

## The Food Value of a Soda Cracker

You have heard that some foods furnish fat, other foods make muscle, and still others are tissue building and heat forming.

You know that most foods have one or more of these elements, but do you know that no food contains them all in such properly balanced proportions as a good soda cracker?

The United States Government report shows that soda crackers contain less water, are richer in the muscle and fat elements, and have a much higher per cent of the tissue building and heat forming properties than any article of food made from flour.

That is why **Uneda Biscuit** should form an important part of every meal. They represent the superlative of the soda cracker, all their goodness and nourishment being brought from the oven to you in a package that is proof against air, moisture and dust—the price being too small to mention.

NATIONAL BISCUIT COMPANY



## THE GREAT HEALER

THOUSANDS of grateful customers in every state attest the WONDERFUL HEALING PROPERTIES of the WORLD'S BEST LINIMENT—

## DEAN'S KING CACTUS OIL

The Only Liniment that Heals without a Scar

It cures cuts, sprains, bruises, sores, swellings, lameness, old wounds, lumbago, chapped hands, frost bites, etc., and is the standard remedy for **burned skin** on animals, harness and saddle galls, scratches, grease heel, caked udder, itch, mange, etc. It heals a wound from the bottom up and is thoroughly antiseptic. **KING CACTUS OIL** is sold by druggists in 15c, 50c, and \$1 bottles. It and its decreed cases, or sent prepaid by the manufacturers, **OLNEY & McDAID, Clinton, Iowa**, if not obtainable at your druggist.

Pollock & Co.

## Through Chicago

THROUGH Standard and Tourist sleepers, chair cars and coaches to Union Passenger Station, Chicago, every day from all points on the main line of the Union Pacific Railroad. These cars are carried on through trains arriving in the heart of Chicago at 8:35 a. m., 9:25 a. m., and 9:30 p. m., affording a convenient choice of hours. Route—Union Pacific Railroad and

## Chicago, Milwaukee and St. Paul Railway

Any ticket agent of the Union Pacific will send you East via the Chicago, Milwaukee & St. Paul Railway if you ask him to do so. It is worth your while to insist that your ticket read this way. Complete information about rates, routes and train service sent on request.

F. A. NASH  
General Western Agent  
2826 Farnam Street, Omaha



### Don't Be Imposed Upon

Foley & Co., Chicago, originated Honey and Tar as a throat and lung remedy, and on account of the great merit and popularity of Foley's Honey and Tar many imitations have similar sounding names. Beware of them. The genuine Foley's Honey and Tar is in a yellow package. Ask for it and refuse any substitute. It is the best remedy for coughs and colds. C. H. Deck.

## BURLINGTON BULLETIN

October, 1906. It will pay to consult this Bulletin for Special Rates each month.

Cheap one-way to Pacific Coast:—Daily one-way rates to San Francisco, Los Angeles, Portland, Seattle, Tacoma and other coast territory, nearly one half rates, also cheap one-way rates to Montana, Wyoming, Big Horn Basin, Utah and Western Colorado, daily until October 31.

Round trip to the coast:—Daily Tourist rates in effect all winter to Pacific Coast destinations with variable routes.

Denver, Colorado Springs and Pueblo:—Half rates plus \$2.00 round trip October 14th to 16th, inclusive, limit October 31st.

To the East and South:—Very low homeseeker's and winter tourist excursions through the the autumn and winter to various destinations throughout the south.

Visit the old home:—Low excursion rates to the old home points in Illinois, Iowa, Wisconsin, Missouri and other middle states destinations, October 9th and 26th, November 13th and 27th, limit thirty days.

Homeseeker's Excursions:—Frequent each month to Western Nebraska, Eastern Colorado, Big Horn Basin, dry land farming destinations or irrigated sections.

Free Kinkaid Lands:—Write D. Clem Deaver, Agent Burlington's Homeseekers' Information Bureau at 1004 Farnam St., Omaha, about getting hold of a free section of Kinkaid lands now being restored to the public domain.

Consult nearest Burlington Ticket Agent and see what rates he has available for your proposed trip.

L. F. RECTOR,  
Agent O. B. & Q. Ry.  
L. W. WAKELBY,  
G. F. A., Omaha.

The Journal wants all the news. Please write it in.

Pirating Foley's Honey and Tar.

Foley & Co., Chicago, originated Honey and Tar as a throat and lung remedy, and on account of the great merit and popularity of Foley's Honey and Tar many imitations are offered for the genuine. These worthless imitations have similar sounding names. Beware of them. The genuine Foley's Honey and Tar is in a yellow package. Ask for it and refuse any substitute. It is the best remedy for coughs and colds.

