

# FREE ADVICE TO WOMEN

Women suffering from any form of illness are invited to promptly communicate with Mrs. Pinkham at Lynn, Mass. All letters are received, opened, read and answered by woman. A woman can freely talk of her private illness to a woman; thus has been established this confidence. Mrs. Pinkham has written the women of America which has never been broken. Never has she published a testimonial or used a letter without the written consent of the writer, and never has the Company allowed these confidential letters to get out of their possession, as the hundreds of thousands of them in their files will attest.

Out of the vast volume of experience which Mrs. Pinkham has drawn from, it is more than possible that she has gained the very knowledge needed in your case. She asks nothing in return except your good will, and her advice has helped thousands. Surely any woman, rich or poor, should be glad to take advantage of this generous offer of assistance. Address Mrs. Pinkham, care of Lydia E. Pinkham Medicine Co., Lynn, Mass.

Every woman ought to have Lydia E. Pinkham's 80-page Text Book. It is not a book for general distribution, as it is too expensive. It is free and only obtainable by mail. Write for it today.

Free lunch is sometimes pretty expensive food.

Lewis' Single Binder gives the smoker a rich, mellow-tasting 3c cigar.

There is always poison in the wound that is inflicted by a friend.

TO CURE A COLD IN ONE DAY  
The LAXATIVE BROMO Quinine Tablets. Dissolve in water. If you are a doctor, you will find this a valuable remedy. It is the only one that cures a cold in one day.

And it sometimes happens that a man likes to have his wife get so mad she won't speak to him—then she will not ask him for money.

Dr. Pierce's Pleasant Pellets first put up 40 years ago. They regulate and invigorate stomach, liver and bowels. Sugar-coated tiny granules.

There's one little satisfaction when a man falls sick, it makes his wife repent of her ill treatment of him. Don't work the game too often, however.

BEAUTIFUL CALENDAR FREE  
Send 10 cents for trial three months' subscription to our great farm paper and we will mail you a beautiful calendar. It is a beautiful calendar, with 12 months of pictures of the best of our country. Write to the publisher, Nebraska Farm Journal, Omaha, Neb.

Not Serious.  
"I hear there are grave charges against Senator Jinks."  
"What are they?"  
"The sexton's bills."—Baltimore American.

Important to Mothers  
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of **Dr. J. C. Watson**.  
The Kind You Have Always Bought.

In the Old Days.  
Eve had just tied a garland of maple leaves about her ankles.  
"What on earth are you up to, my love?" asked Adam.  
"I am trying on my new hobble-skirt, sweetheart," returned the partner of his joys with a sweet smile.—Harper's Weekly.

ECONOMICAL WIFE.  
Ducks prefer ground grain to whole grain except in cold weather, when a ration of whole grain soaked in warm water is desirable for them.

A nervous cow is preferable to a stolid one. The chances are that she will give more and better milk than her dull, mopish sister.

It is a well-known fact that disease is more prevalent among hogs just after they are started on new corn than at any other time.

A moist soil then kept in an unfrozen condition as long as possible is the surest means to prevent winter killing of trees.

A sheep that has once been chased by dogs becomes suspicious at the sight of a dog or any noise that may suggest one.

Nowadays farmers are alive to the fact that it requires strong horses to perform efficient work on the farm.

A stumbling horse is dangerous, and is usually made so by bad shoeing. Go to an intelligent, expert shoer.

Any good cellar in which an even temperature of 40 degrees can be maintained will do for bees.

As foaling time approaches, the mare needs the best of care and the most careful feeding.

## NOTES FROM MEADOWBROOK FARM



Look out for the weak colonies of bees and give them honey from those that have more than they need. Thousands of colonies starve to death every winter. If you feed the bees sirup be sure it is not too thin or too thick will result. Three parts water and four of sugar will be about the right mixture.

In order to maintain the fertility of our soil we must farm scientifically in the future, and it will be necessary for us to adopt the practical methods of live stock farming which have been in vogue in Great Britain for many years.

A team with one horse fretting and fuming to go faster and rushing ahead at every opportunity, and with the other horse willing to take life easy, is anything but conducive to a pleasant frame of mind.

As the nation has raised the largest corn crop in its history farmers should be in a little better condition than ever before to hold back enough corn to tide them over until the 1911 crop is in the crib.

Don't put off breaking and turning your land till spring, and then jump in and try to do in a week work which, if properly done, would require several months' steady grind.

Anyone can easily see that bone is one of the best feeds for producing eggs, as the fat assists in forming the yolk of the eggs and also in sustaining the fowl in winter.

Simply laying the grape vines on the ground will often save them from winter injury. Throw a little earth or evergreen branches on them to make sure.

