

# Three Ranch Snaps.

In the Best Ranch Country in Nebraska

NO. 1—A ranch of 18,000 acres, 3 miles from the railroad; 1760 acres deeded, one school section under 20 year lease, 8 sections homesteaded. Cuts 1000 tons wild hay and runs 1000 head cattle. 30 miles of fence, good house, windmills and up-to-date ranch improvements. 50 acres timothy and alfalfa. 600 acres good alfalfa land. Will sell with or without stock. Will sell on easy payments.

NO. 2—A ranch of 12,000 acres, six miles from the railroad; 1000 acres deeded, one school section under 20 year lease; several sections homesteaded. Excellent fences, windmills, and ranch improvements. Cuts 800 tons of hay and will run 800 head of cattle. A bargain for cash.

NO. 3—A ranch of 6000 acres; 1760 acres deeded. Will cut 950 tons of wild hay. One of the best hay and alfalfa ranches in the hills. Well fenced, watered and improved. Will trade for merchandise or farm in eastern Nebraska.

For prices and direct reference to owners, enquire at the JOURNAL OFFICE.

## Leigh

(From the World)  
A change in the agent at the Joseph A. Conner elevator took place Monday F. N. Nichols retiring and Phillip Rother of Clarkson was installed J. E. Johnson, the second man, also resigned.

Mr. and Mrs. Dan Conant, of Columbus, visited relatives in Leigh and vicinity the latter part of last week and the first of this.

H. M. Schaefer who had been confined to his room for several days on account of a threatened attack of the typhoid fever is able to be about again.

Another business change will take place in Leigh next Monday when Ed. Lee and H. C. Kemper will become proprietors of the Northwestern hotel, they having purchased the furniture and lease of Dubsky & Knapp. The deal was made Wednesday evening and the consideration for the fixtures was \$150. Mr. Dubsky who has had charge of the business since early in the spring will retire from business. When seen by the writer yesterday morning he said that he had made no definite plans for the immediate future.

### District 44 and Vicinity.

At a recent meeting of the school board, Miss Mettie Hensley of Columbus was elected to teach the present term, which commences on Labor day. Patrons will govern themselves accordingly.

The weather has been unfavorable the past week for threshing grain from the shock, but the splendid showers are grand for reviving pastures, nourishing the growing corn and buckwheat, since the heavy rain, the honey bees are taking honey from white clover.

J. H. Drinnin has been informed from Atkinson that he is grandpa, a son and an heir being born to Plossie and Henry Yonkie at that place. The boy made his appearance on July 13th, and has a splendid voice.

There are two small patches of buckwheat in the vicinity that looks fine. Now we are thinking of cold weather, hot cakes, and sorghum molasses.

That little patch of sand burrs, while you think of them grab a sharp hoe and despatch every one of them, as their new seed must be coming out at this time. There are no cockle burrs here, but eternal vigilance is the price.

There is much grain thrashed from the shock this week, and last, that will require moving to prevent heating.

### Davies and Young Win Out

(Monday's Daily)  
Columbus is honored again on the score o' marksmanship. Dan Bray and Gus Schroeder have brought home many a trophy of victory with the shot gun but this time the honor comes at the hands of two headless youths, Durward Davies and Ray Young because of their skill with their rifles.

At Kearney Saturday when the averages were counted in the contest in which the best shooters in the Nebraska National Guards were competitors and in which only fifteen men could win, Davies and Young were found to be winners.

Miss Ruby Young received a letter from her brother this morning stating that he and Davies won places with the respective scores of 182 and 175, and that they would remain at Kearney for the encampment, leaving August 18 for Sea Girt, N. J. They will enter the national contest on August 25. They will stop one day in Lincoln and go by way of Washington, D. C.

### Sunshine Our Special.

Sunshine Coal for Cook stoves is a high grade Western coal we are going to offer this year at \$6.00 per ton at yards. This will be the best coal ever offered at Columbus. Try it and see and save money. L. W. Weaver & Son Coal Co. Inc.

### Special Farm Bargains.

We have four farms for sale in the central part of the county at bargain prices. Must be sold. Becher, Hoekelberger & Chambers.

### Threshing Coal.

For choice threshing coal Rock Springs Kimmeyer slack goes to L. W. Weaver & Son Coal Co.

### For Rent.

Several desirable dwelling houses for rent. Becher, Hoekelberger & Chambers.

### Public is Aroused.

The public is aroused to a knowledge of the curative results of that great medicinal tonic, Electric Bitters, for sick stomach, liver and kidneys. Mary H. Walters, of 516 St. Clair Ave., Columbus, O., writes: "For several months, I was given up to die. I had fever and ague, my nerves were wrecked, I could not sleep, and my stomach was so weak from useless doctors' drugs that I could not eat. Soon after beginning to take Electric Bitters, I obtained relief, and in a short time I was entirely cured." Guaranteed at Druggists, drug stores, prices 50c.

