IF IN DOUBT ead the Following:

At a hearing before the Committee on Public Health, of the Massachusetts Legislature, on a bill designed to prevent this wholesale dosing of the public, the following eminent Boston physicians testified against the healthfulness of Rochelle Salts, and strongly recommended the passage of a law which would prohibit the sale of baking powders which left this dangerous drug in food.

Dr. Hartung Dr. F. B. Foster Dr. C. O. Kepler Dr. G. M. Palmer

Calumet Baking Powder

leaves the food free from Rochelle Salts, Alum or any injurious substance. Therefore, recommended by leading physicians and chemists.

USED IN MILLIONS OF NOMES.

MEDICAL MENTION.

A Christiania doctor has discovered that microbes are infected with parasites.

Strong measures against tuberculosis have been taken by the local govcomment board of Scotland, writes Consul Fleming from Edinburgh. It is put in the class of infectious diseases, and a campaign of disinfection is inaugurated.

When anyone with normal eyesight stands at right angles to a ray of sunlight it is easy to see floating dust particles which are not discoverable with the aid of the strongest microscope. What is seen by the unaided eye is not the particle of solid matter, but the cone of light reflected from it and occupying a much greater space.

In denouncing the genral use of chemical preserves in food, the Lance:



WASHINGTON .- Ex-Senator Chandler. "the wasp of the Senate," as he was formerly known, has managed to get into his natural element, which is hot water. He mixed in the railroad rate legislation as an intermediary between the strenuous President Roosevelt and the vitriolic Senator Tillman, of South Carolina. The opportunity to have some fun was too great for Mr. Chandler to let pass. President Roosevelt, as everybody who has come in personal contact with him knows, is impetuous and in private conversation speaks his mind very freely and sometimes extravagantly about those with whom he

may have a difference of opinion. On the rate bill the president had some strong differences and to Senator Chandler he talked very freely about Senators Spooner, Knox and Foraker. It so happened that two of these men, Spooner and Foraker, have been in Mr. Chandler's bad books for some years and the

latter did not hesitate to report to Senator Tillman some things which the president said about these senators that sounded rather harsh in private conversation, but were absolutely offensive when delivered in public. Senator Tillman felt called upon to make a statement on the floor of the senate giving his version of the negotiations that had been in progress between the president and the Democrats through Mr. Chandler, the intermediary. In that statement he quoted what Senator Chandler had said that the president had said about Knox, Spooner and Foraker.

SENATOR KNOX REMAINS COOL.



magazine article was published by a wollknown writer in which the present Secretary Root was lauded to the skies and President Roosevelt quoted as saying that Mr. Root could fill any position in the cabinet and would make a better secretary of state than Mr. Hay or a better attorney general than Mr. Knox. This article caused some comment and the

friends of Mr. Knox were inclined to be offended, especially as it was shortly after the attorney general's successful credit to the administration. The president got worried over the article, and as Mr. Knox did not go to the White House for several days the president sent for him, and in an embarrassed sort of way denied that there had been any warrant for the quotation attributed to him in the magazine article. "Oh, Mr. President," said Mr. Knox, "I never gave that matter a second thought, be cause I knew that you were not fool enough to make such a remark." The president, who is apt to be carried away by the enthusiasm of the moment and who doubtless had spoken in most laudatory terms of Mr. Root, saw the

THE "GOLD-DUST TWINS."

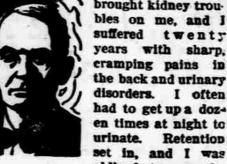
point of his attorney general's remark at once.



EGISLATION

GOSSIP FROM THE NATIONAL CAPITAL & West Virginian's Awful Distress IN CONSTANT AGONY. Through Kidney Troubles.

W. L. Jackson, merchant, of Parkersburg, W. Va., says: "Driving about in bad weather brought kidney trou-



obliged to use the catheter. I took to my bed, and the doctors failing to help, began using Doan's Kidney Pills. The urine soon came freely again, and the pain grad gally disappeared. I have been cured eight years, and thouga over 70, am as active as a boy."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

SIGNALS FOR BRIDAL PARIS

Which Convey Commands and Ten der Sentiments in Public Places.

Bride to Groom. One short jerk of coat-Stop looking

at that girl! One long jerk of coat-Oh, see the pretty hats!

lovely to-day. One long hand squeeze-Honey, what makes you look so cross? One short hand squeeze-Some one's

Groom to Bride. One short jerk of sleeve-Stop look-

You don't want to see the hats. One long hug-You look perfectly lovely to-day.

