

THAT AWFUL BACKACHE

Cured by Lydia E. Pinkham's Vegetable Compound

Morton's Gap, Kentucky.—"I suffered two years with female disorders, my health was bad and I had a terrible backache which was simply awful. I could not stand on my feet long enough to cook a meal's worth without nearly killing me, and I would have such dragging sensations I could hardly bear it. I had sores in each side, could not stand tight clothing, and was irregular. I was completely run down. An advice I took Lydia E. Pinkham's Vegetable Compound and Liver Pills and am enjoying good health. It is now more than two years and I have not had an ache or pain since. I do all my own work, washing and everything, and never have the backache again. I think your medicine is grand and I want to tell my neighbors. If you think my testimony will help others you may publish it."—Mrs. OLLIE WOODALL, Morton's Gap, Kentucky.

Backache is a symptom of organic weakness or derangement. If you have backache don't neglect it. To get permanent relief you must reach the root of the trouble. Nothing we know of will do this so surely as Lydia E. Pinkham's Compound.

Write to Mrs. Pinkham, at Lynn, Mass., for special advice. Your letter will be absolutely confidential, and the advice free.

PATENTS Watson E. Coleman, Washington, D. C. Books free. Check references. Best results.

21 affiliated with 100,000,000 Thompson's Eye Water

ASTONISHED THE "OLD MAN"

His "Rah-Rah Son" by No Means the "Dude" He Had Hitherto Seemed to Be.

The new governor of a western state has two sons. One is big and bushy like his father, but the other is more slight; and at times he rather vexes his father by his affection of "rah-rah" clothes and a general air of insouciance and dandishness.

The two sons and the father were in the library one night and the name of a prizefighter came into the conversation. The "rah-rah" boy had been sitting by, twiddling his thumbs, but his ears pricked up at the name and he drawled: "I rather like that chap. He's all right."

"What do you know about him?" the other brother asked, rather contemptuously.

"Oh, he gave me a shade the best of it one night."

"Gave you the best of it?" both father and brother shouted.

"Yes; you see I fight under the name of Young Ryan and he counted pretty slow one time when I was down."—Saturday Evening Post.

Rattlesnakes Appear Early. The unusually warm weather throughout central Wyoming the last few weeks has caused large numbers of rattlesnakes to leave their dens and many have been killed by ranchmen and others. Not in the recollection of the oldest inhabitants have rattlesnakes appeared so early in the year.—Casper correspondent, Denver Republican.

One Happy Condition. "Wireless is a wonderful thing, isn't it? It's going to take the place of everything—telegraph, telephone, thought transference—why, they even transmit newspaper photographs that way."

"Yes, but there's one thing they'll never do with wireless."

"What's that?"

"Wire-pulling."

CHILDREN AFFECTED By Mother's Food and Drink.

Many babies have been launched into life with constitutions weakened by disease taken in with their mothers' milk. Mothers cannot be too careful as to the food they use while nursing their babies.

The experience of a Kansas City mother is a case in point:

"I was a great coffee drinker from a child, and thought I could not do without it. But I found at last it was doing me harm. For years I had been troubled with dizziness, spots before my eyes and pain in my heart, to which was added, two years later, a chronic sour stomach."

"The baby was born 7 months ago and almost from the beginning, it too, suffered from sour stomach. She was taking it from me!"

"In my distress I consulted a friend of more experience and she told me to quit coffee, that coffee did not make good milk. I have since ascertained that it really does up the milk."

"So, I quit coffee and tried tea and at last coffee. But they did not agree with me. Then I turned to Postum with the happiest results. It proved to be the very thing I needed. It not only agreed perfectly with baby and myself, but it increased the flow of my milk."

"My husband then cult coffee and used Postum and quickly got well of the dyspepsia with which he had been troubled. No longer suffer from the dizziness, blind spells, pain in my heart or sour stomach."

"Now we all drink Postum from my husband to my seven month old baby. It has proved to be the best hot drink we have ever used. We would not give up Postum for the best coffee we ever drank." Name given by Postum Co., Battle Creek, Mich.

Get the little book, "The Road to Wellville" in phgs.

"There's a Reason." Every read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

WASHINGTON GOSSIP

War Over National Health Department



way: About a year ago 12 bills were introduced in congress, all seeking to legalize the establishment of a national bureau of health. Eleven of these bills were strangled in the committees, and but two remained. These two were the subject of bitter acrimonious debate on numerous occasions, but congress finally adjourned without doing anything. The fight was merely postponed until the present session.

