

ROTC staff hosts regional officials

UNL Chancellor Roy Young, ROTC students and faculty spoke with visitors from Ft. Lewis, Wash., ROTC regional headquarters this past week, according to Col. Lucien Rising, military science professor.

Region Commander Brig. Gen. John Shea arrived Wednesday night for his yearly visit. Shea, in charge of the 46 universities and colleges within the region, tries to visit each school at least once a year, Rising said.

A team of four officials headed by Area Commander Col. Robert Reuter also visited the UNL campus Tuesday and Wednesday.

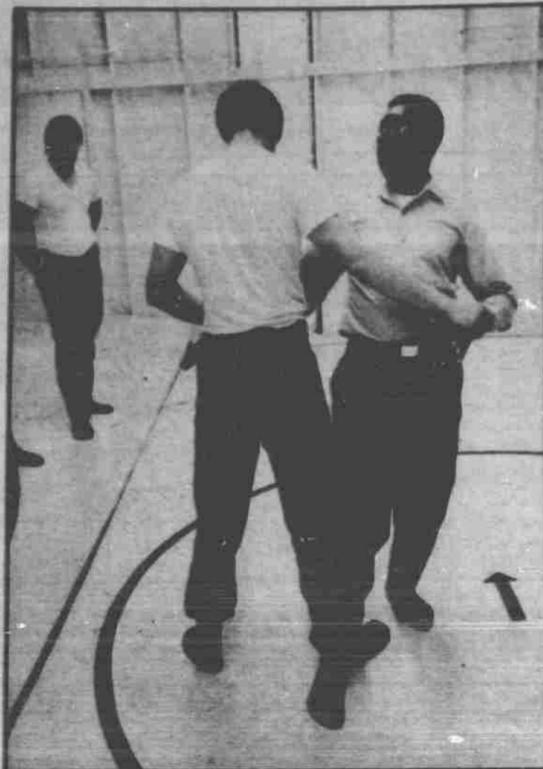
"In the Army, there are periodic staff visits," Rising said, adding that such visits show officials how things are going and how programs can be assisted.

Livestock judging team 12th in national contest

The UNL varsity livestock judging team has taken 12th place in the national intercollegiate livestock judging contest in Louisville, Ky.

Thirty-four teams were entered in this year's only national intercollegiate contest.

Team coach Jack Eberspacher placed fifth out of 170 contestants in the sheep contest. In sheep judging, UNL finished three points behind Ohio State University, which won the overall title.



Life goes on as before for UNL ROTC cadets even though Region Commander Brig. Gen. John Shea is in Lincoln for his yearly visit. Here, cadets are shown one of the fine points of taekwon-do by Sgt. Maj. Jim Jones (still standing), a blackbelt in the martial art.

Photos by Kevin Higley

Grief center begins its second year of easing the pain

By Lisa Broman

With the intent of helping people overcome the setback of a friend's or relative's death, the Lincoln Grief Center continues in its second year of operation.

The center, according to former chairman, Mary Marietta, is a concept rather than a place.

Although no physical center exists, the program is staffed by trained professionals prepared to help anyone overcome grief.

"Although there are other such centers around the country," Marietta said, "ours is unique in that we have a fully professional staff made up of doctors, nurses, chaplains, clergy from all faiths, psychologists and sociologists."

In addition to this, paraprofessionals, most of whom has suffered a loss of their own are trained from it, make up the staff of approximately 15 workers.

Staff members, who are volunteers, act as moderators of discussions as well as contributors, Marietta said.

Beginning Nov. 23, group sessions will be conducted at the downtown YMCA from 5:30 to 6:30 p.m. every Tuesday.

Those drop-in sessions will be geared toward making it easier for grief stricken persons to make the first step toward recovery, she said.

"It is often hard," she said, "for a person to seek help after a shock such as death

has hit, so hopefully through this drop-in program we will be able to get people to make the first step toward recovery and talk out their problems with people who can empathize with them."

The biggest plus, is that persons can have the opportunity to meet people with the same problems, she said.

"We are trying to get people to forget the old attitude of, 'handle it on your own,' and instead work with others to solve problems," she said.

Money for the project is earned from workshops and private donations.

Those attending programs range in age from children of various ages to adults of

80, with the greatest concentration of persons in their 20s and 30s.

Death is hard for someone of any age, Marietta said, so there is little difference in the time it takes an older person and a younger person to overcome death.

Each individual handles it in a unique manner, she said, but it takes the average person six months to a year to recover from the death of a close friend or relative.

The death of a child is the hardest for anyone to face, Marietta said.

A 24-hour crisis line operates to help anyone talk out their problems.

"Ours is a job that works with feelings, so we try to put as much feeling into our work as we possibly can," she said.

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