

**LUMBAGO AND SCIATICA**



**ST. JACOBS OIL**

Penetrates to the Spot Right on the dot.

Price 25c and 50c

The chief secret of comfort lies in not suffering trifles to vex us, and in cultivating our undergrowth of small pleasures.—M. Gerald.

**Purely Experimental.**

"Why in the world did you order a Welsh rabbit in this French place?" they asked her. "Of course, the cheese is about the same as you get everywhere, but how can you tell what a French Welsh rabbit will do to you afterward?"

"I'm not afraid," she informed them, placidly. "I just want to see what sort of ragsome nightmare French it will speak."

Laundry work at home would be much more satisfactory if the right starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using Defiance Starch, as it can be applied much more thinly because of its greater strength than other makes.

**Tin Used in United States.**

The total consumption of tin in the United States for 1906 was 42,900 tons, with 2,132 tons in stock at the close of the year. The shipments from Bolivia show an increase of 3,000 tons, from Cornwall an increase of from 700 to 1,000 tons and from Australia an increase of 1,000 tons, making the total European and American supply for the year about 32,500 tons.

**WILLING TO LET HIM DIE.**

Stinging Message Sent by Farmer Worsted in Business Deal.

In the old colony town of Scituate, Mass., once lived Deacon J., who had a yoke of oxen he desired to sell. The news reached the ears of Farmer T., who lived in another portion of the town, who was in want of a pair. So he visited the deacon, who met him with a gracious smile and led him to the oxen, which were chewing their cud and to all appearances ready for any amount of toil.

After some bargaining a difference of five dollars remained. Finally the deacon said "I am old and feeble and shall not live long, and five dollars will be of no account," so the bargain was made. Farmer T. took the oxen home.

They proved worthless, could not work, and had been heated. He felt provoked at being sold, and, seeing a person the next day who was going to the part of the town where the deacon lived, said: "You tell Deacon J.—he need not live another 4-4 minute longer on my account."

**SCIATIC TORTURE**

A Locomotive Engineer Tells How He Was Cured by Dr. Williams' Pink Pills.

Pain that seems almost unbearable is a characteristic of sciatic rheumatism. In some cases the pain is knife-like, sharp or shooting; in others it is dull and aching. Sciatic is stubborn in resisting treatment and the patient frequently suffers for years. This was the case with Mr. Herbert E. Spaulding, a locomotive engineer on the Cincinnati, New Orleans & Texas Pacific Railway, whose home is at Longview, Texas.

"While running an engine some years ago," he says, "I fell off and hurt my knee and spine and I have always considered this to be the cause of my illness. The sciatica took hold of me from my heel to the back of my head. The pain was the worst I ever suffered in my life and my leg and back were twisted out of shape. I was under a physician's care for several months and for six months could not get out of bed. I also went to Hot Springs but came back in a worse condition than when I went."

"It was when I was down in bed that I heard of the case of a Mr. Allison, a much older man than myself, who had been cured of sciatica by Dr. Williams' Pink Pills. I began taking the pills and soon was able to get out of bed. When I had taken six boxes I was able to work about the house and yard. I kept right on with the pills until I was cured of the trouble. I have been running an engine ever since."

Dr. Williams' Pink Pills are sold by all druggists, or sent postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50, by the Dr. Williams' Medicine Co., Schenectady, N. Y.

**READERS** of this paper desire to know that this advertisement is not a mere puff but a statement of fact.

**DEFIANCE Cold Water Starch** makes laundry work a pleasure. 15c per box. 25c per box. 50c per box. 100c per box.

**ROLAND AND OLIVER**  
By S. E. KISER.

"Well, old man, I'm mighty glad to see you. When did you leave home?"

"Thursday morning. I came straight through. You're looking well."

"Yes, I'm feeling first rate. And you left Thursday morning? It seems an age since I came away."

"How long have you been here, now?"

"It'll be five years the 16th of next month."

