What do we live for, if it is not to make life less difficult to each other?-George Eliot.

The fruit derived from honest labor is the sweetest of all pleasures.-Vauvenargues. A fault which humbles us is of more

use than a good action which puffs us up with pride.-Bovee. The active only have the true relish of life. He who knows not what it is to labor, nows not what it is to en-

joy.-Jay.

#### IMPORTANT IF TRUE.

The annual profits of Monte Carlo amount to \$5,000,000. France makes \$80,000,000 from its

totacco crop. Smoke up. India is no place for S. Veller, Jr. There are 26,000,000 widows there. In New York city 36 per cent of the male population wear beards. Next! In three baked bananas there is as much nourishment as in 26 pounds of bread

Only one person in a thousand lives to be 100 years old. Not that it matters to us.

### MEDITATIONS OF A SPINSTER.

A breach of promise suit may be had, but the same girl as a wife would be worse.

It takes a real homely girl to believe that the reason why more men do not propose to her is because she won't allow them to get to that point. Most marvelous of all his accomplishments is the way that the deepestdyed man never looks guilty, but as innocent as a lamb.

### Distribution.

"Why don't you make some arrangements for the distribution of your great wealth?" said the socialist. "I see no necessity for that," answered the magnate. "It is already distributed in such a manner as to

As Times Change. "Politics is getting to be wonderful-

yield me the largest possible divi-

dends."-Washington Star.

ly interesting," said the observer. 'Yes," answered Senator Sorghum, "it is mighty interesting. But between you and me, it isn't near as much of an investment as it used to be."

YOUR EYES

Don't trust your eyes to traveling opticians or pack peddiars. We are the oldest manufactur-ng opticians in the state—grind our own lenses—make our own frames. Consulta-tion free. Glasses fitted, \$1.00 up. Hute-son Optical Co., Exclusive Opticians, 212 So. 16th St., Omaha. Factory on prem-ises. Wholesale and Retail.

#### Due Process of Law.

At the time of the famous Eastman trial in Cambridge, Mass., two Irishmen, standing on a street corner, were overheard discussing the trial. One of them was trying to enlighten the other concerning a jury.

"Bedad!" he explained. "You're arristed. Thin if ye gets th' shmartest lawyer, ye're innocint; but if th' other man gets th' best lawyer, ye're guilty." -Life.

### Wanted Particulars.

As an example of what men in the railroad business have to endure, a conductor on the Seaboard Air Line relates that while he was passing through a coach a few days ago a young woman stopped him and asked how far they were from Weldon. He replied that they were about 55 miles from Weldon. She then asked: "This side or the other side?"

### A Way Out of a Difficulty.

An old highlander, being sent one day for five yards of satin, forgot his errand, but, not to be done, said to the shopman: "Can ye give me anither name for the deil (devil) forby the deil?" The shopman said "Satan." "That be him," was the answer. "Whang me off five yards of him, white."-Dundee Weekly News.

## Workingmen's Homes.

The city government of Milan has voted to appropriate \$1,150.000 for the construction of further series of houses especially built for workingmen and their families, and the municipal loan office (the city pawn department) will give \$100,000 out of its profits toward the same purpose.

### Reason for Grief.

"You look unhappy." "But you once said that if your husband ever accumulated a million you would be perfectly happy."

"I know it, but Mrs. Nexdore's husband has accumulated two millions."

### **Omaha Directory**

6% to 10% INTEREST ON YOUR MONEY OMAHA REAL ESTATE We have many good \$1,000 to \$50,000 That we will be pleased to show you any time, nothing

MASTINGS and MEYDEN 1704 Parnam St. Omaha, Nobr

MONUMENTS Largest stock in the West
Montello-Granite a specialty. All lettering done by
pneumatic tools. First-class work and lowest prices. Correspondence solicited. Give us a call

J. F. SLOOM & COMPANY, 1815-1817 FARMAN ST., ORMAN OIL MEAL Cotton Seed Meal, Tan-

kage and Alfalfa Feeds J. H. COMRAD, 794-785 Omaha Grain Exchange Established 1884. Ton and car loads. Consigns grain solicited. Member Omaha Grain Exchange. **Do You Drink Coffee** 

### Why put the cheap, rank, bitter-lavered coffee in your stomach when pure GERMAN-AMERICAN COFFEE costs no more! lasiet on having it. Your procer sells it or can get it.

