OFTEN PREVENTED BY DR.

Taken When the First Warning Symp tems Are Noticed Much Needless Suffering May Be Saved.

Are you troubled with pallor, loss of spirits, waves of heat passing over the body, shortness of breath after slight exertion, a peculiar skipping of the heart beat, poor digestion, cold extremities or a feeling of weight and fullness? Do not make the mistake of thinking that these are diseases in themselves and be satisfied with temporary relief.

This is the way the nerves give warning that they are breaking down. It simply means that the blood has become pure and cannot carry enough nourishment to the nerves to keep them healthy and able to do their work.

Rest, alone, will sometimes give the needed relief. The tonic treatment by Dr. Williams' Pink Pills, however, prevents the final breakdown of the nerves and the more serious diseases which follow, because the pills act directly upon the impure blood, making it rich, red and pure.

Mrs. E. C. Bradley, of 103 Parsells avenue, Rochester, N. Y., says: "I was never very healthy and some

years ago, when in a run-down condi-tion, I suffered a nervous shock, caused by a misfortune to a friend. It was so great that I was unfitted for work. "I was just weak, low-spirited and nervous. I could hardly walk and could not bear the least noise. My appetite was poor and I did not care for food. I

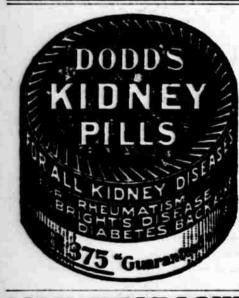
couldn't sleep well and once for two and pains in the back and spine. 'I was treated by two doctors, being under the care of one of them for six months. I got no relief and then de-cided to try Dr. Williams' Pink Pills. I soon began to feel better and the improvement was general. My appetite became hearty and my sleep better.

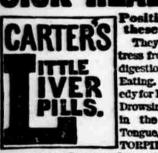
The headaches all left and also the pains in my back. A few more boxes entirely cured me and I was able to go back to work. I felt splendid and as though I had never been sick." Dr. Williams' Pink Pills are invaluable in such diseases as rheumatism, aftereffects of the grip and fevers, neuralgia, St. Vitus' dance and even partial

paralysis and locomotor ataxia Dr. Williams' Pink Pills are sold by all druggists, or will be sent, postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50, by the Dr. Williams Medicine Company, Schenectady, N. Y.

Napoleon's Famous War Horse. Marengo, the famous war charger of 17, 1906." Napoleon, is said to have been the greatest horse known to modern history. The emperor rode Marengo for the last time in the battle of Mount St. Jean, where the horse received his seventh wound. The steed died at the age of 36 years.

Every time a woman makes a fool of a wise man he simply charges it up to experience and lets it go at





Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, In-digestion and Too Hearty Eating. A perfect rem-edy for Dizziness, Nausea. Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side. TORPID LIVER. They requiate the Bowels. Purely Vegetable.

EFUSE SUBSTITUTES.

SMALL PILL. SMALL DOSE. SMALL PRICE. Comine Must Bear Fac-Simile Signature

READERS of this --per de-siring to Juy any-thing advertised in its columns should insist upon having what they ask for, refusing all substi-



LITTLE CAUSE FOR WORRY.

Less Glittering Bait Held Out to Cow Punchers.

Over in the Salmon river meadows country, in Idaho, ranged a wild and woolly bunch of long-haired cow nunchers, whose knowledge of the world was confined mainly to trips after cattle into surrounding counties. Into this reckless but verdant community there came the smoothtongued representative of a wild west show, who hired several riders at a high salary to do a hair-raising act, the chief feature being that they should appear to be thrown from their borses and dragged by the foot.

After they had practiced in a corral for a while one of them loosened himself and rising from the dirt, disbeveled and dazed, inquired: "Say, mister, ain't this ruther dan-

gerous? We might git killed." "That's all right," chirped the show's representative cheerfully. "Your salary will go on just the same."-Lippincott's Magazine.

THOUGHT CHILD WOULD DIE.

Whole Body Covered with Cuban Itch -Cuticura Remedies Cured at Cost of Seventy-Five Cents.

