

Judo Club Members Enjoy 'Workouts'

By Julie Morris
Junior Staff Writer

Once or twice a week a group of University students take time out to hike over to the "dojo" and "hit the mats" for awhile.

The "dojo", the Japanese word for gymnasium, is the mat room in the Coliseum and the students are members of the University Judo Club. The club has about 25 members, according to Paul Owen, the instructor.

Owen, who is supervisor of the University's Power plant, joined the club 13 years ago when it was formed by a former graduate student, Sachio Ashida, and took over as instructor when Ashida moved from the state.

Self-development

There is no savage "kill" theory connected with today's judo. Owen teaches his students the forms of judo for the purpose of self-development.

"The forms apply to defense techniques," Owen noted, "but our basic purpose is not self defense. We don't expect men to go out and use this in public." Judo practitioners learn to relax, to have complete mental and physical control, and to "give way."

Owen said judo could be called "the art of gentleness." Roger Gunn, a sophomore who has been in judo for eight years, said the sport was "philosophical" to a great extent.

"Judo is as much as part of you as you are a part of it. If you don't get a chance to practice you feel like a part of you is dying," he said.

"Judo is something that has to be practiced for many years before you have a feeling for it," Gunn said. Judo becomes a way of life to devoted followers and the urge to pass on the knowledge of the sport is strong, Gunn noted.

Owen said the reason he teaches judo is because, "I'm passing on something that I've learned." He said "every instructor has favorite techniques that he has developed."

"The first thing we expect a student to learn," Owen said, "is how to fall." The task can be a difficult one, he explained, for the student must learn to overcome his

natural reactions to brace himself against a fall.

Another basic technique that the beginning student learns is the steps of the execution of a throw: throwing the opponent off-balance, blocking the opponent's attempts to regain his balance and throwing the opponent.

Colored Belts

Judoists record their progress in the acquisition of the art through the use of colored cloth belts worn with their judo costumes. Colors progress through white, yellow, green, brown and black.

Experts wear a black belt which in turn has ten different grades of achievement. The ultimate attainment that a judoist can make is to wear a white belt after he has completed the ten grades of the black.

Black belts are rare in this country. Fifty judo experts in the Midwest have the black belt. Ashida, the founder of the University club, holds a sixth grade black belt.

The club is not a "men only" group. Owen said one coed attends regular practice sessions and that other girls come to occasional meetings. Owen's 12-year-old daughter, Mary, attends the sessions and has acquired enough basic technique to throw her father.

Club members participate in tournaments and contests sponsored by regional athletic and judo associations. The club is a member of the Midwest Black Belt Association, the official regional judo association. They also receive assistance and supervision from the Amateur Athletic Union of the United States.

Elective Courses Offer Variety On East Campus

With students in the process of second semester scheduling, many electives are under consideration. The following home economics and agricultural courses, open to non-majors, offer study areas of practical application.

Family Economics and Management 120, a three-hour course, concerns "Space For Family Living." This deals with the social, physical, esthetic and economic aspects of housing, including its equipment and furnishings, as it concerns the family during stages of the family life cycle. Design 21 or any other beginning art course is the prerequisite.

Human Development and Family 191 is about "Marriage and Family Relationship." This three-hour course tries to develop an understanding of personal background, processes of male selection, courtship and marital adjustments as related to successful marriage and family living. Junior standing or permission is the prerequisite for this course.

"Principals of Apparel Design and Construction" will be covered in the Textile's Clothing and Design 3 course. This

three-hour class, held only on East campus, teaches how to design clothing through use of basic and fundamental pattern methods. It applies art principles, basic construction techniques, and good management.

The two-hour Textile Clothing and Design 23 course concerns "Costume Selection and Design." Principles of good taste and personal appearance as well as wardrobe selection are discussed. Design 21 or any other beginning art course is the prerequisite.

Landscaping principles are taught in the two hour Horticulture 3 course, offered only on East campus. The course teaches how to raise and take care of plants, trees, and shrubbery.

