

NEGLECTED GOLD, GOT VERY WEAK

A Bad Cough. Tried Many Remedies. Restored by Peruna.



Mrs. A. S. Rucker, R. F. D. 2, Brentwood, Tenn., writes: "I wish to tell you what Peruna has done for me. I was very sick and so weak I could scarcely be up. I was alarmed at my condition. "I had had a cough for some time and I tried several cough medicines, but grew worse all the time. I knew if I did not get relief I would soon go into consumption. So I decided to try Peruna. I had confidence in it before I took it and I found it was just the medicine I needed, for in a short time my cough ceased and my strength returned. "I have enjoyed better health since taking it than I had for several years previous. When I see any one weak and run down, especially with a cough, I advise them to take Peruna." Ask Your Druggist for a Free Peruna Almanac for 1911.

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Send only 2c stamp and receive five fine gold embossed cards FREE to introduce post card offer. Capital Card Co., Dept. 79, Topeka, Kan.

WHERE GALLANTRY CEASES

One Thing That a Woman Has No Right to Expect From a Man.

"I always believe," he gallantly said, "in yielding to the ladies." "I suppose you always give way to your wife when you and she happen to have an argument?" "Invariably." "And you never fail to relinquish your seat in the car when it happens that some woman would have to stand unless you did so?" "Certainly." "Do you take off your hat when you get into an elevator where there are ladies?" "I never fail to do that." "If you had secured the last lower berth in a sleeper would you give it up to a lady who would otherwise have to occupy an upper?" "Of course. I have done it frequently." "In case you stood in line in front of a ticket window, would you be willing to go away back to the end so that some woman might have your place?" "Say, what do you think I am—a fool?"

Back, Then, to the Farm.

Richard Croker, during his visit to New York this month, discussed with a reporter the high cost of living. "The farmers are all right," said Mr. Croker. "It is the people who insist on living in the towns who find everything too dear. In the towns, you see, the expenses are as bothersome as the children." "A little boy in a tiny flat looked up from his drum one day and said: "Mother, Adam and Eve lived in Paradise. What was it like there?" "Like what it is here," his mother answered, "when you eight children are all at school." "Art in the Nude." The photographer's lady was very preoccupied showing some samples of work to prospective sitters, when a tall and raw-boned individual, apparently from "the land," stalked solemnly into the studio, and intimated that he would like to know what the "pictures" were worth. "Like that, \$3 a dozen," said the photographer's lady, handing him one. The farmer gazed long and earnestly at the photograph of a very small baby sitting in a wash basin. "And what would it cost with my clothes on?" he finally asked.

A waistcoat of broadcloth or of fustian is alike to an aching heart, and we laugh no merrier on velvet cushions than we did on wooden chairs.

Without a Cook?
Never mind—you can have a good breakfast if there's a package of **Post Toasties** in the house. This delicious food, ready to serve without cooking, is always welcome and makes **Breakfast a Delight** "The Memory Lingers"
POSTUM CEREAL CO. LTD., Battle Creek, Mich.

