

SELF-DEFENSE

The Lincoln Health Club

will offer a 6 wk. course in practical self-defense. Get individualized instructions in small co-ed classes. Learn the basics you need to know to defend yourself.



LINCOLN HEALTH CLUB

466-9050
838 No. 48th

SIX WEEKS
TWELVE LESSONS

Mon. & Wed.
1:00 p.m.-2:00 p.m.
5:30 p.m.-6:30 p.m.
Tue. & Thurs.
1:00 p.m.-2:00 p.m.
4:30 p.m.-5:30 p.m.

\$22.50

Committee stimulates interest

With interest in parapsychology and psychic phenomena apparently increasing, Sue Tidball said she saw a need for a group to supplement and stimulate further interest in these topics.

Last year she organized the Human Potentials Committee as a cooperative venture of the University and the Lincoln community.

The Eastern religions have had an influence on our society, said Tidball, resource coordinator at UMHE-Commonplace. She has organized a Human Potentials Films Series to expose and share topics such as meditation.

Tidball said the films are designed "to help people grow and find something which will make their lives more meaningful."

Following these films, Tidball later hopes to provide more resources on similar subjects, including speakers and workshops.

The series begins Sunday in the Sheldon Film Theater with **Emphasis on Alan Watts**. The program consists of six short films on meditation, Buddhism, Nature and the mood of Zen as perceived by Alan Watts. Showings will be given at 3 and 7 p.m.

Sri Chinmoy, to be shown September 22, is about the experience of meditation in the life of an Indian Master.

The final portion of the series, scheduled for Sept. 29, is a group of four separate films dealing with the new science in the West, psychic saints and scientists and related topics.

Tickets may be purchased individually for \$2 (\$1.50 for students) or \$5 for the entire series (\$3.50 for students). They are available at the Union South Desk and at Commonplace, 333 North 14th Street, or at the door.

SALE

Thurs.—Sun.

Sept. 12—15



20% off all line bearers

10% on all other fish with this ad



10 gallon aquarium tank, NOW \$4.92

20 gallon aquarium tank, NOW \$12.18

10 gallon tank stand, NOW

20 gallon tank stand, NOW

\$13.35

\$16.45

full line of cram supplies

Condon Fish Farm

5 p.m.—9 p.m. weekdays
Noon—7 p.m. Sat. & Sun.

19th and M

435-4745

short stuff

The Admiralettes will meet on Sept. 16, 17 and 18 at the Military and Naval Science Building at 7 p.m. All girls interested in helping sponsor NROTC and having the opportunity to meet some midshipmen are welcome.

