

A Food to Work On

Work! Work!! Work!!!

Lots of energy is needed to keep up the pace. In the struggle, the man with the strong body and clear brain wins out every time.

The man of to-day needs something more than mere food; he needs a food that makes energy—a food to work on.

Although some people may not realize it, yet it is a fact, proved and established beyond doubt, that soda crackers—and this means **Unesoda Biscuits**—are richer in muscle and fat-making elements and have a much higher per cent. of tissue-building properties than any other article of food made from flour.

That this is becoming known more and more every day is attested by the sale of nearly 400,000,000 packages of **Unesoda Biscuits**, the finest soda cracker ever baked. An energy-giving food of surpassing value—sold in a package which brings it to you with all the original flavor and nutriment perfectly preserved. *Truly the food to work on.*

Whoever you are—whatever you are—wherever you work—**Unesoda Biscuits**.

NATIONAL BISCUIT COMPANY

5¢

ALL ABOARD FOR STATE FAIR

The State Fair of 1906 will show many new attractions not heretofore seen in their program.

On September 5th the people of Nebraska will honor one of their greatest citizens with a Home-Coming Reception. Without regard to politics every Nebraskan should feel proud to do honor to W. J. BRYAN.

For this occasion the Burlington will hold their Columbus train at Lincoln until 10 o'clock P. M. to enable State Fair visitors and others to attend this reception.

L. F. REGTOR, Agent.

Low One-Way Rates

To Many Points in California, Oregon, Washington

FROM COLUMBUS

VIA UNION PACIFIC

EVERY DAY FROM SEPT. 15 TO OCT. 31, 06

to Ogden and Salt Lake City.

\$28.00 to Butte, Anconada and Helena.

\$22.50 to Pendleton and Walla Walla

to Spokane and Wenatchee, Wash.

to San Francisco, Los Angeles, San Diego and other California points.

to Everett, Fairhaven, Whatcom, Vancouver, Victoria and Astoria.

\$25.00 to Ashland, Roseburg, Eugene, Albany and Salem via Portland.

to Portland or Tacoma and Seattle, and to many other points.

Inquire of W. H. BENHAM, Agent.

A Clear Complexion and Bright eyes.

In most cases a sallow, blotched complexion and dull heavy eyes are due to poor digestion and an inactive liver. Oriso Laxative Fruit Syrup aids digestion and stimulates the liver and bowels and makes the complexion smooth and clear. Oriso Laxative Fruit Syrup does not loosen or gripes and is mild and pleasant to take. Refuse substitutes. Chas. H. Deck.

Dr. Finn's Testimony Interesting.

Dr. Thomas Finn, of Boonshoro, Mo., who has practiced medicine for 23 years, says he has used every prescription known to the profession for treatment of kidney and bladder disease, and says he has never found anything so effective in both chronic and acute kidney and bladder trouble as **Foley's Kidney Cure**. It cures irregularities and builds up the whole system. Chas. H. Deck.

Low Round-Trip Rates to California.

From Sept. 3 to 14th, the Union Pacific will put in effect the very low rate of one fare for the round trip to San Francisco or Los Angeles. Also tickets on sale to California same dates at \$12.50 higher, going or returning via Portland. Inquire of W. H. BENHAM, Agent.

WANTED:—Competent girl for general housework.

Best of wages, good home. Will pay expenses to Omaha if employed. Telephone Douglas 4994, Mrs. G. C. Bennett, 1801 Blaney St., Omaha.

Dr. Walker, Otago, Barber block.

IMPORTANT TO FARMERS

A cold taken at this time of the year is generally hard to get rid of but it will not be able to withstand **Boo's Laxative Honey and Tar**. That will cure all colds, coughs, croup, whooping cough, etc., by driving them out through the bowels. If you have a cold try it and if not cured get your money back. No outages. Sold by 30th Century Drug Store, Platte Center, Neb.

