## BLOOD WILL TELL

A THEORY SUPPORTED BY FRESH, Beaucaire on a scale comparative to CONCLUSIVE EVIDENCE.

A Recent Instance Proves That a and gradually rose to such proportions Woman's Mappiness Is Largely De- that in 1790, for instance, the busipendent on the State of Her Blood. ness transacted amounted to 40,000,-

When the blood is disordered every last century, the railway changed all organ of the body is affected unfavor- this, and today the fair is a mere ably and fails to discharge its func- shadow of its former self. tions properly. in the case of every woman nature has made special provision for a periodical purification of the blood, and so long as this occurs her health and spirits unfailingly reveal the beneficial results. So slight a cause as a cold or a nervous shock may produce a suppression of this vital function, and until it is restored she is doomed to misery. The remedy that has proved most prompt and effective in all disorders peculiar to the female sex is that which brought such great relief to Miss Mattie ported to every quarter of the globe.

Griggs, of No. 807 Indiana street, Lawrence, Kausas, concerning which she speaks as follows:

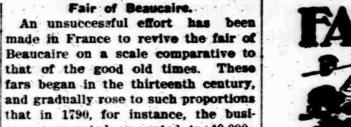
"In the winter of 1902, from some unknown cause, there was a cessation of functions pecultar to my sex for a choice, have been commemorated by period of four months. I became very means of brass plates. In different weak and could not get up stairs parts of the forest, with seas around without help. I had nausea and pain them, are oaks bearing the names of and a constant headache. I was un- Queen Elizabeth, Queen Caroline, der the care of a physician for three Queen Charlotte and Queen Victoria.

months, but he did not succeed in curing me. Then a lady friend told me about the merits of Dr. Williams' Pink Pills which she had used in her famliy, and she induced me to try them. It was in May when I first began to use them, and in June I had fully terally superior" to the English perrecovered my health, and have since sons who are their neighbors. They remained perfectly well."

of young girls; in anemia or weakness and they are sober. due to impoverished blood and showing itself in pallor, lack of ambition, despondency and nervousness; also in the great constitutional disturbances attending the period known as the change of life, Dr. Williams' Pink Pills are invaluable for women, whose of some long past age, Now it is ashealth is always closely dependent on serted by many scientific men that it the state of the blood. They are sold may not be of any organic origin, but by all gruggists. A booklet of valuable may be due to subterranean chemical information relating to the care of a action. woman's health at all important peri ods, and entitled "Plain Talks to Wo-

men," will be sent free in a sealed envelope to any one who chooses to write for it to the Dr. Williams Medicine Company, Schenectady, N. Y.

A young man likes to have a girl mercies let us be duly thankful. The sit up with him till midnight during eighteen inch waist is no longer the courtship, but after marrage he does basic motif of the popular novel. not want her to sit up for him that



000 francs. Before the middle of the

## Great Country for Wheat.

The delta of the Tigris and the Euphrates, now partially a desert and partially a swamp, contains over 5,-000,000 acres of land. Perhaps no region of all the regions of the earth is more favored by nature for the production of cereals. It is claimed that kee, lowa.] wheat in its wild, uncultivated state has its home in the semi-arid regions, and that from here it has been trans-

Oaks Named for British Queen. Many English queens have chosen

oak trees in Windsor forest whereon their names, with the dates of their

London's "Little Italy."

Reporting upon the "Little Italy" one of London's most crowded districts, the health officer of the districs says that the Italians are "genalso take more care of their children, in all cases of delayed development among whom the death rate is low,

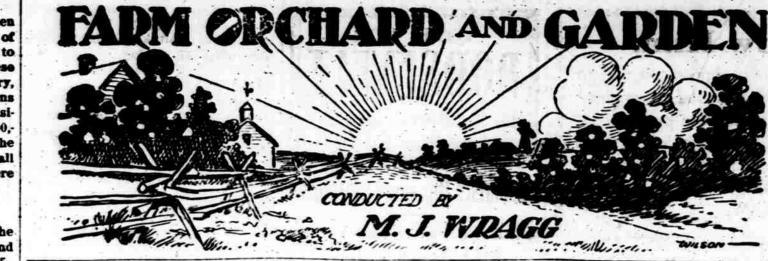


Until recently it was almost universally believed that petroleum was, like coal, derived from fossil vegetation or possibly from animals or fishes

Popular Taste Changed.