NOTES FROM MEADOWBROOK FARM

By William Pitt



Take care of the tools. All fowls require a bulky food. The dry cow should never be neglected. A log drag will shorten up a long, bad road wonderfully. The condition of the live stock reflects the ability of the owner. Work off all the old "rough leg" fowls, but first make them fat. Many a man has been lured from a good farm by some petty political position. If we implant fear in the hearts of our children, we may expect it to turn to hate. A nice easy milker is a source of pleasure to the one who does the milking. If farm dairying pays under ordinary conditions the better the method the better the profit. Strong, healthy calves can never be expected from cows that are in a poor or weak condition. Never again, says the man who started with dungills. Get a good strain to start with and be successful. Sunlight, crude oil, lime, carbolic acid, pure air, clean houses and yards, are cheaper than drugs and dope. More depends upon the right choice of kinds of fruit to set than upon any other one factor as to profit in the orchard. The management of the ewe lambs throughout the winter months should be directed to developing their conformation. If you are in the poultry business right, it is not too early to begin planning for your breeding pens for next season. No one can breed up a fine flock of chickens without culling closely. This often seems difficult, but it is absolutely necessary. Strawberries need acid in the soil; the lime in hen manure neutralizes the acid; therefore, hen manure is harmful to strawberries. It would be a good thing for the chickens on many a farm to move the poultry yard and give the fowls new clean ground to run over. In an experiment made by a poultry keeper last winter, 18 hens that were fed milk laid more eggs than 100 fed on cut bone and meat. Pigs that are allowed to pile up will come out in the morning sweating, and be sure to be more or less troubled with colds and snuffles. Where hoed crops are intended to be grown between young trees the ground should be manured freely or the growing crop will injure the trees. Neglected fruit trees are not worth the ground they occupy; they are an eyesore, and when pest-infested they are a positive menace to the neighborhood. Year old male birds may often be purchased cheaper than cockerels. Good roosters are better the second year than the first and their chicks are stronger. Le sure to cool down each skimming before putting it into the cream jar or storage receptacle. Then keep it cool ready to ripen with the prepared starter. With dry corn stalks and hay for roughage, one would want to feed pretty liberally and would hardly expect to have the cows eat up this roughage very clean. One of the great advantages that come from getting a catch of clover on the light soils, is that the clover roots make humus, or decaying vegetable matter in the soil. Make a small paper cover and place over the mouthpiece of your telephone to keep out the dust which will gather and is finally breathed into the lungs of the person who is speaking. There is much feeding value in bright straw, and instead of being burned in the field where threshed, as practiced by some farmers, should all be used for fodder and bedding for animals, thereby preserving the fertility of the farm, obtaining a profitable food, and a great comfort for the animals. Horsesradish is not a difficult plant to kill out and exterminate if one is persistent in the undertaking. Where the plow can be used a very effective way is to plow the ground in the fall and allow it to remain exposed to the action of the frost during the winter. In the spring it should be well harrowed or disked and planted with corn preferably so it can be cultivated in hill each way.

Mites dislike whitewash. Dairy cows need plenty of water. Put the broody sows in a pen by themselves. Treat the cow kindly. This requires no cash outlay. This has been a banner year in New Jersey for peaches. The young calves should be started upon a grain ration early in life. A high-grade 4-5-10 fertilizer should give satisfactory returns with tomatoes. The average farm horse lives most of his life on dry hay or straw and oats. The dairy cow is the foundation of all soil improvement and farm prosperity. Every dairy ration must depend somewhat upon the prevailing price of feeds. Yearly cow tests are becoming more and more popular. Try them yourself. The dairy calf can be raised upon skimmed milk but the ration should be fed gradually. In the mating of animals individual merit should receive first attention and pedigree second. You should never churn until the cream is of a proper temperature, neither winter or summer. Keep all stable manure in vaults or pits, screened or sprinkled with lime, oil or other cheap preparations. Early breeding develops the milk producing ability of the heifer and good feed and care prolongs it. In equipping the farm buy nothing but the best then take the best care of it and it will last for a long time. Another cause of feed lot unprofitability lies in the fact that pigs of different sizes are run in the same lot. Milk is made up of a variety of elements, and therefore a variety of feeds is necessary for its production. No crop will bring in better returns in the northern states for the time it occupies in the ground than buckwheat. Every buttermaker should have two aims: one to make the best butter and the other to help his patrons produce the best cream. The grape is one of the surest bearers, as it fruits on new wood. If some are killed it puts out fresh wood and bears grapes. Thousands of hens are killed every year by feeding too much wet foods and mashes. The greater portion of the feed should be dry. If your supply of clover hay is not sufficient for the whole flock of sheep, save at least a supply for the breeding ewes at lambing time. To have pure bred stock should be the ultimate aim of all farmers. Pure bred horses, pure bred cattle, pure bred swine, pure bred poultry. Every possible means should be employed to avoid frightening and irritating the ewe lambs while they are confined to their winter quarters. With sheep, as with other stock, better stock, better health and thrift will be maintained at a less cost if they are given a good variety of food. A brood sow should be well nourished, but it is a great mistake to allow her to become very fat, as a fat sow will lose litters or farrow weaklings. Do you burn or throw out egg shells? It pays to save them and crush them up fine for the hens. This furnishes them material for the making of other shells. In feeding the cows should not have access to weeds or other foods which favor the milk and they should have a supply of clean, fresh water, with access to salt. To feed with profit with the present high prices of grain and hay, good shelter must be provided so that the animals will derive full benefit from their feed. Like any other stock that is to be wintered, hogs will keep in a thrifty condition on less feed if they are provided with clean, dry quarters and a liberal supply of bedding. Certain foods known to possess laxative qualities should have a place in every dairyman's rations for his cows, especially if dry foods are being largely utilized in feeding them. If your farm machinery is properly housed and cared for when idle, there will be no cleaning up to do; no inspection; no worrying about repairs—nothing to do but hitch up, drive to the field and go to work, next spring. Clover hay contains nutrients in the right proportion for the production of milk and nourishing the cow, but she favors a variety of feeds for palatability's sake, and for the best results some concentrates and succulent feed should be fed, and not because a single feed contains but one element. Many flocks of excellent general-purpose fowls have been ruined by the introduction of male birds from some fancier who has bred and developed fowls that were beautifully feathered but lacking in vigor and vitality as well as compactness. These males reduced the egg and meat production of the flocks. Their descendants were finely feathered, but lacked in most other qualities that go to make up a good general utility fow.

