## The

## Food Value of a Soda Cracker

You have heard that some foods furnish fat,
other foods make muscle, and still others are other foods make muscle, and still others are issue building and heat forming

You know that most foods have one or more of these elements, but do you know that no food contains them all in such properly balanced
proportiens as a good soda cracker?

The United States Government report shows that soda crackers contain less water, are richer in the muscle and fat elements, and have a much higher per cent of the tissue building and heat forming properties than any article of food made


That is why Uneeda Biscult should form an important part of every meal. They represent the superlative of the soda cracker, all their goodness and nourishment being brought against air, moisture and dust-the price being too small to mention.

标

If your eyes, ears, nose or thr
you trouble Ete Dr. Lueschen.
W. E. Cole of Monroe was city today enroute to Omaha. Mabe him a present of a box of cigars
Get them at Hagei's and they will please him.
Dr. Jonas of Omaha was in thiscity jesterdar in consultation with $\mathbf{D r}$.
Evane. Miss Petite Marty retorned Sauday
night after a twelve dass vieit in night after
Omaha.
Mise Bertha Chapin of Oconee io a
gaeest of her high school friende here this wetk.
Miss Haidee Tharston of Genca is
reported to be very low from an at reported to be very lo
tack of typhoid fever. tack of typhoid fever.
The Presty terian ladies will seil a
Niewheners. Deceember 14 Come and

Steel Gillette Safety Razors Pollock's.
Poultry exhibitiun opens December
18 and cloces the 23ud. \% The big comGeorg has eale is on Docember 21 .
 went to Va'ley to attend the pooltry
ehow. Excellent seed potutoen for sale,
Early Ohio variety at $\overline{\mathrm{F}}$ centa. Don't Early Ohio variety at 75 centa. Don'l
wait antil faring and pas 81.50. Tar $^{2}$ ner \& Jenkins.
3 Mary .
night at 8 O. Foo ded la the operation and was taken to st.
Edimer
Ed FOR SALE-40 acres of good farm
 Don't pat it off. Have your house in. sured now. Have your accounts col-
lected before they are outlaw. Call lected before they
on C . N . McEIfresb. FOR SALE:-A secold hand gato-
line enzine, 2 horse power. Just the
thing for line en zine, 2 horse power. Just the
thing for a farmer to nse for rumping
water or grinding feed. Cheap for cahs. Journal office. Mrses Hearry Ragatz; jr., arrived from
New Yor Now York lagt Thartday. Sbe left
Taesday evening for California to spend the winter.
E. H. Chambers returned to Indian
Ter Territory Sanday morning to close
some land deals initiated by him and
Nr Mr. Heckenberger two weeks ago.
He was accompanied by Homer RoAinEon.
A young Polish farmer from Genoa,
Frank, Torczon was bronght to st. Mary's horpitan was bronght to sto st.
day for sargical treatment toin to-
do day for sargical treatment. He had
one arm bady mangled in a corn sbelERav. F. E. Thompoon of St. Ew-
dard, former pastor of the Preshyter-
ian charch has ian charch has ascepted a pastorat?
at Niobrara. He pabsed throogh Co-
lumbus today and was joined here bs lombus today and was joined here by
his son Frank, who has been vieiting at the home
Willard. According to associated press reports
Darward Davies of this city was one
of the three riflemen from Nebraska of the three riflemen from Nebraska
in the recent national rifie contest at
Sea Girt, N Sea Girt, N. J., Who is mentioned as
an "expert rifieman." This is a
marked bonor for this young man The Rev. John Hughes Grifith. who for many scars has been pattor of
Congregational Methodist charch Congregatiocal Methodist charch in
Wisconsin, will occapy the pulpit of
the Methodist Episcopal chrrech next he Mbethocist Zpiscopal chnreh ne
Sabath morning and evening. M
Gritfinh is making an extevded vie
in in Nebracka and his friends in th
city will be alad to see and hear ham The Boone County Advance colosed
its pingo contest last week. Misk
Ena Vieths winning the piano
with
 casb. Enitor Kennedy expresses him-
self as pieased with the resitt of the
ccntest and ase he has added several hundred nawes to his sub-cription
list.
Mr. Joseph R. Linaberry. the popn-
lar brakesman on the Spalding pae. lar brakesman on the Spalding pas-
senger whom the boys fomiliarly call
"Bob", was married at Bate "Bob", was married at Batte. Neb.,
last Saturiar. His bride, Miss Mary Stockwell of Naper. Nob., accompan.
ied him to Colambas today to retarn
with with him to Spalding where they
will begin housekeeping. "Bob"
earprised everybody, including hie

