A USEFUL QUALITY.

"This watch of mine is absolutely waterproof."

"That is a great idea. It will not hurt the works when you 'soak' it.."

A Protection Against the Heat.

When you begin to think it's a personal matter between you and the sun to see which is the hotter, buy yourself a glass or a bottle of Coca-Cola. It is cooling—relieves fatigue and quenches the thirst. Wholesome as the purest water and lots nicer to drink. At soda fountains and carbonated in bottles—5c everywhere. Send 2c stamp for booklet "The Truth About Coca-Cola" and the Coca-Cola Baseball Record Book for 1910. The latter contains the famous poem "Casey At The Bat," records, schedules for both leagues, and other valuable baseball information compiled by authorities. Address The Coca-Cola Co., Atlanta, Ga.

According to Her Count.

"Yes," said the young wife; "Philip and I have lived together a whole year, and we've never had the slightest quarrel."

"What are you talking about! You and Philip were married seven years ago!"

"To be sure we were, but you forget that he's a traveling salesman."

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

Not Transferable.

Miss A. had on a skirt of delicate fawn color, which the others coveted.

"Do bequeath that skirt to me, Miss A.," said one friend; "it matches a waist of mine exactly."

"I don't see what you want of this old skirt," Miss A. replied. "It's on its last legs now."—Success Magazine.

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Chas. H. Fletcher.

In Use For Over 30 Years.

The Kind You Have Always Bought.

Good Scheme.

"It's a shame," commented the friend of the restaurant proprietor.

"What's a shame?" asked the restaurant man in surprise.

"Why, that you should give that pretty waitress all the tough steaks for the patrons at her table."

"Oh, I pay her extra for that. You see she is so pretty not one man would kick if the steaks were so tough they pulled his teeth out."

Why He Whitewashed.

A country doctor tells a story of a man who moved into a dilapidated old cottage, and was found by the doctor busily whitewashing it inside and out. "I'm glad to see you making this old place so nice and neat," said the physician, "it's been an eyesore in the neighborhood for years." "'Tain't nothing to me about eyesores," was the reply. "The last couple what lived here had twins three times, and I hope whitewash is a good disinfectant. Ye see we've got ten children."

Honored by the Governor.

Effusive compliments have been paid to Governor Marshall many times, but it remained for an old Irish woman to cap the climax.

The governor met her at a funeral which he attended the other day and she was full of reverence for the Indiana executive.

"Ah," she said, "an' 'tis the guv'nor," and she swallowed up the governor's slim right hand in her own right hand, made large and muscular by many days of toil. "Yis, 'tis the guv'nor, an' it's glad I am to see ye guv'nor, an' indade the corpse is honored by your prisince."—Indianapolis News.

Post Toasties

with strawberries and cream.

A delightful combination that strongly appeals to the appetite.

The crisp, fluffy bits have a distinctive flavour and are ready to serve from the package without cooking.

Convenient,

Appetizing,

Healthful food.

"The Memory Lingers"

Popular pkg. 10c.

Family size, 15c.

Postum Cereal Co., Ltd. Battle Creek, Mich.

TRAINING OF SEALS

Old Circus Man Tells How Tricks Are Taught.

Balancing the Ball, Beating the Drum and Cymbals Are All Based on the "Nature of the Brute."

New York.—The mere spectator usually thinks that trained seals are the finest product of the circus menagerie; but according to an old trainer, it is a simple trick to teach them their feats. The cardinal principle is, not to attempt to make an animal do anything contrary to the nature of its particular species. To be successful, then, the trainer must know enough about the habits of the animals to enable him to fit the tricks to their needs. He must not try to make an elephant climb or a lion play the drum.

"You begin with one seal, a lot of little pieces of fish, and a bit of string. You let the seal sit on his pedestal, which he likes to do by nature; then you throw him one of the pieces of fish, and he naturally and easily catches it.

"Next you tie a piece of fish on the end of your string, and swing it toward the seal, he catches that, too, and you keep moving away from him, and swinging the reward to him from an increasing distance. Now you are ready to begin with the hat or cornucopia; placing and tying a bit of the fish up in the tip of it, you toss it to the seal. He is dextrous by nature, and his nose, detecting the fish up in the cone, quickly seeks it. He bites it out and tosses the cone aside. Before long he comes to associate that cone with his loved fish, and he will catch any number of similar ones, and toss them aside when he fails to find what he wants. That's all there is to the trick, you see.