Timely Suggestions of Interest to the Hostess

Two Guessing Contests. The call for guessing contests is continual; it seems as if the demand would never cease, and our readers want the old ones so often that I am afraid some may tire of them. However, there are always new ones to read what to us may be old, so I give these two contests in response to a cry for "some good ones, please."

1. What is the oldest ant? (Adam-ant.)
2. What ant hires his home? (Tenant-ant.)
3. What ant is joyful? (Jubilant-ant.)
4. What ant is learned? (Savant-ant.)
5. What ant is well informed? (Conscientious-ant.)
6. What ant is trustworthy? (Confidant-ant.)
7. What ant is proud? (Arrogant-ant.)
8. What ant sees things? (Observant-ant.)
9. What ant is angry? (Indignant-ant.)
10. What ant tells things? (Informant-ant.)
11. What ant is successful? (Triumphant-ant.)
12. What ant is an officer? (Commandant-ant.)
13. What ant is a beggar? (Mendicant-ant.)
14. What ant is obstinate? (Defiant-ant.)
15. What ant is youngest? (Infant-ant.)
16. What ant is ruling ant? (Dominant-ant.)
17. What is the wandering ant? (Errant-ant.)
18. What ant lives in a house? (Occupant-ant.)
19. What ant points out things? (Significant-ant.)
20. What ant is prayerful? (Suppliant-ant.)

1. What city is for few people? (Scarcity.)

2. For happy people? (Felicity.)
3. For chaffeurs? (Velocity.)
4. For truthful people? (Veracity.)
5. For athletes? (Elasticity.)
6. For grossly people? (Vulgarity.)
7. For wild beasts? (Ferocity.)
8. For home lovers? (Domesticity.)
9. For actors? (Publicity.)
10. For reprovers? (Austerity.)
11. For wise people? (Sagacity.)
12. For hungry people? (Capacity.)
13. For telegraph operators? (Electricity.)
14. For reprovers? (Austerity.)
15. For nations? (Rediprocity.)
16. For old people? (Eccentricity.)
17. For beggars? (Mendacity.)
18. For unhappy people? (Infelicity.)
19. For office seekers? (Pertinacity.)

The names of cities and their nicknames may also be used, thus: Boston, "The Hub;" Philadelphia, "The City of Homes;" Detroit, "City of the Straits;" Cincinnati, "Queen City of the West;" Chicago, "Windy City;" Cleveland, "Forest City;" Pittsburg, "Smoky City;" Washington, "City of Magnificent Distances;" Milwaukee, "Cream City;" New York, "Gotham;" Minneapolis, "Flour City;" St. Louis, "Mound City;" San Francisco, "Golden Gate;" New Orleans, "Crescent City."

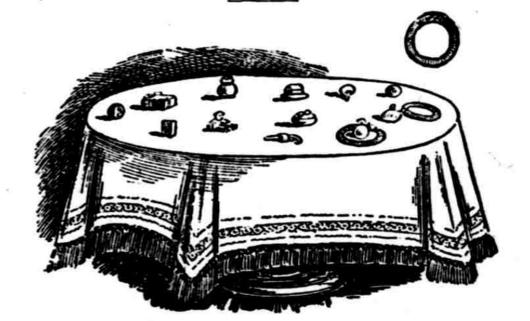
An Evening in Holland. The invitations said, "The Travel club will be pleased to have you spend an evening in Holland, at the residence of Mrs. Brown, January twelfth, at eight o'clock." The house was transformed completely with the flag of Holland—red, white and blue—and all doors and windows; then there were pictures of Queen Wilhelmina and reproductions of famous Dutch artists, such as Rembrandt, Potter, Hals, etc. There were storks and windmills on the dining table, with a pair of wee wooden shoes at each place. Lacking real tulips and hyacinths, there were artificial ones, and members had sent any bits of delft they possessed or could borrow, as well as many post cards from Holland, which were all displayed upon a table. There were 12 members in this club.

