



UNL crew team . . . practices in the Abel-Sandoz swimming pool.

UNL rowing team gets 'tanked' in Abel-Sandoz pool

by John Russnogle

While many UNL students go downtown for "two-fers" in the afternoon, the UNL rowing team gets "tanked" at the Abel-Sandoz swimming pool.

"Tanked," refers to their daily practice sessions in the pool, not a drinking bout, however.

"We're the only team in the country practicing in a pool," crew coach Allan Maybee said. Most established rowing teams use practice tanks.

Practicing in a pool, however, is better than using a regular practice tank because crewman get a better

idea of balance, one of the most important aspects of rowing. In a practice tank crewmen sit on a platform instead of in a shell and do not experience actual water conditions.

The physical conditioning received from rowing in the pool isn't as important as mastering technique, Maybee explained.

There's a lot more to crew than just rowing a boat, he said. "A lot of things have to happen just right and it takes a long time to perfect them."

Rowing in the pool gives freshmen crew members a

chance to work out in a shell before spring competition begins, Maybee said. All 40 team members row in the pool two or three times a week, he added.

Rowing in the pool posed several problems in the beginning. Oars had to be hollowed to decrease thrust. The first time the crew rowed with nonmodified oars, the nylon ropes which hold the shell in the center of the pool "acted like rubber bands," Maybee said.

ASUN ballot to contain 6 changes

As the date for UNL's spring general election gets closer, activity regarding amendments and ASUN candidates is beginning.

ASUN recently accepted a resolution calling for six amendments to the ASUN constitution to be included on the ballot. The resolution was designed primarily to modify obsolete language or regulations.

One resolution, sponsored by Senators Vince Boucher, Bill Fruedenberg, Ann Henry, Mark Molacek and Todd McDaniel, states that the ASUN constitution is "severely obsolete in many clauses and the senate would function more effectively if brought in line with current University policy. . ."

Constitutional amendment No. 1 suggests that the powers of removal or disqualification be expanded to include appointment of student executives.

Another amendment would delete the entire section which states that the organization's second vice-president shall be chosen on the basis of an individual ballot.

It inserts wording which makes the "election, eligibility and term of office of the second vice-president. . . identical with those of the president of the association."

Applicants may change parties or posts until Feb. 26, when the final ballot will be printed, Grundman said.

Another amendment states that all appointments shall

require approval by the senate.

A further article to modify obsolete language would delete a section outlining the director of records' eligibility and duties.

The fifth amendment of the resolution would constitutionally add the speaker pro-tempore to the ASUN Executive Committee "as has been the practice in recent years."

Amendment No. 6 changes language requiring students to hold full-time status for election to the senate and deletes the requirement that a student carry a cumulative average of at least 2.75 for appointment to the student court. It also eliminates the full-time clause from the requirement for an electoral commission position.

Applications are due concerning the spring elections by 4 p.m. Friday in the ASUN office for those seeking ASUN Senate posts, executive positions and membership on four college advisory boards. The four colleges that will elect new advisory boards in the spring are the College of Agriculture, Home Economics, Teachers College, and Arts and Sciences.

According to ASUN Election Commissioner Bill Grundman, these are the number of senators to be elected in each college: Agriculture, three; Arts and Sciences, 10; Business Administration, four; Engineering, three; Home Economics, two; Teachers, six and Graduate and Professional, seven.



Fuenning-flu hasn't reached epidemic proportions at UNL

UNL is not having an epidemic of the London flu, or any other flu, according to Dr. Samuel Fuenning, medical director of the University Health Services.

"We're a pretty healthy state," Fuenning said. Despite rumors, there has been no major increase in influenza for this time of year, he said.

Of those contacted, only two residence directors complained of a higher than usual incidence of flu in their dormitories. Elizabeth Griego, Sandoz Hall, said at least 25 per cent of dormitory students and almost all staff members have some kind of influenza. Jane Lyons, Schramm Hall, said there are many cases of flu there.

A random sampling of sororities and fraternities showed few flu sufferers there.

According to an article in the *U.S. News and World Report*, the highest incidence of flu this winter is in Washington, D.C., New York City, Baltimore, the San Francisco Bay

area and Massachusetts.

"The symptoms of London flu. . . and influenza in general, are fever from three to five days, headaches, aches and pains in muscles and joints, and occasionally dry cough," according to the *U.S. News* article.

The danger with London flu, Fuenning said, is that older people, or people with chronic diseases such as heart trouble, lung disease or diabetes, are more susceptible to the complications of influenza. Some may even die, He said.

The Public Health Service annually recommends that these people receive vaccinations.

All influenza, according to the Center for Disease Control in Atlanta, is contagious. . .

The center says there is no specific treatment for flu sufferers. They should just take something to lower the fever, such as aspirin, and drink plenty of fluids, the center advised. The disease can last from 10 to 14 days.