### G. B. Burhans Testifies After Four Years.

G. B. Burhans of Carlisle Center, N. Y., writes: "About four years ago I wrote you stating that I had been entirely cured of a severe kidney trouble by taking less than two bottles of Foley's Kidney Cure. It entirely stopped the brick dust sediment, and pain and symptoms of kidney disease disappeared. I am glad to say that I have never had a return of any of those symptoms during the four years that have elapsed and I am evidently cured to stay cured, and heartily recommend Foley's Kidney Cure to any one suffering from kidney or bladder trouble."

ManZan relieves instantly, itching and protruding piles. It is put up in collapsible tubes in such a way that it can be applied where the trouble originates, thus stopping the pain immediately. Try one bottle and if you are not relieved, your money will be refunded. Try our free offer. Sold by 20th Century Drug Store, Platte Center, Neb.

### Rapid Growing Fungus.

In "Recollections of a Happy Life" Miss North describes many of her young enthusiasms and among others that of collecting and painting English fungi. On one outing, she says, I came upon a fungus about the size of a large turkey's egg. Eager to see it develop, I took it up carefully and carried it home. I put it under a tumbler on the window sill of my bedroom at night. At daylight I was awakened by a horrible crash of splintering glass. Behold the tumbler had fallen to the floor and broken to bits. The fungus was standing five inches tall, having hatched itself free from its restraining egglike shell and in growing had raised the tumbler and tilted it sideways until it fell over and to the floor. The fungus had a horrible smell, and soon a swarm of flies were hovering over it.

### Not a Final Settlement.

The person who settles a matter and settles it wrong is in the position of a man who has got rid of the skunk under his porch by driving the innocent little animal under the barn. Then every wandering boy who knows the facts comes along and works for hours with a pole trying to goad the animal. Whether he succeeds or not, the attempt is ruinous to the brand of atmosphere used in the neighborhood.—Minneapolis Journal.

### Striking.

"Auntie," said Polly, ruefully rubbing her forehead, "that big photograph of you is a striking likeness, isn't it?"

### "Do you think so, dearie?"

"Yes," said Polly. "It just fell off the mantelpiece and hit me on the forehead."

### Good Substitute.

"George," she said, after she had accepted him, "tell me, am I your first and only love?"

"Why—er—no, dear," replied the drug clerk dreamily, "but you are something just as good."—Exchange.

### Pessimistic.

"I never knew such a pessimist as that fellow Jenkins."

"Yes, I actually believe his idea of heaven is a place that is paved with gold bricks."—Puck.

### Beauty is a short lived tyranny.

Socrates.

### Pigeons as Doctor's Assistants.

A doctor in the north of Scotland finds carrier pigeons of much use to him. He has a scattered practice, and when on long rounds he takes several pigeons with him. If one of his patients needs medicine immediately he writes out a prescription and by means of the birds forward it to his surgery. Here an assistant gets the message, prepares the prescription and dispatches the medicine. If, after visiting a patient, the doctor thinks he will be required later on in the day he simply leaves a pigeon, with which he can be called if necessary.—London Express.

### HANDLING MEN.

Directing Others in Business Demands Tact and Ability. Business men often fail because they do not know how to handle men. They can do their own work all right, but they are failures when it comes to directing others. They lack tact, diplomacy.

Many men antagonize others; they lack patience, less temper, fly to pieces over little things. And no man is a good leader who cannot control himself.

A great many business men seem to think that it takes a deal of driving, scolding, fault finding, to get the best out of others. It is, however, just the opposite. Employees never give up their best in response to forcing methods.

I know a young man who promises to be a leader in his line who is as quiet and gentlemanly in his methods as a modest woman. He never raises his voice, never gets angry. When an employee needs correcting, instead of scolding or nagging he sits right down and shows him or her just how to do the thing. He tries to help them out of their difficulty, not to confuse them. He does not need to scold, because everybody respects him, admires him and knows that he is always trying to do the fair thing, to give a square deal, that he wants only what is just right and there is nothing arbitrary in his methods.

The result is he does not need to storm around his establishment and use abusive, profane language. He knows there is a stronger force, a better way than that. The result is that he has perfect discipline.

Not one would think of taking advantage of him or trying to deceive him, because he is so kind, square, true.