A sour stomach, a bad breath, a pasty complexion and other consequences of a disordered digestion are quickly removed by the use of **Rian's Dyspepsia Tablets**. Two days treatment free. Sold by 30th Century Drug Store, Platte Center, Neb.

FRED WILLE.

R. F. D. No. 3 Columbus, Ind. Phone 8 213

Nehr

LIBRARY

From the Post.

Mr. Louis Larson of St. Edward and Mrs. Christina Christiansen of the Looking Glass neighborhood were united in marriage at the home of the bride last Friday at 11 o'clock. Rev. Christiansen officiating.

I. E. Wemple went to Columbus Wednesday to meet his daughters who are returning from Gresham, where they spent their summer vacation with relatives.

Mr. and Mrs. F. J. Smith took their infant daughter to Omaha Tuesday to have her eye attended to by a specialist. The little one, while playing with other children Saturday, was shot in the left eye with a sling shot.

School opens next Monday morning with an entire new set of teachers in charge. Parents should see to it that their children are started on the first day as it is annoying to the teachers and pupils to have scholars coming in one, two, and three days or a week after school has commenced. The following are the teachers: Prof. Gene Loomis, principal; Miss Lizzie Dunn, intermediate, and Miss Gertrude Canfield, primary.

The remains of Mrs. Anna M. Peterson who died very suddenly last Tuesday about noon of heart failure at the family home near Cedar Rapids was shipped to St. Edward Thursday and then brought to the St. Angers Danish Lutheran church south of town where services were held this afternoon at 3 o'clock by Rev. Chris Christiansen, and the remains buried in the cemetery near the church.

ManZan relieve instantly, itching and protruding piles. It is put up in collapsible tubes in such a way that it can be applied where the trouble originates, thus stopping the pain immediately. Try one bottle and if you are not relieved, your money will be refunded. Try our free offer. Sold by 30th Century Drug Store, Platte Center, Neb.

Humphrey.

(From the Democrat)

Frank C. Morgan left Monday for Oklahoma where he will be associated with a school mate in the practice of law.

The party or parties who took the position out of the drawer in George Edington's mail wagon one night recently, had not better attempt a deal of the kind again unless they want to feel the strong arm of the law. This is the second time Mr. Edington has lost money in this way, and he does not propose to stand for such work any longer.

Dr. Condon is building a model dairy barn on his land east of the Union Pacific railroad and when it is completed it will be the equal of anything of its kind in the state. It is being built from plans suggested by Prof. Haecker of the state dairy farm at Lincoln. It is 30x50 feet in size with 18 foot posts. The floor and feed troughs will all be made of cement, and a patent iron stall will be used, which will swing out of the way when not in use. Everything will be built so it can be flooded with water and kept as clean as a house. The doctor has lately invested in some fancy Holstein cattle, direct descendants of the prize winners of the last International Stock Show in Chicago, and he intends to build up his cows to be profit as well as a thing of beauty.

Mary Elizabeth, the three year old daughter of Mr. and Mrs. Frank Eckholt died yesterday morning shortly after one o'clock after an illness of only a few hours. Wednesday afternoon it was noticed that the little girl had a slight cold and she was taken to Dr. Metz for treatment. Along toward evening she complained of being tired and she laid down and took a short sleep and then went out and played until supper. She ate a hearty supper and then went out and played again for an hour or so when she went home and complained of being tired again. She was put to bed and about eight o'clock her breathing became so hard that Dr. Metz was called and he pronounced it a serious case of congestion of the lungs. The little girl lingered in intense agony until a few minutes after one o'clock when she quietly passed away without a struggle. The funeral was held at 8 o'clock this morning and the remains were placed in St. Francis cemetery.

The Original.

Foley & Co., Chicago, originated Honey and Tar is a throat and lung remedy, and on account of the great merit and popularity of Foley's Honey and Tar many imitations are offered for the genuine. These worthless imitations have similar sounding names. Beware of them. The genuine Foley's Honey and Tar is in a yellow package. Ask for it and refuse any substitute. It is the best remedy for coughs and colds. Chas. H. Deck.

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Route 1.

