

MRS. EMMA FLEISSNER
Suffered Over Two Years—Health Won
In a Precarious Condition—Caused
By Pelvic Catarrh.



HEALTH AND STRENGTH RESTORED BY PE-RU-NA.

Mrs. Emma Fleissner, 1412 Sixth Ave., Seattle, Wash., Worthy Treasurer Sons of Temperance, writes:
"I suffered over two years with irregular and painful periods. My health was in a very precarious condition and I was anxious to find something to restore my health and strength."
"I was very glad to try Peruna and delighted to find that it was doing me good. I continued to use it a little over three months and found my troubles removed."
"I consider it a splendid medicine and shall never be without it, taking a dose occasionally when I feel run-down and tired."
"Our files contain thousands of testimonials which Dr. Hartman has received from grateful, happy women who have been restored to health by his remedy, Peruna."

Beautify Your Walls and Ceilings! Alabastine

A Rock Cement in white tint. Does not rub or scale. Destroys disease germs and vermin. No washing of walls after once applied. Any one can brush it on—mix with cold water. Other finishes, bearing fanciful names and mixed with either hot or cold water, do not have the cementing property of Alabastine. They are stuck on with glue, or other animal matter, which rots, feeding disease germs, rubbing, scaling and spoiling walls, ceilings, etc. Such finishes must be washed off every year—expensive, filthy work. Buy Alabastine only in five-pound packages, properly labeled. Tint card, pretty wall and ceiling design. "Hints on Decorating" and our artists' services in making color plans, free.

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Ten Times
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Save \$10.00 per Day
Every Year of Use
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WATERPROOF OILED CLOTHING, SLICKERS, FUR COATS AND HATS.

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PHILADELPHIA, CHICAGO
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WE WON THE
HIGHEST POSSIBLE AWARD
AT THE ST. LOUIS WORLD'S FAIR

A. J. TOWER CO.
NEW YORK, N. Y.
CHICAGO, ILL.

Every housekeeper should know that if they will buy Defiance Cold Water starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in 3 1/2-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 oz." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Livery for Housemaids.

Housemaids in livery are the latest innovation in "smart" London houses. One fashionable woman has attired her maids in neat skirts, tight-fitting bodices with natty double-breasted waistcoats of yellow and black, tiny brass buttons on either side.

This Language of Ours.

"Yes," said the slang specialist, with great earnestness, "that bum baseball team, by crooked playing, has won six straight games."—Baltimore American.

EDWARD F. SWINNEY LONG A POWER IN FINANCIAL WORLD



Edward F. Swinney, retiring president of the American Bankers' Association, has been at the head of the First National Bank of Kansas City since 1890, and for three years prior to that date held the position of cashier. He was born near Lynchburg, Pa., in 1857, and received his education in the public schools. In 1875 he came to Mis-

Sioux Feared Massacre

Gray dawn was breaking at the Pine Ridge agency when an Indian runner broke headlong into the village of the surrendered Sioux. He stopped at the houses of the principal warriors long enough to shout a message, and then leaving the camp where its end rested against an abrupt hill, he made his way with a plainsman's stealth to the group of agency buildings, circling which had extended beyond crowning ridge after ridge were the white Sibley tents of the soldiers.

Breakfast was forgotten in the troubled camp of the Sioux. The chiefs and the greater braves rushed to quick council, and the lesser warriors, the squaws and the children stood waiting with dogged patience in the village streets.

The council was over. An old chief shouted a word of command that was caught up and passed quickly to the farthest outlying tepee. An army might have learned a lesson from that which followed the short, sharp order. Mounted men shot out from the village, and as fast as feet-footed ponies, pressed to their utmost, could accomplish the distances every outlying ridge was topped with the figure of rider and horse, silhouetted against the morning sky.

Every sentinel warrior had his eyes on the camps of the white soldiery. Suddenly from the east of the agency, where lay the Sixth Cavalry, there came a trumpet call that swelled and ended in one ringing note that sang in and out the valleys.

Senator Clark's Troublesome Pipe.

