

fathom

magazine of the daily nebraskan
friday, december 1, 1978

/recipe for anger poem/

janice harrington
honorable mention
poetry

"if you can't take the heat
stay outa my mouth"

Black women cook anger in their kitchens
In cast iron skillet with big servings

Recipe for anger no. 1 DREAMS OVAH RICE
serves 6

Take 1 lb. of dream pods/ala Langston/crusted over dreams
soak three days in a pot till all the juice/all the u can't have/
is absorbed. Should be plump and ready to explode before
removal. Add sugar to taste as will be bitter. 2 tbs. brown sugar

put on heat/slow simmer/add fat back n lotsa pepper

Let boil til blackens/serve ovah rice/well salted
cuz yesterday's dreams are sometimes FLAVOR/LESS.

robert coplen
honorable mention
photography

