# Magic Phrase Aids Smoker Kick Habi

cleans out and expands the

lungs. In addition, as we left the Center, the ushers handed us a little black book with diet and habit rules for the

the required warm shower,

was nothing more than fruits

mance languages.

versity in Mexico City.

NIA Picks Officers

February 15 meeting.

Union.

dent Union.

For Second Semester

Maryogo announced that

the executive council would

meet every Wednesday at 7 p.m. in room 345, Student

All foreign and American

students who are interested in

the organization are invited to

attend a general meeting Sun-

day at 2:30 p.m. in 345 Stu-

Nebraska Human Re-

source Research Foundation

(NHRRF) attempts to dis-

cover better ways of working

with people. The organization

is divided into seven different

projects: Child, Junior, Teenage, Orthopedic, Family.

Communicatons and Special Functions. The NHRRF is of-

ten referred to as Project.

NHRRF Is Project

positive thinking.

eral aspects: education in the the total amount of fruit and

explained, the subconscious to sound consoling as I uncon-

most of us realize.

The next step is a deep breathing exercise which cleans out and expands the

fidence, I went home, took and seeing that lung.

About 11 a.m. I called my 'buddy' and learned that he

sight of that lung didn't make

deal in how to control your

it any more enjoyable.

Senior Staff Writer

"We will begin our program dangers of smoking; lessons juice they serve, so I made with a film," said E. J. Folk- in how to reduce the urge with a film," said E. J. Folk- in how to reduce the urge my own private exception to enberg, one of the co-sponsors for nicotine; lessons in how the rule and added vegetables. of the "Five Day Plan to Stop to resist the urge for nicotine; Smoking. "It will tell a story and focus our thinking in the

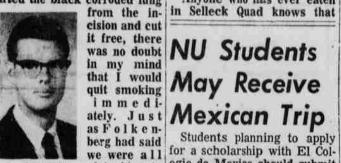
and focus our thinking in the same direction."

The lights went out and for few seconds before the screen lighted up I was acutely aware of the frequent rasply aware of the frequent raspevery direction in the crowd to the physical actions than

The film told a story of a young editor. He was leading a full, busy life, but as he chainsmoked his way from scene to scene, most of us in the audience realized that we were watching ourselves. "His ashtray looks 1 i k e mine," whispered the man on my left.
"It looks like a lot of people's ashtrays," answered another man farther down the country of the required we have and went to bed.

The diet for the country of the required we have the required we

The climax of the film was a disturbing, inspiring doc- and fruit juices, a lot of wator's eye view of a lung re- ter, a lot of air and no nicomoval operation. As they time. lifted the black corroded lung An



the same direction.

Firetruck . . . (Con't, from Page 2) respect that is now afforded them

Well, turning for a while from scholastic requirements of the mystics and focusing attention of the juniors who are currently under considerations for next year's societies, again I ask what does it take to be an Innocent or Mortar Board? But this time I think there might be a few apparent answers-at least in terms of what it does not

It certainly does not or should not require going out of one's way and sacrificing values in order not to offend the present mystics. These men and women (at lease this year) are individuals with superor leadership qualities and some measure of scholastic achievement. It does not seem to me with the realm of possibility that truly deserving junior men and women would be over looked by the sacred orders by being afraid to come out in disagreement with one of their members.

Each year it seems as Ivy Day draws nearer, some top junior men and women become quieter and quieter on controversial issues. The place of a true leader (as I like to think Innocents and Mortar are) is to constantly strive to promote the ideals in which he firmly believes.

The men and women, who after two or three years of pushing themelves toward the mask or hood, take backseats and rest on their laurels are not truly deserving of Innocents or Mortar Boards. Then again, the men and women who strive to push themelves into the limelight when February or March roll around are not deserving either.

Rather, the senior honor societies should be frosting on the cake recognizing overall hard work, proven leadership abilities and superior scholastic achievemen. Honor societies which stand for any less are not deserving of the respect of the student body.