Rudolph Newman opened up school this week in the district of Louis Looske and E. Mae Bean in the R. C. Mueller district.

Albert Lamb is shelling and marketing corn this week.

Mr. and Mrs. Frank Luchinger drove to Dunoon last Friday to attend the funeral of Mrs. Wm. Ernst.

Herman Ahron, with a large force of men are putting up his big crop of millet.

Mr. and Mrs. Noah Mohler were grapping Saturday and Sunday on Shell Creek.

Gerhard Looske has broken up about 40 acres of old pasture for fall wheat.

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PACIFIC TIDE TABLE

Station	High Water	Low Water
Omaha	12:30 p. m.	6:30 a. m.
Lincoln	12:45 p. m.	6:45 a. m.
St. Paul	1:00 p. m.	7:00 a. m.
Chicago	1:15 p. m.	7:15 a. m.
St. Louis	1:30 p. m.	7:30 a. m.
St. Petersburg	1:45 p. m.	7:45 a. m.
Mobile	2:00 p. m.	8:00 a. m.
Baltimore	2:15 p. m.	8:15 a. m.
Washington	2:30 p. m.	8:30 a. m.
New York	2:45 p. m.	8:45 a. m.
Boston	3:00 p. m.	9:00 a. m.
Philadelphia	3:15 p. m.	9:15 a. m.
San Francisco	3:30 p. m.	9:30 a. m.
San Diego	3:45 p. m.	9:45 a. m.
Los Angeles	4:00 p. m.	10:00 a. m.
San Jose	4:15 p. m.	10:15 a. m.
Portland	4:30 p. m.	10:30 a. m.
Seattle	4:45 p. m.	10:45 a. m.
Vancouver	5:00 p. m.	11:00 a. m.
Victoria	5:15 p. m.	11:15 a. m.
San Francisco	5:30 p. m.	11:30 a. m.
San Diego	5:45 p. m.	11:45 a. m.
Los Angeles	6:00 p. m.	12:00 p. m.
San Jose	6:15 p. m.	12:15 p. m.
Portland	6:30 p. m.	12:30 p. m.
Seattle	6:45 p. m.	12:45 p. m.
Vancouver	7:00 p. m.	1:00 p. m.
Victoria	7:15 p. m.	1:15 p. m.
San Francisco	7:30 p. m.	1:30 p. m.
San Diego	7:45 p. m.	1:45 p. m.
Los Angeles	8:00 p. m.	2:00 p. m.
San Jose	8:15 p. m.	2:15 p. m.
Portland	8:30 p. m.	2:30 p. m.
Seattle	8:45 p. m.	2:45 p. m.
Vancouver	9:00 p. m.	3:00 p. m.
Victoria	9:15 p. m.	3:15 p. m.
San Francisco	9:30 p. m.	3:30 p. m.
San Diego	9:45 p. m.	3:45 p. m.
Los Angeles	10:00 p. m.	4:00 p. m.
San Jose	10:15 p. m.	4:15 p. m.
Portland	10:30 p. m.	4:30 p. m.
Seattle	10:45 p. m.	4:45 p. m.
Vancouver	11:00 p. m.	5:00 p. m.
Victoria	11:15 p. m.	5:15 p. m.
San Francisco	11:30 p. m.	5:30 p. m.
San Diego	11:45 p. m.	5:45 p. m.
Los Angeles	12:00 p. m.	6:00 p. m.
San Jose	12:15 p. m.	6:15 p. m.
Portland	12:30 p. m.	6:30 p. m.
Seattle	12:45 p. m.	6:45 p. m.
Vancouver	1:00 p. m.	7:00 p. m.
Victoria	1:15 p. m.	7:15 p. m.
San Francisco	1:30 p. m.	7:30 p. m.
San Diego	1:45 p. m.	7:45 p. m.
Los Angeles	2:00 p. m.	8:00 p. m.
San Jose	2:15 p. m.	8:15 p. m.
Portland	2:30 p. m.	8:30 p. m.
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