Calves will begin to nibble at bright hay or grass by the end of the first two or three weeks, and some of it should be kept where they can reach it.

Cull out the worthless members of the flock and save your profits. They be kind to the biddies and they will be kind to you in filling your egg basket.

One of the best preventives of scratches in horses is to keep the feet clean. If mud is permitted to dry on the fetlocks irritation is likely to ensue.

Oyster-shells ground fine are excellent for supplying lime. A pound of shells contains enough lime to thoroughly coat seven dozen eggs.

The pig, like every other young animal, loves to be alert and to be moving about with all the freedom which belongs to such a nature.

Sheep and lambs should not be allowed to run in the same pasture or the lambs will be in great danger of becoming infected with disease.

The water-holding capacity of the soil is enormously increased by the presence of large quantities of decaying organic matter or humus.

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Butter is a good price. Feed is comparatively cheap, especially so if you have saved all of your roughage, such as cornstalks, the best of your straw, and things of that sort which frequently go to waste. This being true, dairying should bring good returns this winter provided the cows are fed liberally enough to produce large quantities of milk.

Disorder of the digestive functions afflicts lambs most severely. White scour affects the unweaned lamb. This appears to be the passing of undigested milk. Change the ewe's feed, providing poorer hay with ground oats and corn with a sprinkling of linseed-meal.

If a cow has an apple or similar obstruction lodged in her throat, it can be removed by pouring a pint of melted lard down her throat. This will make the animal strangle and cough, and in the struggle the obstruction will be dislodged.

The common opinion that sheep should be kept as scavengers and that they will thrive best on the farm that is too poor for other kinds of live stock is twin brother to the opinion that white beans thrive best on a poor, thin soil.

It is scarcely necessary to suggest that it is good policy to make a close examination of any newly purchased hogs and be assured that they are absolutely free from lice before they are turned with the other hogs.

It is much better practice to raise heifer calves from the best cows in the herd to keep up the number of profitable milkers than to depend upon buying the mature animals as needed.

Start the trap nests so it can be known which are the best winter layers. Almost any old hen will lay in spring and summer; it takes a good hen to lay in late fall and winter.

The use of the separator is no longer an experiment with the farmers and dairymen, as most every farmer keeping two or more cows is using one at the present time.

Plowing not only loosens up the soil but more of it is thus exposed to the action of the sun, air and frost. Stubble, weeds, etc., are buried and so changed into humus.

Milking must be done quickly. Quickly and thoroughly. Anything that irritates the cows such as roughness, or slow milking will shorten the milk flow.

An acre of land which produces a ton of dry hay must contain moisture enough so that the growing crop can pump up approximately 500 tons of water.

Cold-frames, hot-beds, green-houses and mushroom caves are all used for forcing rhubarb, but lacking these, one may utilize an ordinary root cellar.

Some folks are still housing their hens under the barn, where the wind sweeps through, fearfully cold. These are the folks who are sure hens don't pay.

Use a low, wide-tired wagon in the orchard, and thus avoid cutting up the sod and dragging the lower limbs over the bed, peeling and breaking them.

A properly-conditioned draft horse, with its necessary education largely completed, is one of the most perfectly-finished products of the farm.

There is solid satisfaction and encouragement for a man to do his best in driving a well-mated team that responds to good horsemanship.

The time is here when thought must be given to the comfort of the cows if their owners expect to sleep with no twinge of conscience.

Some few exact conditions are necessary in the production of ducks for either market or breeding purposes for best possible results.

It is one thing to buy a big gasoline engine of the most approved make and quite another thing to start it in very cold weather.

Currants need little protection except from deep snows, which sometimes break down the branches when setting in the spring.

Damp floors cause roup in the flock. If floors are of dirt, it is wise to keep them covered well with straw, clean hay or leaves.

Ranking as the best in evergreen hedges may be mentioned hemlock and Norway spruce and American arbor vitae.

The farmer can, by observation and experiment, determine which are the best pasture plants for his section.

Judicious feeding, proper exercise and warm, dry quarters are the best preventives of rheumatism in hogs.

High, well-drained soil is best, but the grape will grow on almost any kind of soil and exposure.

While chickens require considerable water for drinking purposes, ducks require more.

## TIMELY SUGGESTIONS THAT WILL HELP THE HOSTESS

A Jolly Out-Door Party.  
This was a decided success, for the children were so enthusiastic. The affair took place in the country, but I do not think a city back yard or a park would fall short of the requirements. Of course, all depends upon the weather, for this party requires snow and a frozen pond, if possible.