## EXERCISE THE EYES

GYMNASTICS THAT MAY WORK AWAY THE NEED FOR GLASSES.

A Course of Treatment Which Will Strengthen the Muscles and Which Is Indorsed by an Expert in the Treatment of the Eyes.

Eye gymnastics constitute one of the applications of the principles of practical physical culture as employed for the purpose of restoring normal conditions to the diseased body. Anything which will obviate the necessity of putting on glasses is to be welcomed, as everybody who has become a slave to spectacles will agree. In many cases of muscular weakness of the eye certain exercises which may be taken at home without apparatus will result in a cure. The symptoms of muscular weakness include pain through the eyes and a tendency on the part of the lids to close. Sometimes it becomes difficult to keep the eyes open, and there is a vague sensation as though some invisible force was tugging at one side of the eye until the victim wonders if he is not becoming cross eyed. In such cases strong glasses support the weakened muscles and relieve the symptoms, but they do not effect a cure. Sometimes they are necessary, but often, on the contrary, persistent and systematic exercising of the muscles will restore them to a condition of health.

Let the first exercise be taken for the purpose of strengthening the muscles of accommodation. Extend the hand at arm's length with the first finger pointing upward. Fix both eyes on this digit and slowly bring it toward the face until it touches the tip of the nose. Then slowly carry it away from the face again until the first position is reached. Do this three or four times at first, keeping both eyes constantly upon the raised finger throughout the operation described.

The second exercise consists in turning the glance upward and then downward as far as possible without altering the position of the face. Repeat this two or three times at the first trial, and then vary the exercise and bring a new set of muscles into play by turning the eyes first to the right and then to the left as far as possible, the face remaining motionless. After two or three movements of this character, with the face still in the same position, carry the glance to its full extent first to the upper right hand corner of the eye, after that to the lower left hand corner, then to the upper left hand corner and from there to the lower right hand corner.

To complete the series of exercises rotate the eyeballs in their sockets two or three times, causing the glance to reach the extreme limit of vision in making the circle.

It is necessary that these exercises be employed with caution at first, for otherwise they will tire the muscles and bring on dizziness or headaches. The fact may be hard to realize, but the whole practice is exactly the same in character and effect as the exercising of the muscles of the arm or leg, and it is just as certain that the muscles of the eye will be strengthened and developed by the movements described.

Persons who are troubled with weak eyes may often secure considerable benefit from the use of the eye cup. This is a small receptacle of thick blue glass and so constructed that when inverted it fits tightly over the eye. It costs 15 or 20 cents at the drug stores and should be used night and morning. The eye cup is employed for the purpose of applying salt and water to the eye as a tonic. The proportions should be a level teaspoonful of salt to a pint of water. The latter should have been warmed to about the heat of the body. Fill the cup with the solution and place it over the eye. Then turn the head backward and open the lids. It will be found that there is no unpleasant feeling whatever from the contact of the salt solution with the eye. As a matter of fact, this solution is almost identical with the saline fluids of the eye. Should the water be used without the salt it would cause the eye to smart painfully.

Slight attacks of granulation of the eyelids may be cured by the use of absolutely pure olive oil, one drop being allowed to enter the eye twice a day. In dropping medications into the eye place the finger just under the lower lid and draw that lid out a little, allowing the remedy to fall upon it. This is a simple way of administering what many people consider a difficult process.

Always all, in dealing with the eye it should be remembered that much depends upon the condition of the general health. A debilitated state of the system is very apt to show itself in the eyes. These delicate organs depend upon the blood to keep them in good order, and rich blood and an unimpeded circulation are of primary importance. This calls for plain, nourishing food, an abundance of fresh air and a moderate amount of exercise. Good housekeeping.

### Kitchens in the Tropics.

The kitchens of tropical countries, such as are to be found in our Spanish-American lands, are like cells from the thickness of the stone walls—often two or three feet deep and the projecting, omnipresent veranda, which gives a grateful shade and which looks out on a court. The cell resemblance is enhanced by the iron bars at the windows and the heavy double doors, which look as if they could resist a siege. The walls are whitewashed, and the floors are of tiles. The dining room is often separated from the main part by a long narrow passage. Outside the kitchen in the court will stand tables and closets to supplement the scant furniture of the small, hot apartment with a furnace-like fire.

## DONT WASTE GRAIN!

A Cheaply Made Wagon Will Waste Enough Grain to Buy a Good One.

