

Expert Ocean Mail Services. One of the most interesting performances of modern times is the handling of the mails in great ocean steamships. Some of the men become so expert at sorting that they work almost automatically, many of them being able to put their finger on any particular town marked on the rack blindfolded. On an ordinary western trip they carry on an average about 250,000 letters and some 10,000 registered packets. The latter have all to be written up in detail in their books during the voyage, and this takes more time than the actual sorting. The officials do not always manage to finish the work by the time the vessel reaches port, and when such is the case they accompany what is left to the general post office and complete the job there.

Clover & Grass Seeds.
Everybody loves lots and lots of Clover Grasses for hogs, cows, sheep and swine.



We are known as the largest growers of Grasses, Clovers, Oats, Barley, Corn, Potatoes and Farm Seeds in America. Operate over 5,000 acres.

Our mammoth 148-page catalog is mailed free to all interested buyers; or send \$2 in stamps and receive sample of "perfect balance ration grass seed," together with Fodder Plants, Clover, etc., etc., and big Plant and Seed Catalog free.

Tibetan Printing.
Great printing works are established at Nartang, in Tibet. A correspondent says: "There are thousands and thousands of blocks at Nartang, comprising matter in type equivalent to numerous different volumes. Each wooden block is about 24 inches long by 12 inches wide, one face having carved upon it a complete page of lettering. The method of printing is primitive in the extreme and consists of laying the paper on a flat surface and levering the block upon it with a long handle such as the village blacksmith works his bellows."


Revolt Against Trading Stamps.
"No more trading stamps," is the slogan of a campaign which English grocers are carrying on. One of them, whose shop is in East London, says: "There is not a small grocer in England who earns 15 per cent on his capital. Ten per cent is average profit and the cost of trading stamps leaves him only about 6 1/2 per cent."

Still Behind the Times.
New York city transportation facilities are as inadequate as they were before the subways were built, although these underground highways carried 45,000,000 passengers in 1904.

MAYOR OF SUNBURY SAYS PERU IS A GOOD MEDICINE.

Hon. G. C. Brooks, Mayor of Sunbury, Ohio, also Attorney for Farmers' Bank and Sunbury Building and Loan Co., writes:

"I have the utmost confidence in the virtue of Peru. It is a great medicine. I have used it and I have known many of my friends who have obtained beneficial results from its use. I cannot praise Peru too highly."



HON. G. C. BROOKS.

There are a host of petty ailments which are the direct result of the weather. This is more true of the excessive heat of summer and the intense cold of winter, but is partly true of all seasons of the year. Whether it be a cold or a cough, catarrh of the head or bowel complaint, whether the liver be affected or the kidneys, the cause is very liable to be the same. The weather slightly deranges the mucous membranes of the organs and the result is some functional disease. Peru has become a standby in thousands of homes for minor ailments of this sort.

Ask Your Druggist for Free Peru Almanac for 1907.

SICK HEADACHE
Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Bowel Complaints. A perfect remedy for Dizziness, Nausea, Headache, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER, etc. They regulate the Bowels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS.
Genuine Must Bear Face-Similar Signature. REFUSE SUBSTITUTES.

READERS of this paper desiring to buy anything advertised in its columns should insist upon having what they see for, refusing all substitutes or imitations.

HER CHALLENGE

BY OWEN OLIVER
(Copyright, 1904, by Joseph E. Bowles.)

The Spur mountains belonged to the Macdonalds, and the Lannon mountains to the McAllisters. The valley between them was no man's land, for they were too busy fighting over it to keep out the thieves from the hills. Neither boasted long of advantage, till the days when Robert McAllister, seventh of the name, grew old. Then an ill time happened to the clan. His son slipped over a crag and was killed. Since Robert McAllister was too old for arms, the name of the clan grew small, and the more daring of the tribesmen took service under the king of France, for Mary McAllister had the spirit of a man, but only the body of a maid.