"Balancing the big rubber ball is based on the same principle. The ball is soaked in fishy brine, and thrown to the seal. He gets the odor and tries his best to get into the ball and find what he's after. This results in his balancing the ball on his nose, a feat for which his quickness,

Seal in Balancing.

his supple, muscular neck and his natural feeding habits are all adapted, and then he gets his piece of fish as a prize.

"The man working with seals thinks to himself, 'What else do seals do naturally.' And the answer comes, 'They like to slap and beat round with their front flippers.' Here is the basis for a good and effective trick. Down on the side of the pedestal on which the seal is placed, an automobile horn is fastened, or a little drum, or a tin pan. The seal, in the excitement of being fed, slaps with his flipper for all he's worth, and you can see that with a few simple adaptations, such as tying a cymbal to the flipper, for instance, a seal band is assembled and sets the audience wild by its comic and clever performance.

"It's all so simple, you know—when you are on the inside."

A MODEL FOR SMALL MIMICS

Parents Must Remember That Youngsters Are Usually Observing and Imitative.

Few parents realize the value of mimicry in keeping a home peaceful. As the mother or father is, so is the child—usually.

If mother snaps, whines or sneers, so will small Willy and Betty; if father is given to storming or swearing he has no right to punish his young son for similar bad language or uncontrolled temper.

Don't you believe children's dispositions are subject to mimicry? Note the way they talk and act some day when you are particularly irritable and show it in voice and manner.

Before the day is over it will be surprising if Willy and Betty are not copying exactly your frown, your cross answers, and your general bad temper.

Don't feel it your duty to punish the children for your bad example. Try the effect of studiously setting them a good model to copy.

If mother laughs when things go wrong, the youngsters will laugh, too. Try the laughing cure for household friction. It is a wonderful lubricator of the home life.

Imparting a Lesson.

Nan—Jack, out of the corner of my eye I saw you looking at me when the preacher gave out the text, "A new commandment I give unto you, that ye love one another."

Jack—Yes, and you didn't blush the least bit.

Nan—Certainly not. "Love one another" is a general command. If it had been "that ye love each other" I am not sure, bu—you stop that, right now!

Looked the Part.

"This suburb speaks for itself," declared the real estate agent. "People are simply crazy to purchase houses here."

"Umph!" grunted the prospective victim, gazing doubtfully about the dreary road. "I believe that."

For the Hostess

Chat on Interesting Topics of Many Kinds, by a Recognized Authority

For July Fourth.

It does not seem possible that our greatest of national holidays is again so close at hand.

All during this week and next, social functions may carry out patriotic features. As the "glorious Fourth" comes on Monday, celebrating goes on both "before and after," much to the small boy's delight.

Several card clubs are planning for military euchre. Sets may be purchased, and consist of large flagpoles with holes in them to hold the little flags. It is, however, quite impossible to make your own. In this case a fort may be made for each table with a dish or a small bright tin pan filled with sand. Each fort is named instead of the table being numbered, and the tally cards have on them the names of the forts, four or six bearing the same name. This, of course, will depend upon whether the game is four or six handed euchre.

The tally cards are drawn and when the players find their forts they "cut" to see which two or three shall hold the fort. Then it does not matter who wins, the two or three drawing the lot to progress must go on until they again reach their own fort, when they are permitted to hold it and the original holders progress.

The winners of each game at each table are given a small flag which they carry back and plant on their own fort. When the games are finished the fort having the most flags wins, so four or six prizes must be provided, one for each player at that particular fort. The military colors and idea should be carried out as far as possible in the refreshments and whatever decorations may be used. Red, white and blue are not difficult colors to obtain in anything but flowers, where the blue fails, if neither corn flowers nor forget-me-nots are obtainable. Crepe paper or ribbon may help out.

Ice cream may be served in balls piled up to represent cannon balls, with a tiny silk flag waving from the top of each ball.

Fourth of July Tangle Party.

