

# SAVED FROM AN OPERATION

By Lydia E. Pinkham's Vegetable Compound

Peoria, Ill.—"I wish to let every one know what Lydia E. Pinkham's remedies have done for me. For two years I suffered. The doctors said I had tumors, and the only remedy was the surgeon's knife. My mother bought me Lydia E. Pinkham's Vegetable Compound, and today I am a healthy woman. For months I suffered from inflammation, and your native Wash-Rohe have me. Your Liver Pills have me equal as a cathartic. Any one wishing proof of what your medicines have done for me can get it from any druggist or by writing to me. You can use my testimonial in any way you wish, and I will be glad to answer letters."—Mrs. CHRISTINA REED, 105 Mound St., Peoria, Ill.

**Another Operation Avoided.**  
New Orleans, La.—"For years I suffered from severe female troubles. Finally I was confined to my bed and the doctor said an operation was necessary. I gave Lydia E. Pinkham's Vegetable Compound a trial first, and was saved from an operation."—Mrs. LILY PEXOUX, 1111 Kerlerec St., New Orleans, La.

The great volume of unsolicited testimony constantly pouring in proves conclusively that Lydia E. Pinkham's Vegetable Compound is a remarkable remedy for those distressing feminine ills from which so many women suffer.

## THE LONG BOW.



Sharpe—Wilson says he stayed under water one day last summer for fifteen minutes.

Wilson—Why, he must be amphibious.

Sharpe—No; he's a—well, I wouldn't like to say.

**Baffling the Mosquito.**

Last summer we were pestered with the awful nuisance, mosquitoes, night after night, and on one occasion killed between thirty and forty in our bedroom, at midnight. The following day I took a wooden cloth, put a little kerosene oil on it, and rubbed both sides of the wire mesh of the screens with it. That night one lonely mosquito disturbed our rest. Two or three times each week I rubbed the screens in like manner, and we enjoyed peace the rest of the summer. The odor from the oil remains only a few minutes, and the oil itself preserves the screens and keeps away flies.—Good Housekeeping Magazine.

**Tit for Tat.**

A young man, who had not been married long, remarked at the dinner table the other day:

"My dear, I wish you could make bread such as mother used to make."

The bride smiled and answered in a voice that did not tremble:

"Well, dear, I wish you could make the dough that father used to make."

**The Ground of Their Love.**

"Let us have peace," said the English invader. "Can you not see that the white strangers love the redmen?"

"Ah, yes," replied the intelligent Indian, "they love the very ground we walk upon."—Sacred Heart Review.

**Consolation.**

Knecker—My wife is always praising the men she rejected for me.

Docker—Never mind; she will praise you to her second husband.

**"That's Good"**

Is often said of

# Post Toasties

when eaten with cream or rich milk and a sprinkle of sugar if desired.

That's the cue for housekeepers who want to please the whole family.

Post Toasties are ready to serve direct from the package—

Convenient

Economical

Delicious

"The Memory Lingers"

Sold by Grocers

POSTUM CEREAL CO. Ltd., Battle Creek, Mich.

## NOTES From MEADOWBROOK FARM

By William Pitt



Prune the tomato plants.

The making of good hay is an art.

Sheep are good stock to have on the farm.

The cow test association is a great thing for any dairy locality.

Brood sows as well as cows should be selected for their milking qualities.

The manure that washes away and is wasted represents an actual money loss.

Milk is an excellent food for the young fowls, but requires skill in feeding.

It takes two years or more for the white grub to reach maturity from the egg.

The comb is as sure an indicator of the health of the bird as the tongue is of the person.

Young pies need perfectly dry quarters, especially during the first weeks of their existence.

If in milking a part of the milk is bloody, stringy or unnatural in appearance the whole should be rejected.

The March pullets are the ones that will begin to lay in November if they have been given proper care.

A hay cap will shed a reasonably heavy rain and keep the larger part of the cock of hay from getting wet.

It is a great thing to know just when a plant needs water. It is a matter that requires close observation.

The very best kind of a pen for ducklings is one that can be easily moved from one part of the yard to another.

The condition of your neighbor's field makes little difference to you. Your attention should be centered in your own.

Old orchards can be renewed in such a way as to produce good fruit for the family while the new orchard is coming on.

The silo enables the dairyman to keep more live stock on the same number of acres and at less cost in feed and labor.

Shropshires are very hardy sheep, their wool brings a good price and they seem to be healthier than some of the other breeds.

Naturally the cow that gives the greatest profit is the one that gives the most milk during the winter for milk is then highest priced.

Never give drugs to a horse any more than you would to a baby unless he is downright sick. Shutting off his feed will cure all minor ills.