One long hand squeeze-Honey, you ain't mad, 'are you?

One short hand squeeze-Don't be a goose! Three sharp taps on wrist-Take

care, woman, take care! I will be master in my own house!-Puck.

TORTURED WITH ECZEMA.

Tremendous Itching Over Whole Body -Scratched Until Bled-Wonderful Cure by Cuticura.

"Last year I suffered with a tre mendous itching on my back, which grew worse and worse, until it spread Two new members in the senate are getting over the whole body, and only my large share of credit for securing a sane and face and hands were free. For four constitutional measure through that body. These months or so I suffered torments, and are Senators Knox, of Pennsylvania, and Crane. I had to scratch, scratch, scratch, unof Massachusetts. Mr. Knox has taken high place til I bled. At night when I went to in the senate during his first term because of the bed things got worse, and I had at The China Aster Seems to Belong to reputation he had when he entered that body. times to get up and scratch my body His advice has been sought and his opinion re spected far beyond that which is accorded to new all over, until I was as sore as could members. He has made but one set speech, but be, and until I suffered excruciating his interruptions have been frequent and always pains. They told me that I was sufon some vital point in the rate bill. Mr. Crane fering from eczema. Then I made up entered the same time that Mr. Knox did and my mind that I would use the Cuti brought with him the reputation of being a supert | sura Remedies. I used them accordsequently. I do not deem it worth while ing to instructions, and very soon into plant it inside in order to hasten its deed I was greatly relieved. I conperiod of blooming. I should rather tinued until well, and now I am have these flowers through September ready to recommend the Cuticura and the first half of October than Remedies to any one. Mrs. Mary through July and August, but if one Metzger, Sweetwater, Okla., June 28, wishes the early blossoms it is a simple 1905." matter to start the seeds indoors, choos-

NO KOWTOWING FOR HIM. A WOMAN'S ORDEAL DOUGHNUTS AND CRULLERS

State.

They tell this one on former Gov.

his teeth. When the visitor had put

down his John Hancock, the factotum

turned the register around, read with-

out the flicker of an eyelid the name

there written, wrote "10" beside it

"You kin jest take yer grip right up

that stairway there an' back down the

hall clean to th' end. Yer room's right

on th' left hand side of th' hall, in th'

With considerable astonishment and

not a little injured dignity Ohio's chief

executive pointed to his name, smiled

"Yep; I notice," said the rustic

without turning a hair. "An' yer

room's right there at th' end of th'

With more hauteur, and almost

quivering with outraged importance,

"I am George Hoadly, governor of

Turning, then, with a look of ex-

asperated impatience on his face, the

"Well, what d'ye expect me t' do-

SENTIENT SENTENCES.

A difference in terms-congress and

Holding a meeting does not deter

Government bonds-in the United

Even a muddy stream can leap clear

Try and keep pleasant even when

Close quarters-the miser's.

hall-number 10. Can't miss it."

the guest said impressively:

the state of Ohio!"

hotel man exclaimed:

kiss ye?"-Judge.

iail.

its progress.

States prison.

over the falls.

raise a big howl.

lights when he lights out.

you come to the cross roads.

with a lead pencil, and said:

corner-number 10."

faintly, and said:

"I am George Hoadly."

Various Recipes for These Breakfast Hotal Man Who Was Not to Be Overawed by Dignitaries of Cakes Dearly Beloved of the Good American.

CRULLERS MADE OF RAISED DOUGH .- Set what is called a sponge George Hoadly of Ohio: over night, just as for bread. Use a pint of warm water and a large halfcupful of yeast. When the mixture is light add half a cupful of butter or sweet lard, a large cup of sugar, a teaspoonful of salt dissolved in ed he walked up to the register and water, one tablespoonful of cinnamon wrote his name. The proprietor-headporter-steward-headwaiter-depot - runand a pinch of nutmeg. Stir in two ner was behind the desk in his shirt beaten eggs, add flour until sufficient sleeves, his hat on the back of his ly stiff, knead it well and set away to head, and a cigar stump held between rise. Then roll the dough out intc

half-inch thickness and cut into any forms desirable. The twist is pretty Drop into hot lard, being sure to have quite a deep vessel of lard, as the turning of the cakes is liable to spatter up in the gas.

