



Old age- burden or blessing

by Sara Hinds

Editor's note—This is the last in a series of articles on the problems of the aging and the way society deals with them.

George is an old man. He feels like a burden when he lives with his children and their families. He doesn't understand their ways at times. A heart condition prevents him from keeping his own apartment. He has outlived his wife and many of his friends.

George is only one of the 20 million aged in this country. George is also one of the five per cent of those over 65 who live in institutions.

Nationally, says *Time Magazine*, "The new growth industry of nursing homes provides more beds than hospitals." Clark Moustakas in his book, *Loneliness*, says rest or nursing homes often only isolate the aged in their private rooms, intensifying alienation and loneliness.

Despite such statistics and statements, residents at rest homes in Lincoln seemed quite happy, and spoke optimistically about their living situation.

At Clark Jeary Memorial Manor one man simply said: "Old people have to have a place to get away. It is not like the Waldorf Astoria, but we like it here."

Many people in rest homes said they had been in nursing homes before. In a rest home, patients are under the authority and care of doctors and nurses. By contrast, at a rest home the elderly are close to an infirmary but take care of themselves.

"It's depressing in a nursing home," Clyde said. "In a rest

home, men and women are more concerned about their personal appearance. It's much happier to be in a rest home."

Watching television, sewing a quilt or reading magazines and books keeps Maggie busy during the day.

Another man spends his time writing the history of his hometown.

"I subscribe to a lot of magazines and enjoy reading them. Don't forget, I keep up with the times too," an elderly woman said.

Many rest homes plan activities for residents. Bingo and church group performances were among the favorites.

However, some rest home residents said they just want to be left alone.

"I don't like to go out of my room very much," one woman said.

Many elderly people simply did not want to be interviewed. Others gave the impression they really needed friends and companions to talk to.

"It can get lonely in your room. But it's much more lonely living by yourself. Here you have friends, nearby if you need them," one man said.

"Like anywhere else, some people make friends and others don't," he continued. "It all depends on your outlook, why you are here and what you do with yourself."

One lady commented, "I don't want to say anything bad about this rest home. After all, I'm happy here, and where else would I go?"

short stuff

All-University Fund will hold interviews for chairman and assistants at 6:30 Tuesday in the Nebraska Union. Applications may be obtained on the bulletin board outside of the north conference room.

The Amateur Radio Club will meet at 7:30 Wednesday in 302 Bancroft.

The Housing Policy Committee will meet at 8:30 a.m. Tuesday, Selleck meeting room.

UNL Chancellor James Zumberge will be introduced and speak briefly at the UNL Faculty Senate meeting, 4 p.m. Tuesday, Love Library auditorium.

The Union Program Council will hold interviews for Black Activities Committee chairman at 7 p.m. Tuesday. Applications may be obtained in 128 Union.

The ASUN Reorganization Committee will hold an open hearing in the Union, Tuesday, 3:30 p.m. The committee is attempting to get constructive comments from campus interests concerning all aspects of reorganization: alternatives to the present funding structure, reapportionment, salaries, the role of ASUN and its relationship to other student organizations.

UNL Chancellor James Zumberge will present a lecture "The Origin of Lake Superior" at the Geology Club meeting, 7 p.m. Thursday, 430 Morrill Hall.

Students interested in registering for the first year Reserve Officer Training Course (ROTC) course can

make arrangements by contacting Capt. Jack Vincent, 108 Military and Naval Science Building, before Friday.

Anyone interested in becoming a member of or working with the Student Health Center Advisory Board may contact Jonette Beaver, 477-4241.

KRNU (90.3) will broadcast Verdi's *Rigoletto* live from the Metropolitan Opera in New York at 1 p.m. Saturday.

Any organizations interested in participating in a second semester activities mart should contact the Union Program Council office.

UNL speech professor dies

Funeral services for John Thurber, professor in the department of speech and dramatic arts, were Saturday at Westminster Presbyterian Church.

Thurber, who died Thursday at the age of 42, attended Norfolk Junior College before graduating from UNL. He earned a master's degree at UNL in 1957 and a Ph.D. at Michigan State in 1965.

He was an instructor at UNL from 1962 until 1966 when he was named a full professor.

Thurber is survived by his wife, Nadine; sons, John D., Robert C., Mark H., and James G., all at home; and a sister, Mrs. Harlan Heath, Missouri Valley, Iowa.

All university meeting
Tuesday, Feb 8, 3:30, Union

held by:
ASUN
RESTRUCTURING
COMMITTEE

"ASUN LISTENING TO YOU"



LOOK who's new at H-S's Beauty Salon

Mr. Bob Hall —will be in our Salon every day except Wednesday and invites his customers to come in or call for an appointment.

Mr. Daro —recently returned from Las Vegas, and likes to work with long hair.

Mr. Barry —just returned from Advanced Hair Styling classes in New York. He likes the bouncy, curly, gypsy styles.

Miss Donna —likes the short, shag styles.

And of course our regular staff members - Mr. Monte, Miss Betty, Miss Joann, Miss Kelley, Miss Patti, Miss Shirley and our Electrologist, Miss Pierce. We invite you to come in for consultation or call for an appointment.

Beauty Salon, Third Floor

Welcome back students! When you're shopping downtown, remember to park your wheels in Hov's Bike Racks, at our front door and in Rampark Lane.

Howland-Swanson