"My little boy, when only an infant of three months, caught the Cuban Itch. Sores broke out from his head to the bottom of his feet. He would itch and claw himself and cry all the weeks got scarcely an hour's sleep. I time. He could not sleep day or night, had severe headaches most of the time and a light dress is all he could wear. time. He could not sleep day or night, called one of our best doctors to treat him, but he seemed to get worse. He suffered so terribly that my husband said he believed he would have to die. I had almost given up hope when a lady friend told me to try the Cuticura Remedies. I used the Cuticura Soap and applied the Cuticura Ointment and he at once fell into a sleep, and he slept with ease for the first time since two months. After three applications the sores began to dry up, and in just two weeks from the day I commenced to use the Cuticura Remedies my baby was entirely well. The treatment only cost me 75c, and I would have gladly paid \$100 if I could not have got it cheaper. I feel safe in saying that the Cuticura Remedies saved his life. He is now a boy of five years. Mrs. Zana Miller, Union City. R. F. D. No. 1, Branch Co., Mich., May

With a Proviso.

"When universal peace is finally established," said Alfred H. Love, the president of the Universal Peace union, in an interview in Philadelphia, the peace movement will claim to have been its lifelong champion. It is always so. We thump and kick a poor, weak, struggling movement at its inception, and when it has succeeded and no longer needs our help, we give it the most solicitous support. There was once a young lady whose betrothed, a very poor young man, was about to set out for South America to seek his fortune in the rubber trade. As he took his leave of her the night before his departure, he said, tremulously: 'And you swear to be true to me, Irene?' 'Yes, Heber,' cried the girl; 'yes-if you're successful.' "

STATE OF ORIO. CITY OF TOLEDO. See.

LUCAS COUTY.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & Co., dring business in the City of Toledo. County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRE that cannot be cured by the use of HALL'S CATARRE CURE.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D., 1896.

A. W. GLEASON, Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O

Sold by all Druggists, 73c.

Take Hall's Family Pills for constipation.

Her Disease. One day Marjorie, aged three, wanted to play doctor with her sister. Marjorie was the "doctor," and she came to make a call on her sister. who made believe she was sick. "Do you want to know what you've got?" the doctor asked, after a critical examination. "Yes," faintly assented the sick woman. "You've got dirty hands," said Marjorie, dropping in disgust the wrist on which she had been feeling the pulse.

The extraordinary popularity of fine white goods this summer makes the choice of Starch a matter of great importance. Defiance Starch, being free from all injurious chemicals, is the only one which is safe to use on fine fabrics. Its great strength as a stiffener makes half the usual quantity of Starch necessary, with the result of perfect finish, equal to that when the goods were new.

A woman derives more pleasure from planning things that never come off than a man does from the actual happenings of things.

Smokers have to call for Lewis' Single Binder cigar to get it. Your dealer or Lewis' Factory, Peoria, Ill.

We gain strength of the temptation



SAFEGUARD THE HOME

GOOD CITIZENS ARE THE BUL-WARK OF THE NATION.

EDUCATION AND PROTECTION

Two Vital Things to Be Considered by Those Who Would See the Greatest Progress and Advancement.

vancement and civilization there is One of the great beauties, and an also found among the people the high- extraordinary privilege of our Amerest type of fealty and love of home. Ican form of government, is the right The American homes are the most of ever citizen to take a part in pubsubstantial pillars of the nation's lic affairs and particularly in govpublican government.

manhood and womanhood. Where the counts of the doings of "get-richpeople are oppressed by monarchy quick" schemes. and feudalism there is no incentive to These days there is every oppordevelop the highest state of home life. tunity for self-improvement. Rural In America where all are upon an deliveries carry papers to the most development.

duties that good citizenship implies.

Importance of Good Roads. The town that has good roads leading to it is blessed. Surely there is no more disegreeable thing, nor anything more adverse to the business interests of a place than impassable boggy roads. There is a little excuse the hose gravely. in the well settled community for poor in order, but in the end it will prove that the saving in wear and tear on them like a gun, man." wagons and horses will well rapay all the additional expense. And to the mud to the nearer place.

Contrary to Home Building.