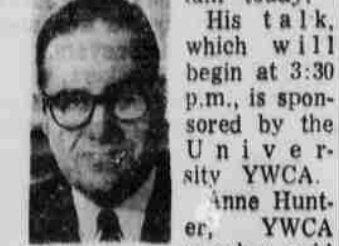
Food Study and Nutrition 50 is a practical course for women. Food selection, preparation and purchase is studied. The relation of food to health is also discussed in this two-hour course.

The three-hour course in Human Development and the Family 91 is a study of the relationships of family members especially in regard to life cycle.

Selection of meats is the major topic of the Animal Science 20 course. The two-hour night class held on East campus teaches how to judge meats, what meats to buy, how meats are processed and from what parts of the animal different meats come.

Theologian To Speak In Union

Dr. Theodore Gill, noted theologian and president of the Pacific School of Religion in San Francisco, Calif., will speak in the Nebraska Union Auditorium today.



His talk, which will begin at 3:30 p.m., is sponsored by the University YWCA. Anne Hunter, YWCA member, said the group isn't sure what the theologian will speak on because "he is usually quite controversial and he never reveals what he is going to say until the last minute."

Sunday morning Dr. Gill spoke to the Westminster Presbyterian Church. Judy Allen, University senior, described his talk as "great." Sunday morning.

Miss Allen said he spoke about how "we could worship God through the week by working hard and doing a good job at whatever we do." Dr. Gill has written numerous articles, editorials and book reviews and contributed to many religious books. He was managing editor of the Christian Century from 1956 to 1958 and editor of the Pulpit, 1956-1960.

He has also been minister of the West End Presbyterian Church in New York City, 1948-53, and chairman of the Lindenwood College Department of Religion in St. Charles, Mo., 1953-1956.

Dr. Gill has lectured to over 100 colleges and seminaries.

Legislature Alters Term On License

Next year license certificates for Nebraska drivers under 21 will no longer have a bold, large print "Probationary" printed on the middle of the license.

Bill Edwards, assistant director of the Nebraska Motor Vehicle Department, said that as of Nov. 18 the term had been changed from "Probationary" to "Minor."

Edwards explained that a bill passed in the Unicameral had changed the terminology.

Many University students have complained about this boldface "Probationary" term. The common complaints range from "I feel like a criminal" to "What will people in other states think when they see the 'Probationary' on my license?"

Edwards said he didn't think the term "Probationary" had been particularly incriminating but that "Minor" was more correct terminology.



DINING ON HAM . . . Will be Gov. and Mrs. Morrison sometime during the holiday season as a gift by the University Block & Bridle Club. The club presented a ham to the chief executive in connection with their annual ham sale. Shown with the governor are Kathy Oberle, who is Miss Block & Bridle, 1965, and Garold Frickel, the club's ham sale chairman.

Skirting Other Campuses—Colorado Fraternity Sues University Regents Board

Suits against Boards of Regents and protests both serious and humorous were topics of interest on other college campuses last week.

Sigma Chi fraternity at the University of Colorado sued the Colorado Board of Regents because of the probation imposed on the chapter for "discriminating against minority groups."

According to the attorney for the fraternity no money is involved in the case and the suit requested an injunction against any punitive action the Regents might take against the chapter.

The suit accused the Regents of violating the Constitution under the First, Fifth and Fourteenth Amendments; impairment of the obligation of contracts contrary to Section 10; and for lowering the value of the fraternity house \$10,000 and thus reducing the chapter's yearly income by \$10,000.

The suit was filed at U.S. District Court and no decision has, as yet, been reached.

A protest for "anyone who is getting hurt in the war" in Viet Nam was staged at the University of Kansas when Gen. Maxwell Taylor spoke there, according to an article in the Daily Kansan. The pro-

test took the form of a silent vigil.

"We are not trying to be political," said a spokesman for the KU Committee to End the War in Viet Nam, "but we want to point to the fact that 250,000 have died."

The Colorado Daily reports of another type of protest staged on the campus by Delta Upsilon fraternity.

Historians To Talk On Military Role

The History Club will meet Tuesday at 7 p.m. Nebraska Union. The topic for the meeting will be "The Military as an Instrument of Foreign Policy."