This story is told about ex-Senator J. S. Clark of Calais, Me.: One day, while awaiting his turn in a barber shop in Calais, he was talking with a friend, and was so deeply interested in the conversation that he allowed his pipe to go out several times. Each time he would ask Melvin Noble, a local practical joker, for a match. About the time he wanted the fifth match Noble said: "I don't begrudge you the matches, Jed, but I think it would be cheaper for you to put a grate in your pipe and burn coal."

Great Singers "Found."

Some of the world's greatest singers have been discovered accidentally. Once upon a time Wachtel, the greatest tenor of his day in Germany, was cracking his whip and hailing fares in a musical road. Mme. Seachid, the greatest contralto, is said to have called her wares in the street before she was found for the opera stage. Campanini, the king of tenors, was a blacksmith, but was heard singing like an angel and was enabled to desert the forge for the footlights.

ALCOHOL IN MOST MEDICINES.

Indispensable Requisite in Compounding of Some Prescriptions.

It is of course true that some proprietary medicines contain alcohol and nearly all liquid medicines prescribed by physicians contain it. No honest man will defend the sale of intoxicants under the guise of medicine; but every honest man should protest against a system of wholesale denunciation born of malice, or ignorance of pharmaceutical principles, and fostered by selfish interests. It is assumed that alcohol is the cause of intemperance; but there is a great difference between alcohol and whisky. If a substitute for alcohol could be found for use in the manufacture of medicines, its discoverer would render a great service to the profession of pharmacy and the science of medicine, for alcohol is a very expensive ingredient and a cheaper substitute would be gladly accepted. Unfortunately the word alcohol, in the minds of many people is associated exclusively with bar-rooms, drunkenness and all forms of degradation and vice. This is due to a lack of knowledge by the general public of the fact that alcohol is an indispensable requisite in drugs, tinctures and fluid extracts. All fluid extracts and tinctures on the druggists' shelves contain from 20 to 90 per cent of alcohol; and of all liquid medicines prescribed by physicians more than 75 per cent contain it in large proportions.

Alcohol is required to preserve organic substances from deterioration and from freezing, and it is also required to dissolve substances not soluble in water, while it contributes to their preservation when dissolved. Diluted alcohol is largely employed in fluid extracts; and whenever a greater strength of alcohol is required as a solvent (for extracting medicinal principles) the medicine is so characterized as to preclude a large dosage; and for this reason preparations, even if containing 50 per cent or more of alcohol, are practically less intoxicating than beer. In such cases the character of the medicinal constituents is such as to absolutely forbid the taking of the medicine in any way except in very small doses and at stated intervals only. To assume that any great number of proprietary medicines are used as beverages is the veriest absurdity.—Exchange.

Famous Bow Bells.

There are no church bells in England more famed than Bow Bells. They set limits to the boundaries of Cockneydom. Americans regard all Londoners as cockneys. But only those born within hearing of Bow Bells can claim the distinction which is supposed to confer on its possessor peculiar privileges of speech, particularly where aspirates are concerned.

Western Life Indemnity Co.

The Policy Holders' Committee at No. 77 Jackson Blvd., Chicago, will give complete information about the expenses of the company funds for the purchase of Life Insurance Company of Pennsylvania business made on or before February 28th, 1906, and the expenditure of \$200,000 on September 28th, 1906, to purchase 5000 shares of stock in the Security Life and Annuity Company, (par value \$10 per share). Mr. J. C. Henry & Co., Toledo, O., contains no more, and is taken internally, acting directly upon the blood and mucous surfaces of the system. Buy Hail's Catarrh Cure before you get the griping. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co., Sole Proprietors. Sold by Druggists. Price, 50c per bottle. Take Hail's Family Pills for constipation.

Beware of Ointments for Catarrh that Contain Mercury.

As mercury will surely destroy the sense of smell and completely derange the whole system when entering the blood stream, a person who has had catarrh of the bladder, urethra or rectum, should never be induced to use any ointment that contains mercury, and be warned that if any ointment is used it is almost certain to be injurious to the system. Hail's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. Buy Hail's Catarrh Cure before you get the griping. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co., Sole Proprietors. Sold by Druggists. Price, 50c per bottle. Take Hail's Family Pills for constipation.