Next Monday will be the time for this amusing party, for which all the favors and prizes will be of a patriotic character. The shops are full of novelties and a hostess who cannot find her wishes granted must be hard to please. The confectioners have delicious candies done up like firecrackers so realistic that a small lad tried to shoot one before he discovered his mistake. In fact, they are the only kind of firecrackers mothers seem to care for.

The invitations for this party read: "Miss Sally Parks desires Miss Mildred Jones' presence at a 'Ntlage Yaptr' on Saturday, July 3, from 8 to 11."

It took a little juggling with letters to find out just what kind of party it was and when they did get the words the guests were not much wiser. Mystery is always delightful, especially when one is to be entertained.

The first tangle was unraveling or rather untangling worsteds, the partners being chosen by matching quotations cut in halves. The prize was awarded after each event. "Tangled Celebrities" came next, being the names of famous persons transposed There were ten names and five minutes were allotted for making them plain. Partners were found for this by hunting and matching animal crackers. The third and last tangle was the very best.

A lot of imitation firecrackers (made of candy) were tied to a string and made into a perfect maze, cobweb fashion, each person being given an end to untangle, taking off firecrackers as they were found. The one who got the most crackers off in a given space of time not only had the spoils to eat, but a funny cannon cracker box filled with delicious candy cannon balls.

A Grown-Up Hide and Seek Party.

In search of something new, a young surburban hostess devised and carried out a delightful outdoor party for 20 young lads and lassies. It was the brightest moonlight and the grounds were large, with plenty of trees and shrubbery.

Regular old-fashioned "hide and seek," including "counting out," was played for an hour, then all went inside for refreshments and a jolly sing. There was a bowl of frappe on the porch easy of access to all.

MADAME MERRI.

For Black and White

ALL-WHITE, and also black and white effects will be adopted generally when the very warm weather sets in. The costume pictured combines most fashionably—and fascinatingly—white ninon and crepe de chine, with embroideries wrought in black and white floss silks, just a touch of lace being introduced at neck and sleeves, and then outlined with buttons of black. A big black straw hat, underlined with velvet and trimmed with just one long and lovely ostrich feather (set a little toward one side in front and curving back over the crown with no ornament of any kind to hide its "stem") will look perfect with such a gown—and, indeed, with almost any other—and, to complete the half-mourning suggestion have black silk stockings and antelope shoes. You should also invest in one of the new tall-handled sunshades (in black silk), with a great round plaque of polished wood, to surmount the handle and form quite a convenient resting place for hand or elbow when you want to strike an effective pose!

LATEST IN CORSET COVERS

New Idea Reduces to Minimum Objectionable Fulness at the Waist Line.

With the advent of sheer summer blouses, corset covers take on new importance. Those that slip over the head are in favor, as in others the buttonholes show. The chief objection is the fulness at the waistline.

To avoid this two of the season's corset covers have admirable touches. This gives an unbroken line of embroidery. One has the lower part adjusted to the band at the waistline, with a slit in the middle front reaching almost to the bust line. This is turned back and finished like a vent to overlap. The other has a similar slit, but the seams are curved at the sides to take away the fulness. There is no band, and the front has eyelets on each side and is laced to fit smoothly.

Daily Thought.

A cowardly cur barks more fiercely than it bites.—Quintus Curtus Rufus.

Going-away Coats.

An enterprising English dressmaker fills in her spare time making "going away coats" for little dogs. This would indicate that the American belle, who carries in her arms the small mite of a dog is not the only foolish woman in existence.

It is said that these little coats are fashioned of velvet or cloth to match the bride's traveling gown, but to the practical they suggest only those very wonderful blankets we made in our little-girl days for brother's wooden horse.

Pockets, we are told, for the handkerchief and for four gutta-percha shoes for doggie finish the coat.

Stumped the Pastor.

A Connecticut pastor was questioning a boy pupil of the Sunday school. The lad answered greatly to the satisfaction of the good man, but finally the latter was stumped when the youngster made his last reply. "What commandment, my son, did Adam break when he ate the apple?" asked the pastor. "Please, sir," returned the boy, "there were no commandments at that time."

TRIFLES FOR TABLE

SMALL DELICACIES THAT FINISH THE MEAL.

Filled Cookies Will Be Appreciated by Both Old and Young—Recipe for Eagle Cake—French Fried Toast.

