

## Bread art rising in popularity

By Mary Kay Roth

With a dash of autumn flavoring, home cooking and countless loaves of bread, Sheldon Art Gallery took on the appearance of a bakery shop Monday and Tuesday.

Baskets lined the walls, shocks of wheat and horns of plenty added to the harvest atmosphere, along with recurrent shades of brown and gold. And bread was everywhere.

It was the Nebraska Art Assoc. Bread and Basket Fair and had people waiting in line both days for the doors to open.

Inside the gallery, crowds first encountered elaborate bread sculptures by Andre Bollier of Kansas City. The unique bread shapes were up for silent auction with minimum bids set as high as \$30.

There were giant pretzel shapes almost a foot in diameter, vertical loaves that reached over a yard into the air and glazed thatched baskets made from bread woven around sour-dough roses.

### Old fashioned goodness

Scattered among the sculptures were cookie houses with frosted windows and roofs, ginger bread men cut from antique molds and jewelry made from bread dough.

But of course, bread to eat was also on sale with a poster on the wall promising "old fashioned wholesome goodness." The audience could select from a variety of batters—sour dough, buttermilk, date or yeast.

All had been contributed by local citizens—amateurs and pros, males and females—who used old family recipes or originals. They chose old favorites from across the globe. Greek, French, Vienna, Zucchini bread and Swedish Limpa.