Alan, the young chief of the Macdonalds, had won great renown in arms, and he had the eye of a leader; and those who are born for leading never lack men to lead. He drove the McAllisters from the valley, and built little fortresses there to hold it, and when he had held it for a full year he sent a message to Robert McAllister, saying:

"From Alan Macdonald to Robert McAllister, most courteous greetings. The fortune of war has given us advantage which you cannot resist. When strife is useless, strife should cease. If you will own that the valley is mine I shall be honored by your using it. It is said that good foes make good friends, and I am wishful to try, for there is none who honor your name more than I."

Robert McAllister, being a wise old man, was minded to consent. "It is a generous offer from a gallant enemy," he said. But his daughter pleaded with him in her dead brother's name and prevailed. So he made answer thus: "Robert McAllister sends all courteous greetings to Alan Macdonald. The fortunes of the moment changes. For those who come after, I hold to what I have held, and my forefathers before me. If our numbers are lessened our courage is not."

Then came another message from Alan Macdonald. "If you rely on courage, let one of your tribe meet me in single combat, the valley to belong to the victor's clan. Alan Macdonald."

Many of the McAllisters volunteered for the fight, but there was no great man among them, and the odds would not consent. "It was giving Macdonald the land," they declared. "There is no man in Scotland who can stand before him."

So they sent no answer at all, and Mary McAllister locked herself in her room for two days, and brooded over the dishonor of her clan. Presently she made a deep plan, as women will, and rode out in the gray dawn to the castle on the Spur mountains; and when Macdonald's outposts challenged her in the valley, she answered:

"I am Mary McAllister, and I have come to answer the challenge of your chief. Then they sent a guide to conduct her the easiest way to the castle, and when the chief warrior came to the gate and asked her pleasure, she made him the same answer as before. "I bring to you an equal challenge." She looked him straight in the eyes. "If your challenge is such as a man may accept," he answered steadily, "I accept it unheeded."

EFFECTIVE REMEDY

A Most Dreadful Case of Kidney Trouble and How It Was Cured.

Thomas N. McCullough, 331 South Weber St., Colorado Springs, Colo., says: "For twelve or fifteen years I was suffering frequent attacks of pain in the back and kidneys that lasted for three weeks at a time. I would be unable to turn in bed. The urine was in a terrible condition, at times a complete stoppage occurring. I began with Doan's Kidney Pills, and soon felt better. Keeping on, I found complete freedom from kidney trouble. The cure has been permanent. I owe my good health to Doan's Kidney Pills."

AWFUL ATTACKS OF PAIN.

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Paper Drinking Cup.
A handy folding drinking cup of water proof paper can now be purchased. It comes in a flat folded package that fits the vest pocket. When opened it forms a cylindrical vessel bound with wire and having a wire handle. It holds about a cupful of cold water, milk, tea or medicine. It can be used to hold hot liquids, but can only be used once, or at most twice.

PETS FOR LITTLE PARISIANS.
All Kinds of Animals as Playmates for the Children.
Children play a great role in French society, as all those who have read Gyp's inimitable "Tit-Bob" will readily admit, and now the small Parisians insist on receiving on her fête day and at the New Year a live pet, instead of a costly doll or a mechanical toy. The demand has been creating a supply, and a lively trade is being done, not only in puppies and kittens, in tiny monkeys and in lambs, but also in tigers and leopards. Up to a certain age, these small felines are quite harmless, and, of course, as soon as they begin, so to speak, to show their teeth and sharpen their claws, they are sent off to one of the two magnificent "Zoo's" with which the City City is provided.

TWO SISTERS HAD ECZEMA.
Cuticura Cured Scalp Troubles of Two Illinois Girls—Another Sister Took Cuticura Pills.
"I must give much praise to all the Cuticura Remedies. I used but one cake of Cuticura Soap and one box of Cuticura Ointment, as that was all that was required to cure my disease. I was very much troubled with eczema of the head, and a friend of mine told me to use the Cuticura Remedies, which I did, and am glad to say that they cured my eczema entirely. Since then we have always kept the soap on hand at all times. My sister was also cured of eczema of the head by using the Cuticura Remedies. Another sister has used Cuticura Resolvent and Pills and thinks they are a splendid tonic. I cannot say exactly how long I suffered, but I think about six months. Miss Edith Hamner, R. F. D. No. 6, Morrison, Ill., Oct. 3, 1904."