Filled Cookies.—Ingredients: Two cupfuls of rolled oats, three cupfuls of flour, one scant teaspoonful of salt two cupfuls of sugar, one cupful of shortening, one cupful of sour or buttermilk, one teaspoonful of soda dissolved in the milk, one pound of washed and seeded dates pressed perfectly flat. Cream the sugar and shortening, mix flour, oatmeal and salt, and add alternately with milk. If the dough is not quite stiff enough use a little more flour. Roll the dough very thin, cut with the cookie cutter, then lay each one on a pressed date and on the date another layer of dough. Bake to a light brown.

Eagle Cake.—Cream together one-half cup butter and one cupful brown sugar. Add one cupful sour milk into which has been stirred a teaspoonful soda, two teaspoonfuls cinnamon, one-half teaspoonful cloves, two cupfuls flour and one cupful chopped and floured raisins, and bake in a loaf.

French Fried Toast.—Beat two eggs and add one cup of sweet milk and a little salt; a little sugar may be added to the milk if desired. Dip slices of bread into the mixture, allowing them to absorb a little of it, then crown the slices on a hot, buttered griddle or a thick-bottomed frying pan. Butter and serve hot.

Bread and Butter Folds.—Cut bread in thin slices, take up in pairs, remove crusts and cut into strips an inch and a half wide by four inches long Spread lightly with creamed butter, plain or flavored, fold together, press the edges, and arrange log-cabin fashion on a dainty plate.

Cream Strawberry Pie.—Line a pie plate with a puff paste, and fill with strawberries. Strew these thickly with sugar. Put a top crust on the pie, first rubbing the edge of the lower crust with butter to prevent their sticking. Bake to a light brown. When cold, lift the cover of the pie and put under this top crust a great cupful of whipped cream. Replace the crust and sprinkle this with powdered sugar.—Harper's Bazar.

Chowchow.

This is one of my most valued recipes and has been used in the family for three generations, and adding to its value is the fact that it can be made at any time of the year and will keep indefinitely. Chop fine two large heads of cabbage, ten large onions, pack down in a jar with a little salt between each layer. Put heavy weight on top and let stand 24 hours. Prepare vinegar as follows: One gallon of vinegar sweetened to taste, two ounces of celery seed, two ounces of white mustard seed, two ounces of ground mustard, and two ounces of turmeric. Let it get hot, then add the cabbage and onions and let scald thoroughly.

Latest Hot Dishes.

Very attractive placques for the table are of crystal and silver, with a lace or embroidered doily between the two parts of the glass.

They are round or oval, and are in a wide variety of sizes and designs. The two sections of glass are held in the filigree silver frame, which screws together, and the doilies are placed between the glass placques. They are saved from wear and from becoming soiled, but still feature as a dainty addition to the table.

Rice Balls.

Take hot cooked rice, season with salt, pepper and butter and add very finely minced chives and parsley—a tablespoon of chives and a teaspoonful of parsley to each cupful of rice. Mix well and form into small balls the size of a walnut and set away to get cold. When ready to use, dip each ball into beaten egg, roll in ground peanuts and fry a golden brown in boiling fat. Drain and serve as a garnish to meat or game.

Onion Juice.

Cook books usually say that onion juice should be extracted by cutting an onion in two and rubbing the cut surface against a grater. Considering how hard it is to wash a grater, this method has its drawbacks. Small amounts of juice may be obtained in the following simpler way: Peel the onion and extract a few drops of juice by pressing one side with the dull edge of a knife.

Anchovy and Olive Sandwiches.

Mix to a paste two tablespoonfuls fresh butter, two tablespoonfuls anchovy paste, a half dozen minced olives, a teaspoonful lemon juice and a dash each of mustard and cayenne or paprika. Spread on thin slices of whole wheat or graham bread, press the slices together, and with tin cutter stamp into small fancy shapes.

Bananas and Peanuts.

Take a cupful of salted peanuts and put through the food chopper. Take ripe bananas, cut in halves, place in dripper and sprinkle with sugar. Bake 12 to 15 minutes in moderate oven. Spread slices of buttered bread with peanuts and serve with banana slices hot on top.

Hard Gingerbread.

One cupful of sugar, one cupful of molasses, two-thirds of a cup of butter, two-thirds of a cup of sour milk, two teaspoonfu's of ginger, two teaspoonfuls of soda, flour to roll. Roll thin and bake in quick oven.