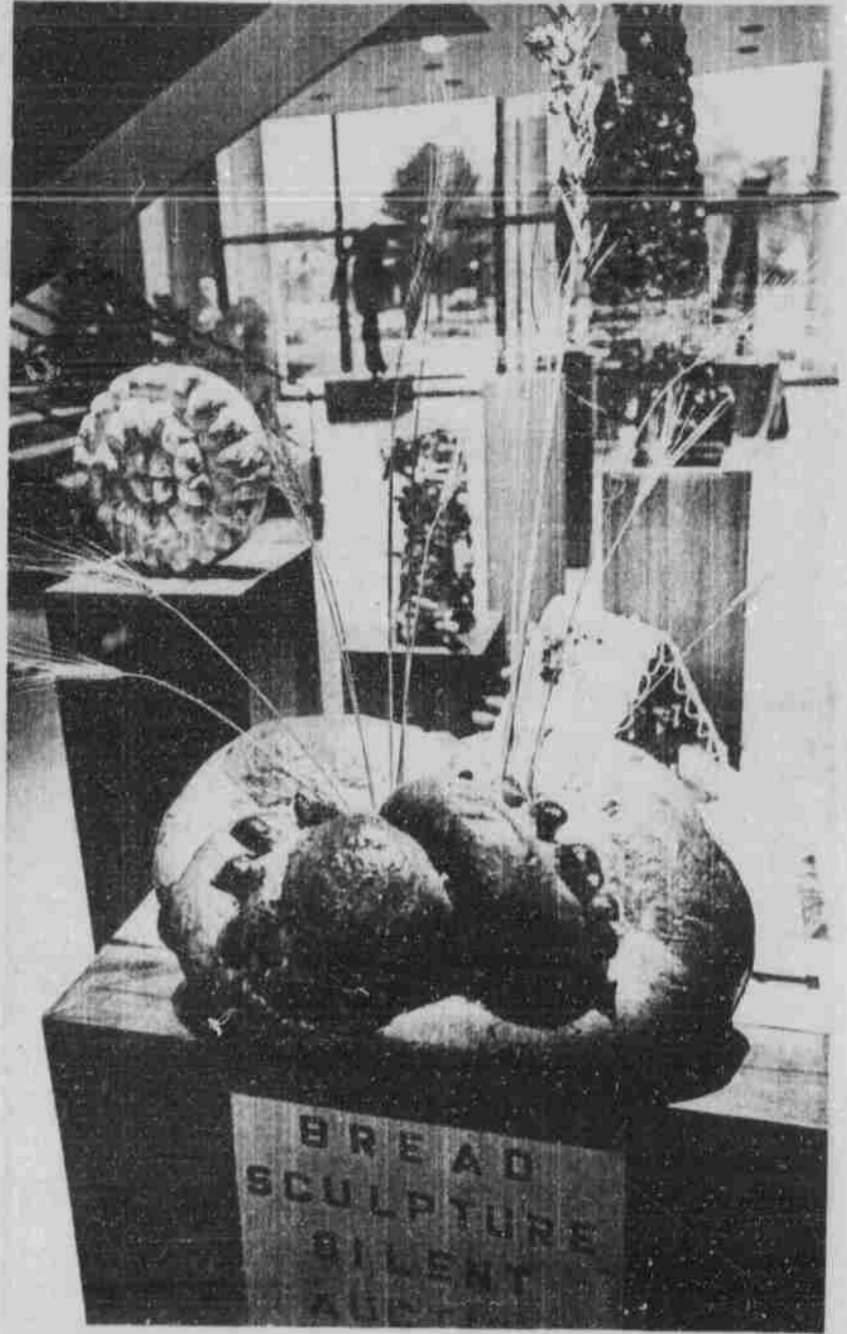
### Crocks of dough

Crocks of sour dough starters and sacks of unbleached white flour were available for the beginners, as more experienced bakers stood by with their baking advice.

For more specific instruction, local bakers displayed their nimble kneading abilities in Sheldon auditorium. They gave brief demonstrations of the bread baking art.

Raising a batter of dough over his head, James L. Roberts, a UNL English professor, threw a blob of bread-dough down at a pastry board on the stage floor.

Continued on pg. 14



Nebraska Art Assoc. Bread and Basket Fair display at Sheldon Memorial Art Gallery.

## 'Dream' turns into nightmare

By Paula Damke

Being a winner of a \$100,000 dream house isn't all that it's cracked up to be.

Ask Alisa Chapman.

The UNL freshman from Omaha recently won the dream house in a contest sponsored by Brandeis department stores and Omaha radio station KOIL.

### \$58,000 in taxes

Chapman, a pre-dentistry major, may be stuck with \$58,000 in federal and state income taxes assessed against her winning of the \$100,000 house.

She said her family doesn't have the money to pay the possible taxes.

Jim Chapman, Alisa's father, said taxes aren't the only problem the family has to deal with.

Chapman called the current housing market "zilch" and said if the house is sold, the buyer would have to pay \$58,000 cash because the buyer could not get a loan for that much money.

### Bankrupt and no house

He said if the family has to sell the \$100,000 house for less than \$58,000 they could end up bankrupt and still not have the house.

The Chapman family could sell their present house and move in. But that would require borrowing money to pay the taxes, Chapman said.

And at the current interest rates added to the \$2,400-plus annual property tax bill, it would be more than the family could handle.

He said they would have to double their income to live in it.

### No phone calls

Chapman said he hopes a prospective buyer will appear, but he said "I haven't had one phone call."

The win put Alisa in a 53 per cent tax bracket based on the value of the house. The taxes of the house have to be paid within the year of the win, Chapman said.

She said her father plans to have the furniture hauled away temporarily while it is being assessed because an empty house might look less expensive.

### Not giving up

But, Alisa has not given up on keeping the house.

She said if she doesn't receive title to the house until after the first of the year, taxes will not be due until 1976.

If taxes aren't due until 1976, she said she would prefer to rent out the brick and wood house in Omaha's Knolls section.

She said she wants to keep the house and live in it after she marries her fiancée, Jim Bailey of Omaha.

Don Tawzer, KOIL vice president and general manager said 244,000 persons entered the contest which ended Oct. 27.