DOUGHNUTS HAPPY-GO-LUCKY -One gill of milk, one gill of sugar, three gills flour, one-third teaspoonful of salt, one-third of a nutmeg. grated; grated rind of a lemon, the yellow part; one full teaspoonful of baking powder, one egg. Beat the white of the egg to a stiff froth and add the beaten yolk and sugar. Add the flavorings, then milk and, last flour into which you have stirred the baking powder. Drop a teaspoonful into hot butter or lard, let cook until brown, gently turning the doughnuts round as they fry.

SWISS DOUGHNUTS .- Boil a pint of milk and pour it over a pint of flour. Beat it very smooth, and when it is cool add four eggs, thoroughly well beaten, yolks and whites separately, always stirring in yolks first. Then add the melted butter and a pinch of salt. Sprinkle your board with flour to make it easy to form into rings. Cook in plenty of boiling lard or butter. Delicious with coffee for a nice breakfast. "YES" AND "NO" APPLE BALLS.

-Pare and steam six moderately sour apples until they are soft and white Then rub them through a colander into a bowl, add a teaspoonful of sour lemon juice to each apple, one-hali an ounce of gelatine to every six apples, and sugar to taste. Keep in 9 warm place until the gelatine is dissolved, then cool. Stir in briskly a meringue mixture made of the whites of four eggs and four ounces of sugar. Drop this snowy, frothy mixture in balls into a dish in which you wish to serve it. Keep as much a pyramidal shape as possible, and decorate each ball with candied cherries

Outside.

ing the Queen of the Market, which is

the earliest flowering strain of asters,

One can now get these in a variety of

During the warmer days the plants

will be greatly benefited if the boxes are

set on a sunny porch out of doors or on

the ledge of an open window. They

will thus be more vigorous and hardy

and will endure the transplanting into

the garden much better. Be careful not

to apply too much water to the soil,

keeping it barely moist but not wet, and

also do not try to force the plants too

rapidly in a very warm room. Most of

them will thrive better in a compara-

tively cool temperature. Care must be

taken to shade the tiny seedlings as

they are starting, in order that they

may not be dried out through the direct

action of the sun. Do not have more

plants than can enjoy the full benefit

To Clean Old Oak.

To clean old oak, whether furniture

or paneling, dust it thoroughly and

then wash it with warm beer, using a

soft brush for carvings. Meanwhile,

boil together two quarts of beer, one

ounce of beeswax and one ounce of

sugar are perfectly dissolved. Then

apply this with a large, soft brush.

Use of Sugar in Arabia.

In Arabia the higher classes use

sugar in tea and coffee in their

houses, but in the coffee shops in the

bazar, where hundreds of people

gather in the evening 's talk and

drink coffee, a cheaper grade of coffee

Indian Matrimonial Notice.

spectable Agarwal family, Gauter

Wanted-A match for a girl of re-

of sun and air.-Good Housekeeping.

colors.

DREADS DOCTOR'S QUESTIONS

Thousands Write to Mrs. Pinkham, Lynn, Mass., and Beceive Valuable Advice Absolutely Confidential and Free

There can be no more terrible ordeal Once upon a time, in the midst of a to a delicate, sensitive, refined woman campaign, Mr. Hoadly was to deliver than to be obliged to answer certain a speech at a little town in the great questions in regard to her private ills, even when those questions are asked and glorious Buckeye State. When he by her family physician, and many reached the one hotel the town boast-



continue to suffer rather than submit to examinations which so many physicians propose in order to intelligently treat the disease; and this is the reason why so many physicians fail to cure female disease.

This is also the reason why thousands upon thousands of women are corresponding with Mrs Pinkham, daughterin law of Lydia E. Pinkham, at Lynn, Mass. To her they can confide every detail of their illness. and from her great knowledge, obtained from years of experience in treating female ills, Mrs. Pinkham can advise sick women more wisely than the local physician. Read how Mrs. Pinkham helped Wrs.T. C. Willadsen of Manning, Ia. She writes: Dear Mrs. Pinkham:

"I can truly say that you have saved my life, and I cannot express my gratitude in words. Before I wrote to you telling you how I felt, I had doctored for over two years steady, and spent lots of money in medicines besides, but it all failed to do me any good. I had female trouble and would daily have faint-ing spells, backache, bearing-down pains, and my monthly periods were very irregular and finally ceased. I wrote to you for your advice and received a letter full of instructions just what to do, and also commenced to take Lydia E. Pinkham's Vegetable Compound, and I have been restored to perfect health. Had it not been for you I would have been in my grave to-day.