The size of the tile to be placed in a drain will depend upon the length of the drain, the depth of the distance apart the drains are placed.

The high grade draft horse, the product of a pure bred sire and a good mare, has made one of the most profitable industries upon the American farm.

Veal calves in hot weather will grow better if kept during the day in a dark, cool stable, but the stable must be cleaned out and well ventilated.

A hen may cease laying if not properly fed before she uses up all her stored energy, and it occasionally happens that a hen dies by overegg production.

If English farmers can afford to use pure-bred draft horses that are worth \$500 for ordinary farming operations, why cannot our farmers afford them as well?

A really good horse is never of a bad color, but some colors, such as perfectly dappled grays, pure blacks and blue roans, command better prices than others.

Pookkeeping is well adapted to gardening and fruit growing. The bees will appreciate your skill as gardener and show their appreciation by paying tribute in honey.

Don't stop feeding your cows grain just because you turn them on pasture. Give them a little grain every day and as the season advances, if your pasture is not what it should be, increase the grain ration.

When the hen is off with her brood, burn all the nesting material, and paint the nest box with kerosene or liquid lye killer before returning it to the hen house. Once a week disinfect the drinking vessels and feed troughs.

If you would be successful in your poultry business let one thing stand out like a star towards which you are always aiming and planning—cleanliness—as you know cleanliness is next to Godliness and promotes health, and health is essential to success. Unclean poultry runs and drinking vessels indicate impure quality of meat and eggs. So aim for health, and cleanliness is the best way to health.

Handle cows carefully in summer.

Cows are annoyed by unnecessary delay and noise.

Labor saving equipment on the farm earns more than it costs.

With the silo, an acre of roughage will feed a greater number of animals.

It is well to keep grit and lime within reach of the chickens all the time.

It is well to remember that chickens cannot thrive if infested with vermin.

Don't leave your valuable farm machinery standing unprotected in the field.

Peat soil which produces poor corn generally does so on account of lack of potassium.

It is false economy to shut your poultry up to keep them from damaging your gardens.

Watch most carefully during the heated term that the chicks have well ventilated brood coops.

Plant early and late so that the supply of crisp vegetables can be maintained for months.

The bedding of a sow at farrowing time should be sufficient only for cleanliness and dryness.

The work is evenly distributed throughout the entire year on the best organized dairy farms.

Almost any one can succeed with sheep in winter time, or in early spring or in the fall months.

It is much better to use a medium season, heavy straw variety of oats when they are grown with peas.

If the man who has no silo would watch his neighbor feed and watch the results he would soon have one.

Never allow the cows to be excited by abuse, hard driving or by dogs, and do not expose them to cold or storms.

Success does not depend so much upon the number of cows a man keeps as upon the number of good cows he keeps.

Strawberries should be cultivated, the weeds eradicated and the moisture conserved for late summer drought.

The egg is manufactured by the hen from the food that is consumed, hence her feeding should be carefully considered.

Painting an old buggy or wagon of farm implement is not a very difficult task, but it adds a great deal to the appearance.

It is a mistake to pasture young clover for the cattle are apt to kill the plants as much by tramping on them as by feeding.

Keep up the warfare on weeds in the cornfields these hot days, when soil moisture needs to be conserved to its utmost limit.

Pigs at birth have two sharp pointed teeth, one each side of their jaws. If not removed they are apt to make the teats of the mother sore.

Plow and harrow the ground before sowing fall turnips. Turn under the weeds and make the seed bed as fine, clean and smooth as possible.

As the new corn gets dry and hard it is safe to feed more than when it was soft and green. It is more easily digested and gives better results.

The cows should have some protection from severe storms; that is, there should be some place where they can go if they want to during a cold rain.

The best way to obtain good cows is to raise the heifer calves from your best dairy cows, thus in a short time you are the possessor of good young cows.

Letting be had for table use till late in winter by starting the plants now and protecting them with a cold frame when cold weather comes.

Hay troughs should be so fixed that particles will not fall through and become entangled in the fleece. Foreign matter of any sort in the fleece reduces its value.

Pie plant is a good commercial vegetable. The demand for it on the city markets is good. It is little trouble and can be shipped well, standing almost any distance.

Health and vigor are great preventives of disease. Feed the ewes liberally and let the lambs learn to eat while young. Stomach worms do not get possession readily where the lambs are well fed.

Some summer and fall varieties of apples ripen well on the trees; most of them should be picked when they are well colored and have reached full size, but are not yet soft; they may be mature but not ripe.

When hens are given good cars and eggs are to be abundantly produced, if they cannot secure all the proper constituents to make perfect eggs they will consume some of the stored up energy already in their bodies.