Our wagons will not scatter your grain while on the road to market or overtax your horses with needless heavy draught.

We keep only the Latest and BEST in Buggies and Carriages

—All Kinds of—  
FARM IMPLEMENTS.

Our horse shoes stick and don't lame your horses  
TRY THEM.

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— Lawyer —

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J. D. STIRES.

ATTORNEY AT LAW.

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A. M. POST

Attorney: at: Law

Columbus, Neb.

## Brick House Herd Durocs

100 March and early April pigs for Summer and Fall trade. Can furnish in pairs or trios, not related, at bargain prices. Write or call for prices or description.

RED 1, Columbus, J. J. BARNES

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House, Sign Painting and Carriage

and Ornamental Painting of all Kinds, City or Country. 64 E. 1st St. COLUMBUS, NEB.

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Attorney - at - Law  
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Will Practice in all the Courts.

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bread is digestible.

**Sweet**  
bread is nutritious.

**Wonderful**  
bread—light and sweet, is made with

**YEAST FOAM**

Yeast Foam is the wonderful yeast that took the First Grand Prize at the St. Louis Exposition and is sold by all grocers at 5c a package—enough to make 40 loaves. Send a postal card for our new illustrated book "Good Bread—How to Make It."

**NORTHWESTERN YEAST CO.**  
CHICAGO, ILL.

# TO-DAY

The great majority cannot afford to spin their own wool and flax, but find it far cheaper to patronize the Dry Goods store for their supply. This changed condition of affairs has been the gradual outgrowth of time. Within the past few years the change has been marvelous. We advertise continually of the arrival of new goods and you will do well to watch for the MANY TIMELY SUGGESTIONS WE GIVE YOU

If you are not different from other people you want the most for your money

**You want the most reliable Goods and you want the easiest way to select them**

We guarantee all this. Something for everyone can easily be found at our store. A complete line of Staple and Fancy Dry Goods to select from at very low prices

**During July and August we must sell our stock to make room for Fall Goods**

Now is the time to buy a complete line of Dry Goods, Clothing, Hats, Caps, Shoes, Carpets, Curtains and Gent's Furnishing Goods to select from at low prices.

**J. H. GALLEY,**

505 11th Street. Columbus, Neb.  
Agents For The Standard Patterns.

## Smith & Goe's

Ice Cream Parlor

A nice line of...

**Candies, Cigars and Tobaccos...**

Cold drinks and Ice Cream Served.

Shining Parlor in connection. Special attention given to Ladies' shoes.

**Smith & Goe**  
Opposite U. P. Depot

J. W. McClelland, Pres.  
Dr. Edw. Johnson, Treas.  
Dr. D. M. Jenkins, Sec'y.

## Fullerton Chautauqua Assembly...

August 11-20 Inclusive

Rate of one fare plus 50c on all railroads.

Unexcelled Program. Finest camp grounds in the State.

Address Secretary, Fullerton, Neb., for Souvenir Program giving full information.

TRY **The Journal** For **JOB WORK.**

**Home Restaurant and Meat Market**

The best of everything in the eating line. Meals at all hours, day or night  
Fresh Fish and Game in Season

**Herman Kersenbrock**

**Some Paint Facts**

1. There is a great deal of cheap paint on the market, but it is not worth the money.
2. The general prejudice against lead paint is based on the fact that lead is a poison, and it is true, but it is not the lead in the paint that is the danger.
3. All paint is first ground into a fine powder, and then mixed with oil, and then mixed with other ingredients.
4. When you buy Ready-Mix Paint, you get the best quality of paint for the least money.
5. There is a paint whose makers say, when the paint is completed, it is not worth the price of the paint, and it is not worth the price of the paint.
6. This paint is Kinloch House Paint, which is made in a tall line of standard, popular and DURABLE colors. It is not a paint, it is just the good old-fashioned paint, ground together for you in this down with a care.

WHEREVER WE HAVE NO AGENT, YOUR OWN DEALER WILL GET "KINLOCH" FOR YOU. IF YOU SHOW THIS AD., BY WRITING DIRECT TO KINLOCH PAINT COMPANY, ST. LOUIS, MO.

**AT GRAYS'**

**Kodol**  
Dyspepsia Cure

Gives rest to the stomach. Cures indigestion, dyspepsia, sour stomach, tired stomach, weak stomach, windy stomach, puffed stomach, nervous stomach and catarrh of the stomach. A guaranteed cure.

Prepared at the Laboratory of E. C. DeWitt & Co., Chicago, U.S.A.

Digests What You Eat  
Makes the Breath Sweet  
As a Result.

Dollar bottle holds 30 days' supply, or 60 cent size.