THE WHITE PLAGUE

SYSTEMATIC WARFARE WAGED TO WIPE OUT CONSUMPTION.

Warning That Intemperance Increases the Liability to Contract Disease Neglected Colds a Prolific

Organised effort is now being made throughout the United Stated to fight sumption. A warning is given against intemperate habits, which increase the liability to consumption. while spitting is public places is deprecated, as the disease is frequently contracted from dried sputum.

Colds should not be neglected, as they leave the lungs in a peculiarly receptive condition for the tuburcu lar germ. The following simple formula will break up a cold in twentyfour hours. A leading authority on lung trouble says that when prepared from pure ingredients, it will cure any cough that is curable.

Take half ounce Virgin Oil of Pine (Pure); two ounces glycerine and half pint good whisky. Shake well and use in teaspoonful doses every four hours.

The ingredients can be secured from any good prescription druggist at small cost, and to avoid substitution should be purchased separately and mixed in your own home.

Virgin Oil of Pine (Pure) is put up in half-ounce vials for dispensing. Each vial is securely scaled in a round wooden case, with engraved wrapper, with the name-Virgin Oil of Pine (Pure), prepared only by Leach Chemical Co., Cincinnati, O .plainly printed thereon. There are many rank imitations of Virgin Oil of Pine (Pure), which are put out under various names, such as Concentrated Oil of Pine, Pine Balsam, etc. Never accept these as a substitute for the Pure Virgin Oil of Pine, as they will invariably produce nausea and never effect the desired result.

Economy as the Boy Saw It. Paul Morton, in a recent address on insurance, said of a certain proposed economy:

"That would not be an economy, but an extravagance, in the long run. It reminds me of the boy and the jam. "'My son,' said this boy's mother, 'isn't it rather an extravagance to eat

butter with that superb jam?" "'No, ma'am, it's an economy,' the boy answered. 'The same piece bread does for both.'

There is more Catarrh in this section of the country few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly falling to cure with local treatment, pronounced it incurable. many years doctors pronounced it a local disease and prescribed local remadies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires canatitutional treatment. Hail's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is theonly Constitutional cure on the market. It is taken internally in doses from 10 drops to a tenspountul. It acts directly on the blood and muoous surfaces of the system. They offer one bundred dollars for any case it fails to cure. Send for circulars and testimonials.

Address: F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75. Sold by Druggists, 75c.

Take Hairs Family Pills for constipution.

POTENT LIQUOR IS SAKE.

Lafcadio Hearn's Testimony as & Strength of Japanese Wine.

There is no liquor in the world upon which a man becomes so quickly intoxicated as Japanese sake (rice wine), and yet none of which the effects last so short a time. The intoxication is pleasant as the effect of opium or hasheesh. It is soft, pleasant, luminous exhilaration, everything becoming brighter, happier, lighter; then you get very sleepy.

At Japanese dinners it is the rule to become slightly exhibarated, but not to drink enough to talk thickly or walk crooked. The ability to drink at ban-

quets requires practice-long practice. There are banquets of many kinds, and the man who is invited to one at which extensive drinking may be expected is careful to start in upon an empty or almost empty stomach. By not eating one can drink a good deal. The cups are very small and of many curious shapes. One may be expected to empty 50. A quart of sake is a good deal; two quarts require iron nerves to stand. But among the Japanese there are wonderful drinkers. At a military officer's banquet a captain These tender flowers are sent to you by offered me a tumbler holding a good pint of sake. I almost fainted at the sight of it, for it was only the first. But a friend said to me: "Only drink a little and pass it back," which I did. Stronger heads emptied cup after cup like water.—Letters of Lafcadio

MAY BE COFFEE

That Causes all the Trouble.

When the house is afire, it's like a body when disease begins to show, it's no time to talk but time to act-delay is dangerous-remove the cause of the trouble at once.

"For a number of years," says a Kansas lady, "I felt sure that coffee was hurting me, and yet, I was so fond of it, I could not give it up. I paltered with my appetite and of course yielded to the temptation to drink more. At last I got so bad that I made up my mind I must either quit the use of coffee or die.

"Everything I ate distressed me, and I suffered severely almost all the time with palnitation of the heart. I frequently woke up in the night with the feeling that I was almost gone,—my heart seemed so smothered and weak in its action that I feared it would stop beating. My breath grew short and the least exertion set me to panting. I slept but little and suffered from rheumatism.