"As long as that? How time flies. Let's see—you've never been back at all, have you?"

"No, I've been expecting every summer to be able to get away for a few weeks, but something has always happened to upset my plans. How is everybody, anyhow?"

"Oh, about the same. I suppose you know that Dave Simmons and his wife have parted?"

"No! Is that so? Well! What was the trouble?"

"Got tired of each other, I guess. Dave and Abbie Bramwell are to be married soon."

"Abbie Bramwell? Why, she married Jim Hewlett."

"Yes, but they were divorced over a year ago."

"The dickens you say?"

"Tom Decker's wife was mentioned as a correspondent in their case."

"Fanny Decker—for heaven's sake! There wasn't any truth in it, was there?"

"I don't know. They kept it out of the papers. The Deckers are living apart, though."

"By George! What next? Arthur Creston and Madge Burroughs were engaged to be married when I left. How are they getting along?"

"They lived together about a year and a half. She's Frank Wentworth's wife now."

"What! Well, I'm not so much surprised at that. She and Arthur might have known that they'd never get along together. What happened to Frank's first wife? Is she dead?"

"No, she got a divorce and went on the stage. They say she's doing pretty well. Of course, you've heard about Billy Hemenway and his wife?"

"They're not divorced, are they?"

"I should say they were. She was married to Fred Reynolds last fall, and they say Billy and Fred's former wife, who, you remember, was Bertha Steele, are going to try their fortunes together."

"Go on! You don't mean it? How is your—ah—how is Sam Davis getting along? It seems to me that I heard somewhere not long ago that he had lost most of his money."

"He's all right again. I guess he did drop a lot of it speculating, but he had investments that turned out very well, so he isn't hard up, by any means. He married Abbie Willard after she and Joe were divorced."

"Joe and Abbie Willard divorced? Whatever made them separate? They were the last people on earth that I'd have expected to have trouble."

"I guess it was Joe's fault. He became pretty gay after he got that money from his grandfather."

"Who's he going to marry?"

"He and Helen Bassett have been married for nearly a year."

"Helen Bassett?"

"Yes, Dick Bassett's wife, you know. Dick let her get a divorce, and Joe Willard is said to have given him \$20,000. I don't know how true it is."

"Things seem to have been happening since I left. How is your—ah—mean, how are the Simpsons getting along?"

"Do you mean Ed Spencer? He and his wife got divorced and she and Dick Bassett have since been married. They say Ed and Wallace Harper's former wife are likely to pair off before long."

"Is Wallace dead?"

"Hardly. He's very much alive. He and Alice Carter were married three weeks ago."

"Who is Alice Carter?"

"Why, you must know her. She was Johnny Booth's first wife. He resumed her maiden name after their divorce."

"Good Scott! The Johnny Booths, too! How is your—ah—and so Johnny's married again, too?"

"Yes, he married Maude Rankin. There was a good deal of talk about him and her before Johnny and Alice separated."

"There was, eh? How is your—ah—that is—are you traveling alone?"

"No, my wife's with me. How is your—ah—do you like it here?"

"Yes, first rate. I didn't at the start, but I've become acquainted now, and things have been coming my way pretty regularly lately, so I'm very well satisfied. I'd like to have you and your wife come out to the house and see us. Can't you come this evening?"

"It's mighty nice of you to ask my out. I'll be glad to go, and I think my wife will appreciate it, too. Does your wife like it here?"

"Oh, yes; you couldn't get her to live anywhere else. She was born and reared here, you know. All her people and her friends live here, and—"

"Then you—that is—I hadn't heard—"

"Yes, it was two years ago. Of course, I'd have felt differently about it if we'd had any children, but—oh, well, that's all past now. I'm glad you brought your wife with you. It'll be a pleasure to hear her cheery laugh again. You're here on business principally, I suppose?"

"No, we—I guess you don't quite understand. We are here on our wedding trip."—Chicago Record-Herald.