Two generations ago an author could not make his heroine successful without constantly calling the slenderness of her waist to the attention of the reader. For certain small

A VOICE FROM THE PULPIT



IMr. Wragg invites contributions ideas that readers of this de partment may wish to present. and would be pleased to answer correspond-

## ents desiring information on subjects ciscussed. Address M. J. Wragg. Wau-POTATO CULTURE.

"Potatoes may be grown on a variety of soils; but the most important factor in growing them successfully. after the proper selection of tubers. for seeding, is the selection of the kind of soil best adapted to them. that it will offer but small resistance |

drained, and have a supply of organic are thawed and active. In conform- far greater extent than they do at matter sufficient to keep it in a state ity with this theory they advise heavy prosent. No doubt the practice of mulching under the tree after the of moisture, which is necessary to the normal growth of the potato. Plow- ground freezes to keep the roots frozen and dormant. This is supposed to ing under green crops and adding retard swelling and growth of the well rotted farm manures will render buds until danger of frost is over. The almost any kind of soil suitable for error of this theory can be easily growing this crop; while newly cleared lands are adapted to some variety proven. If you have a vine or shrub of the potato; as the soil is in a me- | or tree near your building, draw the chanically favorable state to its end through the wall into the warm growth, and have a liberal supply of room, it can be forced into consider-

organic matter, which continues till able growth, while the parent plant cultivation exhausts it from the soil. to which it is attached remains froz-The mechanical condition of the soil en solid outside

fertility and artificial fertilization will. to a great extent, supply the deficiency of this organic quality, if the

soil is in a condition to furnish the necessary moisture. Experience in vegetarian and fruit diet. growing this crop teaches that one

HOW TO DO A THING.

There's only one way to do a thing ight and that's the right way; there's no other way "just as good," it's either better or inferior, says a writer n Ourselves.

want.

THE PEACH TREE. CUT THE CORN FODDER.

Numerous methods of protection "What is more annoying than to have the manure full of long corn prevalent in those days as it is in this during winter have been tried with more or less success. In a peach or- stalks in the spring, when it is hauled chard at Columbus City, Iowa, that to the field. To avoid this I always

I have seen, the trees are growing run the fodder through the feed cutwith several trunks that are bent to ter before feeding it to the live stock. the ground and held there by heavy This I find has several advantages weight. This man has peaches every over feeding it whole. It is eaten up who did not go to bed for eighteen year. But the trees that I have seen closer, and the part not eaten is a fruiting in off year are trees that are | far better absorbent than are the unclose to some building or grove, or cut stalks, while the annoyance of where the sun does not shine directly having the long stalks in the manure Soil in a pulverized state, so light on them. There is an erroneous opin- is avoided, which alone will pay for ion among fruit growers, some of the expense of cutting. It would pay to the growth of the tubers, should be whom believe that growth of the buds our Western friends well to utilize the pans in salt works are never selected. The ground should be well cannot take place unless the roots the corn stalks for cattle feed to a known to have smallpox, the grippe,

shredding corn fodder will, before long, become very popular in the Western states at least and greatly to the other night, and he knew there the advantage of the farmer. The was something he wanted to do, but farmer ought to make the most of ev- he couldn't think what it was."

erything that he grows, but the way that he sometimes disposes of his corn fodder is not the most economical up-to-date way."

One great advantage which sheep husbandry offers over other lines of stock raising is the small amount of

labor required in the care of sheep. When we are striving for decreased cost of production this saving of labor is no small item. lings.

