

have thought of tops on the rail-

still object to their children on wheels. playing tag and spinning tops on steam cars are

and byways, and whereas the railroad train runs a favor what was theirs by right. on a schedule, the modern steam. Of course if you are merely the fine cannot eat a dinner without the use

gers that we mothers-I speak as a up with a round turn (eventually), you man-sit at our bedroom windows have no right to ask your husband for him drag you down to his level. It and calmly continue our sewing as money. You are no longer a partner is always a pity when a man or a we watch Willy elude a machine run- in the concern. He is the whole thing woman coasts from birth instead of ning at 20 miles an hour, and Jenny and he may do as he pleases with his calmly step aside to allow the pas- hard earned money. sage of a road-devouring monster, Or if you are extravagant and for want to be superior socially to anydid not even know what "chugging" ing to say.

and they begin to fall from the sky, is doing well, why, ask him this even-lof you. This will not be hard, as as they most certainly will in the ing when he comes home. Wait until they already feel they are—that is, hands of inexperienced aeronauts, he has dined (and see that the dinner if they are good Americans. If they the careful mother will at first make is a good one). Then when he is smok- are Chinese they are becomingly her children play in the house or in ing his cigar just tell him how you humble and think that the sun rises some protected playground, but after were admitted into the partnership and sets in you and your husband. awhile she will realize that this world when you were married to him, and But it is safe to say that your chilis meant to be lived in, danger or no that hereafter he will please see to it dren are not Chinese. They want danger, and she will merely say: that you have a decent allowance. "Willy, if you hear a strange noise Of course you must dress up your than you moved, and on a much highoverhead look up and dodge or I request in what diplomatic robes are at er plane than their father moves.

airship and at the same time keep in the constabulary. get to be so nimble that the race as a not having had spirit enough to ask it whole will be improved. It will be before.

Have you an allowance? If your husband is a salaried man that mother who he ought to give you an allowance, be-30 or even 15 cause it is to be supposed that you do years ago allowed your share of the work that goes to her children to the making of home and you are thereplay tag and spin fore a partner in the concern.

If your husband is an artist or a road track of a musician or a writer and is dependent trunk line? We on his skill in disposing of his work, would have called that is to say, if he is without a regher lacking in ular salary, you can hardly expect him common sense to give you an allowance; but you But the world should make no bones of asking him moves, and al- for what you need, because, again, though mothers you are partners.

Your husband is not a little tin god

His money is your money, and you may depend upon it that if you were railroad tracks, earning and he was housekeeping he would cheerfully and promptly ask now allowed on you for money as he needed it.

I have known wives who asked as

car and its brothers the electric car lady with no responsibilities; if you of from two to three forks, while and the gasoline motor run at full are a member of this and of that club he is prope to get along without any. speed under no schedule, and they run and spend your time in writing papers try to educate him. If he won't use where children most do congregate. on the bringing up of other people's three compromise on one. That will And so used do we become to dan- children while your own are brought be a beginning.

painted red and "chugging" in a your sins your husband has kept a one on earth? How can you become manner unknown to our fathers, who tight hand on the purse, I have noth- so if you do not climb and drag your

But if you know that you are health-Now, when air-ships are commor ity economical, and if your husband dren to be a little better than either

can't let you play out of doors." your command. Don't use a "stand And in learning to dodge a falling and deliver" attitude or he may call out of the path of a hurtling motor- But if he allows the allowance don't car, the children of the future will thank me, rather laugh at yourself for



traceful and firlish

about the fashion of doing her hair it a little trying at other times, howas any debutante is over the question ever, on account of the sudden projecof puffs or no puffs. Candidly, the tion it makes just under the crown of subject of hairdressing means more the head. When this is not becoming to the girl who wears her braids up it can be made by leaving the hair for the first time than it does to her fluffy over the top of the head and older sister, declares a writer in the with a softness again in the arrange-New York Herald. She has nothing to ment of the hair low in the neck. perience, and she does not always get point of simplicity and gradual change superior I am very | that sympathetic help older sisters in the colffure evolution, is the loose important the coiffure is to the school-

RE you socially

your husband's

inferior or his su-

If you are his

inferior he is

probably too much

of a gentleman to

have told you so,

but if you are his

much afraid that

you have let him

But if you are

and if you have,

don't let it rest

at that. Try by

all the means in

your power to lift

him up to your

social level. If

your table man-

ners are better

than his; if you

It will be a great pity if you let

climbing from birth. Let your mot-

to be: "Ever upward." Don't you

Lift him up and teach your chil-

to move on a higher social plane

they have striven for, just use them

to pull you and your husband up and

the end of your family will be some

It's a great ambition.

husband along too?