The hours were from five to eight, and it was quite dark when the gay youngsters assembled. The mothers had been instructed to dress the little guests, who were from ten to fourteen, very warmly with sweaters and mittens. Japanese lanterns were strung all over the lawn and twinkled brightly in the darkness; then there were huge bonfires built along the edge of the pond with caretakers to watch for sparks. There were skating races, running races, tobogganing and a merry game of Hare and Hounds, with red confetti for "scent." The last stunt was storming a snow fort, the children being divided into two sides, white men and "Indians." After this excitement they were called in to a supper consisting of piping hot oyster soup, hot buttered crackers, olives, turkey sandwiches, then ice cream in shape of snow balls with a little flag in the top of each ball; the cakes were balls, too, rolled in cocoanut form and then in sweet chocolate grated. A big sleigh took all the children home, each with a tin horn which was tied with scarlet ribbon. The horns were presented when good-bys were said.

For St. Agnes' Eve.  
Friday, the 20th, brings Saint Agnes eve, a special day in the old-time calendar. At this season, young girls were wont to peer into the future to discern the characteristics of their future husbands. They resorted to all sorts of tricks and used rosemary and thyme, as custom, or tradition rather, proclaimed them the flowers for that day. It was the time for love prophecies, so it would be an auspicious time for an engagement announcement, or for a bridal luncheon.

White flowers, with a white menu as far as possible, would be pretty, passing with dessert a tray of marshmallows and a wee glass candlestick containing a white candle, one for each guest to be taken as souvenirs. Toasting marshmallows at the table and watching to see whose candle burns the longest, makes a happy finale to a luncheon or dinner. The first candle to go out foretells, "no wedding for a year," the one with a flickering flame denotes an interrupted courtship; the one that burns clean and clear to the socket means a wedding within a year.

A January Luncheon.  
This pretty luncheon was hastily arranged in honor of a friend who was going away, and by accident the hostess learned the day set for her entertainment was also her friend's birthday. As the guests were all very intimate friends and only too glad of the opportunity to show some attention to the departing guest, they all contributed a small sum with which the hostess purchased a charming garnet bar-pin. It was tied to a bouquet of red roses. On the card was written this couplet, allotted to the month of January:

By her, who in this month is born,  
No zealous garnets should be worn;  
They will insure her constancy,  
True friendship and fidelity.

The flower for the month is the pearly snow drop, and there was a huge bunch of them in a red Bohemian glass bowl for the table centerpiece. Red candles were used with shades of the same color, and a lovely fire blazed in the grate. Altogether it was a most hospitable affair. With the dessert of frozen pudding came a birthday cake with the name of the guest picked out in small red candies. The cake was on a candle board surrounded by a circle of blazing red candles. Each guest made a wish and blew one out before the cake was cut. After this the maid brought in the bouquet on a silver tray and the pin tied in a wee white box with garnet ribbon was discovered.

MADAME MERRI.

## Paris Frocks for Girls



THE dainty frock at the left is of white marquisette. The skirt, forming a tunic, is gathered at the top and bottom and finished with a wide band of the material, which is trimmed with tubular pearl beads and ornamented with motifs composed of crystal beads and pink roses. This is edged with pale blue liberty and falls over two flounces of the marquisette, which are encircled with tucks, trimmed with the tubular pearl beads and edged with the blue liberty.

The corsage has a plain corselet of the material edged with the blue, and the sleeves and bretelles are tucked and trimmed like the flounces. A garland of little pink roses finishes the round, low neck, and the giraffe is of the light blue liberty flanneled at the back with knotted sash ends.

The other frock is of pale salmon-colored voile. The corselet skirt is made in two parts, both plaited. The lower part is attached underneath the upper to a plain, flat yoke. Both are bordered with wide bands of white lace insertion.

The kimono corsage is trimmed with the lace and knots of silver ribbon are used to ornament the front of the frock.

There is a new and delightful doll on the market this year. These dolls come in sets and represent epochs of American history. Beneath each doll is a little story that is educational as a history lesson for young folks, and each doll has several different gowns. The faces of the dolls and their gowns are historically correct, having been taken from authentic historical paintings. The first sets show Columbus and the king and queen of Spain and others renowned in the discovery of America. Then come the Indians, the Puritans, George Washington, etc.

Brocade for Workbags.  
Charming workbags are made of old brocades in dull tones with tarnished gilt fringe or embroidery.

In the center of the side is framed an oval picture of a beauty of the French court, outlined with tarnished gilt cord. Others have bouquets of dull gilt roses, or flowers of dull toned narrow ribbon, appliqued.

The drawstrings are of tarnished gilt cord and sometimes a plain taffeta, in a dull, quaint color, is used with the brocade for the upper part of the bag.

