendental meditation are searching for the psychic experience, she said.

**HOWEVER, PSYCHIC** ability and the occult should not be confused, Mrs. Jones warned.

She stressed that psychic ability is not unusual.

"Everyone has psychic ability. The extent of the ability depends on the individual."