Thousands of acres of good pasture and hay land go to waste every year along the roadsides. Why not have the roads well enough finished so that it will be possible to mow this and save the hay comfortably.

An opossum eats the head and neck of a fowl, and kills only one or two at a time. A mink bleeds his victims in the neck and sucks the blood, and will slaughter a dozen or more in the night. Both leave the carcasses.

## PROPER TREATMENT OF COLTS DURING THE SUMMER'S HEAT

Many Good Animals Have Been Aged and Made Dull by Foolish Habit of Letting Them Run Unbroken Into Spring When They Are Three or Four Years Old and Then Putting Them to Work.

(By J. M. BELL, Virginia.)  
Try to be patient with your colt Mr. Farmer. Remember he is green—yes, as green as the grass he eats so peacefully when you turn him out to graze and the harness no longer chafes his soft young body.

All farmers know that a four-year-old colt will stand more than a three-year-old. Bone and muscle are better matured and generally better size, therefore, he is better able to stand a day's work. But, when it comes to that, no green, unbroken colt should be expected to do a full day's work in the team of well seasoned farm or road horses.

So many good colts have been aged and made dull by this foolish habit of letting them run absolutely unbroken into the spring when they are three or four-year-olds and then catch-

kick or rear upon what might be considered a very slight provocation, or no provocation at all to a broken, mid-die-aged farm horse.

In that section of Virginia known as The Valley famous for its splendid line of stock, the farmers are very successful breeders of horses, notably heavy draft horses and their rule is to break these big colts at two years old, never working them over half a day at a time and beginning the breaking-in process in the late winter and early spring.

The first link is to a wagon in a steady team and with a quiet teamster, generally a white man who is used to the daily handling of horses.

The writer visited that section two years ago this month and while the guests of a well-known horse breeder,



Prize Winnink Draft Mare and Foal.

ing them and putting them at hard, steady work just as the busy season comes on, when the crops need work. When the flies are rampant and when neither the master's nor the colt's tempers are at their best.

Imagine a farmer starting out to mow hay with a green or half broken colt hitched alongside of a mule or a steady farm horse to a mowing machine, double row cultivator, corn planter, plow or harrow.

All implements need a steady, well-broken team and at the same time a good driver, who, in order to do his best work has little time for else than quietly handling his team and implement at one and the same time.

This man will not get much satisfaction out of a day's work if he has to worry with a green, reeve colt, who, chafing at the unexpected misery of heavy work in hot weather, starts up a little too soon or not soon enough, protests at having to walk in a straight line at a slow gait, etc.

It is not impossible that he will balk.

saw four full-blooded Percherons working to a manure spreader, a nine-year-old mare under the saddle, a three-year-old-stallion in the off-lead and a young mare under the line.

The average weight of these splendid horses was about 1,500 pounds each, but the remarkable part of the business was that these two young, vigorous stallions were working quietly with mares. Their teamster had them under perfect control, but they had been worked the same as two-year-olds and had become used to farm labor by degrees.

Of course, advice is cheap and the farmers get lots of it and in this matter of working colts and green horses in the summer time they have heard it all—fitting on the harness, scraping the collars at night, washing off the shoulders and sparing the lash.

I have only to say this, and I speak from experience: If the farmer don't go easy with the three and four-year-olds at this season they will be old and sluggish long before their time.

## CHAMPION STEER SHAMROCK II.



Silage is going to be more used than in the past, and cattle feeders are coming to the conclusion at last that it should not be ignored, says the National Stockman. Cheaper grains have been made by using silage as roughage, while gains have been made more rapid, especially where the cattle were fed only 90 days. The plan adopted in handling silage is to let the ear of the corn reach as advanced a stage of maturity as possible without firing the fodder. Many stock feeders in the upper edge of the corn belt, where dent corn often falls to come to maturity because of early frosts, are using this silage method with the best of success, and for wintering cattle its use is equal to pasturing them. Meanwhile the demand for breeding cattle is showing a steady increase.

and Illinois, Indiana, Michigan and Ohio farmers are buying thousands of good breeding cows, paying as high as \$50 per head, or more than killers will offer. Furthermore, west of the Missouri river, in the former range country, new farmers have fenced in the lands and are in the market looking for pure-bred bulls in some instances, although most of the demand now is for cheap bulls. The illustration shows Shamrock II, grand champion steer, at the recent International Live Stock show.

**Timothy Hay.**  
Timothy hay, when fed alone, is a very poor ration for any animal, but it is much worse for a growing one. It will fill, but he who feeds it will not get best results.

**Increase of Cost and Profits.**  
It is true that the cost of raising hens and producing eggs has increased, but the proportion is very small when compared with the increased value of the output. The cost of production has become about 50 per cent larger, while the growth of receipts per dozen eggs is between 150 and 250 per cent, and the increase in the rate for chickens and fowls is about 100 per cent.

