

Cagers tie mark, tankers finish last

By Pete Wegman

Shades of the past—the Cornhusker basketball and swim teams completed Big 8 play Saturday with conference records identical to those posted last year.

Coach Joe Cipriano and his Husker cagers lost to Iowa State on the road Saturday night, 82-69, to finish fourth in the Big 8 with a 7-7 conference mark, 14-12 overall.

The 1974-75 season was the third in the last four years in which the basketball team has finished with an overall mark of 14-12 and a conference record of 7-7.

Freshman winner

The swim team, under the direction of coach John Reta, competed in the Big 8 swim meet Friday and Saturday at Oklahoma State and finished last in the meet for the fourth consecutive year. However, freshman Bryan Moss became the Huskers' first individual champion since 1968, placing first in the 100- and 200-yard breaststroke events.

The basketball squad was once again led by junior guard Jerry Fort against the Cyclones. Fort tossed in 20 points to pace Nebraska, while Iowa State's Hercle Ivy, the nation's fifth leading scorer, was the game's high-point man.

Ivy, with 12 first half and 19 second half points, managed to score 31 points despite sitting on the bench for over 10 minutes.

Good first-half shooting

Iowa State won the game with their first half shooting. The Cyclones, hitting on 64 per cent of their shots in the first half, took a 46-31 halftime lead.

Freshman guard Tom Norman, in one of his first starting roles for the Cyclones, hit on eight of nine field goal attempts in the first half. Norman finished 10-13 from the field for 20 points.

The game was remarkably foul-free as only 18 fouls were called, eight on the Huskers.

Sophomore forward Bib Siegel was the Huskers' leading rebounder with 10, while adding 10 points. Siegel has been the Huskers' leading rebounder in nine of their last ten games.

525 points

Fort finished the season with 525 points, the third highest total in one season in Nebraska cage history. Fort has now scored 1,369 career points (a Nebraska record) with one year of eligibility remaining.

The game was the last for Husker seniors Steve Erwin and Kent Reckway.

While the Husker basketball team was losing to Iowa State, the swim team was also having its problems. The swimmers were sixth, ahead of Colorado, after the Friday night qualifying sessions (Kansas State does not have a swim team), but finished seventh.

Moss was the lone Husker tanker to qualify for the NCAA nationals March 27-29 at Cleveland State.

Conference record

Moss set conference records while winning the 100- and 200-yard breaststroke events. He broke the mark in the 100-yard breaststroke Friday night with a time of 58.215.

Saturday he kicked more than two seconds off the time for the 200-yard race, posting a conference mark of 2:09.10. The old mark had been set in preliminaries earlier Saturday.

The meet was won by Kansas for the eighth consecutive year. Iowa State placed second while Oklahoma came in third.

Other Husker point-scorers were freshman Pat Murphy, sixth in the 1,650-yard freestyle and the 400-yard relay team, which also finished sixth.

Instructor watches women's sports expand

Two years ago the women's athletic program at UNL had a \$3,000 budget.

"We did the best we could on that and the rest came from our own pockets," said Gail Whitaker, women's intercollegiate athletic coordinator.

A full-time academic appointment offer lured Whitaker from the east to Nebraska in 1973. She received her BA from William and Mary College in Virginia and an MA in physical education from Smith College in Massachusetts.

When she came to UNL, Whitaker said, Ina Anderson was women's athletic coordinator and the women's athletic program was included in the physical education department.

'Run of the mill'

"I was what you'd call a run-of-the-mill instructor," said Whitaker. "I was tennis coach also but that was no big deal. We had a meager team. There was little interest and not much funding in the program."

Whitaker took over the athletic coordinator's duties when Anderson took a spring semester leave of absence in 1973.

"That semester wasn't so bad," Whitaker said. "I had been well prepared by Anderson before she left. It was scary at first but nothing really big happened that I couldn't handle."

According to Whitaker, 1974 was the bombshell year, not only for her, but for women athletes at UNL as well.

sports shorts

Kansas won the Big 8 basketball crown for the second consecutive year with a 74-63 win over Oklahoma Saturday. The Jayhawks, with an 11-3 league mark, face Notre Dame Saturday night in

Duties, roles changing

New athletic trainer hired

From waterboy to professional; from cigar man to one who handles medical programs and sports injuries... the role of the athletic trainer is changing.

And with the changes, more trainers are being added to sports teams across the country.

A UNL physical therapist recently has been added to the staff of athletic trainers for the Cornhusker sports teams.