OMANA TENT O AWMING CO. UMARA IERI & AWNIRD UU. Tents, Awnings, etc. Largest west of Write for prices and estimates before buying. Cor. 11th and Harney Sts.

Drs. Balley & Mach, The DENTISTS
At floor, Paxion DENTISTS
Block, cor. 16th DENTISTS
and Farnam DENTISTS
and Farnam DENTISTS
light and Company of the Middle West. Latest appliances
light grade Dentistry. Ecasonable prices.

DON'T FOOL WITH lay having them experimented on by traveling fakers. Come to us for Free Examination. H. J. PENFOLD & CO., Leading Scientific Opticians, 1408 Farnam, Omaha.

If In Doubt, Buy A JOHN DEERE ing stations which he has charge of. year.

# The State Capital

Matters of General Interest = FROM === Nebraska's Seat of Governmen

#### Burlington Answers Sibley.

Burlington alleges that Senator C. A. shipper or consignee of grain in Nebraska and is therefore not a proper person to file a complaint under the Aldrich bill asking the railway commission to reduce rates on grain 15 per cent. Mr. Kelby further expresses the belief that Senator Sibley's complaint was not filed in good faith. He goes after the commission by alleging that it has no power to reduce local grain rates in Nebraska because that would in effect be controlling power retained by congress. These allegations, and many others are made by Mr. Kelby in his belated answer filed with the state railway commission. He admits that the last legislature passed an act reducing the rates ties 15 per cent. and that the act is in force on the lines of the Burlington. Yet he says these rates are not that the Sibley complaint is not in the defendant of the nature of the complainant's grievance. The Burlington's answer endeavors to make plain that rates on grain to the various outside of Nebraska, but if local rates are lowered it will disturb this equaligive Omaha buyers an advantage.

#### Sheriff's Fees Pile Up.

By reason of the fact that the sheriffs of Lancaster, Douglas and Sarpy counties kept their state prisoners in the county jail the full thirty days allowed by law it cost the sate more during the last ten months for prisoners brought from those counties to the penitentiary than from many other counties which are farther away. Notwithstanding the Lancaster county jail is within two and a half miles of the state prison, and the institutions are connected by street railway, it costs the state an average of \$21.14 per trip, and an average of oner. This includes board for prisoners, railroad fare and all incidental expenses of bringing the prisoner to the penitentiary. Saline county prisis the lowest average cost of any of the transportation. the counties. The period in which this expense was incurred is from April 1. 1907 to January 31, 1908. It is only fair to say that Sheriff Brailey of Douglas county is now bringing prisoners to the penitentiary as soon as possible after conviction, which during the coming year will reduce the cost to the state.

#### Legality of Insurance Merger. In insurance circles doubt is ex-

pressed as to the legality of the merger of the Fraternal life association of Hastings with the Western Indemnity company of Chicago, which has been approved by State Auditor Searle. The statute is silent as to whether a fraternal company, organized in Nebraska, can merge with a company organized under another in the law to prevent it, so it is conmit this.

### Firetrap at Lyons.

Labor Commissioner Ryder will order the owner of the new opera house at Lyons to reconstruct his building to better provide for the safety of the public. Mr. Ryder visited the building and inspected its interior and exterior arrangement and arrived at the conclusion that it is unsafe. The opera house is in the second floor of a building. The entrance is from the of the National guard companies. rear of the building by means of a narrow stairway that has one turn in it. The only exit for patrons is a rather narrow door in the rear leading to this stairway.

## Collecting for Lincoln Monument.

The Abraham Lincoln Centennial Memorial Fund of Nebraska is what Addison Wait has named the association which will take up a collection for a monument to be erected on the state house grounds, in memory of the martyred president. Governor Sheldon has been chosen president of the association: George C. Junkin, secretary: Treasurer Brian, treasurer, and Addison Walt coresponding secretary.

