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## A othoter ouenorine, freot, tume taint biens  Mink too sere stitill livee matec ooe  <br>  多  

##  or chat with some one along the street or for triendyly gossip with next door neighbor. Sometimes it is only small

 neighbor. Sometimes it is only smalltailk but other times neighbor has
something really
good to ofer.
An old resident of Baird, Texas, got One day. I was chatting wrth one
ny neighbors about my trouble and
cold her I believed coffee hurt met My improvement began Immediate-
and 1 got better every day 1 used
ostum. My bowels became reguler in two
weeks, ail my pains were gone Now
anm weil and strong and can eat ams.
 in my family in place ot colfee and all
keep well. Theres a Reason. Reed
The Road to Welvile," In Prze.
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## ome mighty He says: Hriuking coffee left me nearly dea

 -Driaking coffee left me nearly deadwith dyspepsian, kidney disease and
owet trouble, with constant pains in
my stomach, back and side, and so
 postum a trial. I did not take her
ditce right away but tried a change
o climate which did not do me any
cood. Then I dropped contee and took amm well and strong and can eat ang.
thing $I$ want to without distress Al
of this is due to my having guit cort.
fee and to the use of Ping gestion thought that if Postum helped
me so, it might help hims It did. poo,
and he is inw well and strong again. We like Postum as well as we ever
iiked the coutena and use it altogether
in my family in place of collee and all

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## 4 <br> From the "Sunshine" Bakeries

This is where Takhoma Biscuits are made-models top floor.
Sunshine and pure air is abundant.

## Takhoma Biscuit

perfect. Yoet they cost as inte as the poorer kinds.
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LOgSE-Wiles hiscurt compant



## Headache <br> Nexin <br>  <br> 

You Need a Tonic if you feel hagguid and depressed
all the time. The best thing to

DR.D.JAYNE'S TONIC VERMIIFUGE

You Should Specify



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