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Now he's the Huskers' full-time punter as well as field goal and extra point kicker. "Usually, you don't see people doing both like Rich," Fischer said.

According to Fischer, a good kicking team depends on precision timing and coordination among all players.

"It seems like the simplest part, but it's difficult to keep timing and rhythm," he said.



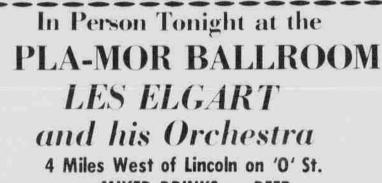
## **Rich Sanger**

A maximum 2.2 seconds is allowed for PAT's from snap to kick and 1.3 seconds for punts. "Anything over this has a good chance of getting blocked," he said.

"After that, the rest is watching they don't pick up some bad habits."

Like the golfer after a drive, the kicker has a tendency to look at the ball after it's kicked to see where it goes. "Pretty soon you start looking before even kicking it," Fischer said.

"Then if they kick one or two pretty good, they want to do better, so they think they have to kick it harder," he added. But it takes more than strength to kick a ball well, he said.



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