Plain Cookies.

One-half cupful of butter, one-half cupful of lard, two cupfuls of sugar, two eggs, three-fourths cupful of sour cream, one teaspoonful soda, one pinch salt, nutmeg, and vanilla flavoring. Flour, not too stiff.

Impractical Advice.

"An artist," said Mr. Teechum, "should strive to reproduce what is nearest to his thought and deepest in his affection." "Yes," replied the mercenary genius, "but the laws against counterfeiting currency are so severe."

RECOGNIZES A GOOD WORK

Ex-President Roosevelt Pays Enthusiastic Tribute to Mission Hospitals.

In Uganda, Mr. Roosevelt responded to an invitation to open a new addition to the Mengo C. M. S. hospital. Mr. Roosevelt said:

"Long before I came here I had known of the work that was being done in Uganda, and felt particularly anxious to see it. Here you have a particularly intelligent native race, which has already developed a very interesting culture of its own, a culture both political and social. And the great work must of necessity be to try to help that race onward, and to try to do it in a practical fashion, and to do it so that the doing of it shall be primarily a benefit to the race, and, secondly, a benefit to your own people from whom you come.

"I have the strongest feeling as to the good that is being done by the medical missionary. There must be some visible fruit in the life and work of the man who preaches if his preaching is going to have a very great effect upon those to whom he preaches. That visible fruit can be shown in many different ways, and one of the most efficient ways of showing it is by just such work as is being done in connection with this building, which it will naturally be a source of peculiar pride to myself to have my name associated with, and which I now take pleasure in declaring to be open."

IN A SERIOUS CONDITION.

A Case of Terrible Kidney Trouble.

Henry Palmer, Cole and Walnut Sts., Barnesville, O., says: "My kidney trouble was caused by hardships and exposure in the army. The awful pains across my back gradually became more severe until I was in constant misery. My feet and hands were swollen to twice their natural size. The kidney secretions were in a terrible condition—for months I voided what seemed to be clear blood. I became so dizzy everything seemed to whirl. My condition was alarming when I began using Doan's Kidney Pills. Before long I improved and was soon strong and well."

Remember the name—Doan's.

For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Didn't Know the Purpose.

Mark Twain, as an example of unconscious humor, used to quote a Hartford woman who said one day in the late spring:

"My husband is the dearest fellow. 'Jim,' I said to him this morning, 'are you very hard up just now?'

"'I certainly am hard up,' he replied soberly. 'This high cost of living is terrible. I don't know what I'm going to do.'

"'Then, Jim,' said I, 'I'll give up all thought of going to the country for July and August this year.'

"But the dear fellow's face changed, and he said:

"'Indeed, then, you won't, darling. I thought you wanted to buy a hat with an aigrette or some such foolishness. No, no, my darling—Jim can always find the money to let his dear little wife go to the country.'"

An Almost Universal Prayer.

"Among the late Bishop Foss' anecdotes about prayer," said a Philadelphia Methodist, "there was one concerning a very original Norristown preacher.

"This preacher, in the course of a long prayer one Sunday night, recounted the many misfortunes and evils that had befallen him in the course of his long life. Then, sighing heavily, he prayed:

"'Thou hast tried me with affliction, with bereavement, and with sorrow of many kinds. If thou are obliged to try me again, Lord, try me with the burden of wealth.'"

Paired.

She was an amiable old lady, and volunteered much information to the fair stranger who had come down to see an important event in the country town—the laying of the foundation stone of the new church.

"Yes," prattled the old lady, "that is the duke and duchess, and the couple behind them are the mayor and mayoress; and those two to the right are the vicar and—er—vixen."—Ideas.

A good word is an easy obligation; but not to speak ill requires only our silence, which costs us nothing.—Tillotson.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Candor is ever the brightest gem of true criticism.—Disraeli.

There are imitations, don't be fooled. Ask for Lewis' Single Binder cigar for 5c.

Goodness is the only investment that never fails.—Thoreau.

