Eating...

Continued from Page 10

"Which brings up an important point. There are some foods you must never, never eat—at least not in public. They are: peanut butter, tacos, pizzas, hot dogs, hoagies, fried chicken and (shudder) hamburgers.

"Theses disgusting substances are too cheap, too tawdry, too tasty to be taken seriously (or internally) by the socially—galloping gourmet.

"On the other hand, certain delicacies are absolute musts. These we will discuss in more detail.

'THERE IS one primary rule: no matter what else you order, have it with a bottle of Perrier Water. Perhaps you've heard that it's only a bland, overpriced serving of fizzy mineral water. Only a peasant would say that. We all know what Perrier is really about, don't we? Think of it as bottled status, carbonated pretension.

"With regard to other beverages, drink wine whenever possible, but if you must drink beer make sure that it's imported, dark, and tastes like the bottom inch or two from an old rainbarrel. Anything else won't do; make that clear by sneering at all other suggestions.

"In choosing wine, always ask for a list, always imply that nothing on it pleases you, and always ask about the house wine, at which you must sigh heavily, roll your eyes, and moan, "Dear me, you're serving that?" Then ask for a bottle of it and make a great show of sniffing the cork and sending it back two or three times (or maybe five or six for good measure). This will establish your credentials as a wine expert, even though you've never

taken a sip.

"NOW YOU ARE ready to order dinner. This is your big test, and by following these simple guidelines, you will pass with flying colors (though not necessarily a happy tummy).

"Whenever possible, order something with a 'q' in its name, like quiche or squabs or coq au vin. This is the surest sign that you have arrived, for at McDonald's there are no 'q' foods.

"Offered vegetables, opt for an artichoke. It will be very pretty, very chic, and possibly very edible.

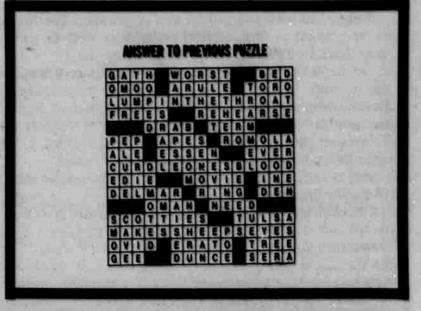
"Eat the bread only if it is stiff and dry. Soft mushy bread is for soft mushy people who listen to their mouths and let common cuisine stifle their careers. You must at all times Eat to Be Neat.

"THE VERY best food is slimy, expensive, ang generally resembles something that would make you scream if you found it lurking in your shoe when you went to put it on. Uncooked, exotic invertebrates are the quintessence of fine dining and image-consciousness; anyone can tell, just be looking, that you wouldn't eat such things unless your image mattered more to you than even the lining of your stomach. If you aren't suffering nausea at the mere mention of your entree, send it back.

"In food, as in fashion, discomfort is the hallmark of the elite. It is the price you pay to join the inner circle. Eating a plateful of what the lower classes would mistake for garbage simply shows that you have a more delicate, refined palate than anyone else and are thereby a better, worthier human being.

"Remember, you are what you eat. A raw oyster doesn't just make you sick— it makes you pearls."

Well, that's enough of Chapter 1. If you like this book, you'll love my other one, Writing Your Own Check: How to be Successful and Happy by Writing Books About How to be Successful and Happy, featuring contributions from Dr. Joyce Brothers, Wayne Dyer, and a host of others—all yours for only \$26.95. Then you'll know what we success—book writers know: There's one born every minute, Success, I mean.



UNL music school to present the classic musical 'Carousel'

The hit broadway musical "Carousel," will be presented by UNL's School of Music, Oct. 24-27 at 8 p.m. and at 3 p.m. Oct. 28, in Kimball Recital Hall.

"Carousel," one of Rodgers and Hammerstein's most successful and triumphant musicals, brought international acclaim to this adaptation of Molnar's "Liliom" with a story and music unique to the Broadway state. Songs like "June is Bustin' Out All Over," "If I Loved You," and "You'll Never Walk Alone," have made "Carousel" a classic within the world of musical theater.

The story of "Carousel" revolves around a love affair between Billy Bigelow, the carousel barker, and Julie Jordan, a factory worker.

Behind-the-scenes talents include Stage Director Terry L. Flatt and Music Director and Conductor Richard M. Grace. Bernie Wolff handles the set design and the choreography will be created by Gayle Kassing.

Tickets for "Carousel" are available at the Kimball Box Office and cost \$3 for students and senior citizens, and \$4 for others.



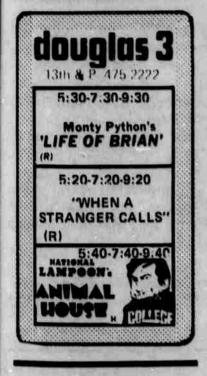
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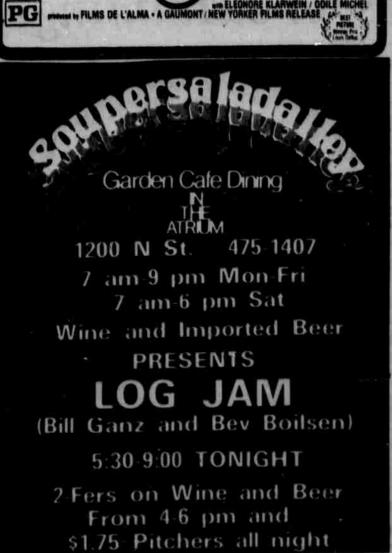
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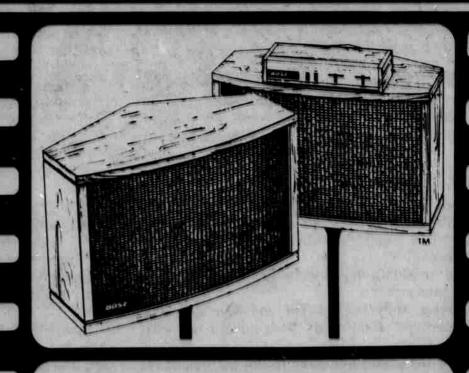
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