

When aspirin fails in crisis, dial 475-5171

The Personal Crisis Service in its fourth day of operation exemplifies efforts to keep the community together, the University Psychological Consultation Center's director said Wednesday.

Dr. Charles H. Haywood praised the service which began officially Dec. 1. The service aims to prevent the feelings of alienation, isolation and the social-personal disorganization that many people experience in times of stress.

By dialing 475-5171, anyone with a personal crisis will

reach a volunteer to listen to his problem and encourage problem solving, Haywood said. The volunteers have been trained in eight weekly meetings to reassure people that they can profit from their crisis and become better at solving problems of living.

"Ordinary people are often the best qualified to help when someone is having problems and just needs to talk," the director said. "They are not duties and are sympathetic and preoccupied with professional realistic in their approach."

He added that openness is sorely needed in volunteers. "That's what often makes the young very good," he said.

Haywood emphasized that people in the community are what really keep the Crisis Service and the Consulting Center going.

"Lincoln is one of the best communities of concerned citizens that I've lived in," he said. "And I've lived on both coasts."

The University participates because it is a part of the community, according to Haywood.

About one-third of the Personal Crisis Service volunteers are University students.

Besides the Crisis Service, the Psychological Consulting Center provides Municipal Court Juvenile Parole volunteers, a multi-discipline child evaluation team as well as education programs in such areas as mental health.

The Center emphasizes the multi-discipline approach. Haywood added that he believes this is the trend in the University.

"Looking at a problem from one theoretical approach just isn't realistic," the Director said. "A specialty in just one department is becoming outmoded. People need a breadth of knowledge."

Haywood commented that since World War II the emphasis in psychology and community psychology has been on developing people's potential.

"Our goal, he said, is to enable people to become better at solving problems of living, so that they can maximize their potential to grow personally and socially."

NU 4-H club holds awards banquet

The University of Nebraska 4-H club will hold its annual awards banquet on December 8 at 6:30 p.m. in the Nebraska Union according to Glen Krohn, assistant state 4-H leader.

Banquet speaker will be Dr.

John Orr, associate state 4-H leader, with entertainment by the outreachers, the NU 4-H song group. There will also be scholarship and honor presentations.

The University 4-H Club has a membership of over 1200.



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Haywood and the Personal Crisis Service . . . helping people to solve the problems of living.

Youngbloods in Omaha Sunday

The Youngbloods, who have just recently released a new album, "Rock Festival", will perform at the University of

Nebraska at Omaha Fieldhouse Sunday at 8 p.m. UNO students will be admitted free with ID's, otherwise admission is \$2.

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