## The Roesal Arcanum lidge of Co lumbas elected officers hatt week

 Regent, George Fvirchild; orator, w.
Sarsze; secretary, J. H. Galley:
S. Sarsze; Eecretary, J. H. Galley:
collector, J. D. Stire; trewarer $\mathbf{W}$. A.
McAllister: chaplain. W. H. Benbam; McAllister: chaplain. W. H. Benbam;
عaide, P. J. McCaffrey; marden, Augast Dietrichs; sentry. Earl Gal-
lev past rezent, J. O. Freydig; repre-
lep eev past rezent, J. O. Freydig; repre-
sentative to Grand Conncil J. H
Galley : alteranate, George Fairchild Gailey ; alternate. George Fairchild;
trustres, G. A. Schroeder and J. R. Castrf; anditing, committee;
Lecher and George Fairchild.

| LIEDSAY <br> The Opinion. <br> We are informed that Mariin Jorgensen contemplaten moving to Lind say and starting a cigar factory. <br> We regret to chronicle the death on Wednesday of Mrs. Weber, wife of Rev. Weber, pastor of the Kalamazoo German Latheran church north of Lindsar. Asthma was the cause, the ledy having been afflicted with it for some time. |
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## Royal

 Baking Powderis made of Grape Cream of Tartar.

## Absolutely Pure.

Makes the food
more Wholesome and Delicious.

| Dr. Vallier, Oateopath, Barbe |  |
| :---: | :---: |
| Proo. Sile, teacher musce. Barber bldg. |  |
| G. R. Froib, painting and paper hanging. <br> dwtf |  |
|  |  |
| A new line of guaranteed pipes and smoker's articles at The Bowling Alley. |  |
|  |  |
| early and avoid |  |
|  |  | WANTED:-Good blackmith for