Forest Trees Exempt From Tax. County assessors if they follow the revenue law will exempt from taxagrown and cultivated on land in their on, shall not be taken into account the assessment thereof"

Regent W. G. Whitmore's Case. Attorney Rich called on the comhas charge of feeding yards at Val- \$8,000 damages and such other relef

Kennison Gets New Trial. Ernest S. Kennison, who shot and

killed Sam Cox in the town of Minatare. Scott's Bluff county and who was sentenced to the penitentiary for twenty-four years, has obtained a reversal of the judgment in the supreme court because of erroneous instructions of the trial court. Judge Grimes of the lower court instructed that malice is presumed from the use of deadly weapons. The supreme court held this error and that malice could not be presumed. The lower court Attorney James E. Kelby of the gave an instruction on manslaughter, which in substance shifted the burden Sibley of Lincoln county is not a of proof from the state to the defendant. The court held this was error and that the burden never shifted from the state. The court holds an instruction which assumes the crime to be murder in the second degree is erroneous since it is for the jury to determine from all the evidence the intent with which the shooting was done. Cox was formerly a well known newspaper man in Lincoln and at the time of his death he was a publisher of a newspaper at Minatare. Kennison grain rates between the states, a was a hotel keeper. The two quarrelled and fought and in the fight Cox was shot to death.

Rairroads Ignore Oil Inspection. The railroads of Nebraska continue to ignore the ruling of State Inspector on grain and certain other commodi- A. B. Allen that all illuminating oil shipped into the state must be inspected by the state and the fee of ten cents a barrel collected for such remunerative as to state traffic and inspection. The Union Pacific has declined to permit a state inspector to accordance with the requirements of visit its oil tanks and the amount of that act because it fails to enlighten fees in dispute so far as that company is concerned, cannot be known. The inspection department has a bill against the Burlington and one against the Union Pacfic road for inspection, markets are now relatively equal and but the roads refuse to pay on the permit competition between markets ground that only oil offered for sale is subject to state inspection. After a small bill had been run against the ty and fairness of interstate rates and Union Pacific, its agent in charge of the oil refused to permit further inspection by the state. The agent at the central oil station of the railroad

superiors on this point.

said he had received orders from his

Prosecuting Pass Holders. Dr. James Woods of Schuyler is likely to be the first defendant in a suit brought under the anti-pass law on the charge of accepting a free pass from the Union Pacific railroad. County Attorney B. F. Farrell of Colfax county visited the state railroad commission to secure evidence upon which to base his case, in the shape of the Union Pacific statement of its passholders. The attorney general \$19.73 per prisoner; Douglas county sent out notices informing county at-\$29.12 per trip and \$22.50 per prisoner; torneys of their duties and he is like-Sarpy \$30.66 per trip; \$23 per pris- ly soon to receive information that additional suits will be filed. Numerous newspaper men are sending word that if their action in accepting

### Insurance Fight Kept Up.

Charles Goss, attorney for members of the Bankers' Reserve Life Insurance company of Omaha, has filed a protest with Auditor Searle against the use of the name. "The Bankers' Reserve Life." by members of the original company, who desire to form a stock company. The complainants against the organization of a stock company in place of the old mutual company were defeated in the court of Douglas county. It is reported they will appeal from that decision, and in the meantime protest to the auditor.

Missouri Pacific Withdraws Passes. A telephone message from Atchison. Kas., to Attorney General Thompson, announced that the Missouri Pacific state, but there appears to be nothing Railroad company has issued an order withdrawing passes issued this year sidered legal in that respect. The to local attorneys and physicians. Hastings company is a fraternal com- This announcement was supposed to pany and the Chicago company is a have been made as the result of the mutual association. Whether or not statement that the attorney general any but fraternals can merge has had instructed county attorneys to been discussed, but Auditor Searle be | bring suit against persons receiving lieves the law is broad enough to per- passes and corporations giving them in violation of the anti-pass law.

### Military Board Meeting.

The state military board met with Adjutant General Schwartz, Colonel Storch of the First regiment and General Cowin, judge advocate general, present. Various bills were passed upon and matters of interest to the guard discussed. Major Davidson and Adjutant General Schwartz left for Broken Bow to begin their inspection

Anti-Pass Law Test Suit. Attorney General Thompson announced that he would test the antipass law by filling a complaint against Dr. F. A. Graham of Lincoln, a Union Pacific surgeon. A suit will also be filed to test the legality of exchanging newspaper advertising for transportation.

Increase in Cattle Premiums. Secretary W. R. Mellor has issued notice to livestock breeders that the state fair board has increased the total premiums for cattle and swine. The premiums for cattle have been increased from \$3,632 to \$5.018, or thirty-eight per cent.

