

Fog horn cured by strange delight

Editor's note: The Nebraskan brings you "Dr. Hip Pocrates," a medical advice column that has gained national fame for its offbeat questions and answers. We hope University students will increase their fund of knowledge through weekly readings of Dr. Hip's wit and wisdom.

Dear Dr. Schoenfeld:

My husband has a snore that could out-honk the loudest fog horn in San Francisco Bay. But I could never resort to the traditional pushing, hitting and shouting "Wake up!"

So while awake one snore-filled night, I proceeded to gently stroke the underside of his scrotum. Suddenly the snoring stopped, he exhaled a sigh of contentment and that was the last of the snoring. Since then I have done it a number of times and it almost always works.

We were wondering if you had any ideas about why it works."

ANSWER: A member of my research staff informed me she deals with her problem snorer by sighing loudly near his ear. His snoring stops because he apparently in-

corporates her sighs into his dreams and changes his breathing pattern. Your method is probably effective for the same reason.

My apprentice told me she had tried your technique successfully with her old man (who happened to be in the room during our conversation). He was genuinely surprised and turned beet-red. "Yes," she said to him, "I've tried it for the past few weeks and it usually works."

Well, I'm sure many more people will be tickled by your suggestion and those who sleep more soundly as a result will consider it a stroke of genius.

Dear Dr. Schoenfeld:

I learned through your column that processed yogurt may sometimes cause cataracts of the eyes. But my weakness is yogurt. Could you recommend the brand which would be least harmful?"

ANSWER: I reported a study from Science which found that rats fed nothing but commercially prepared yogurt all developed cataracts. Few humans, though, would choose to eat an all-yogurt diet and no

case of cataracts in humans has ever been traced to excessive yogurt consumption.

The yogurt study was discussed only to emphasize that too much of anything may be harmful (almost anything, anyway). Immediately after writing that column I ate and thoroughly enjoyed a generous serving of commercially prepared yogurt.

Dear Dr. Hip:

I have heard various stories regarding mescaline and peyote use, the most prevalent being that it absorbs your bone marrow.

Is this a fact or a fallacy?"

ANSWER: A fantasy. Any psychedelic may precipitate a bad trip (such as imagining your bone marrow is being absorbed) but physical harm has not been reported from these drugs.

Believing you have mescaline may itself be a fantasy since recent analyses of street drugs have shown the "mescaline" is usually an entirely different drug — such as STP or LSD.

Dr. Schoenfeld welcomes your letters. Write to him at 2010 7th Street, Berkeley, Calif. 94710.

Letters

Editor:

In answer to Richard Recker's "View from the Right" (Mon. October 5); I would classify Mr. Recker's attack on YAF chairman Cannon as one of personal animosity which has been allowed to negate any loyalty he may have felt for the conservative movement.

THE LEFT does not like YAF on this campus because of this large membership. I would like to pose a question: Why should the Left like or respect a group of the right at all?

The sale of buttons is recommended by national YAF as a means of both distributing them and of raising funds. Buttons are only symbols but judging by the number of YAF buttons that we have sold and have seen being worn on this campus, they are a viable symbol. The Blue Button campaign is a good form of recruitment of new members who stand fairly against violence and terrorism on college campuses today.

THE LEADERSHIP of Mr. Cannon is unquestionably formidable and relative to the type of political action group Young Americans for Freedom is. His strength and active efforts have caused second and now third-string leadership to evolve. Most groups of this type do not get beyond the forming stages. The fact that Mr. Recker criticizes Mr. Cannon significantly displays Recker's consideration of YAF as a threat to his own conservative ambitions, whatever they may be.

Since Richard Recker has never been to a YAF meeting, and knows fewer than ten percent of the membership, one wonders how he has gained his "insight" into the workings of the University chapter. I wish him luck in his position of "token" conservative on a left-of-liberal newspaper.

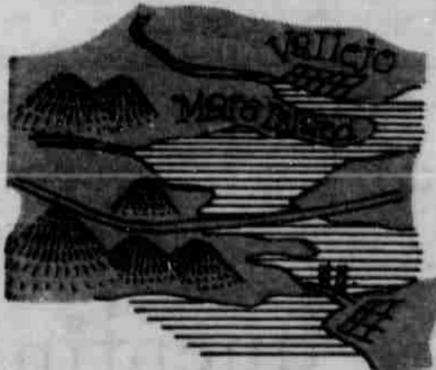
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