city work
wanted A good girl for general house
work, four in family. Call at this ofice.
Dr. C. V. Campell, Dentist with Dr.
Lueselen, Ainolde old stand. Olive st. Lueschen, Amold's old stand. Oivive st
Lee Jenkins went to Herman, Neb. Lee Jenkins went to Herman, Neb.,
Tuesday as lineman for the Nebraska
Telephone company eelephone company.
$\qquad$ HOUSE Peler Schint's flour. HOUSES FOR RENT-WA tave
dosirable line of honses for rent.
Becher Hockenber ger and Chambere, If you want a tlour with all the nn-
ritious pari of the wheat buy GOL1 tritious part of the wheat buy GOLD
DUST made ly Columbus roller milis.
PHOTO'S. PHOTO'S.-Come endar or Platinum folder
each dozen from now nutil . MoAllister Stadio.
Steel Gillette Safety Razor t Pollock's
The Presbyterian ladies will told
bazaar at the Reincke building on 13th St, December 15 ih and 16th. Funcy
articles. dressed dolls, home made caudies and couk books for sale.
will be eerved from 12 to 2 p . n. Next Sanday in the. Baptist charct
he pastor will ppeakk at $11: 00$ on " M Noed of the Holy spirit Baptiem," nt
8:30 on "For what does our Donomand on "Yor what does our
ination stand "?, and at $7: 30$ on
Canlaren in the Market Square., Jacob Scobwank a prominent fa
rabididig north of Col ambas niles has completed an eiablorate ess om of witer works. A large resen
oir located on a bill will supply his residencee and all the
yarde on hiy ranch.
L. G. Patterson, formerly a printer
employed it the Journal ofice of this mployed in the Journal office of thi
citv more recentry filling a position with more recenil hing Reese Pruting Co., of Oma-
ha, has purceased the Lindsay Post has, has purchased the Lindsay Post
and is now in full charge.
with the asesistance of nis wifo, who
Phe is also a compositor, ought, aud no
donbt will give the citizens of our
dot neigt borhing village a newsy and
well printed poblication. vell printed pablication
The lacies of the Presbyterian
charch will hold a bezain Fricas and
Saturday of this week, in the Rienke anarday of thit week, in the Rienke
buildng, west of Pollock's drag store They will serve lanch from 12 till 2
o'clock, and in the evening ice cream
cakes and chocolate. There will be aprons, dresed dolls and fancy arti-
cless for sale, as will be home made
candies. A special attraction there candies. A special attraction there the shoe and other features.
Mr. and Mra. Thomas Dack went to
Omaha last Fridar for the parpose of Mabas last Fridar for the parpose of
attending the faneral of their nephew, William Basbee, the hend cook on tre
Overland Limited dining car, wlo Was killed in the wreck near Chey
enae llast week. Bat the remains were not bronght to Omaha, as they were
oo badly barned they could not be dis tinguished from one other victim.
Mr. and Mra. Dack then west to Shenandcab, whero they romained thl
Monday with friends. Yrank McKin-
il well known in mitren ail well known in railroad circles here
The Joornal was hate one day last
week., And it was all caused by the extras ordinary demands of the Colnm
 15,000 impressions after Treeslay noon
ind the whole Joarnal force was com ad the whole Journal force was com
pelled to work fourten hours a day rom Monday till Friday. The Jour aal'a advertiking last week was a ree-
ard breaker, 700 inches of display rd breaker, 700 inches of display and
225 lines of local. Thie was 25 per
lat 25 lines of local. Thie was 25 pe
ent more than the entire basiness for cent more the
Apri1 194 t, ther
Joaraal ande

## JIM'S PLACE

I carry the best of everything
in my line. The drinking pab-
lic in invited to
for themeelvee.

A New fittraction will be presented Degember 18th by the Union Pacific and Salt lake Route.

The Los Angeles[Limited

Now Train. New Line to Les ringeles.
w. H. BENHAM Agent.

## Fall and Winter

 Suits \& Overcoats

OVERCOATS A
motemex
 you will say that its the inost complete and best for the money you have

Prices \$10, \$12.50, $\$ 15$ $\$ 16, \$ 18, \$ 20$ and $\$ 22.50$ THERE ARE NONE BETTER

GREISEN BROS.

## USE ECONOMY

In buying Coal as well as other things. Read our large list and get posted on prices and the different kinds of Coal we handle.

| ROCK SPRINGS NUT AND LUMP.,.................. | 8.00 <br> Yon know what this is. |
| :---: | :---: |
| Kemserer nut and | 8.00 You know |
| LCMP. | 8. what this is. |
| Matland LeMP. | $7.50{ }^{\text {all }}$ |
| matmand | 7.00 All |
| sut. | 2.0 good. |
| SUNNY SIDE | $750 \begin{aligned} & \text { Theold Canon } \\ & \text { City Can't get }\end{aligned}$ |
| LUPP. | 2.50 any hetter. |
| Susquxe |  |
| carsey | 6.00 The cleaneet |
| CaREMP | coal minad. |
| Nut | $5.50 \text { The cleanest } \begin{aligned} & \text { Tonl mined. } \\ & \text { coll } \end{aligned}$ |
| TRENTON | 6.00 For heating |
| blend | 5.50 Cook stove |
| NuT | coal. |
| WERRCTY | 5.50 Farnace |
| maitland | 6.00 Can't be beat |
| fea. | . for cook stove |
| $\begin{aligned} & \text { Hard } \\ & \text { COAL } \end{aligned}$ | 10.50 $\begin{aligned} & \text { Leligh and } \\ & \text { Seranton. }\end{aligned}$ |
| furvace | 7.50 |

All our Coal is woll screened and TEL satisfaction guaranteed. TELEPHONE NO. 74. BOTH PHONES

These are Prices as Yards. $=$
L. W. WEAVER \& SOIN