**Church Union in Canada.**

Forward steps are being taken by the Congregationalists, Presbyterians and Methodists in Canada toward church union. The third annual conference of representatives of these three bodies was held in Toronto, December 11-14, and this was considered the most significant gathering of all. These officials are corresponding with the Baptists and Anglicans in the Dominion, also discussing a larger union.

**Mittenwald, in Bavaria, makes the world's violins.** It produces 50,000 instruments a year.

**Three Boys Had Eczema.**

Were Treated at Dispensary—Did Not Improve—Suffered Five Months—Perfect Cure by Cuticura.

"My three children had eczema for five months. A little sore would appear on the head and seemed very itchy, increasing day after day. The baby had had it about a week when the second boy took the disease and a few sores developed, then the third boy took it. For the first three months I took them to the N— Dispensary, but they did not seem to improve. Then I used Cuticura Soap and Cuticura Ointment and in a few weeks they had improved, and when their heads were well you could see nothing of the sores. Mrs. Kate Keim, 513 West 29th St., New York, N. Y., Nov. 1, 5 and 7, 1906."

**THE ARTISTIC WALL.**

One of Solid Color Will Always Give Best Effect.

The dearest, daintiest, most artistic wall is a solid colored wall. It furnishes a perfect background for all kinds of pictures, it throws them out in their correct proportions, and does not detract from their artistic value. The solid colored wall is also much better as a background for furniture, and harmonizes much more artistically with carpets and rugs than any other method of wall treatment. The less breaking up of color on a wall the more artistic it is.

The most successful form of the solid colored wall is an alabaster wall. There is as much difference between tinted walls, as there is between shoddy and all-wool goods. The shoddy gown holds its color for a few days, while the all-wool keeps its color to the very last thread, so also in solid colored walls, there are shoddy walls and permanently colored walls which retain their color down to the very last particle. The ideal wall coating never rubs off, never fades nor chips off and is always ready for a fresh coat. If there is wallpaper on the wall, soak it off with warm water, then go over the plaster after you have removed the paper with warm water to remove every trace of paste. Have the wall thoroughly clean for a clean wall cannot be built on an unclean foundation. If there are any particles of foreign matter adhering to the wall scrape them off with a putty knife. Then if there are any discolorations on the wall, size it with a material made from cheap varnish, thinned down with benzine and japan added, for a drier, then cover your wall with your material using a tinting material mixed with cold water. If he comes to you and asks for warm water, you can make up your mind that there is glue in the material which he proposes to put on your wall, and you can be certain that you are going to have a shoddy wall, for glue means shoddy. Glue means that it will hold its color long enough for the man to collect his bill and not much longer. Insist on your tinting material being mixed with clear, cold water. Be sure that your wall is made from pure material, then you will have a permanent, artistic, sanitary wall. A wall that will be a "thing of beauty and a joy forever."

**FOOLED THE PREACHER.**

A Doctor's Brother Thought Postum Was Coffee.

A wise doctor found out coffee was hurting him, so he quit drinking it. He was so busy with his practice, however, that his wife had to write how he fooled his brother, a clergyman, one day at dinner. She says: "Doctor found coffee was injuring him and decided to give Postum a trial, and we have used it now for four years, with continued benefit. In fact, he is now free from the long train of ills that follow coffee drinking."

"To show how successful we are in making Postum properly I will relate an incident. At a dinner we gave, Doctor suggested we serve Postum instead of ordinary coffee."

"Doctor's brother, a Clergyman, supposed it was old fashioned coffee and remarked, as he called for his second cup: 'If you do preach against coffee, I see you haven't forgotten how to make it.'"

"This goes to show that well-made—fully boiled—Postum has much the flavor and richness of good coffee although it has an individuality all its own. A ten days' trial will prove that it has none of the poisonous effect of ordinary coffee, but will correct the troubles caused by coffee. 'There's a reason.' Name furnished by Postum Co., Ltd., Battle Creek, Mich."