Featured speakers are David Trask, associate professor of history; Steven Ross, assistant professor of history; and Richard Debo, instructor in the history department. They will present two divergent views as well as a middle ground concerning the topic. A discussion will follow.

All interested students and faculty may attend and take part. The meetings are intended to provide a forum for discussion, not just a lecture situation.

Hansmire Selected By Big 8

Bill Hansmire, ASUN senator and chairman of the committee on governmental affairs, was elected president of the Big Eight Student Government Association (BESGA) last Saturday in Columbia, Mo.

eKnt Neumeister, ASUN president, said that Hansmire was the first University student elected to this position in several years.

The election took place at the Big Eight Student Government Conference that was held last Friday and Saturday. Five delegates from the University attended — Hansmire, Neumeister, Larry Frolik, ASUN vice president, and Bob Samuelson and Pam Wood, ASUN senators.

Six schools participated in the conference and approximately 40 delegates were there. The conference concerned such topics as the effectiveness of student senates, the role of student government in international affairs and student government relationship with faculty.

Next year the conference will be held at the University. "We felt it was quite a successful conference," commented Neumeister.

Hansmire will present a full report of the conference at the ASUN meeting on Wednesday.

IFC To Sponsor Relations Seminar

A seminar, sponsored by the Interfraternity Council, will be held Tuesday at 7:30 p.m. in the Nebraska Union for all fraternity public relations chairman and chapter advisers.

Joyce Ayres, president of a Lincoln advertising agency and a member of the High Council of Alpha Tau Omega fraternity, will speak at the seminar.

Richard Scott, assistant to G. Robert Ross, vice chancellor and dean of student affairs, will also address the seminar.

Chairman of the IFC public relations committee, Andy Taube, who arranged the program, said the seminar would include information on how individual fraternities can improve their public relations with the mass media, their alumni and the general public.

CAMPUS CALENDAR

- TODAY**
- AAUP Luncheon, 12 noon, Nebraska Union.
 - INTER VARSITY Christian Fellowship, 12:30 p.m., Nebraska Union.
 - PLACEMENT OFFICE Luncheon, 12:30 p.m., Nebraska Union.
 - YWCA—"Dr. Theo. Gill," 3:30 p.m., Nebraska Union.
 - PANHELLENIC, 4 p.m., Nebraska Union.
 - UNION Special Events, 4:30 p.m., Nebraska Union.
 - YWCA Junior Cabinet, 4:30 p.m., Nebraska Union.
 - TASSELS, 4:30 p.m., Nebraska Union.
 - UNION Film Committee, 4:30 p.m., Nebraska Union.
 - UNION Talks and Topics, 4:30 p.m., Nebraska Union.
 - PEOPLE-TO-PEOPLE Publicity, 4:30 p.m., Nebraska Union.
 - PHI MU Dinner, 5:45 p.m., Nebraska Union.
 - TOWNE CLUB Dinner, 6 p.m., Nebraska Union.
 - PI KAPPA ALPHA, 6:30 p.m., Nebraska Union.
 - PHI MU, 6:45 p.m., Nebraska Union.
 - UNIVERSITY DAMES Knitting Lesson, 7 p.m., Nebraska Union.
 - UNIVERSITY DAMES Chorus Rehearsal, 7:30 p.m., Nebraska Union.
 - UNICORNS Social Committee, 7:30 p.m., Nebraska Union.
 - UNICORNS Public Relations Committee, 7:30 p.m., Nebraska Union.
 - UNIVERSITY FLYING CLUB, 7:30 p.m., Nebraska Union.
 - MATH COUNSELOR Program, 7:30 p.m., Nebraska Union.
 - TAU KAPPA EPSILON, 8 p.m., Nebraska Union.
 - TOWNE CLUB Pledge Meeting, 8:30 p.m., Nebraska Union.
 - TRYOUTS, for "Mother Courage," and "The Blood Knot," 8:30 to 5:30 p.m., 7 to 10 p.m., Howell Theatre.
- TOMORROW**
- UNSEA, 7 p.m., Nebraska Union.

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