Pigeons Aid Physicians.
Carrier pigeons as aids to a physician are reported from the north of Scotland. The doctor has a scattered practice, and when on long rounds he takes several pigeons with him. If one of his patients needs medicine immediately he writes out a prescription, and by means of the bird forwards it to his surgery. Here an assistant gets the message, prepares the prescription and dispatches the medicine. If after visiting a patient the doctor thinks he will be required later in the day, he simply leaves a pigeon, with which he can be called, if necessary.

Defiance Cannot Be Cured
by any application to the external parts of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed, it swells and obstructs the perfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be removed and the tube restored to its normal condition, hearing will be destroyed forever; also cause out of the ear canals. Deafness is not a local disease, but an inflamed condition of the mucous surface. Therefore, Deafness cannot be cured by local applications. Deafness caused by catarrh that cannot be cured by local applications. Deafness caused by catarrh that cannot be cured by local applications. Deafness caused by catarrh that cannot be cured by local applications.

Sweep's Curious Find.
An Atherton (Eng.) sweep, named Joshua Pollard, was sweeping the chimney of a house which had been unoccupied for some little time at High Beckington, when, to his great surprise, he swept down seven full-grown, live wild rabbits, which he bagged.

Health of New York City.
Statistics of the board of health show that the general death rate in New York city is decreasing in all diseases excepting the four groups of acute respiratory troubles, cancer, diseases of the heart and diseases of the kidneys.

Important to Mothers.
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Watson* in Use For Over 30 Years. The Kind You Have Always Bought.

Defiance Starch—Never sticks to the iron—no blotches—no blisters, makes ironing easy and does not injure the goods.
Large fortunes from small grafts soon grow.

HEALTH AND SPIRITS

Are Restored by Dr. Williams' Pink Pills in Cases of Debility and Dependence.

General debility is caused by mental or physical overwork with imperfect assimilation of nourishment, or by some acute disease from which the vital forces have been prostrated and the entire organism weakened so as not to easily rally. To restore health it is necessary that the blood should be purified and made new.

The case of Mrs. E. M. Sperry, of 32 Mt. Pleasant street, Athol, Mass., is a common one and is given here in order that others may be benefited by her experience. She says: "I had been sick for a year from indigestion and general debility brought on by overwork and worry. I had tried many remedies, but found no relief. I suffered from swelling of the limbs, loss of appetite and dizzy spells, which became so severe towards night, that I sometimes fainted away. I was listless and my hands and arms would go to sleep for an hour or two at a time. I was so sleepy all the time that I could hardly keep awake. I had frequent cramps in my limbs and severe pains at the base of my head and in my back. My blood was impoverished. I was afraid to give up and go to bed fearing that I would never get well."

"About this time Dr. Williams' Pink Pills were recommended to me by a friend in South Vernon, Vt. I felt better soon after beginning the treatment and continued until I was entirely cured. I consider Dr. Williams' Pink Pills a grand medicine for weak women."

Dr. Williams' Pink Pills are sold by all druggists, or sent, postpaid, on receipt of price \$2.00 per box, six boxes \$25.00. The Dr. Williams' Medicine Company, Schenectady, N. Y.

SECRET

suffering is endured by many modest women, who object to talking about all their symptoms with a doctor. To such women, a pure medicine, with specific power over woman's diseases, like

Laundry work at home would be much more satisfactory if the right Starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance of the goods. This trouble can be entirely overcome by using Defiance Starch, as it can be applied much more thickly because of its greater strength than other makes.

DEFIANCE Cold Water Starch
makes laundry work a pleasure. 25 cent. pkg. 50c.