Two years ago I stopped using the old kind of coffee and began to use Postum Food Coffee, and from the very first I began to improve. It worked a miracle! Now I can eat anything and digest it without trouble. I sleep like a baby, and my heart beats full, strong and easily. My breathing has become steady and normal, and my rheumatism has left me. I feel like another person, and it is all due to quitting coffee and using Postum Food Coffee, for I haven't used any medicine and none would have done any good as long as I kept drugging with coffee." Name given by Postum Co., Battle Creek, Mich. "There's a Reason." Read the little book, "The Road to Wellville," in plan. All



BY GRACE DUFFIE BOYLAN

NE STACEY sat with

er back to the light of her existence and the chandelier. But the respective luminaries remained equally indifferent, the one obscured by his evening paper and the other by a pink-tissue shade. So she lifted her pretty foot to the glow of the fire-the only glow

that seemed in evidence practised game of making the best of things. But the play went dully this night, although the coals arranged the usual pictures for her to gaze into and the castle-building materials were all at hand. Now and then she glanced at a big bowl of violets which stood on the table near her. and in her expression was a curious blending of indignation and triumph. There was silence in the room, except for a slow-pulsed clock, which struck the quarter-hours reluctantly, and the occasional rustling of the turning

pages of the newspaper. She felt strangely lonely. The girls had gone out, wearing their viclets pinned in the fur and laces at their bonnie throats. The fragrance of the flowers at her side swept up with the memory of the lines which had come as a valentine to little Jeanne:

This thing I know, my dear, My love for you, my dear, Will last for aye!

"But it doesn't, Jeanne, child," she whispered sadly. "It does not last any longer than the dew lasts on the roses. But it is so sweet to be deceived!" She sighed. And again her eyes fell on the violets.

"Who in the world could have sent them to me?" she murmured. "And the verses! Impertinent, of course. But rather dear. The writing looks a little familiar, too; but I can't place it." She drew a little note from the dainty little rose-colored bag which swung from the ribbons at her waist. eyes, as she read:

To whom you are the starlight and the Their fragrance bears a message fond From out a heart that beats alone for

"How dreadful!" murmured Anne Stacey, but with commendable forbearance. "I must show it to Dick!" She rose determinedly, just as there was a sound of a sliding paper and a snore. She turned back and sat down. and the little foot on the fender tapped impatiently.

"Asleep again," she said, "and it is only half-past eight! Another tiresome evening ahead of me. Oh. dear. I don't see why I ever married him! A man so absorbed in business has no right to marry. He is so tired and dull when he comes home that he never talks. I believe I am getting so I dislike Dick, anyway. I just won't try to tell him about the flowers and note. He doesn't take the trouble to tell me anything. I wish I knew who sent it -that's what I wish!" Her cheeks were flushed now, and she looked resentfully at the form in the big leather chair. "I won't tell him a word," she repeated - then called sharply:

"Dick!" Stacey started up, dazedly. "Eh? Yes. All right! What is it, mam-

"It's St. Valentine's eve!" "The deuce it is! I thought it was

morning. What's up?" There was a pause, after which another gasp and snore was followed by

an apologetic: "Did you speak, mamma?" "I only said it was St. Valentine's

"Oh, yes, so you did." (Yawn.) "Who was the old duffer anyway? Been reading about him for the club?"

Mrs. Stacey ignored the question so coldly that Stacey dimly realized that something ought to be said or

"This," he began insinuatingly, "this isn't an anniversary of any kind, is it? We were not married or anything on Valentine's day, were we?" doesn't think oftener than once a "If I had to ask such a question as month.

that I'd keep still about it!" announced Mrs. Stacey. Her husband retired behind his paper. This was no time to discuss racial peculiarities of iron.

"The girls have each received lovev big bunches of violets." "Bully for the girls! Who sent

"We don't know. Jeanne's came with a valentine-poetry, you know." "Well, of course," said Stacey, "that is harder to bear. Know who wrote

Mrs. Stacey shook her head. "No. But it is beautiful. She will always remember it." "Will, eh? Can't get it out of her head, I suppose. Something like that

Blue - trip - slip-for-an-eight-cent-fare

Mrs. Stacey gave wifely inattention to his joke. Her mind seemed fixed on other subjects. Finally: "A woman always remembers such things. And sometimes they make dangerous

food for hungry hearts." The man behind the paper became conscious of a fineaning in his wife's tone. He looked over the top of the sheet, to see that her gaze was fixed upon a bowl of violets on the stand before the fire. She went on:

"You never sent me a valentine, Dick. But some one else has. I wasn't going to tell you-when you were

"Well, I'm glad you didn't then. But what about it now?" "There isn't anything more about it. At least I only know that I received a valentine and a bunch of flowers,

and I don't know who sent them. I wish I did, because I am tired of being left alone and neglected andso there!" "Wby, mamma! Why-"

"You needn't 'Why' me!" The pitcher of patience indeed had been broken at the fountain. Mrs. Stacey was royally angry and in tears. "What do you men think women want in this life? Do you think we are satisfied with food and fire and clothes? I tell you we want love and attention as much as we do when we were young girls! And if husbands are too busy or too indifferent to give these things, some other men will!"

She stopped, with shamed sobbing. Stacey had risen and now stood beside her chair. "What did he say, Anne?" he questioned quietly. But she shook her head miserably.

"What did he say?" He reached and scanned it by the firelight. A down and took her slender hand in half-pleased smile crept up to her his broad palm. His little ring glimmered upon it in the firelight. "I can't tell you. You-never would

understand-or appreciate-such tenderness. You-you never have-time

"What did he say, dear?" "Oh, Dick. If only you had made love to me-if you ever-ever had-" "Tell me what he said. You can't? Then let me tell you."

He knelt down beside her and her wondering eyes saw tears upon his bearded cheeks. But he reached over and took the bowl of violets in his hand as he said:

These tender flowers are sent to you by To whom you are the starlight and the

"Dick! You? You?" She threw her arms around his neck. Her cheek was upon his cheek, her eyes seeking his eyes, as he continued: Their fragrance bears a message fond

and true From out a heart which beats alone for

Then there was silence in the little room where a man knelt with his wife in his arms and the quick-pulsed clock called blithely the quarter-hours as they ran away with the eve of St. Valentine.

SELDOM THINKS.



valentine and a note saying his thoughts are all of me-Ernest-That signifies nothing; he

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Top Prices for Hides, Furs, Pelts.

Observe what direction you thoughts and feelings most readily take when you are alone, and you will then form a tolerably correct opinion of yourself.—Bengel.

Important to Mothers.

The Infinite.

From every point of view and from everything that the human mind touches we are in touch everywhere with the infinite, and the infinite is just as absolute a fact as the most finite thing touched by the mind or the physical being of man.

With a smooth iron and Defiance Starch, you can launder your shirtwaist just as well at home as the steam laundry can; it will have the proper stiffness and finish, there will be less wear and tear of the goods, and it will be a positive pleasure to use a Starch that does not stick to the

Playing at Occultism.

There is a danger to-day of psychical research degenerating into a fashionable society amusement without practical aims, and there are prominent members of the Society for Psychical Research who do less than little to discourage this tendency.-Occult Review.

Oats-Heads 2 Foot Long. The John A. Salzer Seed Co., La Crosse Wis., are bringing out a new oats this year with heads 2 foot long! That's a wonder. Their catalog tells! Spetz—the greatest cereal hay food America ever saw! Catalog tells!

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Our mammoth 148-page Seed and Tool huyers, or send 6c in stamps and receive free samples of new Two Foot Long Oats and other cereals and big catalog free. John A. Salzer Seed Co., Box W, La Crosse, Wis.

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Lewis' Single Binder straight 5c. Many smokers prefer them to 10c cigars. Your dealer or Lewis' Factory, Peoria, Ill.

Men never fully appreciate the blessings of poverty until after they break into the millionaire class.