As far as possible, would be pretty, passing with dessert a tray of marshmallows and a wee glass candlestick containing a white candle, one for each guest to be taken as souvenirs. Toasting marshmallows at the table and watching to see whose candle burns the longest, makes a happy finale to a luncheon or dinner. The first candle to go out foretells, "no wedding for a year," the one with a flickering flame denotes an interrupted courtship; the one that burns clean and clear to the socket means a wedding within a year.

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## DO YOU GET UP WITH A LAME BACK?

Have You Rheumatism, Kidney, Liver or Bladder Trouble?

Pain or dull ache in the back is evidence of kidney trouble. It is Nature's timely warning to show you that the track of health is not clear.

Danger Signals.  
If these danger signals are unheeded more serious results follow: Bright's disease, which is the worst form of kidney trouble, may steal upon you. The mild and immediate effect of Swamp-Root, the great kidney, liver and bladder remedy is soon realized. It stands the highest for its remarkable curative effect in the most distressing cases. If you need a medicine, you should have the best.

Lame Back.  
Lame back is only one of many symptoms of kidney trouble. Other symptoms showing that you need Swamp-Root are, being obliged to pass water often during the day and to get up many times during the night.

Inability to hold urine, smarting in passing, uric acid, headache, dizziness, indigestion, sleeplessness, nervousness, sometimes the heart acts badly, rheumatism, bloating, lack of ambition, may be loss of flesh, sallow complexion.

Prevalence of Kidney Disease.  
Most people do not realize the alarming increase and remarkable prevalence of kidney disease. While kidney disorders are the most common diseases that prevail, they are almost the last recognized by patient and physicians, who usually content themselves with doctoring the effects, while the original disease constantly undermines the system.

A Trial Will Convince Anyone.  
In taking Swamp-Root you afford natural help to Nature, for Swamp-Root is a gentle healing herbal compound.

EDITORIAL NOTICE.—To prove the wonderful merits of Swamp-Root you may have a sample bottle and a book of valuable information, both sent absolutely free by mail. The book contains many of the thousands of letters received from men and women who found Swamp-Root to be just the remedy they needed. The value and success of Swamp-Root is so well known that our readers are advised to send for a sample bottle. Address Dr. Kilmer & Co., Binghamton, N. Y. Be sure to say you read this generous offer in this paper. The genuineness of this offer is guaranteed.



Swamp-Root always keeps up to the high standard of purity and effectiveness of every bottle.

Swamp-Root is a physician's prescription for special diseases.

Regular fifty-cent and one-dollar size bottles at all drug stores.

Don't make any mistake, but remember the name, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., which you will find on every bottle.

## TOO FREQUENT.



Connie—Why did you quarrel with Dick?  
Grace—Why, he proposed to me last night.  
Connie—What of that?  
Grace—Why, I accepted him only the night before.

Funds to Fight Tuberculosis.  
Based on reports from all parts of the United States the National Association for the Study and Prevention of Tuberculosis has issued a statement which shows that in 1910 nearly \$15,000,000 was spent in the fight against tuberculosis, as opposed to \$8,000,000 spent in 1909. The largest item of expense in 1910 was for treatment in sanatoria and hospitals, \$11,376,500 being expended for that purpose, or more than double the amount for 1909. The anti-tuberculosis associations spent \$760,500, and the tuberculosis dispensaries \$889,000. The special municipal and state expenditures aggregate \$1,750,000.

The statement declares that the most significant fact in the survey of the year's work is the increase in the percentage of public money spent. While in 1909 53.5 per cent. of the total expenditure was from federal, state, municipal or county funds, 62.6 per cent. came from public appropriations in 1910. The actual amount of public money spent in tuberculosis work this past year was \$9,267,900, or more than double the amount from this same source in 1909. This fact indicates, the national association declares, that anti-tuberculosis associations are gaining ground, by securing increased appropriations from public money.

Hardened.  
Scott—Is it true that Cooleigh is financially embarrassed?  
Mott—He's fearfully in debt, but it doesn't seem to embarrass him much.

BEAUTIFUL POST CARDS FREE.  
Send 2c stamp for five samples of our very best Gold Embossed, Gold Luck, Flower and Motto Post Cards. Beautiful colors and loveliest designs. Art Post Card Club, 731 Jackson St., Topeka, Kan.

She Raved.  
Mr. Burble—That elocutionist is some cown. Isn't she?  
Mr. Bored—A raving beauty.

Ever notice what poor care other people take of their health?

Mr. Winslow's Soothing Syrup.  
For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. See a bottle.

When a woman has an eye for the beautiful she hunts up a mirror.

