

**HON. W. H. KELBAUGH
OF WEST VIRGINIA
PRAISES PE-RU-NA.**



Hon. W. H. Kelbaugh.
A Cold at Any Time of the Year. Especially in Hot Weather, is Very Dressing to the System. Pe-ru-na is an Unequaled Tonic For Such Cases. Read What People Say About It.

Hon. W. H. Kelbaugh, Ex-Member W. Va. Legislature, 294 9th street, N. E., Washington, D. C., writes:
"You can use my name and word at all times for Pe-ru-na as a medicine and tonic unqualified. I have tried it for a stubborn cold and badly run down system. I tried all sorts of other medicines and paid several expensive doctor bills. Pe-ru-na cured me, strengthened me more than ever, and saved me money."

Mrs. Clara Litterst, Seafield, Ind., says: "Last fall I took a severe cold. I took Pe-ru-na, began to improve and kept on so until I was able to do my work."

SAITH THE OWL.

In the comic opera of life the chorus girls are cooks.
One good thing about rainbow gold is that we can't squander it on bargains.
Many a fond young writer's hopes come home confined in long white envelopes.
The only jewels that man should not be ashamed to wear are the beads of honest toil.
Go abroad and Godspeed you, my friends. But forget the slights you see before you see me again.
A modern financier is a youth of today who can marry and make his father-in-law take care of them both.
Consider the ways of the popular chaperon. She hath ears that hear not and eyes that absolutely refuse to behold anything.

PHILOSOPHICAL POINTS.

The fatted calf never loves the prodigal son.
Truth never runs around asking people to believe it.
Alas, that fools are prosperous. Is it their penality or reward?
How many of us in listening to the faintest of the violins?
To think an original thought is to take a step nearer the divine.
People who need to be continually propped up are not worth the prop.
When men become suddenly good they should be executed immediately.
It is easier for some people to believe the impossible than the possible.
Before it was thrown down, the Golden Calf had a son, and it is still moaning around the world.
It is self-evident that to successfully fathom the motives of men one must be a man himself. To an idiot to a lunatic—all men are either idiots or lunatics.

PHYSICIAN SAYS

Children Thrive on Grape Nuts and Cream.
A Mass. physician has found a cure for constipation in children—citing fifteen cases—by feeding them Grape-Nuts.
"Some time ago," he writes, "I became interested in your food, Grape-Nuts, as a cure for constipation in children. Having tried it in my own family I have advised it in fifteen cases in which all suffered with constipation more or less severe. The result has been absolute relief in all."
"I write this that other children may be benefited."
How much better it is thus to bring about a healthy action in the bowels of growing children by natural means, than to feed them with improper food, requiring some kind of cathartic at intervals to overcome constipation.
Grape-Nuts gives energy to the entire nervous system including the nerves that cause the natural contraction and relaxation of the bowel muscles, that propel the food mass along.
It is predigested also, and the blood easily absorbs the food as it goes through the body, storing up vitality and force for the functions of all the organs.
Children especially, should get the right start as to habits of living. They should grow into bright, strong, cheerful men and women. Grape-Nuts solve the question of the start; a wholesome appetite will do the rest.
Children's teeth are benefited by chewing Grape-Nuts, also. Your dentist will tell you that a certain amount of exercise in chewing firm food, is necessary to grow strong, beautiful teeth.
Teeth need exercise just the same as muscles, if they are to grow strong and firm as nature intended. Grape-Nuts gives the exercise and also gives material from which good teeth are made.
"There's a reason." Read the little book, "The Road to Wellville," in O.K.

LIVES ALONE IN HOUSE IN TREE.

Novel Means of Man to Get Rid of Hay Fever.
Sydney, Cape Breton.—Warren Carrol, a coal prospector, who has been operating in the vicinity of the Cheticamp river, south of Grande Etang, tells of meeting a man in the barren lands who has been living in a tree for three summers because he believes it will cure his hay fever.
Carrol says that the man, who claimed that his name was Strong, and that he came from St. John N. B., had built himself a comfortable cabin of one room in the branches of a giant hemlock and was thoroughly enjoying life. The house was set about 40 feet from the ground and was reached by several ladders, which were spiked against the sides of the tree trunk.
In the cabin was a bed made of boughs, a stove, constructed out of sheet iron, three looking-glasses, a lamp, three rustic chairs and 36 cushions stuffed with balsam needles. The place was as neat as though kept by a woman and was built so that there would be no waste space.
Strong was rather reticent, but Carrol learned enough to convince him that the man was in his right mind and that he really believed the "tree cure" was doing him good. He said he couldn't explain why the hay fever would not attack him as long as he lived in a tree, but that it was a fact and he took advantage of it. He lived mostly on fish and game, but he had some vegetables stowed away in hollow tree trunks near by.

CUTS TIME OF SEA TRIPS.