SOIL FOR STRAWBERRIES.

We are asked by an Illinois correpondent the best soil for the produc-

In the first place the strawberry is at least 99 per cent water and hence one of the requisites to a large vield must be retensive soil, after the question

of fertility, etc., this must be taken into consideration. To grow the largone you want; if it isn't a better meth- est berries we believe sandy soils are

bushels we should suggest a deep, ord. Because a thing has always been loamy soil. One that was rather re-

Character. The habit of industry can be acquired as easily as the habit of idleness. But it is always the man or boy of character who intrenches himself with good habits, and it is always the moral weakling, the characterless person, who becomes the slave of evil habits. Accomplishments are either helps or hindrances to genuine suc cess. High qualities of character alone can make them worth while, mighty. and enduring.

## Virtues of the Amethyst.

The amethyst, in days of chivalry, was believed to have great power for good in battles. The wearer was renlered brave, far being and honorable. The amethyst was also said to destroy the craving for louor, which was as

Many Days Without Sleep.

A Philadelphia physician tells of a doctor who went without sleep for eight days and nights, and of another days. Napoleon rode for days in the saddle apparently without sleep. No authentic tests probably exist.

Healthy Occupation.

It is remarkable that men attending scarlet fever of cholera.

Then He Went to Bed. "Poor old Prof. Thinkard went home

More Flexible and Lasting. won't shake out or blow out: by using

Defiance Starch you obtain better results than possible with any other brand and one-third more for same money.

Little Objection to Slavery. It may be better to be an old man's darling than a young man's slaveyet there are more slaves than dar-

> Write MURINE EVE REMEDY Co., Chicago, M our eyes are sore or inflamed, and get ocuitat dvice and free sample MURINE. It cures all eye-the

Sometimes a stern parent allows his daughter to wed the man of her tion of a large crop of strawberries. choice because he has a grudge aganst him

> Mrs. Winslow's Soothing Syrup. or children tections, softens the gums, reduces in ammation, allays pain, curve wind colle. 20cs botto

The female shopper doesn't have to go to the exchange desk in order to od, then it's just the one you don't the best, but to produce the most change her mind .- Philadelphia Rec-

Miss Agnes Miller, of Chicago, speaks to young women about dangers of the Menstrual Period - how to avoid pain and suffering and remove the cause by using Lydia E. Pinkham's Vegetable Compound.

"To Young Women :- I suffered for six years with dysmenorrhea (painful periods), so much so that I dreaded every month, as I knew it meant three or four days of intense pain. The doctor said this was due to an inflamed condition of the uterine appendages caused by repeated and neglected colds.

"If young girls only realized how dangerous it is to take coul at this critical time, much suffering would be spared them. Thank God for Lydia E. Pinkham's Vegetable Compound, that was the only medicine which helped me any. Within three weeks after I started to, take it, I noticed a marked improvement in my general health, and at the time of my next monthly period the pain had diminished considerably. I kept up the treatment, and was cured a month later. I am like another person since. I am in perfect health, my eyes are brighter. I have added 12 pounds to my weight, my color is good, and I feel light and happy." - MISS AGNES MILLER, 25 Potomac Ave., Chicago, Ill.

The monthly sickness reflects the condition of a woman's health. Anything unusual at that time should have prompt and proper attention. Fifty thousand letters from women provo that Lydia E. Pinkham's Vegetable Compound regulates menstruction and makes those periods painless.

READ WHAT MISS LINDBECK SAYS:

In discussing the question, "Will fruit growing be overdone?" bear in mind that the population is becoming more and more inclined towards a

year, or two years at most, is as long as this crop should be without change

grown on a piece of ground, because the plant food suited to the potato by that time becomes exhausted, and then the germs of disease from the scabby tubers will remain in the soil.

If there's a better method of doing a thing than you are using that's the

and they must be starved out by changing the crop to that which will not support these particular germs."

In the rush of other work

apt to forget the water supplies in

is of much importance: as its natural

