

Detection Week— Do-It-Yourself Exams For Diabetes Planned

By Ann Moyer
Student Health officials are introducing a do-it-yourself diabetes test for all University employees, staff and interested students.

The tests are being taken in conjunction with the annual Diabetic Detection Week, Monday through Saturday. Diabetes Assn through the cooperation of state and county medical societies.

Diabetes Detection

The purpose of the program is to help discover unknown diabetics. Statistics show there are more than one million diabetics in the United States under treatment and the same number of undiagnosed cases.

The do-it-yourself test will make it possible for persons to run their own sugar test. A test strip is dipped into the specimen. If there is a color change the test is positive, otherwise it is negative indicating no diabetic condition.

The result is checked on a provided card and returned to Student Health directly or by means of campus mail.

According to Dr. Samuel Fuenning, director of Student Health, this is the first time the self-tests have been used for this study. If successful, he reported, the do-it-yourself plan may be adopted nationally.

Progressive Disease
Dr. Fuenning stressed the importance of discovering diabetes at an early stage. If discovered early, preventive measures may be employed to check the disease. Diabetes is a progressive disease which eventually leads to other malfunctions.

Diabetes results from the lack of insulin. Due to a lack of insulin the body cells cannot use sugar. Therefore, an

excessive amount collects in the blood.

In an attempt to wash away the unused sugar there is an increased intake of liquids. Other symptoms include increase in appetite, loss of weight, weakness and general nervous irritability.

Runs In Families

Diabetes runs in families and tendency to the disease often is inherited. However, anyone can develop diabetes at any age, Dr. Fuenning said.

Mild cases of diabetes may be controlled by diet. A carefully ordered diet lessens the amount of sugar intake by reducing the pure sugar and starchy foods eaten. Exercise is also important to the diabetic. It enables his body to increase its ability to use sugar.

A more severe case may require, in addition to diet and exercise, the use of insulin or an oral tablet to make up the body's insulin deficit. The oral tablet recently has been developed and has been proved reasonably effective, according to Dr. Fuenning.

He said it is used in moderate cases requiring some medication other than restricted diet.

Cooperation Required

An diabetic patient must cooperate whole-heartedly if his condition is to be controlled and limited. He must comply with the limitations of his prescribed diet and must use oral medication or insulin according to his physicians recommendations.

Diabetes is rarely fatal but deaths that do occur are due chiefly to the fact that people with suspicious diabetic symptoms still fail to seek medical advice or fail to do their share in carrying out their doctor's orders, Dr. Fuenning said.

Sari-Clad Indian Student Becomes Point of Interest

A sari-clad Indian student center of attraction as a model in the fabrics section of a Lincoln department store.

Beatrice Franklin went into the store to buy some material to make a winter sari after she had experienced a few days of Nebraska winter. When she found that she could use one of the sewing machines in the store to sew the sari, she sat down to do just that.

Soon she found herself surrounded by curious women and when she completed sewing on the colored border,

she was asked to model it.

According to Miss Franklin, it takes an hour for her to machine-stitch a border on six yards of material compared to three hours by hand.

But even though her sari has the border, in India it would be "out of date." Borders today are woven into the fabric.

In India she would be wearing two saris a day, one during the day and the other in the evening. And she wouldn't wear the same two that she wears in two days again until the next week.

When asked if she prefers to wear a sari rather than American-type clothes, Miss Franklin answered, "Yes, always."

Rockefeller Gets Student Support

Young Republican presidential support for Nelson A. Rockefeller is being solicited by the National Students for Rockefeller.

In a letter to all Nebraskan Young Republicans, Bruce Chapman from Harvard University invited support for the Rockefeller candidacy, and urged replies from all interested.

Chapman is chairman of the National Students for Rockefeller, a organization comprised mostly of Young Republicans.

The organization is now mobilizing support for the nomination and election of Rockefeller as the one candidate in the Republican party who can successfully appeal to voters of varied economic, religious and political groups, according to Chapman.

"The group feels this appeal is a necessary prerequisite to a GOP victory in 1960."

Ag Department Seeks Recruits

The Agricultural Marketing Service, Department of Agriculture, is in need of agricultural commodity graders for duty in field offices.

Appointments will be based on Civil Service examinations. Those who qualify will be placed throughout the country with starting salary levels at \$4,980 and \$5,985 for fresh fruit and vegetable graders and \$4,040 and \$4,980 a year for grain.

Full information and application forms may be obtained from Gerald W. Vallery, Civil Service Examiner in Charge, Lincoln Post Office.

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Speakers

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sired and also for the fiction library.

The music rooms also may be used for reading or studying but not card playing. Allen Bennett, Union Director, said that the Book Nook was to be primarily a room for enjoyment and not one for studying.

Art Displays

On the second floor of the union another change is taking place. Soon it will be an art gallery where photographic and art displays from campus and off campus organizations will display their items.

The material is already up on the walls outside the ballrooms. The walls around it will be painted so the display can be made more attractive.

Bennett said that the new building was being used to its maximum utility and for the next three days all rooms are booked solid.

The problem now is that the Union needs to find more personnel, he said. This includes a baker, which the union has been without for the past 10 days. It now has to order all baked items from outside sources except for pizzas. Before, two regular bakers produced everything except bread.

The campus is suffering from overemployment in Lincoln, he said. Lincoln is 98.2 per cent employed and this makes it difficult to secure people in all types of work which have suitable quality which we need.

"We hope students will be tolerant while the number now employed seek to do what we can," he continued. "It was heartbreaking last year when business did not require the personnel we did have and now this year with added personnel we cannot handle it like we want to," he said.

He said that suggestions from students are welcome on how service could be improved as well as any complaints that they might have.

A new passenger elevator now is being installed in the west part of the building near the music room. It will be completed over Thanksgiving vacation and will serve all four floors.

Nebraska Artists Exhibit Creations

Works of present and former Nebraska artists are on exhibit at the All-Nebraska Art Show in the University Galleries.

Forty-one artists have 71 works in all media on display.

Jurors for the exhibition have recommended the Lincoln Artists Guild to purchase for its permanent collection the following paintings on exhibit:

Irish Banquet, Potted Plants, Cheval-Hommage A Lascaux, Landscape Study IV, Lakeside No. 2, The Trio, Spring Landscape Study IV, Lakeside No. 2, The Trio, Spring Landscape, Early Joy, a brass bird sculpture and a ceramic bowl.

'Happy Fella' Rates Late Hours

The only Nebraska stop of the Broadway musical "The Most Happy Fella" will be in Lincoln Wednesday.

Frank Loesser's musical includes a company of 30 and will be presented in Pershing at 8:30. University women will be allowed to attend and return to their houses within 15 minutes after the show.

Richard Wentworth stars in the Broadway show along with Carolyn Maye and Lawrence Brooks. Prior to appearing in Lincoln, the play has been in Kansas and Iowa.

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