YOUR BACKACHE WILL YIELD

To Lydia E. Pinkham's Vegetable Compound

Bloomdale, Ohio.—"I suffered from terrible headaches, pains in my back and right side, and was tired all the time and nervous. I could not sleep, and every month I could hardly stand the pain. Lydia E. Pinkham's Vegetable Compound restored me to health again and made me feel like a new woman. I hope this letter will induce other women to avail themselves of this valuable medicine."—Mrs. E. M. FREDERICK, Bloomdale, Ohio.

Backache is a symptom of female weakness or derangement. If you have backache don't neglect it. To get permanent relief you must reach the root of the trouble. Nothing we know of will do this so safely and surely as Lydia E. Pinkham's Vegetable Compound. Cure the cause of these distressing aches and pains and you will become well and strong.

The great volume of unsolicited testimony constantly pouring in proves conclusively that Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has restored health to thousands of women.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Mrs. Pinkham at Lynn, Mass., for advice. Your letter will be absolutely confidential, and the advice free.

Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right.

CARTER'S LITTLE LIVER PILLS gently but firmly compel a lazy liver to do its duty.

Cures Constipation, Indigestion, Sick Headache, and Distress after Eating.

Small Pill, Small Dose, Small Price

GENUINE must bear signature: Brent Good

WESTERN CANADA

What J. J. Hill, the Great Railroad Magnate, Says About its Wheat-Producing Powers

"The greatest need of this country [United States] in another generation or two will be the providing of homes for the people and producing sufficient for them. The days of our prairies as a wheat exporting country are gone. Canada is to be the great wheat country."

The great railroad magnate is taking an active part of the situation by extensive railway building to the new great fields of Western Canada.

Upwards of 125 Million Bushels of Wheat were harvested in 1909. Average of the three provinces of Alberta, Saskatchewan and Manitoba will be upwards of 23 bushels per acre.

Free homesteads of 160 acres, and adjoining pre-emptions of 160 acres at $3 per acre, can be had in the choicest districts.

Schools convenient, climate excellent, soil the very best, railways close at hand, building lumber cheap, fuel easy to get and reasonable in price, water easily procured; mixed farming a success. Write us for best place for settlement, settlers' low railway rates, descriptive illustrated "Last Best West" (sent free on application), and other information, to Supt. of Immigration, Ottawa, Can., or to the Canadian Government Agent.

W. V. BENNETT, Room 4 Geo Bldg. Omaha, Neb.

(The address nearest you).

STOCKERS & FEEDERS

Choice quality; reds and roans, white faces or angus bought on orders. Tens of Thousands to select from. Satisfaction Guaranteed. Correspondence Invited. Come and see for yourself.

National Live Stock Com. Co.

At either Kansas City, Mo. St. Joseph, Mo. S. Omaha, Neb.

DAISY FLY KILLER

placed anywhere, attracts & kills all flies. Neat, clean, ornamental, convenient, cheap. Lasts All Season. Made of metal, cannot spill or tip over, will not soil or injure anything. Guaranteed effective. Of dealers or sent prepaid for 25c. HARPER SELLER 150 Hewes St. Brooklyn, New York

A Welcome Gift for Any Man

NO STROPPING NO HONING

Gillette

KNOWN THE WORLD OVER

A Clean Man

Outside cleanliness is less than half the battle. A man may scrub himself a dozen times a day, and still be unclean. Good health means cleanliness not only outside, but inside. It means a clean stomach, clean bowels, clean blood, a clean liver, and new, clean, healthy tissues. The man who is clean in this way will look it and act it. He will work with energy and think clean, clear, healthy thoughts.

He will never be troubled with liver, lung, stomach or blood disorders. Dyspepsia and indigestion originate in unclean stomachs. Blood diseases are found where there is unclean blood. Consumption and bronchitis mean unclean lungs.

Dr. Pierce's Golden Medical Discovery

prevents these diseases. It makes a man's insides clean and healthy. It cleans the digestive organs, makes pure, clean blood, and clean, healthy flesh.

It restores tone to the nervous system, and cures nervous exhaustion and prostration. It contains no alcohol or habit-forming drugs.

Constipation is the most unclean uncleanliness. Dr. Pierce's Pleasant Pellets cure it. They never gripe. Easy to take as candy.

MICA AXLE GREASE

is the turning-point to economy in wear and tear of wagons. Try a box. Every dealer, everywhere

STANDARD OIL CO. (Incorporated)