Attorney Tom L. Sloan of Thurston county believes that he has been beaten out of both a retaining fee and tion all hedge fences and forest trees a client, and has appealed to the supreme court to give him judgment for counties. The land itself is not ex- a \$250 retaining fee against Alfred empt but all property used exclusively Hallowell. The latter thought that for agricultural and horticultural so he had killed a man and promised cieties is exempt from taxation. Sec- Soan \$250 as a retaining fee. The tion thirteen of the revenue law of man supposed to be murdered later 1903. says: "The increased value of tried to get Sloan's services in a proslands by reason of live fences, and for ecution against Hallowell for assault est trees grown and cultivated there- and battery. Slcan refused, but he ing fee.

Mr. Berge Wants Damages. False representation on the part of mission to ask for a ruling as to the Frank Eager are alleged by George W. legality of passes given to men who Berge in an amended petition filed in care for stock yards and feeding sta- the district court to be the cause of tions in the Union Pacific. W. G. his buying the Independent, a local Whitmore, of Valley, who with his son, weekly newspaper. Mr. Berge asks ley and Grand Island for the Union as the court may deem fit. He de-Pacific called also. Another feeding clares the property was actually losing station is maintained at North Platte. money at the time of the transfer, Mr. Whitmore has a contract to re- but he was induced to pay \$11,500 for ceive in part payment for his services it on Eager's representation that it transportation between the two feed- was worth it and making \$5,000 a

POLICE JUDGE WILLS.

Will Gladly Answer the Questions of any inquirer.

It is a generous offer that Police Judge J. H. Wills, of Cloverport, Ky., makes to sufferers from backache, kidney and bladder ills. Judge Wills knows the value of Doan's Kidney Pills and will answer the ques-

tions of any sufferer who writes to him. The judge says: "I take pleasure in recommending Doan's Kidney Pills to persons suffering from kidney disorders, backache, etc. It is the best remedy I have

ever known and I will gladly answer any questions about it." Sold by all dealers. 50 cents a box.

Foster-Milburn Co., Buffalo, N. Y.

SHE WAS BUSY, TOO!

She-And did my Duckums do a lot work-work at the office last night? He-A-er-yes, dear; in fact, darling, I was so much occupied that I have never known time go as quickly as it did last night.

She-Yes, dear, didn't it! (And Dickums wasn't out late again!)

ECZEMA FOR 55 YEARS.

Suffered Torments from Birth-In Frightful Condition—Got No Help Until Cuticura Cured Him.

"I had an itching, tormenting eczema ever since I came into the world, and I am now a man 55 years old. I tried all kinds of medicines I heard boils, which kept growing until they to me was \$35 per acre." Ia., Aug. 17, 1907."

"I cheerfully endorse the above teswas in. Nelson R. Burnett, Tipton, la."

### Sees America a Heaven.

Prof. W. B. Elkin of the University of Missouri believes that America will be a veritable heaven on earth within 100 years, and he goes on to tell why in an article which he has written for the American Journal of Sociology. Among other things which will be a feature of the millennium he pictures is a reformed press. Newspapers, he says, will be printed and edited by the colleges.

How's This? We offer One Hundred Dollars Beward for any

Ontarrh Cure.

P. J. CHENEY & CO., Tolodo, O.

We, the undersigned, have known F. J. Chesey
for the last 15 years, and believe him perfectly honorable in all business transactions and financially
able to carry out any obligations made by his firm.

Walding, Kinnay & Makvin,

Wholessie Druggiets, Tolodo, O.

Hall's Catarrh Cure is taken internally, acting
directly upon the bleed and mucous carriaces of the
system. Testimonials cent free. Price 25 cents per
bottle. Sold by all Bruggiets.

Take Hall's Family Pills for constipation.

### A Necessity of Life. The liquor men say that Americans

every year spend less money for liquor than for chewing gum, proprietary medicines, candy, perfumes and hair oil. However, Americans simply must have hair oil.

"Brown's Bronchial Troches" are helpful to singers, teachers and clergymen for clearing the voice. Contain nothing harmful.

Every great man is always being helped by everybody, for his gift is to get good out of all things and all persons.—Ruskin.

A Beautiful Watch Fob Free to those who ship us \$5 worth of hides or furs or buy guns or traps to that amount. N. W. HIDE & FUR CO., Minneapolis.

Of course men are not vain, but just tell a man of 50 that he doesn't look a day over 30 and watch the effect.