Mountains of proof establish the fact It doesn't take much cultivation to that no medicine in the world equals Lydia E. Pinkham's Vegetable Compound for restoring women's health. A burglar is likely to put out the



Travel Right to Oklahoma

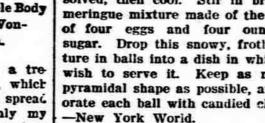
The Missouri, Kansas & Texas

R'y has recently inaugurated addi-

tional daily train for Oklahoma City,

Guthrie, Cleveland, Bartlesville,

Coffeyville, etc. With this added



One long hug-You look perfectly Senator Knox, one of the trio named by ex Senator Chandler as having been criticised by the president, refused to get excited over the report as he said that the president knew him too well and knew his desire to enact consti tutional legislation too well ever to have charged coming!

him even in private with having a purpose to defeat the bill. Mr. Knox is one of the well-tried friends of President Roosevelt who can talk ing at that man! to the latter like a "Dutch uncle," and the pres One long jerk of sleeve-Come on ident takes his lecture in good part. It is re membered that a year or two ago a fulsome

remarks that the curing or smoke process aims not merely at preserving the food, but giving it palatable qualities. Smoked salmon, herring or haddock for example, is not only preserved by the process, but agreably flavored at the same time. The addition of borax or salicyilc acid, on the other hand. would not enhance the flavor of these fishes.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it



In Use For Over 30 Years. The Kind You Have Always Bought.

Bum Restaurant. "Paw, what's that orchestra playing here for?"

"Money, Tommy. They couldn't possibly be playing for the kind of meal they would get here."-Chicago Tribupe.

Easier to Do.

"Some o' de gloomy conversation," said Uncle Eben, "is caused by de fact dat it's easier to talk hard times dan it is to do hard work."-Washington Star.

Lewis' Single Binder straight 5c. Many emokers prefer them to loc cigars. Your dealer or Lewis' Factory, Peoria, Ill. The chief end of man is to make

both ends meet

Mrs. Winslow's Soothing Syrep. For children teething, softens the gums, reduces in-fammation, allays pain, cures wind colic. 25c a bottle.

Hot air is always succeeded by a cold wave.

A Valuable Agent.

The glycerine employed in Dr. Pierce's medicines greatly enhances the medicinal properties which it extracts and holds in solution much better than alcohol would. It also possesses medicinal properties of its own, being a valuable demulcent, nutritive, antiseptic and antidemulcent, nutritive, sursepute and sur-ferment. It adds greatly to the efficacy of the Black Cherrybark, Golden Seal root, Stone root and Queen's root, con-tained in "Golden Medical Discovery" in subduing chronic, or lingering coughs, bronchial, throat and lung affections, for all of which these agents are recom-mended by standard medical authorities.

In all cases where there is a wasting away of flesh, loss of appetite, with weak stomach, as in the early stages of consumption, there can be no doubt that glycerine acts as a valuable nutritive and aids the Golden Seal root, Stone root, Queen's root and Black Cherrybark in promoting digestion and building up the desh and strength, controlling the cough and bringing about a healthy condition of the whole system. Of course, it must not be expected to work miracles. It will not cure consumption except in its earlier stages. It will cure very severe, obstinste, chronic coughs, bronchial and laryngeal troubles, and chronic sore throat with hoarseness. In acute coughs it is not so effective. It is in the lingering coughs, or those of long standing, even when accompanied by bleeding from lungs, that it has performed its most marvelous cures. Send for and read the little book of extracts, treating of the properties and uses of the several med-icinal roots that enter into Dr. Pierce's (Sis) organizer. When it seemed imperative that an amend ment should be made to the rate bill to make it

constitutional in the judgment of the majority of lawyers in the senate, Mr. Knox was given the task of convincing his colleagues that the amendment was necessary. To Mr. Crane was given the task of lining up the sen-

ators for this amendment. The two men worked together and were about the busiest members in that body. They are both small men physically, and as they were seen together so much they were dubbed by some of their colleagues the "Gold Dust Twins of the Senate."

Senator Knox's prominence in his first term and the high position that has been accorded him, has brought unusual honor to his state of Pennsyl vania so that there is strong talk of making him governor of that state. He will not listen to such a suggestion, as he does not care for a busy political life, but many of his friends are urging him to accept a nomination, believing that he would give such an ideal administration as governor as to force him to the forefront as a presidential candidate in 1908. Secretary Shaw, of the treasury department, who is himself a candidate for the presidency, stated the other day that if Pennsylvania elected an exceptionally able man for governor this year that man would be a formidable dark horse in the presidential race.

THE WEARY CONGRESSMEN NEED REST.

