

SUFFERED 23 YEARS

Constant Sufferer From Chronic Catarrh Relieved by Peruna.

Mrs. J. H. Bourland, San Saba, Texas, writes: "For twenty-three years I was a constant sufferer from chronic catarrh. I had a severe misery and burning in the top of my head. There was almost a continual dropping of mucus into my throat, which caused frequent expectoration. My entire system gradually became involved, and my condition grew worse. I had an incessant cough and frequent attacks of bilious colic, from which it seemed I could not recover. My bowels also became affected, causing alarming attacks of hemorrhages. I tried many remedies, which gave only temporary relief or no relief at all. I at last tried Peruna, and in three days I was relieved of the bowel derangement. After using five bottles I was entirely cured. I most cheerfully recommend the use of Peruna to any one similarly afflicted."



Mrs. J. H. Bourland.

Many a man who swears at a big monopoly is nourishing a little one.

Dr. Pierce's Pellets, small, sugar-coated, easy to take as candy, regulate and invigorate stomach, liver and bowels. Do not grip.

The test of whether you are educated is, can you do what you ought, when you ought, whether you want to do it or not?—Herbert Spencer.

Users of Trask's Ointment for Piles should read Dr. Wm. T. Trask's new "Practical Study of Piles," sent free by D. Ranston, Son & Co., Buffalo, N. Y.

What Was He?

Mrs. Hoyle—My husband is a parasite.

Mrs. Hoyle—Why didn't you marry an American?

EASTER POST CARDS FREE.

Send 25 stamp for five copies of our very best Gold Embossed, Easter, Flower and Merry Post Cards; beautiful colors and liveliest designs. Art Post Card Club, 701 Jackson St., Topeka, Kan.

Rebelle!

Mrs. Richquiek—John, I want you to buy a new parlor suit.

Mr. Richquiek—Maria, I've been agreeable enough so far to get different clothes for morning, noon, afternoon and night, but I'm consarned if I'll change 'em every time I go into a different room!

Tasted Good.

"I saw John, the butler, smacking his lips just now as he went out. Had he been taking anything, Katie?" asked the mistress.

"What was he doin', ma'am?" asked the pretty waiting girl.

"Smacking his lips."

"Sure, he'd just been smacking mine, ma'am!"—Yonkers Statesman.

A Woman's Letter.

Women, it is generally admitted, write better letters than men. M. Marcel Prevost has discovered the reason for this superiority. "The obvious meaning is never the one we should read into a woman's letter. There is always a veiled meaning. Woman makes use of a letter just as she employs a glance or a smile, in a way that is carefully thought out, and with an eye to effect. And, after all, her head? Does a woman's parasol keep off the sun? Why, then, should a woman's letter serve to convey her real thoughts to the person addressed, just like the letters of some honest grocer, who writes, 'I send you five pounds of coffee,' because he really does send you five pounds of coffee."

HONEST CONFESION

A Doctor's Talk on Food.

There are no fairer set of men on earth than the doctors, and when they find they have been in error they are usually apt to make honest and manly admission of the fact.

A case in point is that of a practitioner, one of the good old school, who lives in Texas. His plain, unvarnished tale needs no dressing up:

"I had always had an intense prejudice, which I can now see was unwarrantable and unreasonable, against all merely advertised foods. Hence, I never read a line of the many 'ads' of Grape-Nuts, nor tested the food till last winter.

"While in Corpus Christi for my health, and visiting my youngest son, who has four of the ruddiest, healthiest little boys I ever saw, I ate my first dish of Grape-Nuts food for supper with my little grandsons.

"I became exceedingly fond of it and have eaten a package of it every week since, and find it a delicious, refreshing and strengthening food, leaving no ill effects whatever, causing no eruptions (with which I was formerly much troubled), no sense of fullness, nausea, nor distress of stomach in any way.

"There is no other food that agrees with me so well, or sits as lightly or pleasantly upon my stomach as this does."

"I am stronger and more active since I began the use of Grape-Nuts than I have been for 10 years, and am no longer troubled with nausea and indigestion." Name given by Postum Co., Battle Creek, Mich.

Look in pkgs. for the famous little book, "The Road to Wellville."