Why not the Natural laxative, Garfield Tea? It's Pure, Mild and Potent. Made of Herbs. Write for samples. Garfield Tea Co., Brooklyn, N. Y. The more money a girl has to burn the easier it will be for her to find a

WHAT CAUSES HEADACHE. From October to May, Colds are the most frequent cause of Headache, LAXATIVE BEOMO QUININE removes cause. E.W.Grove on box 25c

leap-year match.

The surer a girl is about a man's being in love with her the less sure she is about being in love with him.

There is nothing ill said that is not III taken.-German.

# IMMIGRATION FROM SOUTH EXPECTED

U. S. FARMERS ARE RECOGNIZING SPLENDID OPPORTUNITIES OFFERED BY WESTERN CANADA.

St. Paul, Minn., Feb. 9, 1908.—Present indications are that the Canadian Northwest will draw an exceptionally heavy movement of new settlers from the United States this year. It should surpass the banner record for 1907. This is not only based on the fact that the Americans have come to realize generally that the Canadian Northwest offers splendid opportunities, but also because the railroads have awakened to the fact and are offering rates to the Canadian Northwest which are exceptionally favor-

The lines which lead to St. Paul from the east and south are offering homeseekers' rates to the Canadian Northwest this year which are on a parity with those in existence to the southwest for a couple of seasons. These rates can be obtained from

any agent of the Canadian government, who will be pleased to give all information possible regarding those districts which offer the greatest inducements to settlers. The weather throughout Western Canada has been remarkably good this year. A telegram from the winter wheat belt of Southern Alberta dated at Cardston, Alberta, January 29th, says: "This winter up to January 25 was

nothing short of a marvel, in fact, it was the finest anyone can remember for twenty-five years though there have been others nearly as good. The days were fine, sunny and warm with light frosts at night. Overcoats and gloves, etc., were discarded by most people in the day time. There was so little frost in the ground that post holes could be dug without any trouble after the first inch was broken through. Winter wheat remained fresh and green although there has been no snow since the September storm. If there is an early spring, winter wheat should gain a great start."

Amongst the reports of the yield of last year the following extracts are

taken: H. Howe, of Magrath, Alta, writing on November, 1907, says: "I have 70 acres in crop, 50 acres of wheat and of, but found no relief. I was truly seven acres of oats. My average yield in a frightful condition. At last I of oats was 35 bushels to the acre, broke out all over with red and white and of wheat 45 bushels. The value

were as big as walnuts, causing great | J. F. Haycock, of Magrath, writes ery, but I kept from in November: "I had 65 acres in w scratching as well as I could. I was ter wheat, which went 60 bushels to so run down that I could hardly do the acre; oats averaged 80 bushels. I my work. I used Cuticura Soap, Oint- also had 12 tons of hay worth \$10 mileage in return for advertising is in ment, Resolvent, and Pills for about per ton. I got 600 bushels of potaoners cost the state \$9.68 each. This violation of the law, they will give up eight months, and I can truthfully say toes from three acres of land; I got I am cured. Hale Bordwell, Tipton, eight tons per acre from five acres of sugar beet."

J. F. Bradshaw, of Magrath, had timonial. It is the truth. I know Mr. 1,030 acres of winter wheat last year Bordwell and know the condition he which averaged 391/2 bushels to the acre. The value of his farm products per acre was: Wheat, \$31.60; oats, \$11.20 and barley, \$25.15.

Action of Animal Charcoal.

Why animal charcoal removes the

color from colored liquids while wood

#### charcoal has no effect has not been understood. A European chemist now finds that the action of the former is

due to the presence of five and seven per cent. of nitrogen. PILES CURED IN 6 TO 14 DAYS. PAEC OINTMENT is guaranteed to cure any case of liching. Blind. Bleeding or Protruding Piles in Sto 14 days or money refunded. Mc.

You will be surprised to find how much good there is in the world if you'll sit up and take notice.

ONLY ONE "BROMO QUININE"
That is LAXATIVE BROMO QUININE. Look for
the signature of E. W. GROVE. Used the World
over to Cure a Cold in One Iny. Ec. Many a man has been saved from

foolishness by having a reputation to live up to. About the only law recognized by love is the mother-in-law.

Mrs. Winelow's Seathing Syrup. Idren teething, softens the guns, reduces in ities, allays pain, cures wind colls. Me a bottle

It is not easy to sting a bear with a straw.-Danish.

Gives instant relief.

Removes the twinges.