Do Amusements Amuse?

Happiness is always unconscious; (watch children and puppies at play and you will be convinced of the fact) but amusements, as a rule, render their participants even more irritable and self-conscious.—Lady Violet Greville in the Graphic.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Atkinson* In Use For Over 30 Years. The Kind You Have Always Bought.

Mosquitoes and Flies.

One of the facts established within a few years is that mosquitoes are the deadliest of all creatures. A writer in the Lancet adduces evidence which indicates that flies, too, cause thousands of deaths, especially of infants every summer, by contaminating food with diarrheal germs.

Odd Rents in Britain.

The English delight in odd rents but the odds is a tenancy at Brook house in Yorkshire, where the rents are one snowball in June and a red rose in December. The rose is easily arranged and the snowball is now made of shaved ice.

It doesn't take the average man long to tell all he really knows, but he never gets through telling what he thinks he knows.—Chicago News.

When a man presents a woman with an engagement ring it is equivalent to a declaration of war.

Enjoy life today. The joys of yesterday are past and those due tomorrow may fail to arrive.

Bitting the nails is called "onchoy page" in France and is regarded as a symptom of degeneracy.

Withholding affection is one of the most wasteful economies in life.

Logic.

The argumentative man—But, my dear fellow, I tell you it's impossible for the moon to be inhabited. When it is full it is all right, but when it waxes down to a little crescent, where the deuce would all the people go to?

Salt Water is Tonic.

One of the best features of a sea bath, says the "Family Doctor," is the salt water inadvertently swallowed by bathers, which is a wonderful tonic for the liver, stomach and kidneys.

STRENGTHEN THE STOMACH

Dr. Williams' Pink Pills Really Cure Indigestion Instead of Merely Relieving Symptoms.

There are plenty of remedies by which you can relieve for the time heartburn, pain and gas on the stomach and can another nervous sensations and induce artificial sleep. You can humor your stomach by giving it predigested food. But when you take your next meal all your trouble begins afresh.

There is only one sensible thing to do. Strengthen the stomach and do away with the necessity for drugs and artificial foods. The best remedy ever found for this purpose is the one that was used by E. E. Strong, of Capeville, Shelby county, Tenn.

"For years," he states, "I suffered greatly from indigestion. I tried many different remedies and some of them would relieve me for a time, but the trouble would come back. About six months ago I had an unusually severe attack, and while I tried everything I had ever heard of, I found that none of the ordinary remedies would reach the difficulty this time.

"One day I read in a Memphis paper how Dr. Williams' Pink Pills had cured a Michigan woman, a sufferer from chronic dyspepsia of a most stubborn type. I then tried the same remedy and it proved just as successful in my case. I took only three boxes, and was cured. I have not had the slightest symptoms of indigestion since."

The tonic treatment has a sound principle as its basis, and abundant success in actual use. Multitudes of cases that had defied all other remedies have been cured by Dr. Williams' Pink Pills. The pills actually make new blood and strike at the root of all diseases caused by bad blood. They contain no harmful stimulants or opiates. Every dyspeptic should read, "What to Eat and How to Eat." Write the Dr. Williams' Medicine Co., Schenectady, N. Y., for a free copy.

Eighty Per Cent.

If by a single stroke all marriage ties now in existence were struck off or declared illegal, eight-tenths of all couples would be remarried within forty-eight hours, and seven-tenths could not be kept asunder with bayonets. Eighty per cent of all marriages are a success from a biological point of view.—Dr. Woods Hutchinson in Contemporary Review.

Doctors in a Race.

An attraction of the last North Georgia fair was a "doctors' race." The physicians who took part in the contest had their horses stabled and were themselves undressed and in bed when the call for them was made. When the bell rang they had to dress and hitch their horses and drive one mile to a certain place.

Life-Saving Pigs.

A coasting steamer was wrecked near Sydney. The captain tied life-lines to some pigs which formed part of the cargo. These on being thrown overboard, quickly swam ashore, taking the lines with them. Communication being thus established, every person on board was rescued.