"There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

PROFITABLE PIGEON RAISING REQUIRES INEXPENSIVE PENS

Buildings Should be Comfortable and Convenient but Need Not be Elaborate—It Is of Vital Importance That Drinking Fountains be Clean.

(By F. A. SOTTER.)

Pigeons do not need a fancy house; an old barn or building of any description can be fitted up to serve their needs. If the building is to house 25 pairs of homers, it should be seven feet wide by ten feet long, and if more than one house is to be built under the same roof, leave an alley way from three to four feet wide separating it from the pen by a wire netting.

The front of the building should be eight feet high, with six light windows.

Directly above the windows two holes seven by eight inches should be placed, through which the pigeons can come and go. They should be provided with a slide to be closed when the weather is very cold. These can be opened and closed from the alley-way by pieces of rope and pulleys.

The fly pen should be as high and wide as the front of the pen proper and about 18 feet long. It should be enclosed with wire netting small enough to keep sparrows out.

Six feet from the ground a six-inch board should be placed from front of house to end of run on either side as an alighting board.

The bathing-pan should be placed in the fly, and there should be a door in the front of the fly through which a person can pass in and out. These doors are simply a frame covered with wire.

In the pens, nest-boxes in tiers are built on either side, preferably on the east and west walls. These boxes are 4 feet high, 10 feet long, arranged in



Position of Water Can.

and if it is so deep that another bird by sitting on its back can push it under and drown it, the bird will not bathe in that water. Make your pans not over four inches deep. Twice a week in summer is often enough to bathe birds, and once a week in winter.

A good rain is equivalent to a bath as the birds will sit on the running board and hold up their wings to catch the drops. If the weather should turn cold soon after bathing, they should be driven into the house and the windows should be closed.

Use a two-gallon drinking-fount for 50 birds. The cut shows exactly how this fount should be placed in the loft. The fount must be kept perfectly clean always.

Feeding troughs should be 4 feet long, 4 inches wide, 1 1/2 inches deep, placed in the center of the loft, so the feed can be thrown into the trough from the alleyway. Keep it always clean and dry.

Keep plenty of grit, oyster shell and charcoal, together with a sack of baked salt, before the birds all the time.

were the same as those fed to the ducks, except that they got steeped oats instead of mash for the evening meal, mash being fed in the morning. The charcoal fed to both ducks and geese was burnt wood, broken fine.

CHARCOAL FED YOUNG DUCKS

Experiments in Ireland Indicate That Burnt Wood in Some Form Is Important in Fattening Poultry.

In a recent issue of the Journal of Agriculture for Ireland was given an account of experiments conducted for the purpose of deciding the exact value of charcoal as a means of keeping birds that are closely confined in good health during the period of fattening. Eighteen large, healthy Aylesbury ducks were selected from a large flock, and divided into three pens, each pen containing 6 ducklings. The ducklings were fed upon foods which previous experiment had shown to be profitable and economical, namely, boiled potatoes, barley meal, ground oats, skim milk and tallow greaves. The method of preparing the food was to boil, strain and pound up the potatoes, which before boiling would constitute about one-third by weight of the mash. Barley meal and ground oats were then in equal parts mixed with the potatoes. Skim milk was added to form a rather wet mash. This was fed to the ducklings from the end of the fifth to the beginning of the ninth week. During the last two weeks of fattening, animal food in the form of rough fat or tallow cracklings was added to the mash, the allowance being about two ounces per day to each duck. Grit and water for drinking were liberally supplied. Apart from the charcoal, the food received by all the ducklings was the same.

Tables were given as to the results of the trials, which seem to indicate that charcoal in one form or another is important in the profitable fattening of ducks. It appeared to keep the ducklings healthy, and enabled fattening to be continued with profit for a much longer period than when charcoal was not allowed. Experiments with geese were conducted on similar lines, and gave almost identical results. The foods fed to the geese

Lettuce on Benches.

Good lettuce can be grown upon benches, but those who make a specialty of it plant out in thoroughly prepared soil at the usual ground level of the house. In the latter case more of the space can be given the crop, as the walks are reduced to 10 or 12-inch boards laid on the beds. The best soil for lettuce is a good, rotted sod, liberally enriched with well-rotted manure. Avoid fresh manure for this crop. Give water moderately when first planted, increasing the supply as the plants develop in size.

