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Hustle a hassle? Go back to basics

Had your fill of fad dancing? UNL students have an opportunity to foxtrot, waltz, polka and "swing" Tuesday at 4 p.m. when Don Anderson starts ballroom dancing lessons in the Neihardt Residence Center snack room, the Pub.

Students also will be able to take part in a seven-week belly-dancing course starting Tuesday afternoon at 3:30 p.m. in the Sandoz Hall Music Room.

Both courses, offered by the UNL Recreation Dept., cost \$12 a person for seven hour lessons. Students, faculty and staff members can register at the Recreation Office, 1740 Vine St., or by calling 472-3467.

Anderson said ballroom dancing, which died out in the early sixties when "fad dancing" became popular, is reappearing among younger people.

"My pupils used to be primarily over 40," Anderson said. "But most couples now are between 25 and 35." He said some learn ballroom dancing out of curiosity,

some find it a social necessity and others are just nostalgic.

Music from the big bands like Benny Goodman's or Glenn Miller's and popular tunes will be used for the lessons, he said.

The Swing is a good dance for many Top 40 songs, Anderson said, and the fox trot adapts well to Country and Western tunes.

This style of dance has been common since the twenties, and "it'll be here forever," Anderson said.

Exercises for developing flexibility and muscle tone will be emphasized in the belly dancing course so students can perform the dance movements. According to the Recreation Dept., people of all ages and body types can perform the exercises without unnecessary strain.

Belly dancing students are advised to wear comfortable clothing, such as leotards or shorts and T-shirts, since there isn't a dressing area in the music room.

DON'T FORGET!

— AVOID THE RUSH —

Early Register for the 1976 SUMMER SESSIONS

MARCH 15—APRIL 2
NO DEPOSIT REQUIRED!

- *PRE-SESSION—May 17 - June 4
- *8-WEEK SESSION—May 17 - July 9
- *FIRST SESSION—June 7 - July 9
- *SECOND SESSION—July 12 - August 13



Prison reform is arts festival topic

Prison reform and small town bondage will be the subject of "Festival of the Arts 1976," April 3 through 11, at the Lutheran Student Center, 535 N. 16th St.

Following the theme, "Neither Slave nor Free," there will be panel and group discussions and a film on small town bondage (economics), April 3.

Wesley Fuerst, Lutheran School of Theology at Chicago, will give the morning sermon and speak again at 2 p.m. April 11. A panel discussion on prison reform will follow at 3 p.m. Panelists include Lincoln Sen. Roland Luedtke, Nebraska Penal Complex counselor Bob Houston, First Lutheran church pastor, Gordon Simmons and UNL Criminal Justice Dept. vice-chairman Robert Holbert. A resident and a representative of the Nebraska Center for Women at York and a Nebraska Penal Complex legal defender also will participate in the discussion, according to Arvilla Kirchoff, festival organizer.

A continuous art show will be open 9 a.m. to 9:30 p.m. weekdays, and 10 a.m. to 9:30 p.m. weekends during the festival.

The schedule of events include:

- April 3—Excerpts from "Our Town", a drama presentation by the Chapel Players, 7:30 p.m.
- April 4—Parent's Day, Choir Concert during worship services, 9:30 a.m. and 11 a.m.; Potluck Dinner, noon; "Bondage of the Small Town," panel discussion of small town economics, 2 p.m.; "Our Town" excerpts, 7:30 p.m.
- April 8—Film on Namibia, a country between Angola and South Africa. Paul Olson, UNL English Dept. guest, 7 p.m.
- April 9—Film Fest on prison reform, 7:30 p.m.
- April 11—Worship services. Guest speaker Wesley Fuerst, on "Bondage in the Old Testament," 9:30 and 11 a.m.; Guest speaker Fuerst, 2 p.m.; "Prison Reform" panel discussion, 3 p.m.

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