**Wheat Bran for Horses.**  
Give our horses some wheat bran. If horses are worked hard all week and fed heavily, and are idle on Sunday, a bran mash on Saturday night is invaluable and a handful of linseed meal adds value. It makes the horse look and feel better.

**Farm-Made Pork.**  
Pork produced and cured on the farm will cost less than half as much as if bought piece by piece at the market.

**GIVE MILK COW GOOD TREATMENT**

Animal Should Have Access to Rock Salt at All Times—Should Not be Harried by Dog or Horse.

A small quantity of barrel salt should be given the cow once or twice a week; and she should have constant access to rock salt, either in the yard or pasture.

In going to and from the pastures the cows should have the use of a good wide lane, so that they may not be hooked and jammed about. Do not hurry them with a dog or horse. If the floors of the barn are of cement, a small quantity of sand should be sprinkled on the floor before the cows are turned out or allowed to come in. This will prevent them from slipping.

Care should be exercised, when cows are running together, that heavy cows do not ride the young heifers when the latter are in season. Heifers are frequently injured for life by this

Here's to Your Good Health and Pleasure

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Real satisfaction in every glass—snap and sparkle—vim and go. Quenches the thirst—cools like a breeze.

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Nobody admires a knocker, yet he can always get an audience.

Lewis' Single Binder straight 5c cigar is made to satisfy the smoker.

To every man is given the opportunity to do something worth while.

Mrs. Whitlow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

The art is to bring the state of mind bred of large thinking into the routine of life.—N. S. Shaler.

**BEAUTIFUL POST CARDS FREE.** Send 2c stamp for the samples of my very choice Gold Embossed Birthday, Flower and Motto Post Cards; beautiful color and heraldic designs. Art Post Card Club, 77 Jackson St., Peoria, Kansas.

**Wanted to Know.** Ella—She has a rosebud mouth. Stella—Does that explain her making so many flowery speeches?

**USE ALLEN'S FOOT-PAKE.** The Antiseptic powder to be shaken into the shoes for tired, aching feet. It takes the sting out of corns and bunions and makes walking a delight. Sold everywhere. 25c. Refuse substitutes. For FREE trial package, address A. S. Ulmsted, Le Roy, N. Y.

**Her Method.** Mistress—Have you a reference? Bridget—Polite; of held the poker over her till I got it.—Harper's Bazar.

Cole's Carbolic Salve quickly relieves and cures burning, itching and torturing skin diseases. It instantly stops the pain of burns, Cures without scars. 25c and 50c by druggists. For free sample write to J. W. Cole & Co., Black River Falls, Wis.

**The Ultimate Limit.** First Dentist—My work is so painful that my patients often fall asleep while I am at their teeth.

Second Dentist—That's nothing. Mine all want to have their pictures taken to catch the expression of delight on their faces.

**Important to Mothers.** Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* in Use For Over 30 Years. Children Cry for Fletcher's Castoria

Unexpected. Suddenly the umpire called time. "Aw, what's the matter?" demanded the catcher.

"Somebody in the grand stand applauded me," he said, wiping the blinding tears from his eyes, "and I wasn't prepared for that. Play ball!"

The extraordinary popularity of fine white goods this summer makes the choice of Starch a matter of great importance. Defiance Starch, being free from all injurious chemicals, is the only one which is safe to use on fine fabrics. Its great strength as a stiffener makes half the usual quantity of Starch necessary, with the result of perfect finish, equal to that when the goods were new.

**Dying by Organs.** It has been discovered that if a human being dies after an ordinary illness and not a violent death he does not die all over and all at once. He may have a diseased liver, heart or lung, and this may be the cause of his death; but it has been found that if the diseased organ could have been replaced by a healthy one life might have been maintained indefinitely. This is no imagination or speculation. It has been confirmed by the most careful experiments by the ablest medical scientists in the country.—Leslie's Weekly.

**50,000 Men Wanted in Western Canada**

200 Million Bushels Wheat to be Harvested

Harvest Help in Great Demand

Reports from the Provinces of Manitoba, Saskatchewan and Alberta (Western Canada) indicate one of the best crops ever raised on the continent. To harvest this crop will require at least 50,000 harvesters.

Low Rates Will be Given on All Canadian Roads

Excursions are run daily and full particulars will be given on application to the following authorized Canadian Government Agent. The rates are made to apply to all who wish to take advantage of them for the purpose of inspecting the grain fields of Western Canada, and the wonderful opportunities there offered for those who wish to invest, and also those who wish to take up actual farm life. Apply at once to

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