Exercise Fat Ram.

If the ram gets too fat, do not reduce his fattiness by starving him, because that is as bad as a fat woman trying to reduce her flesh by the same process. Give him plenty of exercise, and cut down his rations so gradually that he will not suffer from hunger.

Sowing Corn Fodder.

Corn fodder should be sown thickly, either with a grain drill or corn planter, at the rate of 30 to 50 pounds per acre. Cultivate one way, cut with a corn binder, shock in the field and allow to stand until fed or hauled to the barn.

A Big Potato Crop.

Lehigh county, Pennsylvania, last year harvested a 2,000,000-bushel potato crop, which will bring the growers about \$1,000,000. The potato farmers in that section rotate their crops; that is, grain one year, grass the next and potatoes the third year.

Farms in Holy Land.

According to Mr. Frank G. Carpenter, the noted traveler, "farms in the Holy Land are often not bigger than back lands and seldom contain more than three or four acres. There are but few farms of large size in the country."

DUAL PURPOSE LOG STABLE



An excellent plan for constructing a log stable, about 40 by 20 feet, with concrete floor, to accommodate horses on one side and cows on the other, is given below:

Make a foundation for stable a few inches above floor line. To build wall 10 inches wide and 2 feet 6 inches deep will take ten yards gravel, or if you use stone filler, eight yards gravel and two yards stone. If you use fillers, five barrels cement; if all gravel, six barrels cement, mixed eight to one. First three inches of floor will take eight yards gravel, five barrels cement, eight to one; second coat, one inch thick, will require 2 3/4 yards sand, four barrels cement, mixed three to one. Ram first coat down hard.

Flatten logs on two sides, bottom and top sides. Cut end of log to "V" shape lengthwise of log on top side, then cut "V" across end of log on under side. These will fit one on top of other. The illustration shows how to cut logs to place them in position. Use two poles and roll them up to place, or you can do this with team of horses by using rope. The rope to end of each pole, then bring them down around log, bringing the other ends back over building. Hook on the team, and they will roll up very easily.

Breaking Colts.

Colts should be broken to walk down hill. No horse's legs will long stand being pounded down hill.

NATIONAL CAPITAL AFFAIRS

Oratory in the House Comes High



THINK OF IT—GENTLE-MEN—THIS B-I-L-L—CALLS FOR 30 CENTS—I-T'S DAWG-GO-T—ROBBERY—

WASHINGTON.—The craze for statistics has invaded the most sacred of precincts. It has attacked, assaulted, indicted and convicted the most parlor of statisticians themselves—the members of congress.

Proof, by statistics furnished right on the floor of the house, that the speeches there cost more than the total amounts of many of the items under discussion has left the entire aggregation in chronic terror that, when their most flowery orations are being speeded on their way to the morgue of the Congressional Record, some treacherous antagonist may arise, reverse his cuffs and read off evidence that the honorable gentleman's silence would be golden.

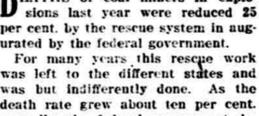
Like the famous discovery of dry farming in the west, because of the hoofprint of a mule, the economy of words in congress was precipitated by the state department had an item

of \$237.66 for horseshoeing. Missouri representatives declared they were from the "show me state." The secretary of state couldn't show the shoes, which had been worn out. There was a quarter of an hour of oratory when up rose a representative from Pennsylvania. "Gentlemen," he said, "it costs \$10,000 an hour to run this house, and we have already spent \$2,500 worth of words trying to skin a \$237 item. Let's quit."

The total of the year's appropriation for the upkeep of the house was \$4,567,824.10. Actual working days number 90, and the average time of a day's work is five hours. The normal 2,100 hours in 90 days would make the house expense run into \$2,114.73 per hour, on a 24-hour basis. But allowing only five hours of honest work per day, the expense amounts to \$10,573.66 per hour.