Nye Regretted Sense of Humor.

It is related that Bill Nye often spoke, late in his life, of his gift of rare humor as a curse. His fun palled upon him while his readers were still roaring. He saw himself as a buffoon, a clown, amusing the rabble—and the idea was not sweet to him.

You never hear any one complain about "Defiance Starch." There is none to equal it in quality and purity. 10 ounces, 10 cents. Try it now and save your money.

Few men amount to much until they have fallen in love a few times and have been thrown down.

CURES INDIGESTION

When what you eat makes you uncomfortable it is doing you very little good beyond barely keeping you alive. Digestive tablets are more than needed, for they will in time deprive the stomach of all power to digest food. The stomach must be toned up—strengthened. The herb tonic-laxative, **Lane's Family Medicine** will do the work quickly and pleasantly. Sold by all dealers at 25c. and 50c.

NEBRASKA LAND \$5 to \$20 an Acre

\$5 to \$5 for unimproved, and \$12.50 to \$20 for improved. We have a large list of the finest land in Nebraska, and it is located in the South-west part of Nebraska, where you can raise corn and stock and make a fortune. We have wheat and all kinds of fruit. The best kind of water and the best kind of soil. The land is dark, loam, and mostly well level, close to towns, schools and railroads. Why not get it out when you can buy good land in Nebraska at this low price? Write for our rates to look over the land. Write us for our rates and free map of Nebraska. Hastings & Hayden, 1054 Farnam St., Omaha, or Oxford, Nebraska.

PATENTS FOR PROFIT

MUST FULLY PROTECT AN INVENTION. MASON, FERNICK & LAWRENCE, Patent Lawyers, Washington, D. C., Established 1861. Send for our Free and Temporary Free Booklet, showing illustrations of Mechanical Movements, References, Broadsheet and thousands of satisfied clients. Communications confidential. Write us today.

Coney Island Souvenir Post Cards. Six beautiful colored scenes for 25c. Coney Island Postal Card Co., Coney Island, N. Y.

DEFIANCE Cold Water Starch makes laundry work a pleasure. 16 oz. pack 10c.

Alcohol is Brain Poison.

In their annual report, an exhaustive document, the British Lunacy Commissioners say, as a result of their researches into the relation of drink and insanity: "It cannot be denied that alcohol is a brain poison."

One Man Pays for Canal.

Toulouse, France, has a canal which was built entirely at the expense of one man. Its name is the Canal du Midi; it was built in 1666-1681, and cost M. Paul Riquet 680,000,000 francs.

Characteristics of Koreans.

The people of Korea are timid and peaceful, the men tall, with high foreheads, straight noses, and a graceful, indolent carriage, the women short, squat, and as ugly as their lords are handsome.

Hope for Them—and Him.

A man has made great progress when he has learned that some of the people who don't agree with all his opinions may, after all, be partly right.—Somerville Journal.

The Better Part of Valor.

The courage of one's convictions is an excellent thing, but it should never be allowed to become unyoked from the discretion of one's reason.—Puck.

Born an American Citizen.

A son born to American parents while traveling in a foreign country is an American citizen, and as such is eligible to the presidency.

Isn't He a Nice Man, Ladies.

After all, a pretty baby doesn't need a prize. A pretty baby is a prize. And all babies are pretty.—North Adams Transcript.

More Flexible and Lasting.

Defiance Starch is guaranteed biggest and best of money refunded, 16 ounces, 10 cents. Try it now.

A good ostrich is worth \$300.

THIS AD IS WORTH 5 cents

Wiggle-Stick. Cut it out, take it to your grocer; he will give you a 5c Wiggle-Stick FREE. We will give one free to every woman in America to convince her it is the best and most convenient form of Wash Blue.

Wiggle-Stick

Wont freeze, break, spill nor spot clothes. Once used always used.

ANTI-GRIPINE

TO CURE THE GRIP IN ONE DAY. THIS IS NO EQUAL FOR HEADACHE.