Trade is the life of the agricultural town. Any system that diverts this trade is injurious to the community. Here hes the evils of the mail order system. By drawing the trade from the towns, the principal support goes, and with its going disappears the employment for the people, the school system, and the churches and all the advantages that the town affords to the people of the community. Not alone this but home markets are destroyed and the farmer finds the value of his land reduced. Have the importance of home trading and home support instilled into the minds of the farmers in general, and there will be a rapid falling off of the catalogue house patronage.

Who Makes the Town?

The editor of the paper at Coyle, Okla., asks in large letters, "Who makes the town?" To make a town of the kind that go with the live town. requires the work of many people. It Not alone this but farm values are is surely not the man who earns his kept down. wages in the town and then spends his earnings elsewhere; not the farmer who sells his produce to the home merchant and then takes the money to the express or post office and sends by an English author. All the best it to the Chicago mail order house American plays these days are written for the goods he needs; nor the minis- by English authors." ter who is paid for preaching by the business interests of the place, and the songs they write," remarked her spends his spare time in working up friend. "Have you forgotten the Enggrocery clubs for an outside concern. lish song that had a chorus about the No, brother, these men do not make 'Cotton fields way down in Old New

Gov. Folk on Home Trade. "We are proud of our splendid cities and we want them to increase in tralia, makes it an offense for a subwealth and population and we also stance to be sold in that state as a want our country town to grow. We disinfectant unless it will, when used wish the city merchants to build up as directed, kill the germs of disease but we also desire the country mer-chants to prosper. I do not believe in must appear on each bottle or wrapthe mail order citizen. If a place is per. The total imports of disinfect

NO TIME FOR STUDY.

People Who Are Either Too Busy or Too Indolent for Self-Improv

That person who takes no interest in affairs of his fellow men, who fails to keep himself informed as to what is transpiring around him, is far from being either progressive or well-informed. These days when papers and magazines are so plentiful and so cheap, there is little excuse for the average person not keeping closely in touch with events, and particularly keeping enlightened as to what is Where is found the greatest ad- individual interests.

greatness, and in American citizen- ernmental transactions. How many ship is found the bulwark of our re- follow party leaders, perhaps blindly, and too late find that they made er-Where the home life is ideal, there rors through not having understood is found genuine patriotism which is the situation? How many who are always commensurate with the en- negligent in the study of measures lightenment and the domestic happi- that are brought up for consideration ness of the people. How important it both by state and national legislative is then that every safeguard be bodies, and too late find that unwise thrown about the home, which is the laws were enacted that directly ophotbed where are produced for devel- pressed certain classes to the adopment all the strength that is neces- vantage of others? How many people sary for the perpetuation of a govern- are gathered in by alluring promises ment and the maintenance of a na- made in the finely printed literature sent broadcast through the country The student who will study into for the purpose of exploitation of conditions of the countries that are fraudulent stock companies, just continually wrecked by internal tur- through not keeping informed as to moil, such as Russia and the Central the means and methods employed by American republics, will discover the schemers to entrap the unwary? It homes are far from ideal homes, and is conservatively estimated that each that there is an absence of the love year more than \$50,000,000, are taken of country that should be found in the from the earnings of the people just hearts of its citizens. There is a duty through the operations of fraudulent that involves upon all, and which is mining, oil, insurance and like condue to the generations growing and to cerns. It would be impossible for the come. The duty is to surround the promoters of such frauds to exist were home with such environments as will the people careful readers of the make it attractive and develop in the newspapers and the magazines, the growing youth the highest qualities of pages of which are filled with ac-

