calendar

Thursday

8:30 a.m.-Student Affairs Staff - Nebraska Union 243

9:30 a.m.—Foreign Student Office - Union 203

10 a.m.—Union Program Council, "Elizabeth Janeway" -Union 202

12 p.m.-Department of Management - Luncheon -Union Pewter Room

12 p.m. - Student Y-Women/Speak '75 - Union

12 p.m.-College of Engineering - Luncheon -Union 242

12:30 p.m.—Inter Varsity Christian Fellowship - Union 337

2 p.m.-Health Education Staff - Union 216

2:30 p.m.—Union Program Council, Janeway News Conference - Union 203-202A 2:30 p.m.—Union Program

"Erf" rehearsal - Union 243 2:30 p.m. - Teacher Placement - Union 222

2:30 p.m.—ASUN Election Debate - Union Main Lounge 3:30 p.m.—Engineering College-Co-op Education -Union Harvest, Room A

3:30 p.m.-Union Program Council, "Eliot & Elizabeth Janeway" - Union Centennial

4 p.m.-Sigma Xi - Union Auditorium 4 p.m.-Corncobs - Union

5 p.m.—Council on Student Life Housing Policy Committee - Union 203

5:15 p.m.-Fees Allocation Board - Union 216

5:30 p.m.—Phi Mu Alpha Sinfonia - Union Harvest Room C

5:30 p.m.-Council of American Indian Students -Union 232

6 p.m.—Builders - Executive - Union 343

6 p.m.—Union Program Council "Erf" rehearsal -Union Ballroom

6:30 p.m.—Builders · Union

7 p.m.—Council on Student Life - Union Pewter Room

7 p.m.-NU Meds-CPR Class
- Union South Conference
Room

7 p.m.—Baptist Student Union - Union 222

7 p.m.—Epsilon Chi - Union

7:30 p.m.—Union Program Council Symposium on the Future - Union 242

7:30 p.m.-Concerned Pro-Life Students - Union Auditorium

7:30 p.m.—Math Counselors
- Union 225 B-C

8 p.m.-Collegiate Band -Kimball Recital Hall

UNL Health Center rejects authorized 'morning after' pill

Although the Food and Drug Administration (FDA) has authorized the use of a new "morning after" birth control pill, the University Health Center (UHC) will continue using its use of the conventional drug, premarin, according to Health Center Director Dr. Kenneth Hubble.

The new drug, DES or diethylstilbestrol, was banned in 1973 by the FDA because of a suspected link with cancer. Since then it has reversed its opinion and stated there is no evidence of an increased risk of cancer in women who have had short term exposure to DES. They did not say, however, that such a danger definitely does not exist.

Natural hormone used

At the University Health Center, DES, a synthetic chemical hormone, hasn't been used since the federal prohibition took it off the market, Hubble said. Instead, a natural hormone called premarin, present in all women, is administered at 90 per cent effectiveness 36 hours after sexual relations, he continued.

Hubble said UHC favors premarin as a contraceptive because, unlike DES, there has been little proof that it is injurious to health. Both drugs, he added, can produce side effects such as nausea, abdominal cramps or headaches and should be used with caution by women who have a history of thyroid problems, migraine headaches or chronic mental depression.

He said the center will continue to use premarin as a "morning after" pill in place of DES.

DES has also been used in cattle feed as an agent to stimulate growth, but the FDA has restricted this practice.

Requests increase

According to Hubble, requests for the "morning after" pill have increased, with males as well as females making the request.

Premarin is given in doses of 2.5 milligrams for three to five days following sexual relations in order to prevent pregnancy. If it doesn't produce results within five days, a 100 milligram shot of progesterone, another natural hormone is given.

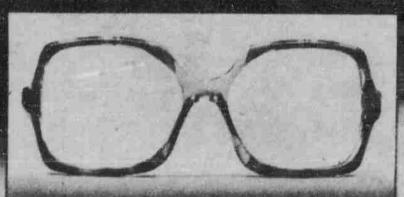
"If the woman waits three or four days before taking premarin," Hubble warned, "this form of contraception will not be effective."



Photo by Kevin Higley

Dr. Kenneth Hubble, UNL Health Center director.

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