They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE,

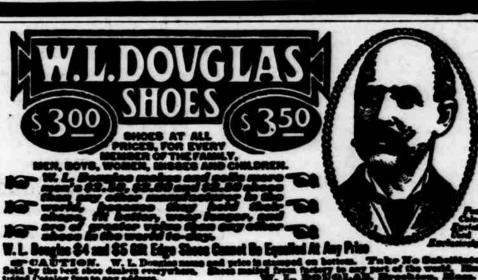
Genuine Must Bear

25e.-ALL DRUGGISTS-50e. THEFFE CHIMICALING ->WASHINGTON STATES OF THE SECOND STATES OF THE SECON

CATARRHAL FEVER the tongue. Safe for brood mares and all others. Best kidney remedy; 50 cents and \$1.00 a bottle; \$5.00 and \$10.00 the dozen. Sold by all druggists and horse goods houses, or sent express paid, by the manufacturers.

SPOHN MEDICAL CO., Chemists, GOSHEN, INDIANA

ALCOHOL-3 PER CENT? Avegetable Preparation for Ag-imitating the Pool and Regist-ing the Stranchs and Bowels of Bears the Signature Promotes Digestion Cheerful ness and Rest Contains neither Opium, Morphine nor Mineral NOT NARCOTIC: Briga of the Brigarett Ann Aperfect Remedy for Constitut tion . Sour Stomach, Diarrhoo Worms, Convulsions. Feverish For Over ness and Loss or SLEEP The Simile Signature of Cart Theten Thirty Years THE CENTALE COMME NEW YORK.



Exact Copy of Wrapper.





CARTER'S Positively cured by these Little Pills. **RECIPES** They also relieve Dis-Prizes of Fifty Dollars (\$50.00) In trest from Dyspepsia, In-digestion and Too Hearty Gold for the Best Recipes. Eating. A perfect rem-edy for Dizziness, Nau-son, Drowniness, Bad For our syndicate service to newspapers throughout the country we wish to obtain from the Hoosewives of the United States their choicest recipes for appetizing diabes. Five Frince in Gold of Two Delars (State) each will be paid every month for the Bost Recipe for making

Class I—BREAD. Class 3—CAKE. Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER,

Class 2-PIES. Class 4-DESSERTS. Class 5-ANY ORIGINAL DISH OF YOUR OWN LEVENTION.

When we print the Prine Recipen in the pagers the United States the winners' names will attached. To help cover cost of adverticing entrance fee of 25 cents (allver or money order) as be sent with the recipe in each class—but you a be sent with the recipe in each class—but yeard more than one recipe in a single class we the one entrance fee. Hould you have agoed (or more than one) in each of the five class hollar (instead of \$1.55) will be accepted entrance fee. And remember that as long advertisement appears the Friens in Gold paid every 30 days for the recipes received dureurrent month. If you do not receive a primenth, you may the next. We reserve the repurchase at our regular rates, such recipes prove of merit but do not win primes.

Don't delay in entering this unique astronomical Prize Competition. INTERNATIONAL PRESS BUREAU. 24 La Salle Street,



35 to 50 Bushels Barley to the Acre.
Timber for Fencing and Buildings FREE.
Good Laws with Low Texation.
Splendid Railroad Facilities and Low Rates.
Schools and Churches Convenient.
Satisfactory Markets for all Productions.
Good Climate and Perfect Health.
Chances for Profitable Investments.

Some of the choicest grain-producing lands in laskatchewan and Alberta may now be acmired in these most healthful and prosperous Revised Nomestead Regulations

by which entry may be made by proxy (on cer-tain conditions), by the father, mother, son, daughter, brother or sister of intending home-steader.

Entry fee in each case in \$10.00. For pamphlet, "Last Beat West," particular nastorates, routes, best time to go and where to locate, apply to

W. V. BENNETT,

the Change

Weak Women frequently suffer great pain and misery during the change of life, when the female functions are undergoing the readjustment that comes to every woman .. These hot and cold flashes, pains in back or side, drawing sensations, headaches, dizzy feelings, etc., have been found, in thousands of cases, to disappear, as a result of taking

Mrs. Lucinda C. Hill, of Freeland, O., writes: "Before I took Cardui, I suffer-

ed so, I was afraid to lie down at night. After I took it I felt better in a week.

Now my pains have gone, and the change of life has nearly left me." Try Cardui.