RONNIE SCHELL PERSHING MUNICIPAL

AUDITORIUM Wednesday March 11 8 P.M. ALL SEATS RESERVED:

3.50, 3.00, 2.50, 2.00

#### Can Hear Myself Think . . .







-LEAP YEAR BONANZA-

# Coeds Reap Harvest

Now, after two days, I am getting a little cocky. It's easy Several girls took advan- Science from Bellevue to Phi Beta junior in Arts and tage of the priveleges granted Scott Weber, Theta Xi sopho- Sciences from Beatrice to to force your lungs full of air and take a long drink of water Full of resolution and con- instead of lighting a cigaret day and announced their pin- from Lincoln. ning or engagement. The following meetings will

PINNINGS

The diet for the first day weight after the smoking hab-Nancy Gaddis, Alpha Xi Delta sophomore in Arts and

them by leap year last Satur- more in Arts and Science Jim Grupe, Beta Sigma Psi

Sue Schwartz, Alpha Chi Omega sophomore in Teachers College from Hildreth to Doug Mietzner, Sigma Rho at Midland College in Fremont, sophomore in psychology from Hildreth.

Margaret Ludlam, Sigma Kappa junior in Arts and Science from Lincoln to Ron Dyer, Alpha Gamma Sigma junior in vocational agricul-ture from Franklin.

**ENGAGEMENTS** Barbara Pandzik, Gamma

FRIDAY, MARCH 13

junior in Architecture from Beatrice.

Shari Glancy, Kappa Delta junior in Teachers College from Lincoln to Ron Hermone, YWCA World Community Triangle senior in engineering luncheon at United Campus from Lincoln to Ron Hermone, from Lincoln.

Marcia Rueter, sophomore in Arts and Science from 7 p.m. in the Union. horst, graduate of Worshams College in Chicago, now employed in Lincoln.

Carol Seefeld, sophomore in home economics from Waverly to Larry Hudkins, agriculture students from Raymond.

Brenda Johnson, senior in business education from Fairbury to Bill Dunklau, senior in Arts and Science from

Ruth Witzel, freshman in home economics from Brainard to Jermome Hottovy from

## Navy, Combo To Head Up

General Dynamics Corporation. (as above). Bemis Bag Company, All degrees for sales. Burroughs Corporation, students receiving degrees in Bus. Adm., Lib. Arts. Motorola - Military Electronics Division, students receiving B.S., M.S. Ph.D. in E.E., TRW - Capacitor Division, students receiving B.S. in E.E., Chem. Honeywell Regulator Company, students receiving B.S., M.S. Ph.D. in University combo, will be fea- fourteen.

Tucker will interview Husker gymnast Francis Allen on Speakers and small discus-University radio station.

SHOP MONDAY AND THURSDAY 9:30 A.M. TO 9:00 P.M.

OTHER DAYS TO 5:30 P.M.

### Campus Calendar

SPRING RUSH - orientation meeting at 7 p.m. in the Union.

PEOPLE TO PEOPLE -Brother and Sister meeting at 4:30 p.m. in 235 Union. YWCA freshman meeting at :30 p.m. TOMORROW

Christian Fellowship at 12:30 p.m. Admission is 35 cents. YOUNG REPUBLICANS at

#### YWCA Will Plan Summer Project At Mass Meeting

YWCA will hold a mass meeting tonight at 7 p.m. in 234 Student Union. The pur-pose of the meeting will be to make plans for summer projects and conferences.
Of special interest to the

YWCA on the Nebraska campus is the Albuquerque Projpus is the Albuquerque Project. It is sponsored by the R o c k y Mountain Region Y, the region the local chapter is in. This project will be in Albuquerque, N.M., from June 15 to July 25.

The Albuquerque Project consists of volunteer service KNUS Shows

Navy recruiter Lt. Tom

as resident c a mp counselors for girls of Spanish-American, Indian, Negro, and Anglo background. The girls are Smith and the Del Rays, a between the ages of 8 and

tured on the Matt Beha Show from 9-10 p.m. on KNUS to-night.