I know another man in business near by him who adopts just the opposite method. He storms and swears, scolds, nags, goes through his establishment like a bull through a china shop, making everybody feel mean and disagreeable. Nobody respects him. He rules by brute force, keeping everybody cowed and afraid of him. They obey him and let him impose upon them in order to avoid a scene or for fear they will lose their positions. If an office boy or stenographer makes a little mistake he will go all to pieces, fly into a rage and make it very uncomfortable for everybody about him.

People waiting in the outer office number hear talking and most abusive language in his private office. But he is not nearly as successful as his quiet, unobtrusive neighbor.

He never thinks of recognizing one of his employees on the street.

The other man always lifts his hat to the humblest girl in his employ and has a pleasant smile for everybody, because he feels an interest in everybody and they all love him.—Success.

### The Vision of Insects.

A notable fact about the vision of insects and one which it may be supposed posed must largely influence their view of the external world is the number of facets or lenses in compound eyes. A German naturalist, K. Leinemann, has been painstaking enough to count the number of facets in the eyes of no fewer than 150 species of beetle. He finds that in the same species and sex the number increases with the size of the body. There is usually no permanent difference between the sexes as to the number of facets. Occasionally, however, the difference is marked, as in the case of Lampyrus splendens, in which the male has 2,500 and the female 300. One species is noted which has the extraordinary number of 24,000 facets in its eye. The number of facets is greater in the rapidly moving active forms than in the more sluggish species.—Philadelphia Record.

### Classical and Romantic Music.

Classical composers are those of the first rank who have developed music to the highest pitch of perfection on its formal side, and, in obedience to generally accepted laws, preferring aesthetic beauty, pure and simple, over emotional content, refusing to sacrifice form to characteristic expression. Romantic composers are those who have sought their ideals in other regions and striven to give expression to them, irrespective of the restrictions and limitations of form and the conventions of law—composers with whom, in brief, content outweighs manner.—"How to Listen to Music," Krebhiel.

### Preserving Leather.

Leather goods, if their appearance is to be preserved, should not be kept in places that are too dry, as the heat will cause the leather to crack. Nor in damp places that will make it moldy. To freshen leather chair seats, traveling bags, book covers, etc., that have become shabby or spotted, rub them with the well beaten white of an egg. Sole leather bags are best cleaned by using ordinary russet shoe polish, cleaning them in the same way that shoes are cleaned.

### The Social Whirl.

Fair Hostess—I want you to take that lady over there by the door to the dining room. My husband says she is a bit of an old tramp, but as she has money one of his greatest friends has just married her for it, and we must be nice to her. Guest—I am sorry, but, you see, I am the particular friend who married her.

### A Rival's Opinion.

Mrs. Style—Mrs. Cashe has a great deal of embonpoint. Mrs. Parvenu—Then if she has a good deal of it, I know she got it cheap.—Baltimore American.

Life insurance was invented by Pascal, whose "theory of probabilities" and "law of averages" still govern the business.

### The Truth of It.

Blusters—I dare say I do look mad. I understand Jigley says I'm the worst liar he ever saw. Wiseman—Oh, that's a gross libel! Blusters—Of course it is. Wiseman—Well, I should say. Why, everybody admits you're a pretty good liar.—Catholic Standard and Times.

### Literary Clubs.

Literary clubs are a very harmless form of hero worship. They make just the same excuse for literary people to meet together as whilst or bridge to a less bookish class.—Sphere.

A. M. POST  
Attorney: at Law  
Columbus, Neb.

C. N. McELFRESH  
Attorney - at - Law

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Office over German Nat'l Bank COLUMBUS, NEBR.

### FOR SALE.

Barred Plymouth Rock cockerels at \$1 each.

Robert Neumaster,  
Columbus, Neb.

(Gray's chips taken the same as cash.)

## CHICHESTER'S ENGLISH PENNYROYAL PILLS

DIAMOND BRAND  
Beware of Counterfeits  
Refuse all Substitutes  
LADIES! Ask your Druggist for CHICHESTER'S PILLS in Red and Gold metallic boxes, sealed with Blue Ribbon. TAKE NO OTHER. Buy of your Druggist and ask for CHICHESTER'S ENGLISH PILLS, the DIAMOND BRAND, for twenty-five years known as Best, Safest, Always Reliable. Sold by Druggists everywhere. CHICHESTER CHEMICAL CO., PHILA., PA.

### No Case of Pneumonia on Record.

We do not know of a single instance where a cough or cold resulted in pneumonia or consumption when Foley's Honey and Tar had been taken. It cures coughs and colds perfectly, so do not take chances with some unknown preparation which may contain opiates, which cause constipation, a condition that retards recovery from a cold. Ask for Foley's Honey and Tar and refuse any substitute offered.