equal plane and opportunities are remote farms, and telephones connect open to every citizen, and where the the farmhouses in the average compeople are secure in their rights to munity. If the people were only to homes, there is every reason why utilize the means so close at hand, each one should make the greatest en- and to take the time to read, and exdeavor to found for himself and his amine into such propositions as interprogeny a residence place that will est them, there would be less cause be sure from intrusion and be an in- for complaint on the part of those centive to higher mental and social who perchance get their "fingers blistered." It is evident from the success Education is all important and no that exploiters of schemes meet with, other country in the world offers to that the majority of people lack good all such glorious advantages to re- business judgment, or that they are ed States. It is important that the sire. It is always a safe plan to avoid home be located near good schools. any investment that offers more than schools are generally found legitimate returns on an investment. where there are good homes and good Any proposition that will pay even towns. The quality of citizenship of a ten per cent. a year, and where the community can generally be gaged by principal is secured, can find all the the standard of its educational instit capital that may be required for its tutions. It is important to the home operation, without calling upon the builder that the town wherein he is lo- general public. It is only the uncercated or which he may reside near, tain kind of investments, the ones be a progressive place. And the bet- that are a "gamble," such as mining, ter that this town be, the better will and the like, that are most prominent be its educational facilities for the in the advertising columns of the pas youth. It is essential to the greatest pers. The basis on which the promotgood of a community that it be real- ers work, is the inclination of the peoized by all residing within it that the ple to seek great returns for little more wealthy it can be made, the money. It is the same sentiment that greater will be its advantages both as allows numerous establishments loto education and otherwise. By sup. cated in different parts of the country port to home institutions the home is to dispose of cheap goods at enormous made better in every way. Patriotic profits through holding out to the peocitizens will make it their first aim to ple the promise of extraordinary be loyal to their own home interests values. The well-informed man will and then their state and nation. One avoid all kinds of investment schemes who is loyal to home is generally that are designed to draw money from faithful in the performance of all the the pockets of the people, and will also refuse to buy any "pigs in bags," it matters not whether the matter of barter be stocks and bonds or the nec-

A Hose Hint.

essaries of life.

In the bluish dusk of the mild, sweet May evening the suburbanite squirted

"Look here," said a florist, "no wonroads. It may in the beginning be der your grass and shrubbery don't somewhat expensive to put the roads thrive. That is no way to water them. Hold the hose high. Don't aim it at

"No?" said the other. "Why not?" "Because," said the florist, "grass town good roads are almost vital. The and flowers must be watered as nature average farmer would rather drive does it. You must imitate rain with three or four miles farther to a town your hose. That's the idea. Up in the over good roads than do his trading air with it. Point it toward the sky. when it is necessary to go hub deep in Let the spray descend gently in a shower. Now you'll get results."

Adulterated Foodstuffs.

Recently a number of samples of coffee, extracts and canned goods sent out by a premium giving concern were examined by chemists in Missouri and in South Dakota and found to be greatly adulterated. These goods were sold at prices as high as the local grocers charge for the best class of articles. Those who are careful of health should not buy foodstuff that comes from the mail order houses, or from the premium giving concerns.

Killing the Small Towns. It is impossible to build up towns without there being business to em ploy the people who reside in them. The mail order system of doing business is killing off the small town, and as a result the farmers residing near them suffer by having a poor market, and poor schools and other blessings

"I'm going to see a new American play to-night," she was saying. "It's

"I hope they are more apropos than Jersey' ?"

A new regulation in Victoria, Ausgood enough for a man to live in and ants into the commonwealth of Aumake his money in, it is good enough tralia amounts to about \$250,000

Historic Island for Sale. Rassay Island, in the Inner Hebrides, which lies between the mainland of Scotland and the Isle of Skye: has failed to find a purchaser at the upset price of \$225,000 placed upon it. Its name is the Scandinavian for "the place of the roe deer," and the shootings, with the mansion house and grounds at the southern end, constitute the chief value of the island Near the northern end are the ruins of Brochel castle, the residence of its ancient lairds, the MacLeods. In celtic lore Rassay has a place and in England literature it is mentioned in Samuel Johnson's "Journey to the Western Islands of Sectland."

Laundry work at home would be much more satisfactory if the right Starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying :hickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using Defiance Starch, as it can be applied much more thinly because of its greater strength than other makes.

Just the Size. "I understand dat dere will be several bogus animals on de stage," said the long and lanky tramp as he read

the sign "Supes Wanted." "Yes," replied the short and stout wayfarer, "I am going to play de head of de elephant and me fat pardner is going to play de hind legs." "Hm! Then I suppose dere is no

chance for a tall, thin supe like me?" "Oh, yes, pard, you could play de neck of de giraffe."

Important to Mothers.