The fight for national health bureau is a part of the general conservation movement that is going on all over the United States. The National Conservation Commission has taken note of "human life" as being one of the resources of the nation that is worth saving. Originally this commission was formed to conserve lands, waters, mill sites, forests, minerals and wild game, but it speedily came to the conclusion that human life was worth more than all the rest of our resources put together.

"We need men," said the conservationists, "to plow these lands, dig in these mines and cut down these forest trees. Therefore, let us conserve human life, stamp out disease and give the doomed babies a chance. Let us establish a national bureau of health that can at least do as much for the farmers' babies as it is now doing for its horses and cattle."

In support of the establishment of the new department are ranged thousand of life insurance companies, labor organizations, farmers' associations and other civic and social bodies.

All the fighting came about in this

Lawmakers Add to Nation's Gaiety



As for Texas, the legislature is now seriously considering the enactment of a law to put you in jail if you ever dare to use bad language to the telephone receiver.

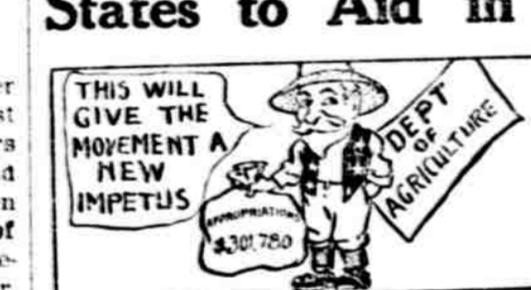
Of course everybody knows about Nebraska's famous sheet bill. It is a measure to compel hotel proprietors to furnish bed sheets nine feet in length.

The tongues of the railway station agents in Missouri may be loosened if a bill introduced into the legislature of the state is passed. The bill provides a fine of \$25 to \$50 for any agent who refuses to answer questions put by travelers. The father of the bill said years of rebuffs by agents, of whom he had inquired if trains were on time, had aroused in him a lingering longing to one day "get back" at the sphinx who hides behind the wicket.

The state of Washington is catering to its lady voters. Polling places are going to be made very attractive for them. The city council of Seattle started the ball rolling with the introduction of a resolution prohibiting smoking in polling places at elections.

It is proposed to make the election booths very pretty with decorations, flowers, easy chairs and polite attendants.

States to Aid in Agricultural Work



Increasing the amount of their appropriations for the work. This year's appropriation by states aggregated \$301,750. Indiana appropriated an average amount, \$10,000. New York led, with \$50,000; Iowa was second, with \$32,000; and Wisconsin third, with \$30,000. The department points out that the \$301,750 should be added the amount used by the several states for extension work from the farmers' institute fund, of which no separate account was kept.

From the standpoint of the federal government, agricultural extension is a business proposition. It undertakes to do for men engaged in agriculture what proprietors of mills and manufacturers are striving to accomplish in their business—the conservation of waste, economy of effort and material, and an increase in the output with reduced expense. "It strives to do with and for a man that which a manufacturer desires to have done for his machines—improve it if it may turn out more and better quality of products," says Prof. John Hamilton of the office of experiment stations.

Apparatus necessary for interior instruction work in agriculture has multiplied in the four years until now entire buildings are devoted to the storing of agricultural machinery; barns are filled with horses, cattle, sheep and swine; hundreds of acres of land are utilized in demonstration, and granaries are filled with samples of feed, all used for illustration in construction work to the resident students.

With the hope of encouraging the movement, the department has just issued a pamphlet containing the views of several of the men prominently engaged in the work.

Mrs. Taft's Informal 5 O'Clock Teas



tea is one that a great many women are willing to enjoy in preference to being a guest at the most ceremonious fete of the White House season. To add to the attractiveness of Mrs. Taft's five o'clock teas there is little possibility of "crowd"—just a few guests are received and Mrs. Taft's tact and good humored friendliness does the rest.

Sandwiches of infinite variety seasoned just so; little cakes which are simply one mouthful of deliciousness accompany a cup of tea which is more than good enough to drink. The Tafts have been inoculated with the tea-drinking virus through their long residence in countries where tea is really a beverage of quality.

Over at the vice-presidential home the weekly tea drinking takes on a different and a rather more ceremonious phase. Mrs. Sherman always "receives," that is to say, she stands at the doorway of the drawing room and all guests are announced, meeting as they pass a number of Mrs. Sherman's friends, who help her make one feel at home. Later, one is treated to a number of toothsome afternoon dainties topped off with tea or chocolate and a punch which never by any hit or miss has a "stick" within its fruity substance.

As far as possible the maids are eliminated and the opportunity to have an informal chat with the president's wife over a steaming cup of very good

Good Bait for Fish.