Blue Book.

perior?

know it.

Because it is an arrangement new to what becomes her only by trying the various styles which are approved by fashion. She must devote a good deal of study to her head and her face. She must consider carefully the poise and shape of her neck; then after she has studied herself due thought should be given to the styles of hairdressing that one out of the many, ranging from the jaunty to the classic, which becomes her best. And, above all, it should always be remembered that simplicity is the keynote of girlish hairdressing. Elaborate and imposing effects are not only bad taste, but they make a young girl look ridiculous instead of sweet, charming and simple.

Doing the hair up does not mean ment at the back of the head.

guide her in the way of former ex- Next to the turned-up braids, in might render if they remembered how coil or twist which is generally described as a figure 8. The coil starts at the back of the head just below the crown after the front has been her and to her friends she can learn brushed back in a soft youthful pompadour, then it twists up and down, covering the head from the crown to the nape of the neck. The loops are fastened securely with shell hairpins, and a wide black ribbon bow may be tied through the center to bring the loops and ends just back of the ears. For girls who have very little hair this themselves, and she must choose just ribbon dressing will be found becoming and graceful. No matter how beautiful and lux-

uriant the hair may be in its infancy. unless it is well cared for it soon loses its softness and beauty of tone. Mothers understand the importance of bestowing attention regularly and systematically upon their youthful daughters' heads, and they insist upon the maid following the most careful prothat the hair is actually arranged on cess to promote the growth and beauthe top of the head. The "up" is ty of the hair. Every night, despite used comparatively in contrast to the protests from the tired young charge. hanging braids or curls worn by girls her hair is given a vigorous and freshunder 14. In a general way the young ening brushing. There are some hair girl's coiffure is following in the lead experts who insist that brushing is of the one adopted by fashionable injurious to the hair, yet nothing rewomen. It suggests ever so slightly a sponds so quickly and satisfactorily Grecian effect by reason of its full- to regular treatment as the hair. Fifty ness at the back of the head. Wheth- or 100 brisk strokes of the brush er the hair is done in one or two coils are given at night, with the result or is braided and then pinned up, that the hair is polished and cleansed. prominence is given to it at a point the scalp is invigorated and the midway between the crown of the weariness is dissipated to some dehead and the nape of the neck. This gree, while the hair is given a new slight change distinguishes it from the lease of life. Again in the morning low coll which was worn last season. more brushing is bestowed upon it and it also makes it more difficult to and the hair enjoys a little exercise wear becomingly. A well-shaped head and an air bath, that mean as much is required to set it off advantageous. to it as such things do to the system. ly and give it a smartness that is no: | Much washing is injurious to the half characterized by a lumplike arrange and when it is brushed regularly and thoroughly the dust is removed, thus A simple way to manage this style making shampooing less necessary. of dressing is to roll the sides of the Once in three or four weeks is conhair back from the face, either from sidered often enough to shampoo the a middle part or straight back from head if the scalp and hair are kept the forehead, and twist it all together fresh and clean by constant brushings.

What is Pe-ru-na?

Is it a Catarrh Remedy, or a Tonic, or is it Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great

Which of these people are right? Is it more proper to call Peruna a catarrh remedy than to call it a tonic?

Our reply is, that Peruna is both a tonic and a catarrh remedy. Indeed.

there can be no effectual catarrh remedy that is not also a tonic. In order to thoroughly relieve any case of catarrh, a remedy must not only have a specific action on the mucous membranes affected by the catarra, but it must have a general tonic action on the nervous system.

Catarrh, even in persons who are otherwise strong, is a weakened condition of some mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces.

Perhaps no vegetable remedy in the world has attracted so much attention from medical writers as HYDRASTIS CANADENSIS. The wonderful efficacy of this herb has been recognized many years, and is growing in its hold upon the medical profession. When joined with CUREES and COPAIRA a trio of medical agents is formed in Peruna which constitutes a specific remedy for catarrh that in the present state of medical progress cannot be improved upon. This action, reinforced by such renowned tonies as COLLIN-SONIA CANADENSIS, CORYDALIS PORMOSA and CEDRON SEED, ought to make this compound an ideal remedy for catarrh in all its stages and location in the body.

From a theoretical standpoint, therefore, Peruna is beyond criticism. The use of Peruna, confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not over enthusiastic. When practical experience confirms a well-grounded theory the result is a truth that cannot be shaken.