LEWIS' SINGLE BINDER

THE BEST QUALITY. 50 PAGES. 25 CENTS. ALWAYS RELIABLE. Sole publisher of Street View Factory, Peoria, Ill.

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TWENTY-FIVE BUSHELS OF WHEAT TO THE ACRE

Means a productive capacity in dollars of over \$16 per acre.

PAXTINE TOILET ANTISEPTIC FOR WOMEN

Troubled with its peculiar odor? Their use, used as a douche is marvellously effective. Thoroughly cleanses, kills disease germs, stops discharges, heals inflammation and local soreness.

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\$5 to \$5 for unimproved, and \$12.50 to \$20 for improved. We have a large list of the finest land in Nebraska, and it is located in the South-west part of Nebraska, where you can raise corn and stock and make a fortune. We have wheat and all kinds of fruit. The best kind of water and the best kind of soil. The land is dark, loam, and mostly well level, close to towns, schools and railroads. Why not get it out when you can buy good land in Nebraska at this low price? Write for our rates to look over the land. Write us for our rates and free map of Nebraska. Hastings & Hayden, 1054 Farnam St., Omaha, or Oxford, Nebraska.

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To many points in Illinois, Indiana, Ohio, Kentucky, Western Pennsylvania, New York and West Virginia, at GREATLY REDUCED RATES. The WABASH has solid road-bed, rock ballast, and new equipment. Reclining chairs (SEATS FREE). For rates, maps and all information call at Wash City Office, 1901 Farnam St. or address HARRY E. MOORE, G. A. P. D., Wash. R. R., Omaha, Neb.

Heat Your Building With BOVEE'S Ventilating Furnace

And save 40 per cent on cost and fuel. Thousands in use. Guaranteed. Best for free catalogue. Manufactured and sold by Bovee Grinders & Furnace Works, Waterloo, Iowa.

W. N. U. Omaha. No. 43-1905.

SCALES FOR FARMERS.

Buy the cheap, best, best, best price. Chicago Scale Co., Chicago, Ill.

Eggs Fried on Pavement.

In July, says a writer in the Canadian Journal of Medicine and Surgery, the Washington shopkeepers, to attract trade, fry eggs by breaking the shell and allowing the contents to fall upon the heated pavement of Pennsylvania avenue.

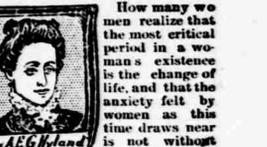
Our best friends are those who remind us of the smart things we have said.

A widow can make a man believe in her by pretending to believe in him.

THE CHANGE OF LIFE

INTELLIGENT WOMEN PREPARE

Dangers and Pain of This Critical Period Avoided by the Use of Lydia E. Pinkham's Vegetable Compound.



How many women realize that the most critical period in a woman's existence is the change of life, and that the anxiety felt by women as this time draws near is not without reason? If her system is in a deranged condition, or she is predisposed to apoplexy or congestion of any organ, it is at this time likely to become active and, with a host of nervous irritations, make life a burden.

At this time, also, cancers and tumors are more liable to begin their destructive work. Such warning symptoms as a sense of suffocation, hot flashes, dizziness, headache, dread of impending evil sounds in the ears, timidity, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude are promptly heeded by intelligent women who are approaching the period of life when woman's great change may be expected.

Lydia E. Pinkham's Vegetable Compound is the world's greatest remedy for women at this trying period, and may be relied upon to overcome every distressing symptom, and carry them safely through to a healthy and happy old age.

Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism, and builds up the weakened nervous system as no other medicine can.

Mrs. A. E. G. Hyland, of Chestertown, Md., in a letter to Mrs. Pinkham, says:

"I had been suffering with falling of the womb for years and was passing through the change of life. My womb was badly swollen. I had a good deal of soreness, dizzy spells, headache, and was very nervous. I wrote you for advice and commenced treatment with Lydia E. Pinkham's Vegetable Compound as you directed, and I am happy to say that all those distressing symptoms left me, and I have passed safely through the change of life a well woman."

For special advice regarding this important period, women are invited to write to Mrs. Pinkham for advice. It is free and always helpful.

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