Natives of a number of South Pacific islands make fish hooks of mother of pearl, so bright that no bait or other lure is necessary.

Wonderfully Minute Works.

A dynamo, perfect in every detail, but weighing only a quarter of an ounce, has been made by a French electrician.

The ONLOOKER by WILBUR D. NESTIT

The ANTI-SUFFRAGETTE



ALFALFA CLOVER.

Salter's strain of hardy, luxuriant Alfalfa Clover grows everywhere and brings from two to five growing crops annually. It's the vigorous, healthy kind planted by Ex-Gov. Hoard of Wisconsin and thousands of other successful farmers throughout the U. S. We sell large flowers of clover, grass, seed oats, wheat, rye, barley, potatoes, etc., in America.

For 10¢ in stamps we mail you:

1 Pkt. Luxuriant hardy Alfalfa Clover.

1 Pkt. Billion & Grass—the 10 Ton wonder.

1 Pkt. Silver King Barley—173 Bu per A.

1 Pkt. Bonanza Oats—Sown yields 250 bu.

1 Pkt. Alfalfa—10 lbs. per Acre.

1 Pkt. Splitz—the cereal hay marvel.

And 5 or more other packages farm seed novelties or rarities, together with our big catalog, bristling with seed truths all for but 10¢ in stamps, or send 25¢ and we add a big package famous French bean catalog.

John A. Salter Seed Co., 182 South 8th St., La Crosse, Wis.

WHAT SHE THOUGHT.



West Union, O.—One hundred vote sellers appeared before Judge Blair and paid the fine Monday.

Danville, Ill.—Several public officials have expressed a willingness to tell the grand jury the entire story of the purchase of votes.

What? Let the women vote? Why should the primal rights of man be crushed beneath the heel that tramps the pathway of this plan?

Man was created higher than the feeble, ignorant woman.

Two in whom nature fitted for the problems sore that vex.

The mind and try the heart and call for intellect that sees.

The baffling fruits of government and all its mysteries.

And who should take a woman from the citadel of home?

And send her out unshod, 'mid the coarse class to roam?

Ah, no, my brethren, we the men must meet this heavy task.

"Tis not for us to say that we have a right of our own."

O, woman, noblest work of all! Who'd smudge the lily's white?

By tainting it with balloons? Who'd fit it with that blight?

Nay, let us bid her keep away from all these things—unseemly things.

We'll see her as an angel fair with halo and wings.

Aside from that poetic view, we will not soil her hands.

With all the work of government no woman can do.

Aye, poor man, shall bear the brunt,

and he shall overcome.

The ondaughts of the ones who strike at our palladium.

What? Let the women vote? Why, down would tumble all our ships!

And the naval power would be blown to bits by my men.

Brother, do not suity our ideals in this way;

Let all the women stay at home upon election day.

They are too far from dusting floors and wiping off the shelves.

How can we trust the women when we cannot trust ourselves?

Simple Parlor Magic Again.

The Mysterious Watch.—For this feat you need no preparation. After a few moments of merry chatter you borrow from some one in the audience a watch. Having obtained this—an open-faced watch is best—ask some other person to loan you a small hammer. Almost any one will have this implement in his possession.

Taking the hammer in your right hand, approach some one with a smile and ask him for an anvil. Naturally, he will not have it. Prior to the performance, you will have concealed an anvil in your sleeve. Pretending to search the last person's pockets, you will produce the anvil. Now, lay the watch on the anvil, and beat it to fragments with the hammer. Then ask any lady to lend you her handkerchief. Into this place the pieces of the watch.

Fold the handkerchief neatly and give it to a party to hold.

Now pronounce some mystic words slowly, and then unfold the handkerchief, taking it from the watch in perfect condition.

It is best to practice thisfeat many times until you attain perfection.

After you are sure of yourself you can do the same trick with a grandfather's clock.

Real Beauty.

The above directions to be

A phalanx of rare charm.

The prima donna, too, we see

Are fair of face and arm—

But O, of all the loveliness

That comes before our scan,

There's nothing equal to—I guess

The leading tenor man.

And Then!

"What makes you so white and out of breath?" asks the friend of the man who has rushed into the store and is looking for a place of concealment.

I met Lieut. Peary down street

and asked him to head a party to go and discover Dr. Cook," shuddered the other.

The Other Side.

"And so your father objected to consenting to our marriage?" I suppose, naturally, he was greatly moved at the thought of losing you."

"It wasn't that, exactly. The burden of his remarks applied to his feelings at the prospect of gaining you as son-in-law."