The salary roll of the members amounts to \$2,959,050. Their mileage is \$154,000. The clerks cost \$598,500 for those who are credited to members, and \$133,800 for clerks of committees. There are a number of minor items, among them the salary of \$1,200 that goes to the chaplain who prays for congress's wisdom. He is about the poorest paid of all, considering the size of his job.

Mine Rescue Squads Reduce Deaths



DEATHS OF COAL MINERS IN EXPLOSIONS LAST YEAR WERE REDUCED 25 PER CENT BY THE RESCUE SYSTEM IN ADOPTED BY THE FEDERAL GOVERNMENT.

For many years this rescue work was left to the different states and was but differently done. As the death rate grew about ten per cent annually, the federal government decided it was time to take charge of this work itself.

Six rescue stations have been established. One of these is at Trinidad, Colo.; another at Rock Springs, Wyo., and others in various parts of the coal producing country.

These stations are old Pullman sleeping cars, in which four men spend all their time, night and day, never going further than a few minutes' walk from the car. In charge of the party is a mining engineer. The others are a practical miner, a hospital attendant capable of giving first aid to the injured and a cook. The car is equipped with rescue apparatus ready for immediate use and there are

Dog in Arms Rouses a Congressman



THE idle rich woman, who fondles her poodle dog, leaving the care of her children to servants, has been delivered a stinging slap by a western representative. He has nothing to say against the poodle, but his mistress he believes to be un-American.

The American home is being undermined by this kind of woman, he thinks. She constitutes a grave national problem which should be speedily solved.

"Poodle dogs are usurpers, and should be returned to their proper place in the home," said he.

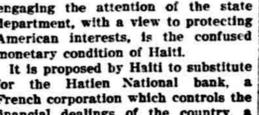
"While I was passing in front of a residence that cost hundreds of thousands of dollars, an elaborately dressed woman came out," he said. "She carried in her arms a costly poodle dog, and as she stepped into her carriage, two of her servants, wearing high silk hats, bowed almost to their knees. One assisted her to enter the carriage while the other draped her

dress about her feet. A moment later a negro servant came out wheeling a baby carriage, and I crossed the street to find out that the baby carriage held the woman's little son. The thought of the woman holding the poodle dog, where the child should have been, while she gave the animal its morning outing, seemed inhuman to me, when I thought of the child being taken out by the servant.

"But, finally, I decided that the poodle was more to be pitied than the child. It was in worse company. But the sad part about the whole incident was that a mother could go smilingly away from her baby boy, while she cuddled and patted the insignificant little dog as her side. Poodles are all right as pets for children, and, incidentally, for older people. But before they are allowed to take the places of children in our homes, I would rather see every poodle in the nation drawn and quartered.

"The only kind of a home which is worth while is the home where the mother gives her first and best thought to her children. Too often in America today rich women care nothing for their offspring, but would rather bestow their foolish affection on pets that really amount to nothing."

Protest Made at Hatien Bank Move



In its original plan, but the changes have not been sufficient, in the opinion of the state department, to warrant the withdrawal of the American protest.

In connection with the national bank concession Haiti is trying to float a loan to fund its interior debt. The course which will be adopted in regard to Haitian bonds in this relation is of interest to the United States government because many American creditors of Haiti have been paid in bonds of that government. So if such bonds are scaled down the people who received them on the basis of their former value, in the opinion of the state department, will have grounds for a claim in equity.

The possibility of American bankers participating in the loan also causes the state department to believe that it is the moral duty of this government to scrutinize closely the transaction to see that no contract is entered into which cannot be backed up by the United States in case at some future time Haiti fails to fulfill her obligations.

He Guessed Wrong.

"I have just been reading a sad story about a man who was horse-whipped by a girl's father because he helped her to elope."

"Poor chap! I dare say he thought the girl's father would give him a box of cigars."

Cynic Speaks.

Youngleigh—I don't like a mannia, domineering woman. Give me a woman with feminine instincts.

Cynicus—My boy, domineering is a thoroughly feminine instinct.

More Work For Dad.

A local dentist is a father for a second time. His older child gazed at the new one for a few minutes and said, gravely: "Papa, here's some bridge work you'll have to do free."

An Object Lesson.

"I say, you ought to take that non-productive hen of yours on a sailing vessel."

"What for?"