Scientific Discovery Will Shorten Ocean Voyages.
Washington.—One day will be cut off between New York and Europe and three days between San Francisco and Japan by scientific discoveries made by an expedition sent out by the Carnegie Institute of Washington. Other very important developments are expected to spring from these discoveries, which may have a far-reaching effect on all sea navigation. The reduction in transoceanic time will, it is said, be made within one year.
These developments arise from the uncompleted cruise of the Galliee, a sailing ship outfitted two years ago for the purpose of making a magnetic survey around the globe. The work of the surveyors has progressed far enough to determine that all the existing charts of lines of equal magnetic variation are incorrect, especially those of the Pacific ocean. From San Francisco to Honolulu they are systematically off from one to two degrees. The scientists are also determining the influence of steel construction on the variations of the compass. By means of the table of variations which is being prepared, and the new and correct charts which will be issued, mariners will be able to steer an absolute course during rains and fogs when no observation can be taken. This absolute course will enable the cutting off of 24 hours between New York and Europe.

NICKNAME FOR OKLAHOMA.

Papoose, Indian, Lobo, Mistletoe, Squaw Men, Eagle and Twin State Are Suggestions.
Guthrie, Okla.—In a sense Oklahoma and Indian territory can be likened to a couple engaged to be married, with the wedding date set for July 4, 1907, for then, and not till then, will they become one state, the forty-sixth of the union. Meanwhile the people collectively are thinking up suggestions as to a fitting nickname for the new state. Although numerous catchy names have been mentioned, yet the prevailing opinion seems to be that it should in some manner refer to the Indian, as this will be the last state carved out of the old Indian country.
Among the suggestions are "Papoose," "Indian," "Eagle," "Mistletoe," "Lobo," "Squaw-men" and Oklahoma.
According to Green McCurtain, the Indian governor of the Choctaw Indian nation, "Oklahoma is a Choctaw word, meaning red people; okla for people, and homma for red." It was suggested by Allen Wright, a full-blood Choctaw Indian, one of the framers of the treaty with the United States in 1866. The proper pronunciation of "Oklahoma" is "Owe-klah-homa." Three recognized dictionaries differ as to the pronunciation of the word, but as it is an Indian word, the people of Oklahoma prefer the Indian pronunciation, which is above given.

Telephones Installed at Play.

London.—To enable young married women, if they become anxious, to telephone home and inquire as to the condition of their children, telephones are fitted in every private box at the Coliseum. It is a common thing at the opera and many West End theaters to see a group of women waiting their turn at the telephone between acts, says London Opinion, just "to have a word with nurse."
Buy More French Goods.
Paris.—Statistics collected by the United States consulate throughout France and tabulated by Consul General Mason show that exports from France to the United States for the year ending June 30 reached the record-breaking total of \$107,240,547, an increase of \$18,823,472, or 17 per cent. over the previous year. All the great commercial centers except Lyons, Havre and Calais increased their shipments to the United States. The decrease at Lyons is chiefly due to the development of the silk industry in the United States and a corresponding reduction in the demand for French silk.
A Rhode Island man is said to have been resuscitated after having been under water 23 minutes, the treatment, lasting nearly two hours. But scientific experiments based on this case should not place too much reliance in the figures.
An Alabama company has been organized to make paper from cotton stalks. Nothing remains now but to utilize the boll worm as a by-product.

Pan-American Conference, at Rio Janeiro, Brazil



The third session of the Pan-American conference, at which Secretary Root is representing this country, met at Rio Janeiro, Brazil. The sessions are held in the Brazilian pavilion at the St. Louis exposition which was removed to Brazil after the close of the great fair. Aside from Secretary Root the members of the delegation from this country are Edmund J. James, president of the University of Illinois; Leo S. Rowe, professor of political economy in the University of Pennsylvania; Julio Larrington, resident commissioner of Porto Rico to the United States, and James S. Marlan, a lawyer, of Chicago, and son of Associate Justice John M. Marlan, of the United States supreme court. They were officially received on their arrival.

CHINA READY FOR WAR.

Reign of Terror Predicted for Celestial Empire—Only One Good Army in Country—Serious Flaws of Soldiers.
Peking.—China is a volcano. Close observers not in Peking, because Peking is not the place to get the real news concerning China, but foreigners long resident in the interior, in Shantung and Chili, put the explosion nine years hence. Educated Chinese bring it nearer. For the present, however, the American in China is as secure as he would be in his home in the United States.
It is well understood in official and other circles that it is useless to kill foreigners. There is a general running away from foreign things and foreign ways. Men having foreign training are in demand. The same men had to run for their lives in "Boxer" times. At the same time there is anxiety to shake off foreign control of everything—partly from a new feeling of national pride and partly from a desire to keep the good things for the Chinese.
Misgivings for the future are based on fear of an anti-dynastic rising, probably on the part of the radicals. This would become partly anti-foreign and in any case would mean anarchy.
There are a great many "armies" in China, but the only one that counts is Yuan Shi Kai's "northern army." The Chinese are raising big horses somewhere in Mongolia for the ultimate use of the army, and hope to remount their cavalry in about four years. Of the other arms the men are smart and the recent spring maneuvers were most creditable.
There are serious flaws in the army. The Chinese soldiers will blaze away blank cartridges in fine style, but they are not trained to shoot. Target practice is rare. It is doubtful if the men would follow their officers except to the rear, and it is doubtful if the officers would go anywhere else.
The "American boycott" never seriously affected the interior. A few items of United States imports came into the interior in smaller quantities than before. It was a question for the ports, particularly those in the south. The Shanghai riots were purely local and magnified by Shanghai hysteria. A serious question is the educational one, which gives rise to the "young China" movement. This is founded on conceit, the basis of Chinese student character. They are about one-quarter educated and think their education is complete.