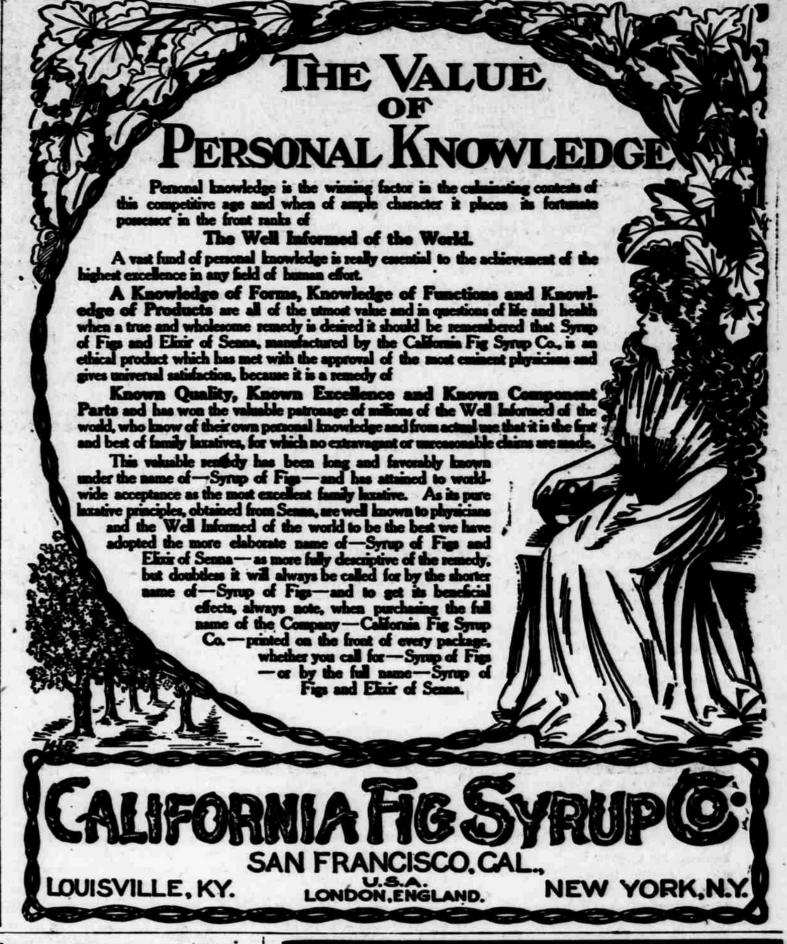
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Preparation for healthy mater-nity is accomplished by Lydia E. Pinkham's Vegetable Compound, which is made from native roots and herbs, more successfully than by any other medicine because it gives tone and strength to the entire feminine organism, curing displacements, ul-ceration and inflammation, and the

result is less suffering and more children healthy at birth. For more than thirty years Lydia E. Pinkham's Vegetable Compound

has been the standby of American mothers in preparing for childbirth.

Notewhat Mrs. James Chester, of 427 W. 35th St., New York says in this letter:—Dear Mrs. Pinkham:—"I wish every expectant mother knew about Lydia E. Pinkham's Vegetable Compound. A neighbor who had learned of its great value at this trying period of a woman's life urged me to try it and I did so, and I cannot say enough in regard to the good it did me. I recovered quickly and am in the best of health now."

Lydia E. Pinkham's Vegetable Compound is certainly a successful remedy for the peculiar weaknesses and ailments of women.

It has cured almost every form of Female Complaints, Dragging Sensations, Weak Back, Falling and Displacements, Inflammation, Ulcerations and Organic Diseases of Women and is invaluable in preparing for Childbirth and during the Change of Life.

Mess. Displacements, Standing Invitation to Women.

Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, at Lynn, Mass. Her advice is free.

For Reconstructing Kingston.

Kingston, Jamaica-The reconstruction committee appointed by Archbishop Nuttail to carry out proposals for rebuilding the city met and passed a resolution to ask the imperial government to advance a loan of \$5,000,-000 at a low rate of interest.

averaging about 4 per cent, is granted firemen, trainmen, yardmen and switchmen of the Toledo & Ohio Central railway as the result of a conference of railway officials and represent atives of the employes.

Wages Advanced.

Columbus, O.-An advance in wages,

DEFIANCE STARCH—The package "DEFIANCE" IS SUPERIOR QUALITY. ore eyes, wee Thempson's Eye Water

W. N. U., OMAHA, NO. 6, 1907.

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A Little Child

carries with it the possibilities of great happiness, into the heart of a childless home. Women who wish for children, should understand that sterility is not so much of a disease, as a symptom of female weakness, and, that in 90 cases out of 100, when the female weakness has been cured by

the longed-for visit of the stork comes. Dr. J. J. Livingston, of Freeman, Ind., writes: "I prescribed Cardut to a lady patient, who had previously had three or four mishaps. She took 6 bottles and was soon made the happy mother of a well-grown boy, who is still living and doing well. I think that Wine of Cardui is the sole cause of her being able to have this child." Whatever may be the form of your female trouble or weakness, try Cardul. It is a reliable remedy for all the diseases peculiar

AT ALL DRUGGISTS IN SLOO BOTTLES