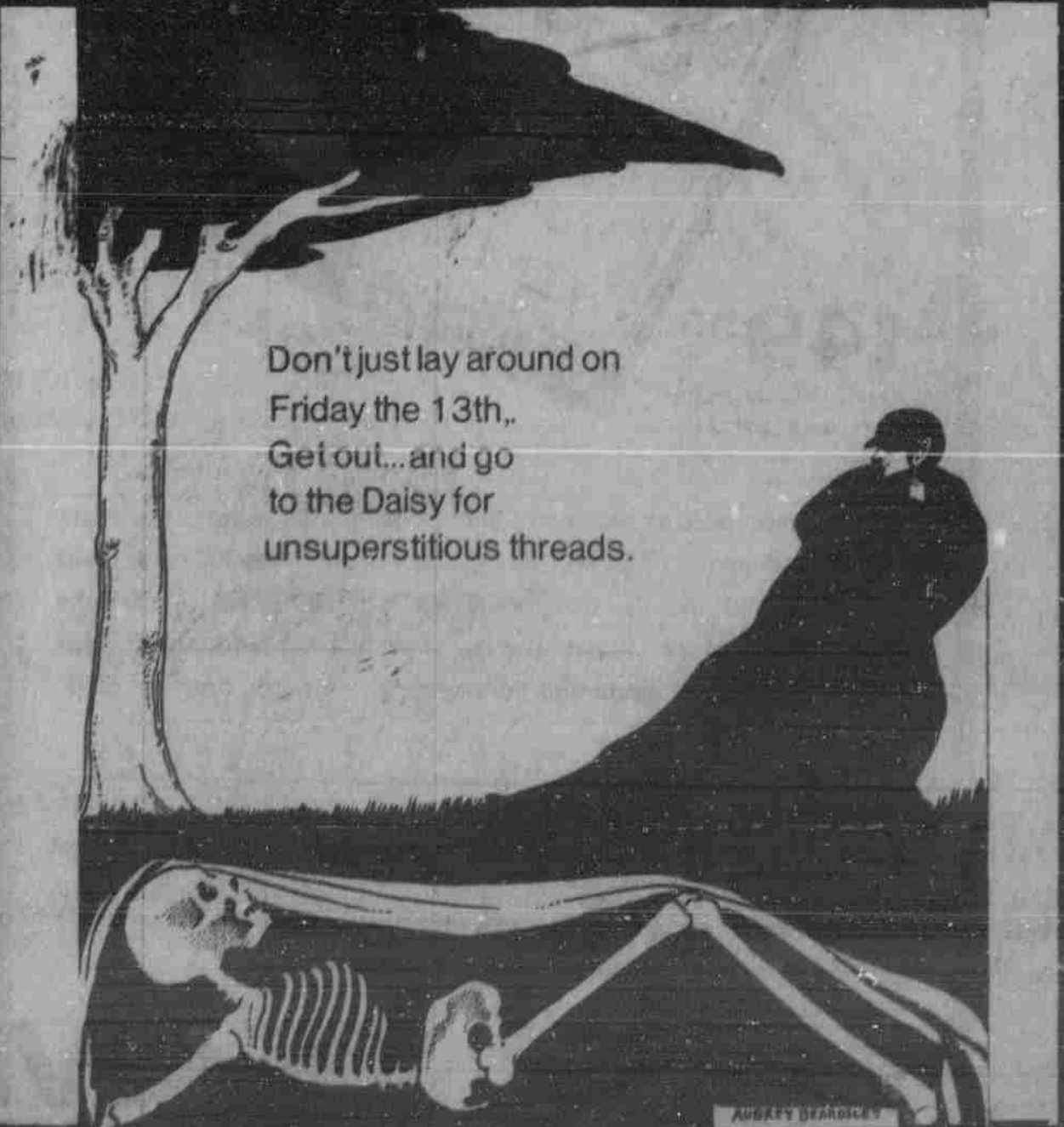
The first meeting of the Food Science Club will be at 6:30 p.m. Tuesday in the C. Y. Thompson Library. Any student who has a food science or food and nutrition major is invited to attend.

The Sierra Club is sponsoring a hike to begin at the parking lot at 1st and Van Dorn Streets at 1:30 p.m. every Sunday afternoon beginning September 15 through November 24.

The Joyce Johnson Angel Flight is hosting an orientation tea at 2 p.m. Sunday in the Nebraska Union. The Joyce Johnson Angel Flight is a coed auxiliary to the Arnold Air Society, an honorary for the Air Force ROTC cadets.

Ceramics by John Kudlacek and prints by Michael Nushawg will be shown at the Sheldon Memorial Art Gallery Sept. 15-21.

The Daisy



Don't just lay around on Friday the 13th. Get out...and go to the Daisy for unsuperstitious threads.

Gateway

The Daisy
464-9144

Open weekdays til 9 p.m.
Sat til 6 p.m. Sunday 1—5



Had now that were together...
an Orange Blossom diamond ring

Snowflake.
By Orange Blossom.

A burst of light from
a band of 18K gold.
Young, beautiful, and warm
just like your love.

Orange Blossom
Symbol of a Dream

Sartor Humann

REGISTERED JEWELER AMERICAN GEM SOCIETY