WOMAN'S RELIEF
is very welcome. By means of this wonderfully successful medicine, over a million suffering women have been freed from the past 20 years. It relieves neuralgic pains, regulates irregular functions, and cures the diseases peculiar to women. Try it.

At all Druggists 7c
Write for Free Address, directions and descriptive matter to Lydia E. Pinkham's Vegetable Compound, Lowell, Mass.

DEFIANCE Cold Water Starch
makes laundry work a pleasure. 25 cent. pkg. 50c.

NATURE PROVIDES FOR SICK WOMEN

a more potent remedy in the roots and herbs of the field than was ever produced from drugs. In the good old-fashioned days of our grandmothers few drugs were used in medicines and Lydia E. Pinkham, of Lynn, Mass., in her study of roots and herbs and their power over disease discovered and gave to the women of the world a remedy for their peculiar ills more potent and efficacious than any combination of drugs.

Lydia E. Pinkham's Vegetable Compound
is an honest, tried and true remedy of unquestionable therapeutic value. During its record of more than thirty years, its long list of actual cures of those serious ills peculiar to women, entitles Lydia E. Pinkham's Vegetable Compound to the respect and confidence of every fair minded person and every thinking woman.

When women are troubled with irregular or painful functions, or inflammations, ulcerations, displacements, miscarriages, or flatulency, general debility, indigestion or nervous prostration, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound. No other remedy in the country has such a record of cures of female ills, and thousands of women residing in every part of the United States bear willing testimony to the wonderful efficacy of Lydia E. Pinkham's Vegetable Compound and what it has done for them.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. For twenty-five years she has been advising sick women free of charge. She is the daughter-in-law of Lydia E. Pinkham and as her assistant for years before her decease advised under her immediate direction. Address, Lynn, Mass.



LYDIA E. PINKHAM

Lydia E. Pinkham's Vegetable Compound
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Canadian Government Free Farms
Over 200,000 American farmers who have set their eyes on the West have been waiting for the past few years to get the chance to go to the West. The Canadian Government is now offering the greatest farming land in the world.

OVER NINETY MILLION BUSHELS
of wheat from the harvest of 1904 means good money to the farmers of Western Canada when the world has to be fed. Cattle Raising, Dairying and Mixed Farming are also profitable callings. Coal, wood and water less abundant churches and schools convenient; markets easy of access. Taxes low.

U. S. NAVY
enlists for four years young men of good character and sound physical condition between the ages of 17 and 25 as apprentice seamen; opportunity for advancement; pay the first month. Electricians, mechanics, blacksmiths, coopersmiths, yeomen (skilled), carpenters, stokers, drummers, musicians, cooks, etc. between 21 and 24 years (selected) in special ratings with suitable pay. Officers' appointments 18 to 26 years. Retirement on three-fourths pay and allowances after 20 years service. Applicants must be American citizens. First clothing outfit free to recruits. Upon discharge travel allowance 4 cents per mile to place of enlistment. Bonus four months' pay and increase in pay upon re-enlistment within our limits. For further information, apply to the U. S. Navy Recruiting Station, P. O. Box, SHAWAN, Nebraska.

Protect The Health
of your families by insisting on Pure Food. When it comes to Baking Powder, it means a saving of health and money if you use the standard article of purity and efficiency—the wonderful



K C BAKING POWDER
An absolutely pure baking powder scientifically combined. 25 ounces for 25 cents. Your grocer returns your money if you are not satisfied. Don't accept a substitute! They are impure and a menace to health. Ask for K C, the standard of quality.

JAQUES MFG. CO. Chicago.

GALL-STONE CURE. "Croemer's Calculus Cure"
Stones in the Kidneys, Stones in the Urinary Bladder or Gravel, Biliousness, Gall Colic, Jaundice and all Stomach Troubles resulting from Biliousness. Write for literature. W. J. CRAMER, 4300 North Grand Avenue, ST. LOUIS, MO.