## Speedy supper spices up Sundays

Sunday evening is an uncomfortable time. For the commuter student, it signifies another week of early rising in order to make that 8:30 class that somehow got slipped in during the last pre-registration mix-up. It means a rush to complete the paper that was due in the Friday section of that class. It means ye friendly local beer joint is closed, denying the simple pleasure of a fresh draught.

For the dormitory student, Sunday evening is all this and more. It means no campus movies are left, no places to dance are open, and no hot meals from the dormitory food

What chaices are left to the poor starveling? He can opt for one of averal pancake houses within walking or hitching distance of the dormitories. This plan has its disadvantages, apparent in Nebraska's traditional inclement winter weather. Another possibility is the vending machines to he found across campus, offering program, who is also responsible for the batter used for the fish and chips served at the Greenwich Cafe Friday nights. He cooked it for me one afternoon, in so short a time that ! have taken the liberty to rename it. The Seven Minutes

2 Tbsp. butter 1 tsp. fresh curry powder

2 Tbsp. flour

1 c. milk

1/2 tsp. salt 1 small or medium can of tuna, salmon, mackeral, or deviled ham.

Melt the butter in a fondue pot or other suitable pot Add flour and curry powder; stir until well mixed, Slowly stir in milk and salt, then add the meat. Stir over medium flame until contents are hot, serve over toast, dry bread or whatever is on hand (crackers work well). This serves one overpoweringly, two comfortably, three adequately or four as a snack.

# omelet

medicard and collophane flavored utility food at premium prices to any student with the needed amount of change. Still and their respiribility is making up something yourself.

But what to presere? It should be cheap, filling, warm, spiny and comething the food services don't offer.

My personal favorite for times like this is a recipe for current surved over toast or whatever is handy. It is courtesy of John Davidson, a fellow in the Centennial Educational

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