and they were asked to come in costume, which I describe rather minutely. The men wore dark jackets over bright vests, knee pants, low heavy shoes, with blue woolen stockings, broad soft hats, with rather pointed crowns. The Dutch fisher boy wore wooden shoes, very full trousers, coarse knitted stockings, a striped waist or blouse, red tie and a tisk cap. The girls wore full skirts of blue flannel, short sleeved waists, laced over a white shirt with short, full sleeves. A large white or colored kerchief was crossed over the breast and fastened at the waist. Fancy or white aprons and red stockings with wooden shoes completed a costume. The hair was parted and braided with a cap of white muslin or gay silk worn on the head. There are more elaborate head pieces of brass, with lace caps. The Dutch women are also very fond of wearing coral beads. The fact that Holland leads the world in making cheese furnished the subject for a very interesting paper. The hostess served potato salad, piping hot sausage grilled in the chafing dish, Dutch herring made into appetizing sandwiches, pickles and cheese, and offered a choice of coffee, cocoa or beer with pretzels.

A Jolly Cotillon. Perhaps you will all be interested in the description of these figures which were danced at a holiday cotillon. College lads and lassies were the guests, and the affair took place on the third floor ballroom of a home noted for its hospitality. For the "snow man" figure the boys were covered with white paper bags with round holes cut for eyes. The girls had small snow men figures with paper caps in colors pinned on their gowns. Each man danced with the girl whose cap matched the colored button placed in his buttonhole. Another figure was a large Japanese lantern filled with tiny toys, two of a kind; as the lantern was tossed about the toys fell out, and those matching toys danced together. The fife and drum figure was great. The men had whistles and the girls drums, each drum and each whistle being tagged with duplicate numbers and distributed among those who were to participate in the first waltz. The leader formed them in military array to the tune of "Mulligan Guards," and at the proper signal all danced. The last figure savored of Japan. All the girls were given lanterns and all the men a box of wax taper matches. When the signal was given the men lit the lanterns and held them over the girls. The electric lights were turned out for a time, but turned on as the clock struck 12, and "Home, Sweet Home" sounded.

MADAME MERRI. New Silk for Scarfs. Among scarfs the newest material is the fine silk crepe, like glove silk. These come in all the fashionable shades. Many scarfs have embroidered and silk crocheted lace ends, in self-tones or in harmoniously contrasting colors.

Party Amusement



THIS game is somewhat similar to a form of amusement that may often be seen at fairs, and is another method by which small presents may be given to little friends. On a table at one side of the room a number of prizes are arranged, and the competitors stand at an agreed-on distance from the table and in turn throw rings at the prizes. When a competitor successfully throws a ring so that it falls quite flatly on the table and encircles a prize, then he or she becomes possessor of the article. The rings should be cut out of stiff cardboard and be about six or seven inches in diameter and half an inch or so in thickness, and bound round and round with Berlin wool until the cardboard is entirely hidden. A good number of rings should be prepared of various colors, so that each player may know his own. The little sketch on the right hand side shows the kind of ring that should be made, and the large sketch illustrates the way in which the prizes should be arranged, the apple on the right having been successfully "ringed" and won by the lucky player.

Some of these, with lace-work centers, are highly expensive. A sailor collar when made of lace is a pretty accessory to a dinner gown. Slips of Italian silk with messaline ruffles make the best petticoats for every-day wear. The day when the debutante was strictly gowned in pure white is past. The new wild rose frocks for young girls threaten to take the pure white frocks' place.

Pompadours No Longer Modish. Women find that their heads show to better advantage with hair parted at the side than in the middle. One reason is perhaps because the middle of the head has been parted so often that the hair appears thicker and more glossy for some reason or other. But every woman who has the least wish to be modish has done away with the pompadour and is fattening her hair more or less at the sides. If a puff is put in at the side a very small one is used. The aim seems to be to have the head long from a side view but exceedingly narrow from the front.

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Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral NOT NARCOTIC
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