Social worker aids student adjustments

Tilla Coffins, social worker d the UNL Health Center's I Hught Clinic, said that to Lincoln Difficult a year ago, she imized at the amazement I USL freshmen." Many she met had never a diversity of and outlooks in with whom they

said that most of morning is with students ment to the university an environment idla) structure like the thich they grew up in. in who come from small make towns often have the proplems, she said.

Roawing when outside help anaded to sort out one's foliants indicates the person tot afraid of himself or the but instead wants to understand the problems, Colling said. Stressing that people don't have to be 'sick' in order to seek help," she added "seeking help is a deplay of power."

Many students expect her sulve their problems. she said, "I am = 10 show students how. A decisions, but I don't to acroally make the one for the student."

Enlins said it is important mount of about 10 in the said groups help accept their a unitaties. The groups she limb said, are "not the ammonly thought of runter groups where and around and

- and she directs the with emphasis on hads becoming more of their bodies and and well as the people them. She said she that the groups deal - xperiencing, in Islamin to verbalizing:

The use of outgroups is "an official means to reach more students," she said. Outgroups are composed of students who are interested in participating in a group self-awareness Anyone may participate in the group, having

Wolfen Student marka tanfon Hall Association Hose University)-Union Later Versity same Eny Action d mai Clau-Obertay.

Flyer's meeting set for Tuesday

Cox Word Barrons Flying . III have an national meeting on my at 7 p.m. in the For further Hilling contact Great



once registered at the clinic.

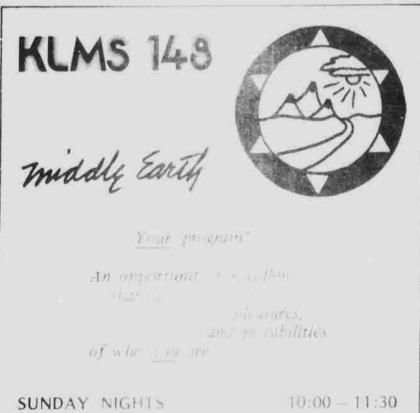
These outgroups could extend beyond the all and said. This could allevente the stigma of being often associated with treatment, she said.

Outgroups are beginning on UNL Collins said. Grount of students recently have begun requesting special groups be set up and run by the Mantal Health Clinic staff, she hand.



Social worker Sheila Collins

bullius said she hopes other-The summer will form.



Beginning funday October 28

Nixon impeachment rally

State Sen. Steve Fooder Par King, Lincoln Central Labor Union president, and Asst. Paul Philus Over of the UNL political science department are scheduled to speak at a rally for the impeachment of President Nixon.

The rally is being sponsored by the Nebraska Coalition for the Impeachment of President Nixon

The rally speakers were selected and a program format developed Thursday at a roset by to fix alize plans for the rally at the Capitol Saturday.



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