**Pinx 200 Years Old.**

Charles H. Lord of Dunbarton, N. H., recently cut a large pine tree on his farm which, from the rings, was 200 years old. The tree was 124 feet tall, measured five feet four inches on the stump, and at the height of 60 feet measured three feet in diameter.

**TACK THIS UP.**

Simple Advice Which May Prove of Untold Value.

At the first sign of Backache or pain in the region of the Kidneys, or weakness and Urinary trouble, the following simple prescription should be used:

Fluid Extract Dandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.

Any good prescription pharmacy will supply these three ingredients at small cost, which can easily be mixed by shaking well in a bottle. This is said to force the Kidneys to filter the sour acids and poisons from the blood, overcoming the worst cases of Rheumatism.

**Coldest European Winter.**

In the year 1814 the Thames froze and the English channel was for a time impassable because of icebergs. The coldest European winter on record was that of 1708-1709. It began early in October. In 1740 also the cold was so intense that birds fell dead to the ground.

**HE HAD TASTE IN VEILS.**

Unfortunate Admission That Made Trouble for George.

She was standing by the mirror. He was buried deep in the sporting page. "George!"

"Well, well! What is it now?"

"How do you like my new veil?"

"Oh, it is very pretty. Anything else?"

"But how do you know it is pretty? Men don't know anything about veils."

"You are very polite toward our sex. I would have you understand that I have a taste for veils."

"Yes, I have tasted a dozen veils. That is—er—I mean I have—no, yes, I—what in thunderation do I mean?"

"Stop! Not another falsehood. George Brown! You have been kissing some girl through her veil. You know the taste of veils, eh? You deceiver. I—"

But poor George had fed.

**STOOD THE TEST.**

Alcock's Plasters have successfully stood the test of sixty years' use by the public; their virtues have never been equalled by the unscrupulous imitators who have sought to trade upon their reputation by making plasters with holes in them, and claiming them to be "just as good as Alcock's."

Alcock's plasters stand to-day indorsed by not only the highest medical authorities, but by millions of grateful patients who have proved their efficacy as a household remedy.

**TO BE REFILLED.**

One of the suburbs of Chicago is the site of a well-known school of theology, from which go out each weekend many members of the senior class to try their voices as "supplies."

A passenger on a Monday morning train was surprised at the number of them who got off at the station.

"What are all these chapmen getting off here?" he asked the brakeman.

"Them?" asked the brakeman. "Oh, they're returned empties, for the college."—Youth's Companion.

**IMPORTANT TO MOTHERS.**

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, not see that it.

Bears the Signature of *Dr. J. C. Watson*

In Use For Over 30 Years. The Kind You Have Always Bought.

**ADVANCEMENT IN SIBERIA.**

Agricultural schools have been established in several places in Siberia, and a certain number of steam plows, reapers and the like are now in use.

One trial will convince you of the peculiar fitness of Nature's remedy, Garfield Tea, for liver, kidneys, stomach and bowels, for impure blood, rheumatism and chronic ailments.

**TRUE DIGNITY IS NEVER GAINED BY PLACE, AND NEVER LOST WHEN HONORS ARE WITHDRAWN.—Mansinger.**

**PANTHERS AND GRIZLY BEARS.**

Ship Furs Pelts McMillan Fur & Wool Co., Minneapolis, Minn. Write for prices.

**THE SUREST WAY NOT TO FAIL IS TO DETERMINE TO SUCCEED.—Sheridan.**

Lewis' Single Binder straight 5c. Many dealers prefer them to 10c cigars. Your dealer or Lewis' Factory, Peoria, Ill.

Without self-sacrifice true friendship cannot exist.—Goethe.

**FADED TO A SHADOW.**

Worn Down by Five Years of Suffering from Kidney Complaint.