### A BATHROOM IN JAPAN.

Tiny in Space, With a Round Tub and Simple Fixings.

This bathroom in Japan was a tiny space 4 by 6 feet, says a writer in the Craftsman. In it were four objects, a stool to sit upon when washing oneself before getting into the bath, a shining brass wash basin, a wooden pail and dipper in which to fetch the bath water and the tub. The tub, like most private baths, was round, casket shaped and made of white wood. It was perhaps thirty inches in diameter and twenty-seven inches high. A copper funnel or tube passing through the bottom went up inside close to the edge. This, filled with lighted charcoal, supplied heat for the water. The pipe was higher than the tub, so the water could not leak inside. A few transverse bars of wood fitted into grooves and formed a protection so the bather could kneel in the tub without coming in contact with the hot pipe. The walls of the room were of white wood, with a pretty grain; the floor of pine, laid with a slight slope and grooved so the water might flow into a gutter and through a bamboo pipe to the yard. A moon shaped lattice window high up let in air and light. As a provision for more ventilation the two outside walls for a foot below the ceiling were lattice of bamboo slats.

As my eye traveled from object to object I quickly sized up the cost—for the tub, 8 yen, and it would last indefinitely; 2 yen for the brass basin, 50 sen for the pail and dipper and 25 sen for the stool. Eleven yen would fit up my bathroom, and I asked for nothing nicer.

### A Great Earthquake.

Probably few people are aware that the greatest earthquake our country has experienced since its settlement was the now almost forgotten earthquake of New Madrid, the first tremors of which took place on Dec. 16, 1811. Strange is that trait of human nature by which even the most appalling of nature's manifestations slip rapidly from the memory, so that only a hundred years later little but tradition remains of the earthquake which changed the configuration of extensive areas of the Mississippi valley, raising some portions, depressing others, shifting the course of streams and draining off swamps at one point and forming new lakes at others. All this and more, however, took place during the successive vibrations which shook the New Madrid region almost continuously for a period of many months in 1811 and 1812.—M. L. Fuller in Popular Science Monthly.

### A Flavor of Antiquity.

In the little town of Munsiedel, in Bavaria, there exists one of the most curious charitable foundations in the world. One of the burghers, Christopher Wanner, died in 1451 and left his fortune for the establishment of a home for aged poor. He attached, however, the condition that every old man who was taken in should wear his beard and the same cut of clothes and cap as he himself used to wear. Consequently, after the lapse of hundreds of years, the ancient pensioners are still to be seen wandering about the streets of Munsiedel in the costumes of the fifteenth century.

### His Only Occupation.

"Yes'm, but if I do yonah laundry work, ma'am, I must have de undabstain'd dat my husban' collects de pay."

"But why can't you collect it yourself, Manda?"  
"Well, you see, ma'am, I don't want to rob de ol' man of de only job he's evah likely to get."—Cleveland Plain Dealer.

## Don't Do Your Fall House Cleaning

Until you call at the Gass Furniture Store and pick out one or two pieces from our new stock of Up-to-Date Styles.

If you want to make that old piece of furniture look like new, try a bottle of our new FURNITURE POLISH

H. GASS,  
Eleventh Street Columbus, Nebraska

When You are Going to Erect a Monument or Marker at the Grave of Your Lost Ones

Remember That The....

## American Granite & Marble Works

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Will do Your Work Satisfactorily. We will Not Be Undersold by Anyone. Give us a Call Before Placing Your Order. No Order too Large or too Small for us to Handle.

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## The Union Pacific

has just issued a complete and comprehensive pamphlet on

### BUSINESS OPENINGS

along the line of the "Overland Route." A detailed description is given of each town, its advantages and opportunities for

### Homeseekers and Investors

If you have in mind a change for the general improvement of our condition, write to day for this booklet, which will be mailed free upon request.

Inquire of

W. H. Benham, Agent.

## The Gulf Coast of Texas.

That's the name of a new eighty-page illustrated book just published by the Rock Island-Frisco Lines.

It is of vital importance to you that you secure and read it.

The region described is unparalleled in its possibilities for home getting and fortune getting.

Think of a country where the climate is just right; where there are twelve months of "growing" weather per year; where the soil is naturally rich; where you can get a good deal of land for little money and where hired help is plentiful and cheap.

If you know Southern Texas you would want to share in its tremendous wealth—

and a small share would soon make you independently rich. There's nothing to prevent your achieving success in this remarkable country.

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