

Regents' agenda includes budget

The Board of Regents will meet at 9:30 a.m. Saturday at the Systems Building, 3835 Holdrege.

Approval of the 1974-75 operating budget request of the University is the principal item on the agenda. Regents had postponed approval pending completion of an analysis of student credit hours generated by enrolments this fall on the three campuses.



Author Andrew Weil

Potentials seminar opens on 'high' note

Andrew Weil opened the Human Potentials Series Thursday on a "high" note.

The heavily bearded and balding author of *The Natural Mind* spoke about altered states of consciousness during the opening lecture of the series sponsored by the Union Talks and Topics Committee.

He explained that getting high, or reaching an altered state of consciousness, is characterized by a change of attention. He also said this can be as easily attained without drugs as with them.

"Drugs are simply a common technique," Weil said. As an example of alternate methods, Weil pointed out that concentrated attention on a movie is different from a hypnotic state only in degree.

"There is no line of distinction between the two altered states because they are both different from ordinary conscience, where attention is scattered and not concentrated on anything particular," he said.

Another common characteristic of getting high, according to Weil, is a shifted balance of conscious and unconscious energy. In the altered state, more energy is available to the internal or unconscious reality, he said.

He said this explains why hypnosis has the power to unlock vast stores of memory unavailable to ordinary consciousness.

"Whereas all highs have a back and forth flow of conscious and unconscious energy, the balance is lost in the normal state," he said.

Although Weil doesn't advocate the use of drugs to attain other consciousnesses, he said everyone has the potential to explore altered states and to benefit from the experience.

The development of "our innate human drive" to find altered states of consciousness, according to Weil, has been stunted by evolution. He said modern culture has put all the emphasis on survival and dominating the other species, and not enough time has been taken to see the potential in learning about nonordinary consciousness.

But now, he said, with increasing interest in such things as meditation, religious movements and drugs, he believes that people are experiencing the initial phase of a major evolutionary change, a change that will open the way for people to explore altered states of consciousness without alienation from social norms.



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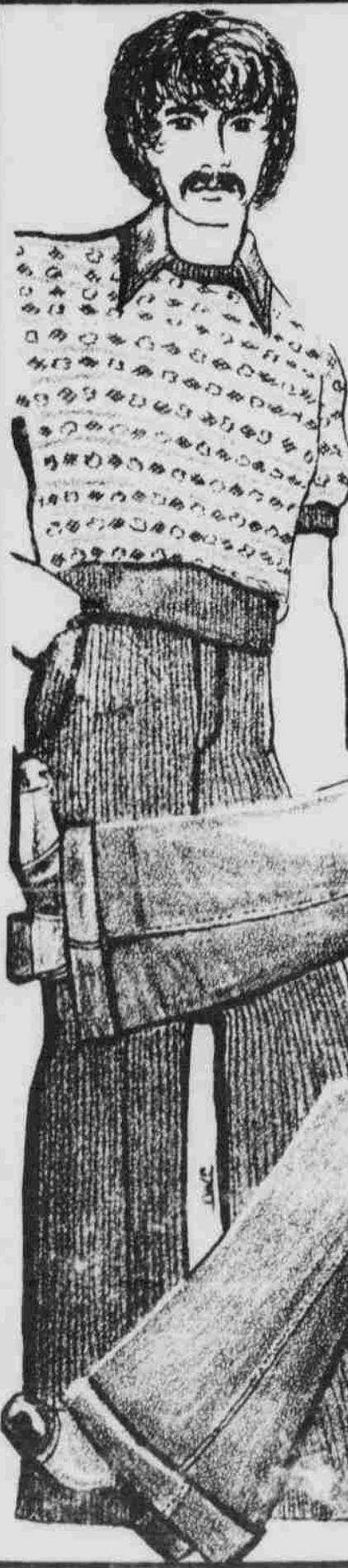
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"Last Tango in Paris"

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Marlon Brando Last Tango in Paris

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