Mrs. Remetho Myers, of 150 South Tenth St., Ironton, O., says: "I have worked hard in my time and have been exposed again and again to changes of weather. It is no wonder my kidneys gave out and I went all to pieces at last. For five years I was fading away and finally so weak that for six months I could not get out of the house. I was nervous, restless and sleepless at night, and lame and sore in the morning. Sometimes everything would whirl and blur before me. I bloated so badly I could not wear tight clothing, and had to put on shoes two sizes larger than usual. The urine was disordered and passages were dreadfully frequent. I got help from the first box of Doan's Kidney Pills, however, and by the time I had taken four boxes the pain and bloating were gone. I have been in good health ever since."

For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

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**Cats—Heads 2 Foot Long.**

The John A. Fisher Seed Co., La Crosse, Wis., are bringing out a new cat this year with heads 2 foot long! That's a wonder! Their catalog tells!

Send for the greatest cereal hay food America ever saw! Catalog tells!

**FREE**

Our mammoth 168-page Seed and Tool Catalog is mailed free to all intending buyers, and send for it stamps and receive free samples of new Two Foot Long Oats and other cereals and big catalog free.

John A. Fisher Seed Co., Box W, La Crosse, Wis.

**ON DESERVED VACATION.**

After 15 years of continuous service, during which he has never taken a vacation, Prof. John Sterling Kingsley, of Tufts college has been granted a year's leave of absence, which he will pass in scientific research in Italy. He is one of the most widely known authorities on zoology in the country.

**HOW'S THIS?**

We offer One Hundred Dollars Reward for any one who can identify the man in the photograph as the man who was in the photograph at the time of the robbery at the residence of the late Mrs. J. J. Cheney & Co., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all his transactions and financially able to carry out any obligations made by him.

Wholesale Druggists, Toledo, O.

W. A. R. Cheney & Co., 1215 Broadway, New York City. Directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 25 cents per bottle, sold by all Druggists.

**MISSIONARY'S LARGE DISTRICT.**

The Rev. W. Arthur Noble, of Korea, has one of the largest districts in Methodism. Recently he walked 800 miles, the churches in one section of his district being near enough for him to do this.

With a smooth iron and Defiance Starch, you can launder your shirt-waist just as well at home as the steam laundry can; it will have the proper stiffness and finish, there will be less wear and tear of the goods, and it will be a positive pleasure to use a Starch that does not stick to the iron.

**CITY'S DEATH RATE REDUCED.**

The London death rate is now nearly 30 per cent. lower than it was at the coming into operation of the public health act in 1891. In that year the death rate was 17.1; in 1905 it was 15.1 a thousand.

**IN A PINCH, USE ALLEN'S FOOT-POWDER.**

A powder. It cures painful, smarting, nervous feet and improving nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all Druggists, 25c. Accept no substitute. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

**CHARACTER IS THAT KIND OF STATIONARY WHICH A MAN CUTS OUT WITH HIMSELF AS BOTH TOOL AND SUBJECT.—Sterne.**

**ONLY ONE "SHODDY QUININE"**

That is LAXATIVE BUNDO Quinine. Specially adapted for medicinal purposes. The first and only one with red lettering, and bears the signature of E. W. GROVE, Inc.

**THERE ARE AS MANY MISERIES BEYOND RICHES AS ON THIS SIDE OF THEM.—Isaiah Walton.**

**Mrs. Winslow's Soothing Syrup.**

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. It's a blessing.

**Virtue is the first title of nobility.**

—E. C. Lefroy.

**THE VALUE OF PERSONAL KNOWLEDGE**

Personal knowledge is the winning factor in the culminating contests of this competitive age and when of ample character it places its fortunate possessor in the front ranks of the world.

A vast fund of personal knowledge is really essential to the achievement of the highest excellence in any field of human effort.

