

Fruit, feminism combine for orange pie

In 1873, Catherine Beecher, teaming up with her famous sister Harriet Beecher Stowe, produced a compendium of knowledge called *The Housekeeper's Manual*.

It clearly was women's destiny to reform her fellow man. The Women's Christian Temperance Union, affectionately called the WCTU, was founded in 1874 and resolved not only to kill John Barleycorn but to bring back moral fiber into America through a healthy diet.

David Ware omelet

A cookbook was dedicated to "the women of the WCTU, who with their noble leader, Frances Willard, are working for the uplifting of humanity." The book, *Fruits and How to Use Them*, was one of the best stressing wholesome cooking.

The author, Hester Poole, managed to combine fruit and feminism in an interesting way.

She cited a former Nantucket teacher who, in 1886, had produced 6,000 boxes of raisins and 45 tons of dried apricots

by working 100 acres in Fresno, Cal. And two women had established a Women's Fruit Preserving Union in Pasadena.

These were but incidental remarks. The book's purpose was to substitute fruit temptations for the more dangerous ones of the bottle, and Poole succeeded admirably.

Some of her most intriguing recipes were those concerning oranges, of which the following is my favorite. I have updated the formula somewhat, but in essence it is Poole's own

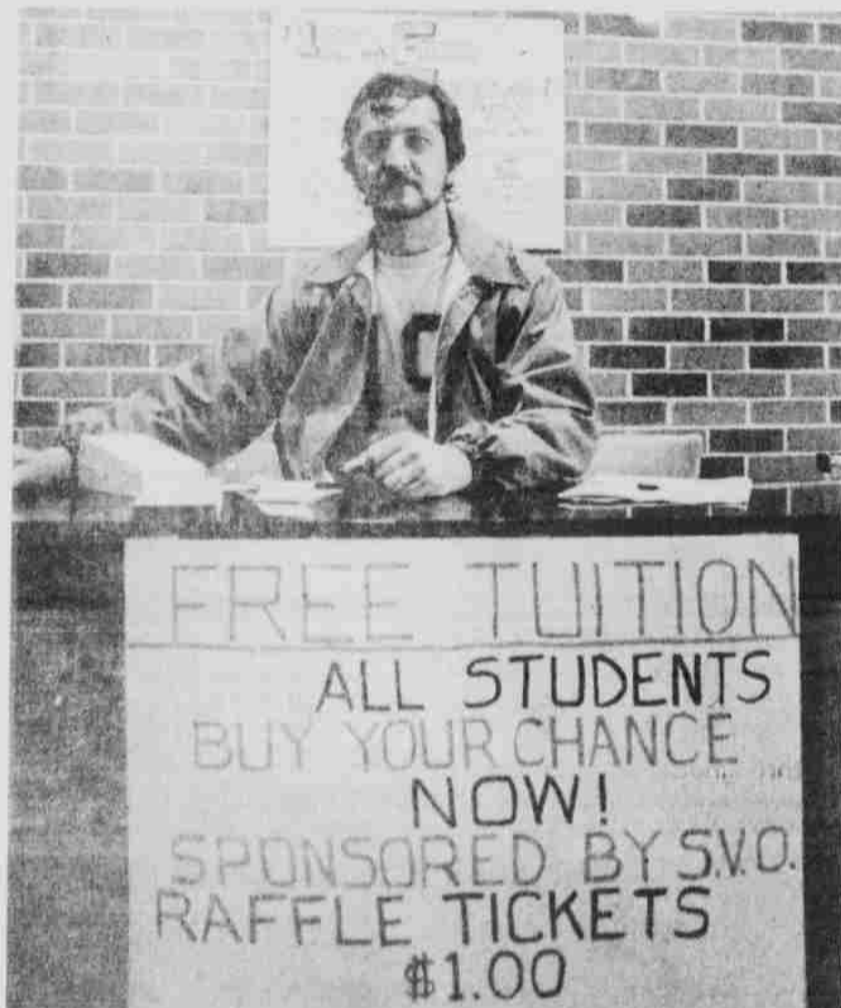
Orange cream pie

Baked 9-in. pie shell	1/4 cup hot water
3 eggs, separated	1 cup sugar
1 cup fresh orange juice	5 Tbsp. cornstarch
3 tsp. lemon juice	

Combine all ingredients except the eggs in the top of a double boiler. Cook for 5 to 8 min. or until smooth. Beat egg yolks slightly and dilute gradually with some of the hot mixture.

When eggs are well diluted and all danger of curdling past, add them to the double boiler mix, then cook and stir for about 5 min. Cull the custard, then pour into the pie shell. Top with fresh or canned orange segments. If fresh, remove the membrane.

Cover with a meringue made from the beaten egg whites, a pinch of salt, and 6 Tbsp. sugar. Bake in a preheated 375 degree oven until lightly browned.



Vets' raffle booth

Raffle offers \$300 prize

Offering a prize of a \$300 deduction from second semester tuition payments, the Student Veterans Organization (SVO) will hold a raffle Dec. 5 to raise funds for the Help American Vietnam Veterans through Education (HAVE) program.

The raffle is open to all students, with tickets selling for \$1 per person. Tickets will be on sale now through Dec. 4. Funds for the raffle are provided by the Financial Aids Office.

The HAVE program is available to all student



veterans, providing loans at 3 per cent interest for a maximum of one year with no consigner, according to Rich Henderson, chairman of the program.

SVO hopes to make about \$2,500 from the raffle to support the HAVE program, Henderson said.

TIMES'S RUNNIN' OUT

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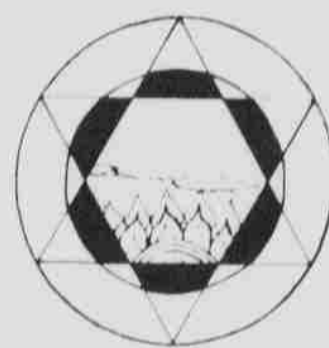
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