Congress is getting tired. It has now been in session nearly six months and that is considered a pretty long time for these \$5,000 officials to attend to public business. There are the inevitable signs of approaching adjournment. Passages on steamships abroad have been engaged, tours of the United States, Canada and New Mexico are projected and many congressmen are studying railway maps and steamshir itineraries much more closely than they are legislation. The hot weather is approaching and that always has a deteriorating effect upon enthusiastic statesmanship. After a long winter's work it is pretty hard for the average congressman to keep up the pace with the mercury in the 90's and old "General Humidity" dominat-

ing the climate of Washington. The house has been going along in an ordinary sort of way and is pretty well clear of

all sort of legislation. It was the policy of Speaker Cannon and the house leaders to pass the important bills and throw them into the senate in order to direct the attention of the country to this upper branch of the national legislature and bring criticism upon it as being a dilatory body. The senate pays about as much attention to this sort of criticism as a duck does to a stream of water turned upon its back. The senate takes its own good time in disposing of any piece of legislation, but this time varies. It has spent about three months on the rate bill. It is liable to spend three hours on an important appropriation bill.

THE FISHERMEN EAGER FOR THEIR SPORT.



journ. Then the committees get very busy and report the bills that are to pass and they are taken up and disposed of in ample time to allow congress to get away on the date fixed. It is then that the enthusiastic fishermen, as well as the travelers, begin to make preparations for their vacation. Fly books are overhauled, rods uniointed and examined and everything put into ship shape for the senators' summer sport. Old Fishermen like President Pro Tem Frye, Senator Proctor, of Vermont; Senator Du Bois, of Idaho; Senator Spooner, of Wisconsin, and half a dozen other lovers of nature, and the delights of fishing, can hardly wait until the day of adjournment.

The fishermen of congress each has his own favorite territory. Senator Proctor is one of

Charitable Player.

By some means a mother and daughter managed to gain access to Paderewski's sanctum. The mother was proud of her daughter and the daughter had aspirations. She desired Paderewski's opinion of her skill. Paderewski listened, or appeared to, while the mother beat time approvingly. At last, with a final crash, the girl ros- from the stool and the mother flushe : with pleasure. "Tell me," she whispered to the artist, "tell me in confidence. What do you think of her?" Amiably the artist rubbed his hands together. "I think she must be very charitable. Surely she letteth not her left hand know what her right hand doeth."

STATE OF OHIO, CITY OF TOLEDO, \$ 58. FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & Co., doing pusiness in the City of Toledo. County and State iforesaid, and that said firm will pay the sum of DNE HUNDRED DOLLARS for each and every Same of CATABRE that cannot be cured by the use of HALL'S CATABRE CURE.

FRANK J. CHENEY. Sworn to before me and sub Sworn to before me and subscribed in my presence this 6th day of December, A. D., 1886. A. W. GLEASON,

SEAL NOTABY PUBLIC. Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free. F. J. CHENEY & CO., Toledo, Q. Bold by all Druggists, 75c. Take Hall's Family Pills for constipation.

moist brown sugar until the wax and A Matter of Courtesy, Merely. Mr. Nervey-The object of my call upon you this evening, Mr. Goldron-

and when quite dry. rub it unt'l bright with clean, soft cloths. Some Mr. Goldrox (sternly)-Yes, you've people, after washing with the beer come to tell me that you wish to when dry polish it with a cloth slightmarry my daughter and I want to say ly sprinkled with paraffin oil. right here and now-

"Pardon me. I come to tell you that I am going to marry your daughter. I convinced her and her mother that it was no more than fair to put rou wise."-Philadelphia Press.

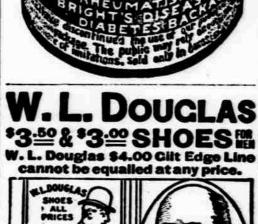
offer of marriage. Yours, etc." He wired:

"What circumstances? Reply propaid."

