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Talk group to combine minorities

A "group process" or discussion group, for Native Americans, Chicanos and Black Americans will be sponsored this spring by the UNL Psychology Dept.

The group discussions will be planned and conducted by three psychology graduate students, each representing one of the minority groups invited to participate. They are Karen Buller, from Oklahoma City, Jose Cervantes, from Riverside, Calif., and Bill Brickhouse, from Springfield, Mass.

Buller, Carvantes and Brickhouse cited three purposes for the group process:

- "-to share biases, prejudices and experiences with each other
- "-to seek to broaden our understanding of each other in order that we may more effectively communicate, and dispel misconceptions that minority people have about other minority people, and
- "-to focus upon the common problems and frustrations that minority people experience in university settings."

Minority students may feel isolated

At a university where most students are white, Brickhouse said, minority students may feel lonely and isolated. He said some minority students also fear loss of ethnic identity.

Buller said some minority students may feel pressure to change their behavior to succeed in the culture of the majority. She said she thinks some minority students, to get through the university, try to change their behavior somewhat, although not completely.

All three said they noticed during the last few years at UNL that minority groups seemed to be fighting each other and not participating in minority services and activities. This observation led to the formation of the group process for minorities, they said.

Group may be original concept

The three also said they were interested in forming the group because they know of no reported studies involving Native Americans, Chicanos and Black Americans in a group process of this type.

Buller, Cervantes and Brickhouse emphasized that the group is not "therapy" and they will not try to change the participants' opinions. Brickhouse added that the group is for "normal people to talk about normal problems."

The group probably will meet once or twice weekly starting as soon as the schedules of the participants can be arranged, Brickhouse said. He said any Native American, Chicano or Black American can participate and interested persons should contact the Psychological Consultation Center, Burnett Hall 209, or one of the organizers.

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How To Live For Nothing And Make \$500....

Free room and board plus \$500 for six weeks of summer employment as a Student Host for the New Student Orientation Program is now being offered to interested students. Students must be available to work from June 1 to July 10; application and reference forms must be turned in to the applicant's college by **WEDNESDAY, MARCH 3, 1976**. Applications may be obtained at any college dean's office, Criminal Justice Dept., 103 Brace Lab, or Room 200 Nebraska Union.

For more information, see Dennis Martin, Room 200, Nebr. Union, 472-2485.

You can get itat the Rec Dept

The UNL Recreation Department is constantly expanding their facilities and interests in an effort to reach more students. The Rec. Dept. isn't just intramurals, it's ski trips, canoe trips, outdoors recreation of all kinds, plus rentals and free loans of a wide variety of equipment. Now a new program of the Rec. Dept., Free to Be, will give instruction about various activities listed below.

It might be worth a little of your time to check into the Rec. Dept. if you want to find out about activities going on around campus, such as sports clubs, or even if you're just looking for a good time. We'll be glad to help you out.

Free to Be

SPRING WORKSHOPS with expert instruction.

You can learn about these sports and crafts **FREE OF CHARGE**. Just come to any of the below sessions - no registration necessary - just drop in.

- Quilting, Feb. 25, tonight, 7-8:30 p.m., Pine Room - Cather Hall
- Bicycle Maintenance, March 3, 7-7 p.m., Mr. Bike 19th & "O" St.
- Tropical Fish, March 17, 7-9 p.m. Harper Multipurpose Room
- Tole Painting, March 24, 7-9 p.m. Harper Multipurpose Room
- Stained Glass, March 31, 7-8:30 p.m. Pine Room - Cather Hall
- Yoga, April 7, 7-9 pm, Henzlik Gym Stage
- Backgammon, April 14, 7-9 pm, Pine Room, Cather Hall

For more details just call the Recreation Dept. at 472-3467.

Ski Winter Park March 21-27, 1976

Take off during spring break for a great week of skiing. You're on your own in luxurious condominiums complete with wood-burning fireplaces. Everything paid for but the food... even the ski!

Complete Ski Package Includes:

- Round trip bus transportation to Winter Park, Colorado.
- Daily round-trip transportation to Winter Park Ski Area
- Five nights' lodging in condominiums
- Five days of complete ski equipment
- Five days of complete ski equipment
- Three days of ski lift tickets
- Ski lesson by qualified instructors on the first day
- Plus such exciting additional options as sleigh-rides, tubing, snowmobiling and cross country skiing.

TOTAL SKI PACKAGE:

ONLY \$167⁰⁰

INTRAMURALS

February:

25 Indoor Track Meet (M)

March:

- 3 Paddleball Entries Due (C)
- 9 Power Weightlifting Meet
- 12 Wrestling Weigh-ins (M)
- 16 Women's Swimming Meet (W)
- 17 Softball Entries Due (M, W & C)
- Tennis Doubles Entries Due (M)
- 31 Horseshoe Doubles Entries Due (M)
- Tennis Entries Due (C)

April:

- 1 Tennis Doubles Entries Due (W)
- 2 Golf Doubles Entries Due (M)
- Golf Entries Due (W)
- 7 Soccer Entries Due (M)
- 9 Golf Entries Due (C)
- 21 Outdoor Track Meet (M)
- 26 Bike Rally

RENTALS AND LOANERS

	Cost Daily	Cost Weekend	Cost Week
Cross Country Skis	3.00	6.00	12.50
Sleeping Bags	1.00	2.00	4.00
Ensolite Pads	.50	.75	1.50
Backpacks	.75	1.50	3.00
Stoves/Cook kits	.25	.50	1.00
Toboggans	2.00	3.50	7.00
Tents	1.50	3.00	6.00
Skates	1.00	2.50	5.00
Canoes	4.00	8.00	
Rubber Raft	3.00	4.00	
Golf Clubs	.50	.75	
Coolers	1.00	1.50	
plus many more			

FREE

- Bows and arrows
- Tug-o-war ropes
- Horseshoes
- Basketball equip.
- Softball gear
- Tennis racquets
- Volleyball equip.
- Camping utensils

"Picnic games" (everything you need for a picnic), and much more.

Backpacking in Utah

You can backpack thru Escalante Canyon, Utah March 19-28 for only \$75. There will be a pre-trip meeting March 1, 3:30 p.m., at the Rec. Dept. for any interested persons.