Dennis Sealey earned his certificate from the National Athletic Trainers Association (NATA).

Sealey will assist Head Athletic Trainer Paul Schneider and George Sullivan, athletic trainer, in working with UNL teams. Sealey had the highest score in the nation on the (NATA) exam.

Certified trainers

The four-hour exam was designed in the 1960s to standardize requirements for becoming an athletic trainer, Sealey explained. Most college and professional sports teams now require their trainers to be certified.

"The role of an athletic trainer has changed in the past years," Sealey said, "away from the waterboy and cigar man."

Trainers now establish medical care programs for athletes, design methods of prevention and handle injuries in all sports.

"The trainer is a liaison between the team physician and the coach," Sealey explained. The trainer can advise the coach on medical care for his team.

This advice includes nutritional menus for pregame meals, Sealey said. "The traditional steak and eggs are out," he explained, "because protein takes too long to convert into energy."

Teams are now turning to foods high in carbohydrates such as waffles, pancakes or sweet rolls, he said, because they supply quick energy.

Conditioning programs

Trainers' duties also include the design of conditioning programs for athletes, in their particular sport.

Questions about these programs are included in the NATA exam, Sealey said, along with testing on first aid, administration and physiology.

The test is divided into two parts—multiple choice and a demonstration of practical application with this knowledge, such as heart and lung resuscitation.

Sealey said his high score might reflect the fact that he teaches a course in athletic training.

Tulsa, Okla., in an NCAA sub-regional game.

A women's intramural table tennis singles and doubles tournament will be held Tuesday at the Union. Singles competition begins at 6:30 p.m. and the doubles start at 8 p.m.

Registration for the single elimination tournament will be 6 to 6:30 p.m. at the Union. Contestants must supply their own paddles and balls, or

check equipment out at the recreation office, 1740 Vine, between 8:30 a.m. and 4:30 p.m. Tuesday.

The Men's Intramural Handball Doubles final match was held last week. Terry Waite and Larry Sather, independents, defeated Steve Anderson and Garth Harrison, Alpha Tau Omega, 21-2 and 21-0 to claim the championship.

"You have to really know the material to get it across to your students," he explained.

New program

Sealey also had a hand in proposing a new undergraduate program for athletic training which was designed under the physical education department.

The proposal has gone through administrative channels, he said, and is now at the level where budgeting is determined.

Undergraduate training would be a good background for those who want to take the NATA exam, Sealey said.

Although jobs at the college and professional level are somewhat closed now, Sealey said, the high school could be the "new horizon" for athletic trainers.

Although many high school budgets do not allow for a trainer, a proposed national program would require certified athletic trainers on many high school staffs.

If the program would be approved, he added, many jobs would open up across the country.



Photo by Kevin Higley
Dennis Sealey, UNL physical therapist and assistant athletic trainer.

Took over in 1974

Anderson decided not to return to Nebraska and Whitaker retained her position as intercollegiate coordinator.

"Everything started to explode," she said. "Title IX (legislative action on equal rights for women) opened up and in March 1974 a Chancellor's Commission was created to study its effects on women's athletics at UNL."

In addition to Whitaker, committee members from the women's physical education department were Madge Phillips and Janette Sayre.

becky morgan jock talk

On May 31, 1974, Whitaker said, the committee made recommendations that projected achievements in the women's athletic department and a step-by-step schedule of progress.

Four of the committee's recommendations have been incorporated into the women's athletic program

this year.

"The real blockbuster," Whitaker said, was moving the women's sports program out of the physical education department into the athletic department. The budget has been increased and a scholarship program started, she said, and women's teams have a full-time medical trainer.

Whitaker said she has noticed the growth of UNL's women's athletic program in the expansion of her tennis team "not just in interest but in talent as well."

"We are head and shoulders above our last year's team talentwise," she said.

"Women's sports are growing," Whitaker said. "Not just in the Midwest but all over the United States. Different sports have more emphasis than others but the program on the whole is growing."

Many duties

In addition to taking care of the growing pains in women's sports at UNL, Whitaker has other duties.

She arranges medical and insurance policies for women athletes, lines up transportation, is in charge of publicity for the program and authorizes expenditures.

"I hold the purse strings," she said.

Whitaker is also UNL's voting representative in the Nebraska Women's Intercollegiate Sports Council (NWISC) district six of the Association of Intercollegiate Athletics for Women (AIAW), and voting representative at the AIAW National Convention.