Record Lending Library open for spring semester

An alternative to high record shop prices and picked-over public library collections—the UNL Record Lending Library—has opened for second semester.

The library is open from 9:30 a.m. to noon on Thursdays. Other open hours have not been determined but times will be posted when they are set. The library, located near the Nebraska Union south desk, will try to stay open four hours a day, according to chairperson Chris Batie.

Over 75 new records, mainly bluegrass, folk, and country, were purchased over semester break, Batie said. If money is available records will be purchased throughout the semester, Batie said.

The collection of about 600 records covers a wide variety of musical tastes—rock, jazz, classical, humor, bluegrass, and pop. The Record Lending Library, supported by student fees, is a project of the Union Program Council (UPC).

Batie said volunteers prepare the records for the library and work during the open hours. Volunteers are still needed for this semester, he said.

Students with valid student identification may complete a library card, and then are entitled to two records for two weeks.

Batie said he wants to expand the collection with more folk and bluegrass music.

Hints for grocery shoppers

Sauces & Pickles
Sharon Johnson

With each trip to the grocery store, consumers face rising prices. However, by spending more time in planning and shopping, food costs can be held down.

After shopping at several supermarkets, choose two or so that allow you to conserve both money and time. Costs and availability of transportation need to be considered in this decision. Shop as infrequently as storage space will allow. If freezer and shelf space is available, shop once a month for canned goods and meat, then use weekly trips to buy perishable items like milk, bread, fresh fruits and vegetables.

Plan meals before you go to the store. Plan more than one meal around a meat item, beef roast and vegetables on Saturday can be beef sandwiches on Monday and beef stew another time. Learn the different cuts of meat and how to prepare them.

"No meat is tough if prepared properly," says Charles Adams, assistant dean at the College of Agriculture. Adams also teaches Animal Science 311, Selection of Meat Products. Costs per serving of meat must be considered, and fats that must be trimmed or drained from the meat and bone add to that cost.

It is important to compare prices of different brands while shopping. Store brands are generally less expensive than name brands. Weights and costs per ounce need to be checked and compared. On items that are packaged in a new way or on multiple-prices items, price increases may be concealed.

Buy the largest possible package as long as it is consistent with your need. A gallon of skim milk may cost less per ounce than a quart, but costs more if the product sours before it is used. This is also true of cereal if it becomes stale or soggy before the box is empty.

Read labels for ingredients as well as unit price information. One can of soup may be several cents cheaper than another, but if the first item in the list of ingredients is water on one can and beef chunks on the other, the less expensive one isn't saving you money. Ingredients are listed in decreasing order of amounts on product labels.

In Lincoln, as in most cities, supermarkets advertise specials for the coming week on Wednesdays. To economize, it is important to plan purchases using the ads. Compare the prices with that normally paid, and compare stores as well.

Food is never a bargain unless it will be eaten. Six 10 oz. packages of frozen spinach available this week at A&P is not a saving unless you like spinach. Costs of preparation in convenience foods must also be considered. Specials also offer an opportunity to stock up on items used regularly.

In summary, here are a few suggestions that may help save money when shopping:

—Plan your shopping. Prepare a list using ads from the paper and planning meals for a week or more. Be flexible about the list when it is practical to do so. Avoid impulse buying of items you do not need and your budget will not allow.

—Shop at regular intervals. Trips to the store to pick up just a few things often result in more money being spent on food.

—People spend more at the grocery store if they shop when they are hungry, so shop after dinner not before.

—Know prices of items you buy regularly and use this information in comparative shopping and in identifying savings on advertised specials.

—Allow ample time for planning and shopping to compare prices and products.

Hitchin' Post & Wooden Nickel Hitchin' Post & Wooden Nickel Hitchin' Post & Wooden Nickel Hitchin' Post & Wooden Nickel

SALE!

At the Post...
215 Suits and Sportcoats 50%-75% off
85 Leather Coats and Ski Coats ½ Price
630 Sweaters at $9.94
520 Flannel Shirts $5.94
480 Blue Jeans $5.94
360 Pants $5.94
200 STYLES of Men's Shoes on Sale
and more

At the Nickel...
Winter Stock at 49% off
Including...
90 Jackets
300 Blouses & Knits
250 Pants
70 Coats

Dresses, Shoes, Pantsuits
and much more!

144 No. 14

Hitchin' Post & Wooden Nickel Hitchin' Post & Wooden Nickel

Cattman's
presents
KIRK ORR
singer guitarist
of the
Mike Douglas Show
8:00 to 12:30
Wednesday thru Saturday
Cattman's Lounge
10th & O

SHELDON FILM THEATER
Documentary

ATTICA
Produced & Directed by Cinda Firestone
80 minutes 1973 USA

Plus

THE BALLAD OF CROWFOOT by Willie Dunn

Tuesday, Wednesday & Thursday—January 21,22 & 23
Screenings at 3, 7 & 9 p.m.
admission $1.25

Sheldon Art Gallery 12th & 'R' St.