Many people suffer from weak hearts. They may experience shortness of breath on exertion, pain over the heart, or dizzy feelings, oppressed breathing after meals or their eyes become blurred, their heart is not sufficiently strong to pump blood to the extremities, and they have cold hands and feet, or poor appetite because of weakened blood supply to the stomach. A heart tonic and alternative should be taken which has no bad after-effect. Such is Dr. Pierce's Golden Medical Discovery, which contains no dangerous narcotics nor alcohol.

The ingredients, as attested under oath, are Stone root (Coffeina Canadensis), Bloodroot (Sanguinaria Canadensis), Golden Seal root (Hydrastis Canadensis), Queen's root (Silybia Silybatica), Black Cherry bark (Prunus Virginiana), Mandrake root (Podophyllum Peltatum), with triple refined glycerine, prepared in a scientific laboratory in a way that no drug could imitate.

This tonic contains no alcohol to shrink up the red blood corpuscles; but, on the other hand, it increases their number and they become round and healthy. It helps the human system in the constant manufacture of rich, red blood. It helps the stomach to assimilate or take up the proper elements from the food, thereby helping digestion and curing dyspepsia, heart-burn and many uncomfortable symptoms, stops excessive tissue waste in convalescence from fevers; for the run-down, anemic, thin-blooded people, the "Discovery" is refreshing and vitalizing. Stick to this safe and sure remedy, and refuse all "just as good" medicines. Look for the Great One who is looking for a larger profit. Nothing but Dr. Pierce's Golden Medical Discovery will do you half as much good.

## The Army of Constipation

In Growing Smaller Every Day.  
CARTER'S LITTLE LIVER PILLS are responsible—they not only give relief—they permanently cure Constipation. Small Pills, Small Dose, Small Price. Contains neither Opium nor Mercury. **Signature** *W. D. Carter*

## 44 Bu. to the Acre

For a heavy yield, but that's what John Kennedy of Minnesota, Albert West of Wisconsin, and other farmers from all over the West, are getting from 120 acres of 44 Bu. to the Acre. This is the result of using Carter's Little Liver Pills. It is the only one that cures constipation. Write for a free trial bottle. Address: Carter's Little Liver Pills, 111 N. 2nd St., St. Paul, Minn.

## The Silver Cup

At the recent Spokane Fair was awarded to the Western Canada Free Show the Silver Cup for the best exhibit of grain, grasses and other products. The exhibit was made up of 100 acres of 44 Bu. to the Acre. This is the result of using Carter's Little Liver Pills. It is the only one that cures constipation. Write for a free trial bottle. Address: Carter's Little Liver Pills, 111 N. 2nd St., St. Paul, Minn.

## Biliousness

"I have used your valuable Castor Oil and I find them perfect. Couldn't do without them. I have used them for some time for indigestion and biliousness and am now completely cured. I recommend them to every one who suffers from biliousness. Without them you will not be without them in your family."—Edward A. Marx, Albany, N.Y.

Painful, Pale, Puffy, Puffy, Puffy. Do Good. Never Sold in Bulk. The Good also tablet stamped C.C. Guaranteed to cure or your money back.

KNOWN IN THE MOST RELIABLE PLANTERS' C & C BLACK CAPSULES. SUPERIOR REMEDY FOR MEN. 50c PER BOTTLE. Write for a free trial bottle. Address: Carter's Little Liver Pills, 111 N. 2nd St., St. Paul, Minn.

5 Fine POST CARDS FREE. Send only 2c stamp and receive 5 very finest Gold Embossed Cards FREE, to introduce our new and improved Capital Card Co., Dept. 70, Topeka, Kan.

PATENT secured or fee returned. Free examination of Patent. Write for a free trial bottle. Address: Carter's Little Liver Pills, 111 N. 2nd St., St. Paul, Minn.

PATENT YOUR IDEAS. They may bring you wealth. 64-page Book Free. Est. 1888. Fitzgerald & Co., Pat. Attys., Box 8, Washington, D.C.

W. N. U., OMAHA, NO. 2-1911.

## Weak Heart

Many people suffer from weak hearts. They may experience shortness of breath on exertion, pain over the heart, or dizzy feelings, oppressed breathing after meals or their eyes become blurred, their heart is not sufficiently strong to pump blood to the extremities, and they have cold hands and feet, or poor appetite because of weakened blood supply to the stomach. A heart tonic and alternative should be taken which has no bad after-effect. Such is Dr. Pierce's Golden Medical Discovery, which contains no dangerous narcotics nor alcohol.

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TAKE A DOSE OF PISO'S THE BEST MEDICINE FOR COUGHS & COLDS