Examine carefully every bottle of CASTORIA.

a safe and sure remedy for infants and children. and see that it In Use For Over 30 Years.
The Kind You Have Always Bought.

Paper Pails for Milk. Paper pails are the latest sanitars device for the delivery of pure mill in London and other large English towns. They are used only once They are made of pulp and are steril ized by a heat of 500 degrees Fahren

By following the directions, which are plainly printed on each package of Defiance Starch, Men's Collars and Cuffs can be made just as stiff as desired, with either gloss or domestic finish. Try it, 16 oz. for 10c, sold by

Water Remarkably Pure. The water of Loch Katrine, in Scotland, is wonderfully pure. It holds only quarter-pound of alluvial deposit to every 1,000 gallons of water. The Thames averages four pounds to the

Temperature and Water. At sea level water boils at 212 degrees, F.; at a height of 10,000 feet at 193 degrees, F. When Darwin crossed the Andes in 1835 he boiled potatoes for three hours without making them

Does Your Head Ache? If so, get a box of Krause's Headache Capsules of your Druggist. 25c. Norman Lichty Mfg. Co., Des Moines, Ia.

Care of Submarine Cables. Fifty fine vessels are constantly employed in laying and repairing the submarine cables of the world.

Lewis' Single Binder Cigar has a rich taste. Your dealer or Lewis' Factory, Peoria, Ill.

A lawsuit is the thief of time and

Men with long heads are capable of using them on short notice.

NATURE PROVIDES FOR SICK WOMEN

a more potent remedy in the roots and herbs of the field than was ever

and heros of the held than was ever produced from drugs.

In the good old-fashioned days of our grandmothers few drugs were used in medicious and Lydia E. Pinkham, of Lynn, Mass., in her study of roots and herbe and their power over disease discovered and gave to the women of the world a newedy for their results; ills more remedy for their peculiar ills more potent and efficacious than any combination of drags.



Lydia E. Pinkham's Vegetable Compound is an honest, tried and true remedy of unquestionable therapeutic value.

During its record of more than thirty years, its long list of actual cures of those serious ills peculiar to women, entitles Lydia E. Pinkham's Vegetable Compound to the respect and confidence of every fair minded

vegetable Compound to the respect and coundence of every fair minded person and every thinking woman.

When women are troubled with irregular or painful functions, weakness, displacements, ulceration or inflammation, backache, flatulency, general debility, indigestion or nervous prostration, they should remember there is one tried and true remedy, Lydia E. Pink-

ham's Vegetable Compound. No other remedy in the country has such a record of cures of female ills, and thousands of women residing in every part of the United States bear willing testimony to the wonderful virtue of Lydia E. Pink-

ham's Vegetable compound and what it has done for them.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. For twenty-five years she has been advising sick women free of charge. She is the daughter-in-law of Lydia E. Pinkham and as her assistant for years before her decease advised under her immediate direction. Address, Lynn, Mass.

ALLEN'S FOOT-EASE A Certain Cure for Tired, Hot, Acking Foot. DO NOT ACCEPT A SUBSTITUTE.

Why not sell where you are. Bank some of your profits for iffcome and take up a new home, and start the boys too. Fine water; beautiful lakes; quick, fertile soil, fine climate. 35,000 acres. Farm any size. Title absolute. Investigate anywhere before buying. Write for maps and truthful representations. Address ROGER C. SPOONER, Pres. Donald L. & L. Co., Bernidit, Minn.

LIVE STOCK AND ELECTROTYPES in great variety for rale at the lowest prices b

If afflicted with | Thompson's Eye Water

PIT & PITLESS SCALES. For Steel and Wood Frames, 225 and up. Write us before you buy.

We save you money. Also Pumpe and Wind Mills.

BECLEAN BROOK, No Relies, in. W. N. U., OMAHA, NO. 26, 1907.

Whenever you buy oatmeal always buy

QuakerOats

It's the best oatmeal made; and in the 25c family package, in addition to the oatmeal, you get a beautiful piece of American china.

There is a nice assortment of cups and saucers, plates, bowls, etc.; an easy way to furnish your table.

The Quaker Oats Company CHICAGO

Quaker Wheat Berries are the newest thing in cereal foods-delicious.