A Knowledge of Forms, Knowledge of Functions and Knowledge of Products are all of the utmost value and in questions of life and health when a true and wholesome remedy is desired it should be remembered that Syrup of Figs and Elixir of Senna, manufactured by the California Fig Syrup Co., is an ethical product which has met with the approval of the most eminent physicians and gives universal satisfaction, because it is a remedy of

Known Quality, Known Excellence and Known Component Parts and has won the valuable patronage of millions of the Well Informed of the world, who know of their own personal knowledge and from actual use that it is the best and best of family laxatives, for which no extravagant or unreasonable claims are made.

This valuable remedy has been long and favorably known under the name of—Syrup of Figs—and has attained to world-wide acceptance as the most excellent family laxative. As its pure laxative principles, obtained from Senna, are well known to physicians and the Well Informed of the world to be the best we have adopted the more elaborate name of—Syrup of Figs and Elixir of Senna—as more fully descriptive of the remedy, but doubtless it will always be called for by the shorter name of—Syrup of Figs—and to get its beneficial effects, always note, when purchasing the full name of the Company—California Fig Syrup Co.—printed on the front of every package, whether you call for—Syrup of Figs—or by the full name—Syrup of Figs and Elixir of Senna.

**CALIFORNIA FIG SYRUP CO.**  
SAN FRANCISCO, CAL., U.S.A.  
LOUISVILLE, KY. LONDON, ENGLAND. NEW YORK, N.Y.

**For Woman's Eye**

Women's troubles very often occur regularly at a certain time every month. Because this may have been so all your life, is no reason why it should continue. Many thousands of women, who had previously suffered from troubles similar to yours, due to disorder of the womanly organs, have found welcome relief or cure in that wonderfully successful medicine for women,

**Wine of Cardui**

Mrs. Lotts Forte, of Toledo, Ill., writes: "I am well pleased with the results of using Cardui. I have taken three bottles and am now perfectly well, free from pain and have gained 25 pounds in weight."

**WRITE US A LETTER** Write today for a free copy of valuable 64-page Illustrated Book for Women. If you need Medical Advice, describe your symptoms, stating age, and reply will be sent in plain, sealed envelope. Address: Ladies Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.

**WOMEN IN HOSPITALS**

Experiences of Mrs. Rockwood and Miss Tierney



A large proportion of the operations performed in our hospitals are upon women and girls for some organic trouble.

Why should this be the case? Because they have neglected themselves, as every one of these patients in the hospital beds had plenty of warning in those dragging sensations, pains at left or right of abdomen, backaches, nervous exhaustion, inflammation, ulceration, displacements, and other organic weaknesses.

All of these symptoms are indications of an unhealthy condition of the female system and if not heeded the penalty has to be paid by a dangerous operation. When these symptoms manifest themselves, do not drag along until you are obliged to go to the hospital and submit to an operation—but remember that Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, has saved hundreds of women from surgical operations.

Lydia E. Pinkham's Vegetable Compound has cured more cases of feminine ills than any other one remedy. Such letters as the following:

**Mrs. Pinkham's Standing Invitation to Women**

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised. Out of her vast volume of experience in treating female ills Mrs. Pinkham probably has the very knowledge that may help your case. Her advice is free and always helpful.

Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills.

**SICK HEADACHE FARMS THAT GROW**

"NO. 1 HARD" WHEAT

Sixty-three pounds to the bushel. Are selected in the Canadian West where Home-Produced Wheat is obtained free by every settler willing to comply with the Home-Produced Wheat Act. During the present year a large portion of

**Now Wheat Growing Territory**

HAS BEEN MADE ACCESSIBLE TO MARLBOROUGH BY THE RAILWAY CONSTRUCTION that has been pushed forward so vigorously by the three great railway companies.

For literature and particulars address SUPER-INTENDENT OF INSURANCE, Ottawa, Canada, or the following authorized Canadian Government Agent:

W. V. BERRITT, 801 New York Life Building, Omaha, Nebraska.

W. N. U., OMAHA, NO. 12, 1907.