

50c
Manhattan
Washable
4-in-Hands
for Men

1200 of the Newest Effects in Washable Neckwear

Men's 50c Manhattan Washable 4-in-hands—1200 of the newest effects in washable neckwear—made from the famous Manhattan Oxford shirting, guaranteed fast color. E. J. Kraus. We have assembled a collection of washable neckwear for the one day sale, which in coloring and design surpass all other 50c washable neckwear.

Beginning
Saturday
25c

Rudge & Guenzel Co.

CONCERNING ATHLETICS.

An article by Dr. Clapp, in a recent issue of the Medical Times, is high in its praises of the benefits of college athletics. The article is one of a group on this topic, some of which are strongly opposed to participation in athletics.

Dr. Clapp believes that nearly all the cases of serious or permanent injury are due to the following causes: Too little preliminary training, or the opposite condition; a lack of proper medical supervision; the exaggerated importance placed upon victory, or a considerable number of similar causes—all of which may be eliminated, and are being eliminated.

"Probably the most important etiological factor in cases of remote physical breakdown and premature death among college athletes is the sudden cessation of all physical activities and close devotion to sedentary occupations immediately after graduation. It is manifestly unfair to attribute these untoward results to athletics," he says.

The article is concluded by the following summary of effects, good, bad and otherwise, which Dr. Clapp has compiled as a result of more than twenty years of personal observation:

"Our athletics are by no means conducted ideally at the present time, but I believe the general effect to be decidedly beneficial; furthermore, those in charge of this important branch of college activity are keenly alive to the real evils and needs, and conditions are gradually improving year by year.

"The more important beneficial effects, injurious effects and remedies for the same may be summed up as follows:

- Beneficial effects—**
- (a) Better general health
 - (b) Increased ability to perform muscular work
 - (c) Increased ability to perform mental work
 - (d) Character development

"Injurious effects (part of these are not fairly traceable to athletics)—

- (a) Immediate and temporary physical injury
- (b) Permanent and remote physical injury

(c) Applause of fellow students apt to give athlete an exaggerated idea of his importance in relation to his fellows.

"Remedies—

- (a) Careful medical examination before participation in strenuous physical activities is allowed.

- (b) Careful medical supervision to prevent undertrained or overtrained students or those otherwise unfit from taking part in competition.

- (c) Education of athletes to understand the necessity of continuing some form of physical activity after graduation.

- (d) Development of intra-mural athletics in order to minimize the tendency to overwork."

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Aristocrat Model

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FOR MEN

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Our Regal windows are carefully studied by those people who want definite knowledge of the season's authentic custom styles. You can select, with perfect security, any model displayed and know that if you wear them even on Fifth Avenue, New York, your shoes are correct and faultless.

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Aristocrat Model

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