### 129 semi-finalists

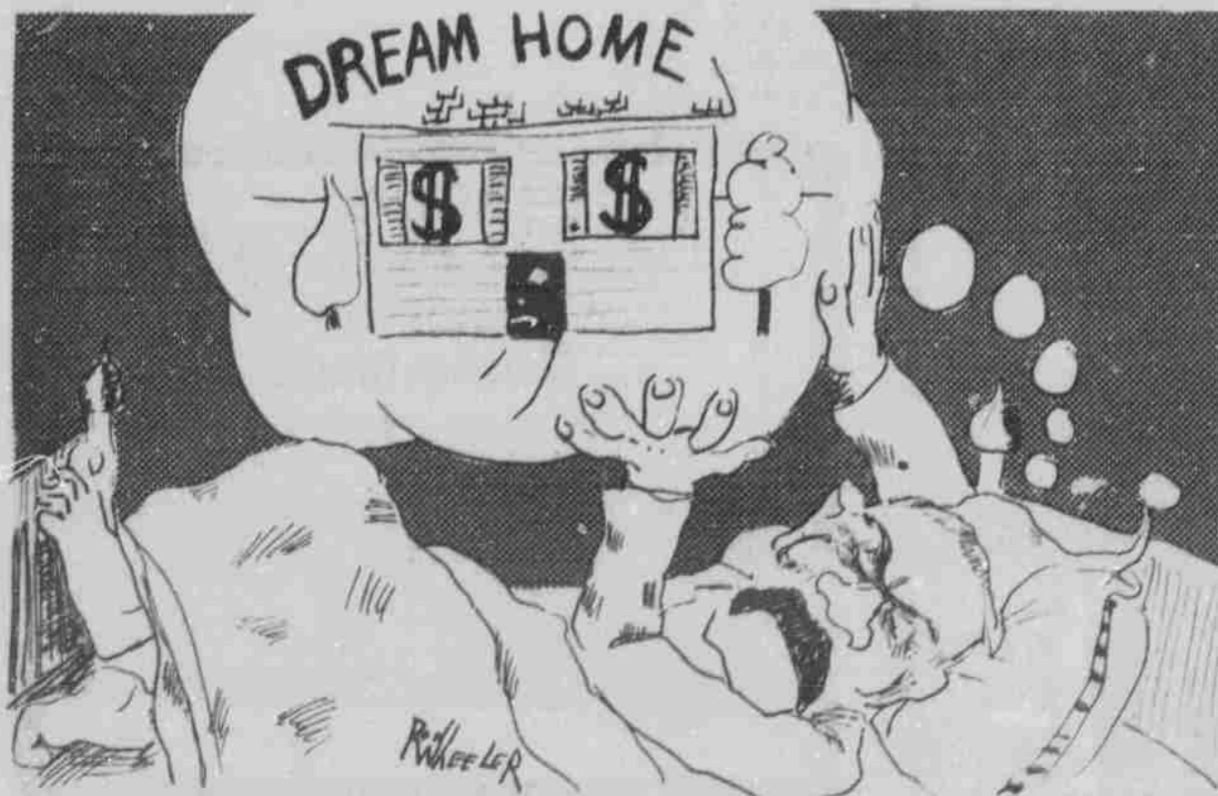
He said each week, throughout the contest 129 semi-finalists names were drawn. The contest was held from July-Oct. 1974.

Tawzer said KOIL radio corporation financed the building of the house.

Without the furnishings the house is valued at \$67,000, he said.

The house he said with the \$35,000 of Brandeis' furnishings will be completed next week.

Tawzer, commenting on the tax situation of the house, questioned whether "she's \$50,000 poorer because of taxes or \$50,000 richer as a result of winning."



## Transcendental meditation

### More are trying it

By Deb Gray

The Beatles did it and converted Mia Farrow, then Peggy Lee.

And now that movement—transcendental meditation (TM)—which began in India is now booming in America with more than 300,000 people belonging to the Maharishi Mahesh Yogi's organization. Another 15,000 start TM every month, according to the Maharishi's organization in Los Angeles.

TM is an easily learned technique, according to Gary Schwartz in *Psychology Today*. A person sits down with his eyes closed for two 20-minute periods a day, once in the morning and once before dinner, and directs his attention to the imagined sound of a mantra—a repeated syllable—chosen by him and his teacher.

Five organizations in the United States teach TM, according to Deanna Julsen, with four of the five in Lincoln.

These organizations—the Students International Meditation Society, the American Foundation for the Science of Creative Intelligence, the Maharishi International University and the International Meditation Society—are housed in the Lincoln World Plan Center, 518 S. 21st St. Julsen handles publicity for the center.

### More rest

TM produces what physiologists have called the "fourth state of consciousness," Julsen said. In meditation, a person receives twice as much rest as a night's sleep, she said, but the mind stays mentally alert.

The results from TM are said to be astonishing. Practitioners claim TM reduces tension, improves relationships with other people, and makes them more energetic and efficient.

Doug Bowen, president of the Students International Meditation Society, said meditation has helped him mentally, physically and spiritually.

### Education made joyful

"As a student, I've found TM has made my education really joyful," he said. "It's interesting and fun. Sometimes you can get disillusioned—that the university is a diploma machine—but now I've come to pick courses that I like better. I don't rely on other people's advice."

There are now 400 people meditating in Lincoln, Cindy Rama said, with 1900 people initiated into the practice since 1971. Rama is chairman of the Lincoln World Plan Center.

The founder of the movement is the Maharishi Mahesh Yogi, who graduated with a physics degree from the University of Allahabad in India. After graduation, the Maharishi studied 13 years with Guru Dev.

In the mid-50's, the Maharishi emerged from solitude and began to teach. He has lectured around the world and taught thousands of people the techniques of transcendental meditation.

Continued on pg. 15