

Rapes committed by men sane, but disturbed

By Lucy Lien

Most rapes are committed by people who show no signs of what is normally considered mental illness, according to two Kansas-based psychiatrists, Dr. Karl Targownik, certified psychiatrist and clinical director of the Kansas Reception and Diagnostic Center, and Dr. Leslie Groh, chief psychologist at the center.

Targownik noted that although most rapists are not diagnosed as mentally ill, they do show low tolerance for frustration and a poor impulse control.

There are two groups of rapists, Groh said, and these men are not psychotic.

The first group of rapists, he explained, consists of those men who are very dependant on women. These people, he said, cannot tolerate the anger of someone they are fond of, so they take their anger out on someone else.

The second group of rapists consists of "very careless people who take whatever they want and can get," said Groh. These men have a character disorder, although are not formally considered to be ill.

Other groups

Targownik added that there were two more groups of rapists.

The third group, he said, consists of men who are definitely psychotic. He noted a case where a man raped and killed an 80-year-old woman.

"When psychotics rape it is usually carried out under bizarre circumstances, such as by raping an 80-year-old woman," he said.

"There is maybe a fourth group," he continued, "who feel themselves insecure. When love and tenderness are expressed they are probably impotent."

This group of men, he noted, become potent because of the violence of the rape act.

The psychiatrists also added that sometimes a woman may unconsciously expose herself to rape because she desires it. Although these are not the

majority of the cases, they said, some women do want to be raped.

Groh noted that there are cases of women who like to be treated brutally. "It goes back to our primitive cave heritage," he said.

Carelessness dangerous

However, most rape victims have not brought on such treatment, Groh said. However, many women expose themselves by carelessness to rapes.

He said that many women put themselves into a rape situation even though they do not have the wish to be raped. Many women are simply too trusting, he said.

He cited a case of a woman alone in the house with her children. A man asked to make a phone call because his car had broken down, so she let him in.

By letting him in, Groh said, "she was exposing herself to all sorts of dangers, such as murder or robbery or rape."

Even though this woman had no wish to be harmed, he said, she was careless about her defenses.

Submission may be necessary

Targownik said that many times a woman can do nothing but submit to the rapist. "If a man is armed," he said, "I feel very sad about this but my advice is to cooperate with him rather than to take a chance of being hurt."

He noted a case where a woman picked up a hitchhiker. In this case, he said, the girl had thought she recognized the hitchhiker as a friend of her girl friend, so she let him drive. The man drove her to a secluded place and raped her repeatedly. He then tried to run her over with her own car, Targownik said.

"As a result of this accident," he said, "this woman is now very badly crippled." She is receiving counseling from Targownik and from the Menninger Clinic.

He noted that they interviewed the man in this case, and he has no idea why

he raped this girl or why he ran over her.

Targownik said, however, that by interviewing this man, he and counselors at the Menninger Clinic discovered that this man was traveling to Topeka after his mother had kicked him out of the house.

This man was driven to rape, he said, because he had been hurt by a woman he needed, and so turned on another woman.

Humiliation

Groh said that a woman who has been raped feels humiliated and may harbor resentment against all men because of what one man did to her.

Targownik emphasized that a woman should undergo extensive psychological therapy after rape.

"We both feel that a crime of rape is more of a beast action than even murder," he said. "To intrude upon a woman in this way, to force oneself into a woman's body is a very brutal act."

"Rape is not truly a sexual act," Groh said. "It is an act used to hurt, the act of sex is used as a weapon against the woman. It is an act of contempt, like an excretion."

Imprisonment necessary

Men who have any kind of tenderness toward women will not rape, Targownik said. Rapists all harbor a deep hatred for women.

He noted that it is possible that after many years a rapist could be cured, but said he was not optimistic of the chances for curing these people.

"It is rather difficult to reach these men," he said, because they probably lack the ingredients that make psychotherapy possible.

Targownik said that because psychological treatment is so difficult for these men, they must at least be kept from society in prison.

"Even in prison society, he said, a rapist is on a very low step. Especially those men who rape minors are looked on with contempt by others in prison," he said.



The new sidewalk to the east and south of Andrews Hall has finally been completed.

Rape counsel available

Fifty percent of rapes occur in women's homes, and 50 percent of all rapes are committed by someone the victim knows.

Sue Aitchison of the women's resource center at the University of Nebraska-Lincoln, said that it's not a girl's dress or behavior that brings on a rape, "it's just being in the wrong place at the wrong time."

In order to protect oneself against rape, she said, the girl should pretend to go along with the rapist until she gets close enough to him to hit him really hard.

"There's no rule on what to do," she said. "A woman can only make a split-second decision at the time."

She emphasized that it is important that a girl plans ahead. "If you know you'll be walking in an area where there's a possibility of rape, think out beforehand what steps you would take," she said.

A woman needs confidence to fight back, she noted. The woman needs to hit the man with her full force, at the right time and in the right way. "You can't punch a guy and do any good," she said.

(Continued on page 8)

PLAZA THEATRES

12th & P STS.

477-1234

PLAZA 1
Daily at 1:30, 3:30, 5:15, 7:30, and 9:30

Buster loved her and no one understood.

BUSTER and BILLIE
It should have been a love story!

PLAZA 2
Daily at 2:00, 3:45, 5:30, 7:15, and 9:15

zanybarbra.

Barbra Streisand
for Pete's Sake

PLAZA 3
Daily at 2:30, 4:45, 7:00, 9:30

Jack Nicholson
Faye Dunaway
"Chinatown"

PLAZA 4
Daily at 1:30, 3:50, 6:10, 8:30

From the man who brought you "FISTFULL OF DOLLARS"

Henry Fonda Terence Hill

SERGIO LEONE presents

My Name is Nobody

FREE PARKING AFTER 6 P.M.: Rampark, 12th & P; Autopark, 13th & Q; Rainesco Lots at 12th & P & 12th & Q. Free parking at Cooper, Lincoln anytime.

COOPER/LINCOLN
54th & O STS. 464-7421

Mattinee Daily

Shows at 1:30, 4:45, 8:00 p.m.

The wait is over!

ENDS THURSDAY

THE SOUND OF MUSIC

RODGERS & HAMMERSTEIN II
ROBERT WISE
ANDREWS & PLUMMER

Nebraska Repertory Theatre 1974
June 28 through August 31
4 Plays alternating in performance.

School for Wives
★ OPENS ★
Friday August 2

Season Tickets \$8.00
Individual Tickets \$2.50

Box Office Hours
10:00 to 5:00pm M-F
472-2073
12th & R
Lincoln, Ne.