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mon. The year was fulfilling all of inquired. ripe juices of autumn, and in the air purple in the sun." there was that melancholy sweetness that makes a man think, that makes sought opportunity. Come." him look upon his neighbor as his brother. On a bench not far from the sat down on a log. A gray squirrel rowness. Put that in your pipe and to surrender himself to the influences my sermon that you wish to talk?" ended human nature had not been a chew of his twist. overstrong in him. He had told one man that the only truth about him of them to the sick-had done a few oth- I could hardly believe that I wa'nt er things not strictly in line, such as away back where the world was when halting for a few moments at a livery I found it-just ripe for destruction. stable to see two dogs fight; but now The first picture that was drawed for in' for every man" as he sat ready to listen to the word me was of little children in torment. he knew that down in his heart he and I went to bed and cried nearly all ticular."

the hymn, militant verses written by scared and my father was afraid to lieve the Saviour when he said he died some ancient fighter, and then looked say much, for there was the preacher with a scowl at the empty benches at ready to snatch away any encouragethe rear end of the room. Old Dock ment. We had all of us been con-Hency cleared his throat and settled demned from the first and unless we himself down and Sister Buckworth, did an impossible task there was no repository of every neighborhood scan- hope. But as I grew older the world dal for more than two generations, appeared to get better. The rocks in smacked her mouth, for she felt that the graveyards said that the dead this was to be an occasion for what folks were all right. Humanity had the rude slangists called "hot stuff." done away with imprisonment for And it was. The preacher tiptoed in debt. The slave ships were all sunk. his wrath against the world. Never People were better fed and better before had that broad boulevard lead clothed. Books filled up the empty ing to destruction been so frightfully shelves in the country. Newspapers crowded. It did not seem that there with their white wings flew everywas a possible show for anyone to be where. And all this time hell was a saved. And it was not a figurative coolin' off. It seemed to me that it hell that the preacher painted, but a was almost ready for irrigation till great pit roaring with flames. Into you turned loose to-day. What made the house he so strongly brought the you do it? Don't answer me nowsmell of sulphur that a boy sneezed, jest let me talk-but what made you and a little girl, shuddering in fright, do it? Don't you know that God is crept closer to her mother. Old Peter gettin' so good that some of the Balch, shaver of notes and holder of churches have to meet every once in mortgages on the homes of widows, a while to acknowledge it? Don't cried out "Amen," and a mule that had you know that after all it is love been tied to a swinging limb broke and not fear that moves this old you never would have had one. But

waited for an opportunity to speak to a thing impossible. You make Him a you'll be out of a job. You can't conthe preacher. "Just want to talk to destroyer instead of a builder. You vince a thinkin' man that the world you a few moments," he said. "No would take away the softness and -which is just as much God's now as hurry. Wait till you shake hands with the holy sweetness of the Saviour, it ever was-is worse off than it used all these folks that are crowdin one and when that's done, all is done that another on the road to distruction." can be done for cv!. Instead of a

and Jucklin took it, holding it for a Bible a threat, backed up by the devil. more human love. God-wisdom-is moment, looking him in the eye. "I You would have the people read it comin' closer; and the devil-ignowant to talk to you privately. Would with frightened eyes, and I want to rance—is goin' further away. You you mind goin' out here and settin' on tell you that when a man's scared he frown at empty benches, but after a a log with me?"

he, "are you at last about to ask for so is the church, but some of you people comin' out of a new church. terms? Has the light fallen on you?" preachers want to pull back. Do you That's about all I've got to say." "Well, I don't know but I am a lit- know why all over the country there | "Jucklin, you are going to hell."

tle scorched. You women folks go on is a disposition to put out the oid home and I'll overtake you."

It was a mellow day for such a ser- you are going to say?" the preacher | are more liberal. They are not so set

"Limuel, I thank you for this long | for heresy."

They went out into the woods and for heresy 20 are dropped for nar-

"I am glad that it struck home."

night because I felt that nothin' was The old minister arose and gave out of any use. My poor mother was a little. He can't get me, for I be-

world? You sing: 'Oh, for a closer! When the sermon was done Limuel walk with God, and you make such hate and the first thing you know The preacher held forth his hand great book of wisdom you make the are more human hearts and therefore

can't learn anything to speak of. The while you won't have even a bench. The minister smiled. "Limuel," said people are growin' all the time, and And about that time you'll see happy preachers and to take in the new eat, I hope. Good-day."

in creed and therefore they are kindthe promises made in early spring. In "No, I'd rather talk to you alone er hearted." the woods there was a blaze of red, the out there where the wild grapes are | "Jucklin, it is not for you to talk like this. You would have me tried

pulpit old Lim Jucklin sat, determined peeped at them. "Limuel, is it about smoke it a while." of the sermon. During the week just "Yes," said the old man, cutting off

"But you would have everybody else smoke. Did you see that little girl clinging to her mother? It will take "Ah, hah. Glad, I reckon, that it a long time to get that awful picture was the truth that he was a liar, had scared that little girl. Wait a mo- out of her mind. And maybe by the swapped horses with a chicken ped- ment. I have listened to you, so now time that one is wiped out you'll be dler and was glad now that he had you listen to me a while." He slowly ready with another one; and when she not succeeded in overtaking him aft- wiped his knife on his trousers, grows up and glances about her in terward; he had trapped a few qualls snapped it and put it into his pocket. the light of pure truth she will look out of season, but had sent the most "As I sat in yonder just now, brother, back and pity your ignorance." "Jucklin, I know one man whom the devil is waiting for."