"She would not only improve in health by the voyage, but would learn to lay, too."

FRENCH BEAN COFFEE, 1 CENT A POUND

It will grow in your own garden. Ripening here in Wisconsin in 90 days. Splendid health coffee and costing to grow about one cent a pound. A great rarity; a healthful drink. Send us today 15 cents in stamps and we will mail you package above coffee seed with full directions and our mammoth seed and plant catalog free. Or send us 31 cents and we add 10 packages elegant flower and unsurpassable vegetable seeds, sufficient to grow bushels of vegetables and flowers. Or make your remittance 40 cents and we add to all of above 10 packages of wonderful farm seed specialties and novelties. John A. Salzer Seed Co., 182 S. 8th St., La Crosse, Wis.

Some women are good to look at, but bad to be tied to.

Hood's Sarsaparilla

Will purify your blood, clear your complexion, restore your appetite, relieve your tired feeling, build you up. Be sure to take it this spring.

Get it in usual liquid form or chocolate tablets called Marsatabs. 100 Doses B.

A COUNTRY SCHOOL FOR GIRLS in New York City. Best features of country and city life. Out-of-door sports on school park of 35 acres near the Hudson River. Academic Course Primary through Graduation. Upper class for Advanced Special Students. Music and Art. Write for catalogue and terms. The Camp of the Girls, North Ave., No. 218 S. 1st St., N. Y.

900 DROPS

CASTORIA

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of

Wm. D. Hooper

of

Castoria

In Use For Over Thirty Years

CASTORIA

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

ALCOHOL—3 PER CENT

Vegetable Preparation for Assuimulating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

THE CENTRAL COMPANY, NEW YORK.

AT 6 MONTHS OLD 35 DROPS—35 CENTS

Guaranteed under the Food and Drug Act.

For DISTEMPER

Flank Eye, Epizootic Shipping Fever & Catarrhal Fever

SPAIN MEDICAL CO., Chemists and Bacteriologists GOSHEN, IND., U. S. A.

A Terrible End.

"He met with a hard death."

"How was that?"

"Suffocated by his own hot air in a telephone booth."

Modesty is to merit as shades to figures in a picture; giving it strength and beauty.—Bryere.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, etc. a bottle.

Lewis' Single Binder cigar is never doled—only tobacco in its natural state.

The reward of a thing well done is to have done it.—Emerson.

Garfield Tea has brought good health to thousands! Unequaled for constipation.

Give a girl a present, and she will not worry about the future.

Remedies are Needed

Were we perfect, which we are not, medicines would not often be needed. But since our systems have become weakened, impaired and broken down through indiscretions which have gone on from the early ages, through countless generations, remedies are needed to aid Nature in correcting our inherited and other intestinal acquired weaknesses. To reach the seat of stomach weakness and consequent digestive troubles, there is nothing so good as Dr. Pierce's Golden Medical Discovery, a glyceric compound, extracted from native medicinal roots—sold for over forty years with great satisfaction to all users. For Weak Stomach, Bilemiasis, Liver Complaint, Pain in the Stomach after eating, Heartburn, Bad Breath, Belching of food, Chronic Diarrhoea and other Intestinal Derangements, the "Discovery" is a time-proven and most efficient remedy.

W. L. DOUGLAS

ESTD 1876 \$2.50 \$3 \$3.50 & 4 SHOES PER PAIR

W. L. Douglas shoes cost more to make than ordinary shoes, because higher grade leathers are used and selected with greatest care. These are the reasons why W. L. Douglas shoes are guaranteed to hold their shape, look and fit better and wear longer than any other shoes you can buy.

THE BUSINESS OF SUBSTITUTES

The genuine have W. L. Douglas name and the retail price stamped on the bottom, which guarantees full value and protects the wearer against high prices and inferior shoes.

REFUSE SUBSTITUTES CLAIMED TO BE "JUST AS GOOD"

If your dealer cannot supply you with the genuine W. L. Douglas shoes, write for Mail Order Catalog. Shows and direct from factory prices, all charges prepaid. W. L. Douglas, 245 South St., Boston, Mass. \$2.50, \$3.00 & \$3.50

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\$85 PER ACRE

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