Never Saw A Railroad

Cleveland, O.—Oelrid Troy, 18 years of age, Carroll county, Virginia, long and lean and as innocent as tall, spent the other night at the Central police station.
Until a recent morning Oelrid had never seen a railroad train. All of the 18 years of his life had been spent on a farm in the back part of Carroll county; but, after Oelrid's father died and his mother became ill, four years ago, things began to break bad at the farm and soon there was a heavy mortgage in sight.
A chance seemed to offer itself in the way of a job proffered to Oelrid by his cousin in Ohio, and it was then that Oelrid made the long journey from his home to the nearest railroad station, and started on his still longer journey to his cousin's home in Ohio.
As near as Oelrid could remember, that cousin lived in a place called Rich Hill, somewhere in Ohio; but he lost the card bearing the address, and is not now sure where his cousin lives. The police gave Oelrid a bed at the station. Oelrid had spent his last cent on street car fare, and was wandering aimlessly about the streets, his baggage under his arm, when a kind-hearted citizen's attention was attracted to his forlorn appearance. The man brought the boy to the station, and Oelrid was glad to stay there all night.

DOG KEEPS SMILING NOW.

Scranton Beagle Has a Gold Tooth, and is Proud of It.
Wilkesbarre, Pa.—Dr. Fred S. Birchard, of Scranton, has a dog with a solid gold tooth. The dog is proud of it. The animal is a valuable English beagle. A few days ago, noticing that one of its front teeth was very much decayed, Dr. Birchard took the dog to a dentist friend. The dentist suggested that the best thing to do was to insert a gold tooth.
"I'll do it now," said the dentist, who is a great lover of animals. The operation took a little more than half an hour. All that time the intelligent animal laid back in his master's arms, submitting with an occasional whine of pain.
Now it sports about with its fine gold tooth, a curiosity for all the small boys of the community.

Bruins Take to the Highway

Stroudsburg, Pa.—"Look!" There comes a woman under an umbrella, with two kids, moseying down the track!" exclaimed Wilson Ellenberger, who was helping some other men load cars on the railroad near here.
"Well, that's a funny looking woman, then!" retorted his nearest companion, shading his eyes as he scrutinized the distant but approaching trio.
The "woman and kids" turned out to be a she bear and her two cubs, which approached near enough to the workmen to be scared, then took to the woods.
Just over the divide, in Luzerne county, the other day a big black bear appeared in the middle of the highway as Charles Maurer and family were driving over the mountains. Their horses balked and snorted, whereupon Maurer, his wife and children jumped out, frightened, with the exception of seven-year-old Margaret, who, before her parents knew what she was doing, ran down the road toward the bear and approached to

WHAT JOY THEY BRING TO EVERY HOME
as with joyous hearts and smiling faces they romp and play—when in health—and how conducive to health the games in which they indulge, the outdoor life they enjoy, the cleanly, regular habits they should be taught to form and the wholesome diet of which they should partake. How tenderly their health should be preserved, not by constant medication, but by careful avoidance of every medicine of an injurious or objectionable nature, and if at any time a remedial agent is required, to assist nature, only those of known excellence should be used; remedies which are pure and wholesome and truly beneficial in effect, like the pleasant laxative remedy, Syrup of Figs, manufactured by the California Fig Syrup Co. Syrup of Figs has come into general favor in many millions of well informed families, whose estimate of its quality and excellence is based upon personal knowledge and use.
Syrup of Figs has also met with the approval of physicians generally, because they know it is wholesome, simple and gentle in its action. We inform all-reputable physicians as to the medicinal principles of Syrup of Figs, obtained, by an original method, from certain plants known to them to act most beneficially and presented in an agreeable syrup in which the wholesome Californian blue figs are used to promote the pleasant taste; therefore it is not a secret remedy and hence we are free to refer to all well informed physicians, who do not approve of patent medicines and never favor indiscriminate self-medication.
Please to remember and teach your children also that the genuine Syrup of Figs always has the full name of the Company—California Fig Syrup Co.—plainly printed on the front of every package and that it is for sale in bottles of one size only. If any dealer offers any other than the regular Fifty cent size, or having printed thereon the name of any other company, do not accept it. If you fail to get the genuine you will not get its beneficial effects. Every family should always have a bottle on hand, as it is equally beneficial for the parents and the children, whenever a laxative remedy is required.

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That's the yield of Finner's Red Cross Hybrid Winter Wheat. See it in change for free sample of seed. Also catalogue of Winter Wheat, Rye, Barley, Clover, Timothy, Grasses, Etc. Write for full planting instructions. Write to: Finner Seed Co., Box 11, Leavenworth, Kan.

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