"I don't smoke, sir."

"Accordin' to your story he's wait-"But he is waiting for one in par-

"Brother, where one man is tried

"If you mean me let me correct you

to save sinners.'

"You do not believe the Saviour; you have denied him.'

"No, brother, I have denied youand the devil. Now let me tell you what to do: Come over to my house and get some of the books that my son has sent to me. They'll do you good."

"Tracts issued by Satan, and you'll find it out one of these days. Jucklin, I thought you wanted to talk about the welfare of your soul, and here you are scoffing at the Gospel." "Oh, no, I'm not scoffin' at love; and

the Gospel is love-the sweetest message of love that was ever breathed upon a heipless world. And it seems strange that at this late day some of you haven't found it out. I believe I hearn you say once that the printing press was keepin' folks from goin' to church, and you called it the agent of the devil. You didn't stop to recollect that unless the Bible had been printed go ahead, preachin' your doctri

"Well, not before I get a bite to "Shall we have witnesses as to what ones? It is because the young men

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Suit for Boy from 4 to 5 Years.-The knickers are in dark brown velveteen, lined with sateen, the blouse is in white washing silk, trimmed with frills of the same, it fastens quite up to the throat, under a wide boxplait edged with a narrow frill. The wide collar is frilled at the edge, then featherstitched with embroidery silk. Elastic is threaded in the hem at the waist. Materials required: 1½ yards velveteen and 2½ yards silk.

Dress for Girl from 15 to 17 Years.—Checked material in two shades of

blue is employed for this dress, the skirt is trimmed three inches from the foot with a band of blue velvet. The bodice has a round yoke and undersleeves of tucked blue silk, the material is gathered to the yoke under a plain ing of silk, and a shaped band, in which incisions are made, through which soft ribbon is threaded and tied in a bow in front. Materials required: 5 yards 46 inches wide, 2 yards silk, 5 yards sateen for lining. Dress for Girl from 8 to 10 Years.—This dress is in sage green cashmere;

it has a long-waisted bodice, lined with sateen, the round yoke is of cream lace, the material is tucked each side the front, and stitched three parts down: four velvet-covered buttons ornament the center, the epaulettes are trimmed with velvet, they are fixed to the edge of yoke under a stitched strap of cashmere. The skirt is a circular shape, tucked at the foot, it is joined to the bodice under a folded band of velvet. Materials required: 31/2 yards 44 inches wide, ½ yard velvet, ¼ yard lace, and 1½ yard lining.

CURE FOR DOUBLE CHIN.

This Regrettable Defect.

A double chin, that bugbear of so many women, is caused by lack of exercise or eating an abundance of fat making foods, or by indulgence in alcoholic beverages. It easily can b gotten rid of by exercising persist-

The best way to exercise is in a nightgown, as this leaves the body in a free and comfortable position and leaves the neck free. First thrust the There is a craze for a touch of color iaw out so that the pull of the throat in all summer shoes. muscles is felt. Then before the feel- An innovation is the wearing of tan ing of this pull is gone draw the neck sick gloves to match the tan stockback as far as possible. Tilt the head ings. up and down until the muscles begin In millinery the two most insistent to feel tired, but not until they ache, spring shades are taupe and pomefor this will result in a stiff and sore granate.

too violently, or a headache or dizzy presence of huge loops of lawn ribhead will be the result.

ent sets of muscles about the neck Finish the exercises with a dash of Persistent Exercise Will De Away with | cold water on the neck, threat and shoulders, and the benefits will be distinctly noticeable in a week.



One of the touches characteristic of This exercise should not be done some of the French millinery is the

Now, with the chin thrust out, tip The latest in gloves is the long the head over to one side, always feel- chamois with the buttoned strap ing conscious of the play of the differ- across the wrist.



Some of the choicest lands for grain growing stock raising and mixed farming in the new districts of Saskatchewan and Alberta have recently been Opened for Settlement under the

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neighbors, churches for family worship, schools for your children, good laws, splendid crops, and railroads convenient to market. Entry fee in each case is \$10.00. For pamph-let, "Last Best West," particulars as to rates, routes, best time to go and where to locate,

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