The Regional Conference will be held in Estes Park, Colo., in June. The theme of Tomorrow n i g h t, Doug this year's conference will be ucker will interview Husker "The Ivy-Covered Playpen." 'Inside Sports" at 7:15 on the sion groups will make up the

#### Washington Sororities Anyone who has ever eaten in Selleck Quad knows that **Admit Discrimination**

CPS) - Two of the six so- to their chapter," she added. sity in Washington, Delta Gamma and Kappa Delta, recently admitted discrmina-Students planning to apply tory practices in a public report to a student senate com-Pavtsch thinking in egio de Mexico should submit mittee investigating such practices.

their applications by March 15 The student senate asked to 315 Burnett, according to Dr. Roberto Esquenzai-Mayo, American University trustees associate professor of Ro-The scholarship is in con-nection with the Latin Ameri-

can Study Program at the University, Esquenazi said. It will include the price of the round trip for the year's study at El Colegio de Mexico, fees American chapter statement. and up to approximately \$120 Recently she also refused to a month for living expenses comment on the existence of a discriminatory ritual found Between five and seven stu- in the Iowa State KD chapter. dents will receive the study

grants, according to what the not aware that any chapter State Department specifies, had received a waiver from Esquenazi said. Last year sev- the national sorority to free en students from Nebraska them from such a discriminbegan their studies at the uni- atory clause. Students applying should

have a good background in ty, Sara Hoberman, presi-American history and Spanish. dent of the University of Michigan DG chapter, said, "To my knowledge, the national sorority does not have such a clause, so this does The Nebra ska International not apply to our chapter." Association (NIA) elected sec-We have a local by-law that

ond semester officers at the says no discrmination exists it is almost the same as the BS Elected were Esrom Mary-Regent by-law on discriminaogo, foreign co-chairman, tion," she said. "I have no idea why American Universi-Carol Standlea, American cochairman, Gloria Megino, secty DGs would say such a area. students receiving B.S., B.S. thing, unless it pertains only Accounting, Finance, Agricultural Economic retary, Sheila Nelson, treas-

rorities at American Univer- "I can see no reason why the

MONDAY, MARCH 9

Placement Interviews

American University trustees to withdraw recognition of sororities and fraternities that continue to practice discrimination in membership selection.

Mary Ellen Knake, president of the University of Michigan KD chapter, refused to comment on the American chapter statement. Recently she also refused to comment on the existence of First Western Bank, (as above). Wilson and Company. (as above). Nutrena Mills, Division of Carkill, students receiving degrees in Agriculture or Bus. Adm. Arthur Young & Company. Accounting graduates at all degree levels. Schlumberger Well Surveying Corp., students receiving B.S. in E.E., M.E. and Physics. General Dynamics Corporation (Astronautics - San Diege; Convair - San Diege; Pm San Diege; Pomona Div. - Pomona, Calil.; Fort Worth Div. - Fort Worth, Tex.; Electronics Div. - Rochester, N.Y.; Stromberg-Carlson - Rochester, N.Y.; Stromberg-Carlson - Rochester, N.Y.; Stromberg-Carlson - Rochester, N.Y.; in N.E., E.E., Engr. Mechanics, M.S., Ph.D. in Math, Physics, and C.E. TUESDAY, MARCH 18

walnut Grove Products Company, Inc., students receiving B.S., M.S., Ph.d. in Organic Chem., Physical Chem. Biochemistry and Bacteriology, Northern Natural Gas Company, students receiving degrees in Bus. Adm. and Accounting. Commenting on DG's statement at American University and Bacteriology, Northern Natural Gas Company, students receiving B.S., M.S. in Bus. Adm. and Accounting. Sears Roebuck & Company, students receiving B.S., M.S. in Bus. Adm. and Accounting. In M.E., Ch.E., C.E. & Chem. Wyoming In M.E., Ch.E., C.E. & Chem. Wyoming B.S. in C.E., General Engineering, Also M.S.

M thru F 11:00 a.m. - 1:00 p.m.

M thru F 5:00 p.m. - 7:00 p.m.

Catering Waiter or Waitress—

M-F 11:30 a.m. - 1:30 p.m.

Nebraska Union

## HELP WANTED **NEBRASKA UNION**

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Colonial Dining Room Waiter or Waitress-Custodian-

6:00 p.m. - 8:00 p.m.

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