

# Lecturer: 'extrasensory perception gives inner peace'

By Kim Wilt

Although only eight people attended the Inner Peace Movement lecture last Wednesday night, Susan Kellog, a national lecturer with the movement, said she was not disappointed.

People will tell their friends about the movement, she said, adding, "it grows because of the need."

The Inner Peace Movement was organized "so people have an opportunity to find a balance in their mental, spiritual and physical lives," she said. The movement was founded in 1964 by Dr. Francis

Coll, who is considered its spiritual leader. It now claims over a quarter of a million participants.

In her lecture, Kellog emphasized that all people have their own form of extrasensory perception, also known as a soul, energy or life force. This life force has been measured by scientists at four watts, she said.

### Souls give guidance

All souls have states of consciousness, she said, which are understandings and feelings about life, and are different every day. States of consciousness affect each other, which is where ESP comes in, she said. Souls which are depressed, for example, attract other depressed souls.

The idea, Kellog said, is to maintain a balanced state of consciousness. "When we have a balanced state of consciousness, we have a thought for every feeling and a feeling for every thought."

To help with this, every person's soul has a team of souls, "or guardian angels," who work with it to give spiritual guidance, and help it discover its spiritual gifts of perception, she said.

### Souls have spiritual gifts

Spiritual gifts fall into four categories, and each soul is mostly in one category, she said. According to Kellog the four types of spiritual gifts are:

**Intuitive:** A person picks up a thought and understands it by hearing it.

**Visionary:** This person "sees" a thought, in the form of colors or symbols.

**Prophetic:** A person with this gift would know a thought as a whole, would be able to predict the future.

**Feeling:** A person "feels" a thought. Kellog also said that in each person's

life there are "cycles of development" which last seven years, and each are different.

For example, the years between the ages of 14 and 21, are in the "cycle of identity" she said, and people in this cycle have a desire to fit in with their peers. The cycle of ages 21 to 28 is the "cycle of maturity", she said, when people are deciding how to live their lives.

## PRIG convention in Boulder develops national goals, project

The basic focus of a national public interest research group convention this summer was to develop a national direction for PIRG's and a national project, according to the director of Nebraska University Public Information Research Group.

Margy Meister said the convention was held at the University of Colorado in Boulder, on Aug. 4-6.

Besides herself, Meister said, three other NUPIRG members attended; Dave

Williamson, legislative director, Bonnie Lutz, secretary and Francine Sokolik, consumer division member. Each member paid his own way.

Meister said the convention did not reach a decision about a national project, but ballots will be mailed later to each PIRG.

Two types of workshops met at the convention, she said.

One type concentrated on developing stronger PIRG organizations, creat-

ing PIRG's in other state-operated schools and long range plans for PIRG's, she said.

The other type concentrated on specific issues such as product liability, jobs and environment and topics of vital concern.

"I think it (the convention) gave us a sense of direction and a sense of motivation," Meister said.

Lutz said, "It made me more excited about NUPIRG."

"It enabled us to get off campus and look at ourselves in a different light—more objectively," she said.

Lutz said as a result of the convention she hopes NUPIRG can sponsor more workshops in Nebraska on building skills such as teaching students to work with the media on public service announcements and with banks on loan or grant applications.

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