She wired: "Yours. Collect."-Cleveland Leader. Bansal. The boy should be educated Just a Tip.

and between the age of 20 and 25 years. All communications to be ad-Miss Country Maid-I was reading dressed to Gian Chand, clerk, Arsenal, in a magazine that in the city hotels one often sees palms about the dining





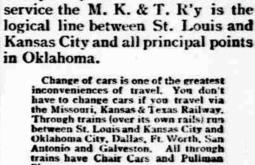
BEST

L. DOGOLAS MARES & SELLS MORE AND ACTIONER IN THE WORLD. \$10,000 REWARD to anyons who can dispress this statement.

SIUJUUU disprove this statement. fit could take you into my three large inctories at Brockton, Mass., and show you the infinite are with which every pair of shoes is made, you would realize why W. L. Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of growter intrinsic value than any other \$3.50 shoe. W. L. Dougfas Strong Made Shoes for Mon. \$2.50, \$2.50, \$2, \$1.75, \$1.80 CAUTION, -Insist upon having W.L.Doug-ba shoes. Take no substitute. None genuine without his name and price stamped on bottom. Fast Color Exelect used ; they will not wear brazes

Without his name and price stamped on bottom. Fast Color Exelets used ; they will not wear brassy. Write for Illustrated Catalog. W. L. DOUGLAS, Brechten, Mass.

THE



How to Go

When you have occasion to travel, use the same discrimination in buying a ticket that you would in buying anything else. Assure yourself in advance of what you may expect in the way of comfort and convenience en route. If there is any information you want about a prospective trip, write me. I will gladly give you the information. Address

W. S. ST. GEORGE General Passenger Agent, M. K. & T. R'y St. Louis, Missouri G. A. MeNUTT, Blossom House, Kansas City, Mo.

Economy Wins

Demand from your groceryman Ten Cakes of yeast for Five Cents, do not continue to make the rich richer by using a brand that is no better and puts only seven cakes in a five-cent package.

Is it not sound judgment to require your grocer to furnish you the Ten Cake package of

On Time

PATENTS for PROFIT must fully protect an invention. Booklet and Deak Calendar FREE, Highest references. Communications confidential. Established 1861. Bases, Ferwick & Lawrence- Washington, D. G. for Five Cents? The three extra cakes are as good to you as to the

Yeast Trust If afflicted with { Thompson's Eye Water WRITE FOR A SAMPLE FROM THE ON TIME YEAST CO., OMAHA, NEB.

SOLE AGENTS FOR

ESTABLISHED

WL DOUBLAS SHOES

JULY & ISTE

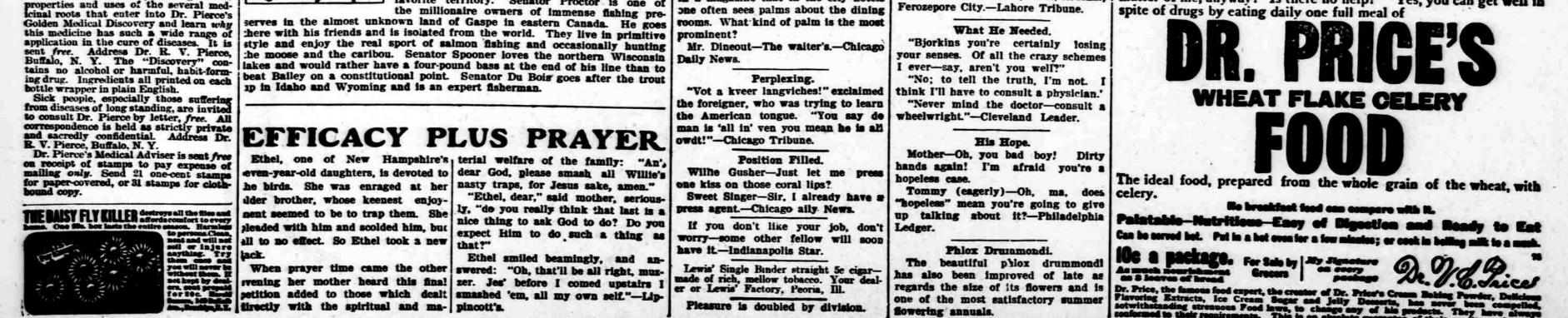
CAPITAL \$2,5000

W. N. U., OMAHA, NO. 22, 1906.

ALLEN'S FOOT-EASE This simulare A Certain Cure for Tired, Het, Aching Fost, Allend Blunted DO NOT ACCEPT A SUBSTITUTE. OR every baz-



Constipation, the root of all the ills that flesh is heir to. Constipation, that sends thousands to premature graves. "What is the matter of me, anyway? Is there no help?" Yes, you can get well in spite of drugs by eating daily one full meal of

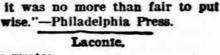




When the gray heads of the senate have reached a conclusion the word goes out that by such and such a date congress ought to ad-

the millionaire owners of immense fishing pre-

Laconic.



She wrote:

"Circumstances over which I have is generally consumed, made of cofno control compel me to reject your fee husks principally, and in this drink sugar is seldom used.